



Holy Ghost Orthodox Church

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Very Rev. Father Robert Popichak, Pastor

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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul & Pani Judy Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Father Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Protopresbyter Gerald Ozlanski, Father James Norton, Monk Andrew, Father Dan & Matushka Myra Kovalak, Father Joe Uzar, Father Deacon James & Diakonissa Kari Rossetti, Pastor Terry Polen, Chaplain Rachelle Zazzu, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie &

Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczyk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Terri Berceli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Stephen Popichak—Fr. Bob's brother, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Mike Ruzzi, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Jeff & Buschra Kerr, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik,

*Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Tim—surgery, John Wakin, Olivia—girl with a brain tumor, Rick & Sharon Morgan, John Stasko, John, Kris, & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, Kitty Mary, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Alexandra Roberts, Candace, Dave, Jared, & Beth Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr., Elizabeth, Lillian Skowvron, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Adam Snow, the McKenna family, David Gazella, Brian & Michele Cannone, the Rodrigues family, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry Tkacik, Diane & Arthur Chaklis, Denny Mader, Zoe Oswalt—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega [knee replacement], Christine Mohamed & family, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Andrew Zelleznick, Byron & Cecilia Scott, Vespina, Michelle Russo, Julie Tripodi, Alby Oxenreiter, Debbie—HTUCC Jackie May, Barbara Morvay, David Salsar, N&O, Randy & Adrienne Kuny, Vince Berardinelli, Mason Martin [Karns City HS QB] & family, Martin Mrvos, Jeff McCoy, Lauren & Sloane Valentina Persico, Alexis & baby Colton Rosati, Jessica Shirley, Mark [kidney cancer], Steve Milcic, Wilbert Wagner, Bob Wojciechowski, Ashley, Beth & Cindy Skowvron, Sharon Svitek, Laura, Christopher, & Baby Jane Dickson, Luke D, Diane Murphy, Kristin Vaughn [Harry's daughter], George Petronsky, Doug & Darcie Burkholder, Michael, Jeane, and Katie Byerly, Acolyte Photios & family [Joanne, Richard, Heather, Keith, James, Debbie, James, Sophia, Zachary, Tabitha, Arqynios, Barbara, Aristotle, Alexander, Kalev, Nina, Elias, Elijah, Jessica], Richard & Daniel Scharba [Metropolitan Antony's brothers], George Lawrence, Edie McGrath, Samantha Lopez, Bob [cancer], Syble Elliott, Maria Ancevski, Krystyna, John, & Jeffrey, Dottie & family, Bonny Diver & Ashley Smock, Steve, Jill Morocco, Peter Popichak [Father Bob's cousin], and Lauren S. & Dan... We pray that God will grant them all a speedy recovery.*

**Let us sit still and keep our attention fixed within ourselves, so that we advance in holiness and resist vice more strongly. Awakened in this way to spiritual knowledge, we shall acquire contemplative insight into many things; and ascending still higher,**

**we shall receive a clearer vision of the light of our Saviour.  
*Evagrios the Solitary, Philokalia, Vol. 1 p.47***

**Dear Brothers and Sisters in Christ... There is *NOTHING* to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be **SAFE!!!** God Bless!**

**Please remember ALL American service men and women in your prayers. May God watch over them and ALL service men and women—and bring them all home safely!**

**REMEMBER—PRAYERS ARE *ALWAYS FREE!***

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. ***If you have a question, please ask Father Bob.***

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.**

**SERVICES IN SLICKVILLE**

**SUNDAY, November 10 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM  
20<sup>TH</sup> SUNDAY AFTER PENTECOST; GREAT-MARTYR PARASCEVA OF ICONIUM;  
MARTYRS TERENCE & NEONILLA OF SYRIA & CHILDREN SARBELUS,  
PHOTUS, THEODULUS, HIERAX, NITUS, BELE, & EUNICE; SAINT STEPHEN  
OF SAINT SABBAS MONASTERY—HYMNOGRAPHER; REPOSE OF  
VENERABLE JOB OF POCHAIV; SAINT DEMETRIUS-METROPOLITAN OF  
ROSTOV**

