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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Protopresbyter Gerald Ozlanski, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey

Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Terri Berceli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy

Previc, Ben Williams, Father Joe Uzar, Tim—surgery, John Wakin, Olivia— young girl with a brain tumor, Rick & Sharon Morgan, John Stasko, John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, Kitty Mary, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Chaplain Rachelle Zazzu, Alexandra Roberts, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5-year-old], Lillian Skowvron, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Adam Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert Rodrigues & family, Father Deacon James & Diakonissa Kari Rossetti, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Zoe Oswald—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega [knee replacement], Christine Mohamed, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Andrew Zelleznick, Byron & Cecilia Scott, Laura, Christopher, & Baby Jane Dickson, Vespina, Michelle Russo, Julie Tripodi, Alby Oxenreiter, Debbie—HTUCC [knee], Jackie May, Barbara Morvay, David Salsar, N&O, Randy & Adrienne Kuny, Vince Berardinelli, Mason Martin [Karns City HS QB] & family, Martin Mrvos, Jeff McCoy, Lauren & Sloane Valentina Persico, Alexis & baby Colton Rosati, Jessica Shirley, Mark [kidney cancer], Steve Milcic, Wilbert Wagner, Bob Wojciechowski, Ashley, Beth Skowvron, Sharon Svitek, Laura D., Luke D, Diane Murphy, Robert Studnicki, Kristin Scott [Harry's daughter], George Petronsky, Doug & Darcie Burkholder, and Jill Morocco. We pray that God will grant them all a speedy recovery.

Metropolitan Anthony Bloom was once asked, "What shall we do with children in church? They interfere with our prayers." He replied, "When you begin to pray, they will stop bothering you."

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most

Tone 1
Hebrews 11:24-26, 32-12:2
John 1:43-51

Triumph of Orthodoxy—Vespers—Holy Trinity GO Church, McCandless—4:30 PM

BULLETIN INSERT FOR 10 MARCH 2024

******REMINDER—DAYLIGHT SAVINGS TIME STARTS 2 AM******

**SUNDAY OF THE LAST JUDGMENT; MEATFARE SUNDAY; SAINT
PORPHYRIUS-BISHOP OF GAZA; MARTYR SEBASTIAN; NEW MARTYR
JOHN CALPHAS**

TROPARION—TONE 7

By Thy Cross, Thou didst destroy death!
To the thief, Thou didst open Paradise!
For the Myrrhbearers, Thou didst change weeping into joy.
And Thou didst command Thy disciples, O Christ God,
To proclaim that Thou art risen, granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit...

KONTAKION—MEATFARE SUNDAY—TONE 1

When Thou, O God, shalt come to earth with glory
All things shall tremble and the river of fire shall flow before Thy Judgment
Seat;
The Books shall be opened and the hidden things disclosed;
Then deliver me from the unquenchable fire
And make me worthy to stand at Thy right hand
O Righteous Judge.

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 7

The dominion of death can no longer hold men captive,
For Christ descended, shattering and destroying its powers!
Hell is bound, while the prophets rejoice and cry:
The Savior has come to those in faith!
Enter, you faithful, into the Resurrection!

PROKEIMENON—TONE 7

READER: The Lord shall give strength to His people! The Lord shall bless
His people with peace!

PEOPLE: **The Lord shall give strength to His people! The Lord shall
bless His people with peace!**

READER: Offer to the Lord, O you sons of God! Offer young rams to the Lord!

PEOPLE: **The Lord shall give strength to His people! The Lord shall bless His people with peace!**

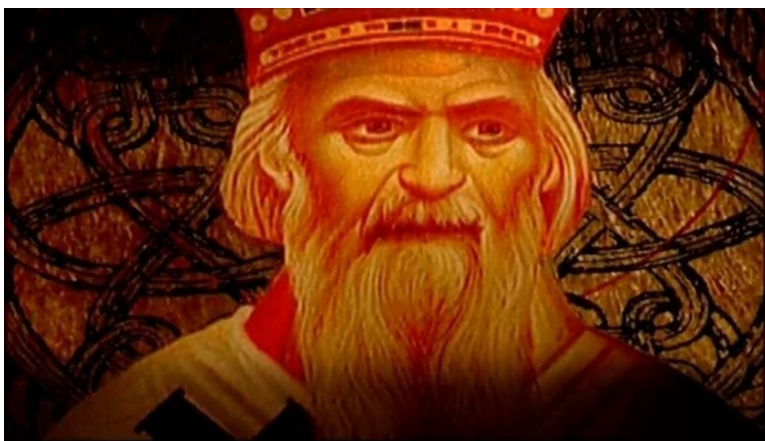
READER: The Lord shall give strength to His people!

PEOPLE: **The Lord shall bless His people with peace!**

ALLELUIA VERSES—TONE 7

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!



