



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Father Simon & Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Protopresbyter Gerald Ozlanski, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino,

Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Terri Berceli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie

& Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Father Joe Uzar, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko, John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, Kitty Mary, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Chaplain Rachelle Zazzu, Alexandra Roberts, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5-year-old], Lillian Skowvron, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Adam Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert Rodrigues & family, Father Deacon James & Diakonissa Kari Rossetti, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Zoe Oswalt—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega [knee replacement], Christine Mohamed, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Andrew Zelleznick, Jill Bailey, Byron & Cecilia Scott, Laura, Christopher, & Baby Jane Dickson, Vespina, Michelle Russo, Julie Tripodi, Alby Oxenreiter, Debbie—HTUCC [knee], Jackie May, Barbara Morvay, David Salsar, N&O, Randy & Adrienne Kuny, Vince Berardinelli, Mason Martin [Karns City HS QB] & family, Martin Mrvos, Jeff McCoy, Lauren & Sloane Valentina Persico, Alexis & baby Colton Rosati, Jessica Shirley, Steve Milcic, Wilbert Wagner, Bob Wojciechowski, Ashley, Beth Skowvron, Sharon Svitek, and Jill Morocco. We pray that God will grant them all a speedy recovery.

Pray without ceasing, calling upon the name of the life-giving Trinity in order that your soul should not be suddenly overwhelmed by any passion... *Righteous John, Wonderworker of Kronstadt, My Life in Christ* p.211

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!

**36TH SUNDAY AFTER PENTECOST; TRANSLATION OF THE RELICS OF
HIEROMARTYR IGNATIUS THE GOD-BEARER; MARTYRS ROMANUS,
JAMES, PHILOTHEUS, HYPERCHIUS, ABIBUS, JULIAN &
PAREGORIUS; MARTYRS SILVANUS-BISHOP OF EMESA, LUKE THE
DEACON, & MOCIUS THE READER; SAINT LAURENCE-RECLUSE OF
PERCHEVSKY LAVRA-BISHOP OF TUROV**

TROPARION—TONE 3

Let the Heavens rejoice! Let the earth be glad!
For the Lord has shown strength with His arm!
He has trampled down death by death!
He has delivered us from the depths of hell,
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 3

On this day Thou didst rise from the tomb, O Merciful One!
Leading us from the gates of death.
On this day Adam exults as Eve rejoices;
With the prophets and patriarchs
They unceasingly praise the divine majesty of Thy power!

PROKEIMENON—TONE 3

READER: Sing praises to our God, sing praises! Sing praises to our King,
sing praises!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our
King, sing praises!**

READER: Clap your hands, all peoples! Shout to God with loud songs of
joy!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our
King, sing praises!**

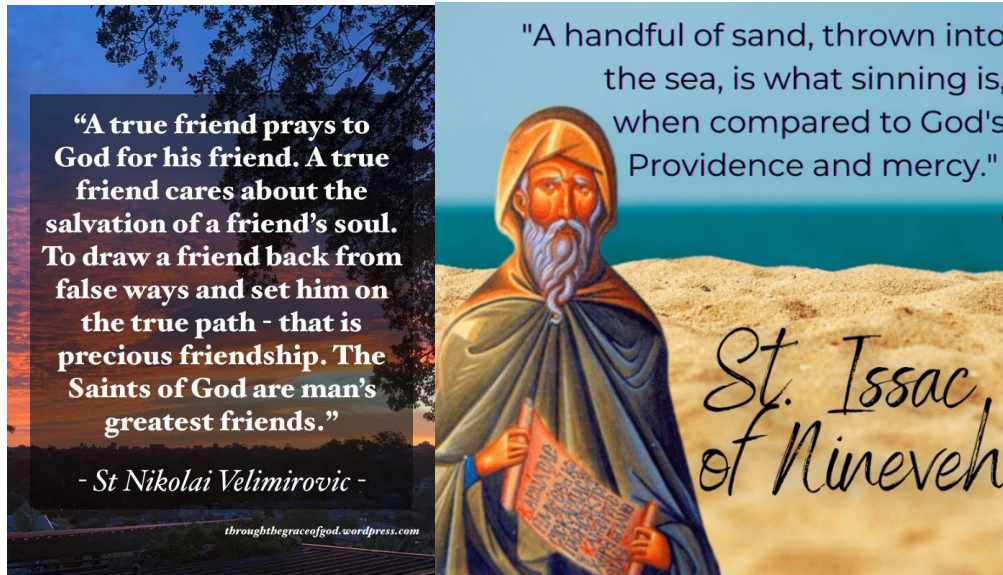
READER: Sing praises to our God, sing praises!