*Tone 3*

Galatians 1:11-19; Galatians 5:22-6:2  
Luke 8:26-39; Luke 6:17-23

**SUNDAY, November 17 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM  
21<sup>ST</sup> SUNDAY AFTER PENTECOST; VENERABLE IOANNICIUS THE GREAT OF  
BITHYNIA; HIEROMARTYRS NICANDER-BISHOP OF MYRA & HERMAS-  
PRESBYTER; VENERABLE MERCURIUS THE FASTER OF PERCHEVSKY LAVRA**

*Tone 4*

Galatians 2:16-20  
Luke 8:41-56

**SUNDAY, November 24 OBEDNITZA—SAINT JOHN CHRYSOSTOM—UPSTAIRS 10:30 AM**  
**22<sup>ND</sup> SUNDAY AFTER PENTECOST; GREAT-MARTYR MENAS OF EGYPT; MARTYR**  
**VICTOR AT DAMASCUS & STEPHANIDA OF SPAIN; MARTYR VINCENT OF**  
**SPAIN; VENERABLE THEODORE THE CONFESSOR-ABBOT OF THE STUDION**  
*Tone 5*  
Galatians 6:11-18  
Luke 10:25-37

## **BULLETIN INSERT FOR 10 NOVEMBER 2024**

**20<sup>TH</sup> SUNDAY AFTER PENTECOST; GREAT-MARTYR PARASCEVA OF**  
**ICONIUM; MARTYRS TERENCE & NEONILLA OF SYRIA & CHILDREN**  
**SARBELUS, PHOTUS, THEODULUS, HIERAX, NITUS, BELE, & EUNICE;**  
**SAINT STEPHEN OF SAINT SABBAS MONASTERY—HYMNOGRAPHER;**  
**REPOSE OF VENERABLE JOB OF POCHAIV; SAINT DEMETRIUS-**  
**METROPOLITAN OF ROSTOV**

### **TROPARION—TONE 3**

Let the Heavens rejoice! Let the earth be glad!  
For the Lord has shown strength with His arm!  
He has trampled down death by death!  
He has delivered us from the depths of hell,  
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever,  
and unto ages of ages. Amen.

### **KONTAKION—TONE 3**

On this day Thou didst rise from the tomb, O Merciful One!  
Leading us from the gates of death.  
On this day Adam exults as Eve rejoices;  
With the prophets and patriarchs  
They unceasingly praise the divine majesty of Thy power!

### **PROKEIMENON—TONE 3**

**READER:** Sing praises to our God, sing praises! Sing praises to our King,  
sing praises!

**PEOPLE:** Sing praises to our God, sing praises! Sing praises to our  
King, sing praises!

**READER:** Clap your hands, all peoples! Shout to God with loud songs of  
joy!

**PEOPLE:** Sing praises to our God, sing praises! Sing praises to our  
King, sing praises!



**READER:** Sing praises to our God, sing praises!







**PEOPLE:** Sing praises to our King, sing praises!


**ALLELUIA VERSES—TONE 3**

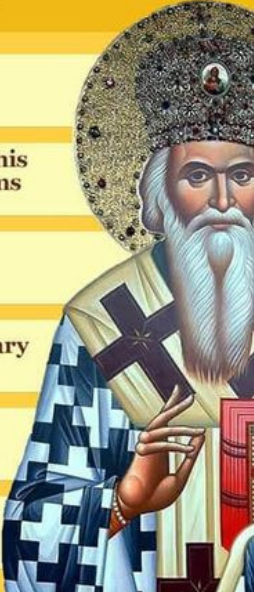
In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

### 6 facts about St Nikolai Velimirovich

-  He built an orphanage for the poor children of his diocese
-  He was known to carry candies in his pockets for the children in the slums of NYC
-  He lectured at Oxford University
-  He was the first Serbian Missionary Bishop in America
-  He was imprisoned in Dachau concentration camp during WWII
-  He was surnamed the 'second Chrysostom' for his high oratory