**My whole life is a battle
between me and me -
between as I am and me as
God wants me to be.**

St. Nikolaj Velimirovic

Stephen Hawking
said "religion is a
fairy story for
people afraid of the
dark." I said,
"Atheism is a fairy
story for people
afraid of the light."

Professor John Lennox,
Mathematician, Philosopher of
Science, Oxford University

The Sunday of the Publican and Pharisee Luke 18:10-14

Two men went up into the temple to pray; the one a Pharisee, and the other a publican. The Pharisee stood and prayed thus with himself, God, I thank thee, that I am not as other men are, extortioners, unjust, adulterers, or even as this publican. I fast twice in the week, I give tithes of all that I possess. And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner. I tell you, this man went down to his house justified rather than the other: for every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted. (KJV)

Concern for the soul increases with the arrival of the Sunday of the Publican and Pharisee. Great Lent is drawing near. The focus on personal sinfulness and repentance increases.

Each person is a sinner. Only the Lord Jesus Christ is perfect. The Church offers believers the way to reject sin in our lives and begin anew. Jesus Christ is the way to overcome sin and begin anew in life.

The present Gospel of the Publican and Pharisee compares two approaches to sin. The Pharisee saw sin as existing in others. The Pharisee was proud of himself. He was blind to his own sinfulness.

The publican knew deep within himself he was a sinner. The publican wanted mercy from Jesus Christ because of his sins. He prayed the simple prayer seeking mercy.

The Church teaches the prayer of the publican as being greatly effective. The publican's prayer has become well-known as The Jesus Prayer: "Lord Jesus Christ Son of God have mercy on me a sinner."

When recited regularly with honesty and sincerity, The Jesus Prayer is greatly beneficial. The Jesus Prayer can be said at any time during the day or night and at any location. The Jesus Prayer is effective when said aloud or silently.

The publican took responsibility for his sins. He did not look negatively toward others. He simply wanted to correct his own life. The Pharisee did not seek change. He was satisfied with himself. The Pharisee wanted approval from God.

Listeners to the present Gospel know whether they are like the Pharisee or the publican. The present Gospel intends change in believers. Acknowledging personal sin is the first step in getting rid of the sin.

Each person coming to Church decides whether to learn more about the life in Christ and how to become more Christ-like. The Church is where to unite with Christ and to perfect the life in Christ.

Each person has a life-long battle with sin that requires being fought. Believers commit themselves to following Jesus Christ from the time of Baptism until departure from this life.

Sin becomes a part of each life and must be dealt with if the person is to enter the Kingdom of God and experience eternal life. Constant care of the soul is always important.

The Jesus Prayer offers a direct connection with Jesus Christ. The publican in his demeanor taught how to approach Jesus Christ. The publican was humble and contrite. He made his sin known to Jesus and sought mercy.

Fighting sin requires the strength and mercy of Jesus Christ. The publican realized he needed Jesus' mercy and forgiveness to get rid of his

sin. The publican's humble and honest approach to Christ was to his benefit.

Believers decide whether to remain focused throughout life on seeking the Kingdom of God. Continuous and serious prayer keeps believers on the narrow path to the Kingdom.

Too often believers depart from the path to the Kingdom and engage in sin. Committing sins may be voluntary or may come about unwittingly. Living in ways pleasing to Jesus Christ is necessary in caring for the soul.

Repentance is the way to begin anew in Christ. Rejecting sin and embracing Christ has a place in each day of life. Love for Christ grows as the believer strengthens the daily relationship with Christ.

Prayer facilitates the love of Christ and following the way of Christ. The present Gospel and each Gospel lesson is a way to unite and be reunited with Christ. Focusing on the sins of others and living like the Pharisee are perilous to the soul.

Growth in Christ is expected and joyful. Beginning anew in Christ advances the quality of life. The publican experienced newness in Christ. The publican benefitted from Christ's mercy and love.

Jesus loves each person. Jesus offers the way out of the life in sin. Jesus offers the way to the Heavenly Kingdom. Believers begin the journey at baptism. Sin derails the believer unless repentance takes place.

The Church proclaims the Gospel lesson on the Publican and the Pharisees each year for believers to correct their lives while there is time. Being like the Pharisee and putting off repentance is perilous to the soul.

Seeking Christ's mercy is the way to directly experience Christ's love. When sin is forgiven. Jesus Christ's love is keenly felt. Being a sinner is perilous to the soul. Failing to repent is dangerous.

Thank God for the Gospel lesson on the Publican and the Pharisee. Thank God that Great Lent is approaching. Now is the time to think seriously about care of the soul. Now is the time to repent, seek God's mercy and experience God's love.

The Sunday of the Publican and the Pharisee. St. Meletius, Archbishop of Antioch. February 12/25, 2024. Hidden Valley, Pennsylvania. Father Rodney Torbic

The Two Great Commandments

*"Love thy God with all your heart, mind..."
and secondly, "Love thy neighbor..."*

We live in a world bombarded with thousands of messages, some subtle and some not-so-subtle, of merchandising that impact the way we interact with others, and the way we relate to God. Much of what we glean

from these messages is narcissistic in nature, estranging us from one another.