 BASILICA.RO

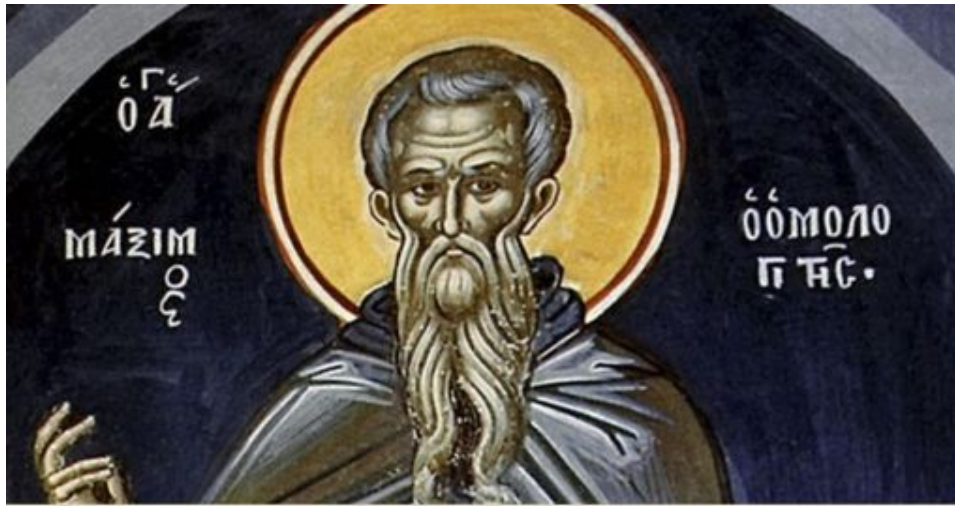


Love...is the bond of perfection (Col 3:14), said the Apostle. If that is so, then why the sword and why enmity and separation? Because God rejects carnal love, the love that Adam learned after the fall. He accepts only one spiritual love, the one revealed by the New Adam, our Lord Jesus Christ. We need to love as He loves: love of the fallen Adam of old is a fruit forbidden in the heaven of the New Testament. That kind of love proceeds from reverie, changeability, bias, it loves creatures apart from God. God is removed completely from participating in this love, sin and Satan are designed to participate in this love. *St. Ignatius (Brianchaninov), Bishop of the Caucasus and the Black Sea, Harbor for Our Hope: On Acquiring Peace Amidst Suffering p.161*

**WHEN HATE  
IS LOUD  
LOVE  
MUST BE  
LOUDER**

**FACT: Snow in  
October happens  
because people  
decorate for  
Christmas  
prematurely. You  
know who you are.  
Stop it.**

**We need patience, in order to magnanimously endure all the unseen storms of the soul. *St. Ignatius (Brianchaninov), Bishop of the Caucasus and the Black Sea, Harbor for Our Hope: On Acquiring Peace Amidst Suffering p.82***



When you are insulted by someone or humiliated, guard against angry thoughts, lest they arouse a feeling of irritation, and so cut you off from love and place you in the realm of hatred. You should know that you have been greatly benefited when you have suffered deeply because of some insult or indignity; for by means of the indignity self-esteem has been driven out of you.

**St. Maximus the Confessor**

**Pastor Erik Hoeke:**

**Here's something I shared earlier this week on SM: Pastor friends, take courage in the pulpit these next two Sundays. Preach the Gospel, even if it isn't popular. Do not be afraid to speak out against political extremism, and to call out racism, sexism, xenophobia, homophobia, and transphobia—even specific instances uttered at campaign rallies or debates, or by your neighbors—as sinful. Encourage and inspire all who hear you to embrace compassion, look beyond their own interests, and to seek God's justice in all ways.**

**I am praying for you. These next 2 Sundays will not be easy, but whatever you do to foster love, protect the dignity of every human being, and unequivocally reject violence and hateful speech will have impact far beyond what any of us could imagine.**



**Pastor Erik Hoeke 10:03**

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**When we not only refrain from worldly actions but no longer call them to mind, we have attained true tranquility. This gives the soul the opportunity to look at the impressions previously stamped on the mind and to struggle against each one and eliminate it. So long as we go on receiving new impressions, our intelligence is occupied with them and so it is not possible to erase the earlier ones. Venerable Nilus the Faster of Sinai, Philokalia, Vol. 1 p.232**

**The Nineteenth Sunday after Pentecost Luke 6:31-36**

*And as ye would that men should do to you, do ye also to them likewise. For if ye love them which love you, what thank have ye? for sinners also love those that love them. And if ye do good to them which do good to you, what thank have ye? for sinners also do even the same. And if ye lend to them of whom ye hope to receive, what thank have ye? for sinners also lend to sinners, to receive as much again. But love ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for He is kind unto the unthankful and to the evil. Be ye therefore merciful, as your Father also is merciful. (KJV)*

The present Gospel is a serious challenge for believers. Believers are expected to respond with love and care to difficult people and evil in daily life.

These teachings are to be taken to heart.

The present Gospel requires careful assessment of personal relationships including the relationship with God. Complete honesty is necessary if change is to occur and progress made.

Our relationship with God determines if we live and act in ways pleasing to God. The love we show to others in daily life and our response to evil reveals if we love as God loves and expects us to love.

The Lord teaches by example! Our responsibility is to follow the Lord's example and make it a part of daily life. Hardened criminals are capable of repenting and have become saints. St. Moses the Black is one example.

The present Gospel asks us to fully consider showing love and compassion in difficult relationships. The Gospel wants us to understand great value exists in responding by love at times when we experience evil.

The Gospel message is a teaching of the Lord Jesus Christ. We professed our belief in Jesus Christ at Baptism. We chose to follow Christ throughout our lives.

His teachings are to be followed if we are to honor our Baptismal commitment.

During His own suffering, Jesus showed compassion to the thief on the cross.

The good thief was a criminal. (Luke 23:42-43) When our patience is challenged, when we are hurting from difficulties, let us look to the Lord and learn His ways.

God does not give up on us when we are hurting. God does not turn away from us when we are exhausted. God is ever-present to heal us. God is present to love us. God is present to replenish us.

Exercising patience enables us to eventually see and understand the goodness God has in mind. God reveals to us the goodness to be manifested when we show love for enemies and difficult persons in life.

God is present to shine the brightness of the Resurrection in our darkest moments of life. When tragedy hits us, when dark moments arise in life, let us follow the Crucified Christ to the Empty Tomb and His Resurrection Appearances.

Resurrection joy is always available. Resurrection joy is ever-present. The darkness resulting from the Crucifixion was not lasting. Evil occurring in daily life is always overcome by the Risen Christ!

More than twenty centuries of efforts to deny, denounce, and destroy the message of the Resurrection have failed. Believers holding firm to belief in the Resurrected Christ overcome evil with goodness and love.

The Resurrected Christ provides the fervent believer with the sustenance needed to move through darkness to Resurrection joy. The Resurrected Christ is the comforting presence needed when the believer is without strength.

Each Sunday is a celebration of the Resurrection. Each Gospel reading is nourishment for the heart, mind, and soul. Attentive believers are strengthened with each Divine Liturgy.

Partakers of the Precious Body and Blood of Christ are renewed and transformed. Participating in the Divine Liturgy makes the decided difference in life. The Light of Christ illumines the path through any darkness in life.

If we read the lives of the saints and martyrs, we learn that in the darkest and most difficult moments of life, goodness prevails due to firm belief in the Resurrected Christ.

When we hurt inside, let us remember Christ's hurt on the Cross. Let us draw strength from the knowledge He rose from the grave. God's love will lead us through difficult relationships and evil if we adhere to His teachings and example.

Thank God for today's Gospel. Each believer needs this Gospel message to assess and reassess personal relationships in daily life and the personal relationship with God.

The Lord's teachings and example are continuous sources for learning throughout life. At Baptism, the Christian journey is begun in earnest. The journey to the Kingdom is to last in faithfulness to the last breath.