We become so self absorbed that we fail to live authentically as Christians, being peace-makers, working towards justice, failing to forgive those who've wronged us, and not being compassionate towards those in need of mercy and charity. "Those who hear the word ought to give proof of the work of the word in their own souls" (St. Macarius the Great).

If we wear a cross around our neck, make the sign of the cross in perfect order, keep the fast periods, but have not the love of the poor we have gained nothing. Christ Himself told us that we can not love God Whom we've not seen, if we do not love our neighbor. If we do not give alms to the poor and speak out for human justice, we will have gained nothing. If we do not treat everyone with respect and love, and show mercy to all, we have not Christ in us.

We must put on Christ with the rising of the sun, and with it going down. Christ must be in every word we speak and in every action of our heart. He must reign supreme in our lives, that all see Christ in us, just as we must see Christ in every person with whom we come in contact. "I live; yet not I, but Christ liveth in me" (Galatians 2:20).

Love in Christ, Abbot Tryphon



Father Raphael [Ralph Ervin Moore]

This silk cloth is an Antimension (Greek for "In place of the table") upon which the Bread and Wine are Consecrated. It is given by the Bishop and validates the Priest to serve the Holy Eucharist. It contains a relic of a Saint. *[It is signed by the bishop, Archbishop Daniel in this case, and is kept on the Altar under the Holy Gospel—Fr. Bob]*



Love One Another

John 3:11-For this is the message that ye heard from the beginning, that we should love one another. (KJV)

The Apostle and Evangelist John speaks with authority about loving one another. Apostle John was blessed to learn about love directly from the Lord Jesus Christ. Our relationships in life reflect and define our relationship with Jesus Christ. The Apostle John's words are to be taken seriously if we are to grow in Christ. We have the opportunity throughout life to improve our daily relationships.

John 3:23-And this is his commandment, That we should believe on the name of his Son Jesus Christ, and love one another, as he gave us commandment. (KJV)

Learning to love each other in ways pleasing to Jesus Christ takes great effort. Christians are expected to be tolerant, forgiving, and patient in daily relationships. Daily relationships commonly exist in the home, at work, and in the community. Adults and children often interact in ways revealing their relationship with Christ. Every relationship reveals the person's relationship with the Lord Jesus Christ.

John 4:7-Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. (KJV)

Having love for one another involves seeing Christ in each person in daily life. Jesus Christ filling the heart, mind, and soul enables love for one another. The home is where love for one another is clearly to be lived out each day. The parish church proclaims and teaches about God's love for each person. Learning to perfect love in personal relationships occurs in the parish church.

John 4:11-Beloved, if God so loved us, we ought also to love one another. (KJV)

The Divine services of the Church are a direct experience with God's love. Believers experience Jesus Christ in the Divine services of the Church. Jesus Christ is Love and is experienced in the Holy Mysteries of the Church. Love is learned directly from the Lord Jesus Christ through His teachings and life. Jesus' Death on the Cross and His Resurrection revealed His immeasurable love.

John 4:12-No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us. (KJV)

Love perfected in human relationships shows the full possibilities of 1511020human life. Christ alive in the heart, mind, and soul enables relationships to grow and develop. Family relationships maturing in the Lord Jesus Christ extend into eternal life. Believers seeking to improve daily relationships benefit by praying to Jesus Christ. Repentance is the way to begin anew in difficult and frustrating daily relationships.

Holy Apostle Onesimus. February 15/28, 2024. Hidden Valley, Pennsylvania. Father Rodney Torbic



THE GREAT LENT

A LIFE OF PARADISE ON EARTH

RESTORING A LIFE OF BIBLE READING, PRAYERS, AND MEDITATION

Sanctify your Body, Mind,
and Soul through Ascetic
Practices

Continue on the Path to
Eternal Life

Commit ourselves to a
righteous life

Stand firmly against Satan



Remember that through
Holy Baptism you are
born of Water and Spirit

Be born again through the
Renewal of the Mind

Through the Sacraments of
Holy Confession and Holy
Communion, partake in the
Body and Blood of Jesus Christ

Repent and Seek Forgiveness

◆ DURING GREAT LENT ◆

- ◆ Follow the Rules of Abstinence and Lenten Practices prescribed by the Church
- ◆ Read the Scriptures Daily and Pray Unceasingly
- ◆ Fast
- ◆ Participate in Church Services Regularly
- ◆ Give food to those who hunger, and drink to those who thirst
- ◆ Set aside a portion of your wealth for the Needy
- ◆ Be Enthusiastic in Good Works
- ◆ Do not be Wasteful and Avoid Arrogance
- ◆ Forgive Everyone and let go of all Grudges
- ◆ Love your Neighbor as yourself