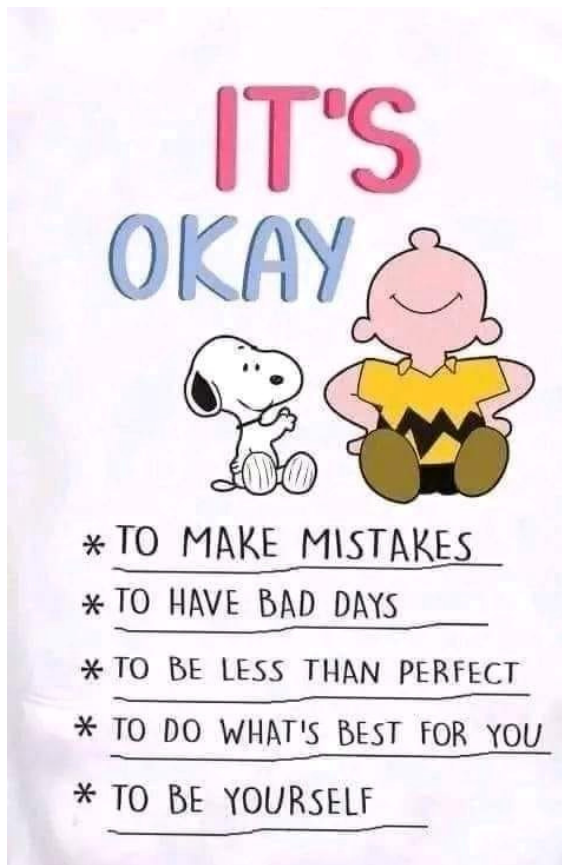
Everyday is a preparation for Christ's eventual return and the final judgment. The final judgment will take into consideration our responses in personal relationships and to evil. We are to love as Christ loves.

Jesus Christ treats each person with love. Even the most difficult and evil person in the world is the recipient of God's love. May we carefully examine ourselves to learn to love as the Lord loves us.

*The Nineteenth Sunday after Pentecost. Venerable Hilarion the Great. St. Hilarion, Bishop of Meglin, Venerable Confessor Bessarion. October 21/November 3, 2024/ Hidden Valley, Pennsylvania. Father Rodney Torbic.*

**The Kingdom of God is a kingdom of peace, love, joy, meekness, and other virtues. We shall not be admitted into it with traits directly contrary to these. We must master ourselves, grieve over the rottenness of our souls and, like the leper, beg the Lord to heal and cleanse us. Abbot Nikon Vorobiev, Abbot Nikon Letters to Spiritual Children p.41**

**One person recognizes: This goodness of God leads me to repentance. Another feels: It is because of my sins that the Lord has sent me this trial—to purify me of them. I am experiencing God's purging. A third thinks: The Lord is testing me to see whether I'm serving Him sincerely. And those who look from the outside at a person experiencing adversity may think a fourth way: This trial is sent to this person so that the works of God may be**



**As an ill-natured man, coming with a request to one who is kind, gentle and meek, for the greater success of his request tries to resemble him, so the Christian, approaching God with a prayer to Him, or to His most pure Mother, or to the angels and saints, in order to insure the success of his prayer, ought to try to resemble as far as possible the Lord Himself, or His most-pure Mother, or the angels and saints. In this lies the secret of drawing near to God, and of His speedily hearing our prayers. *Righteous John, Wonderworker of Kronstadt, My Life in Christ* p.19**

**The power which, in our disordered, fallen nature, draws us towards sin, is not entirely exterminated in baptism, but it is only placed in a condition in which it has no power over us, no dominion over us, and we do not serve it. But it is still in us, it lives and acts, only not as a lord. The primacy from now on belongs to the grace of God and to the soul that consciously gives itself over to it. *St. Theophan the Recluse, bishop of Tambov, Raising Them Right: A Saint's Advice on Raising Children* p.21**



**We must kill in ourselves earthly love, love (the passion) for earthly, carnal beauty, for pleasures, for gain, for our own flesh, for honour, and quicken in ourselves love for heaven, our true country: for the soul, the heavenly denizen: for virtue. *Righteous John, Wonderworker of Kronstad, My Life in Christ* p.283**

### **St Tikhon's Orthodox Monastery**

**Good morning, and may God bless your day from America's oldest Orthodox monastery, which is currently serving liturgy today and every day for you and the salvation of the world!**