PEOPLE: Sing praises to our King, sing praises!

ALLELUIA VERSES—TONE 3

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!



Confessing Jesus Christ

Philippians 2:11-And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. (KJV)

Believers confess belief in Jesus Christ as King and as God at Holy Baptism. The expressed belief in Jesus Christ is to be actualized all the days of earthly life. Believers are to grow, mature and advance in Jesus Christ throughout earthly life. The life in Christ intends for the believer to be active and take initiative to grow. Christ provides the nourishment, teaching, and direction for growth and maturity.

I Timothy 6:13- I give thee charge in the sight of God, who quickeneth all things, and before Christ Jesus, who before Pontius Pilate witnessed a good confession; (KJV)

Baptism normally occurs at a young age and growth in Jesus Christ is expected. Parents, grandparents, family members and God-parents assume a responsibility. The believer benefits from the support, nurturing and examples of loved ones. The Church offers the nourishment to strengthen believers confessing Christ. Opportunities exist in the Church for believers to confess Christ with others.

I John 4:2- Hereby know ye the Spirit of God: Every spirit that confesseth that Jesus Christ is come in the flesh is of God: (KJV)

Confessing is the expression of belief in Jesus Christ in love, in words and deeds. Believers confessing Christ seek to model Christ's love, humility and forgiveness. Hearts filled with Christ readily confess Jesus Christ in thought, word and deed. Repentance is necessary to eliminate from the believer all that is not of Christ. Confessing Christ is difficult if the believer is deeply entangled in perils of sin.

I John 4:3- And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that spirit of antichrist,

whereof ye have heard that it should come; and even now already is it in the world. (KJV)

Consistent honest self-examination enables the believer to remain true to Christ. The lives of the saints and martyrs serve as inspiring examples for believers. Prayer and fasting keep the believer united with and filled with the love of Christ. Love for Christ pours forth from the believer when the heart embraces Christ. Confessing Christ establishes the believer's identity with others in daily life.

2 John 1:7- For many deceivers are entered into the world, who confess not that Jesus Christ is come in the flesh. This is a deceiver and an antichrist.(KJV)

Followers and confessors of Christ maintain Christ's standards and teachings. Confessors and followers of Jesus Christ firmly stand against evil and corruption. Truth, love and peace characterize relationships established by Christ's confessors. The fruits of a person's life will ultimately reveal if he or she confesses Christ. Each person will stand before the Lord God for the Great and Final Judgment.

*St. Athanasius the Great. St. Cyril of Alexandria. St. Maximus, Archbishop of Serbia.
January 18/31, 2024. Hidden Valley, Pennsylvania. Father Rodney Torbic*

Father Theophan [Kenyon] Mackey offers:

This is my plan if I don't make it to heaven:

Someone went to hell, but he wanted there to be a church there too so that he could pray. Despite his sinfulness, he loved God and wanted to pray. He began to measure the site in order to lay foundations. A devil asked him what he was doing. He replied: 'I want to build a church so that I can pray.' The devil was uneasy, because it was impossible for a church to be built in hell, and he tried to stop him. He did not manage. He summoned other demons. They could not do anything either. They reported it to their leader. Then many demons gathered and they threw him out of hell, to prevent a church being built."

And he continued: "So we build churches to change hell into Paradise, and if we do not manage to do that, we will succeed in not being accepted by the devil in hell." And he laughed wholeheartedly.

— *Metropolitan Hierotheos of Nafpaktos, I Know a Man in Christ: Elder Sophrony the Hesychast and Theologian*

Jesus Christ is Our Nourishment

John 6:33-For the bread of God is he which cometh down from heaven, and giveth life unto the world. (KJV)

Believers need nourishment to journey from Baptism to the Heavenly Kingdom. The Lord Jesus Christ provides the necessary nourishment for

the entire journey. The Giver of Life is present for the seekers of authentic nourishment for the soul. The hunger in the soul yearns for the satisfying nourishment Jesus Christ provides. Jesus Christ the Bread of Life continues to feed believers through the centuries. The Bread of Life nourishes hungry souls in every century throughout the world. Wise believers give great thought to where they seek nourishment for eternal life.

John 6:35- And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. (KJV)

Eternal life is the consideration when believers seek nourishment for the soul. Believers must be well nourished to fully address life's difficult daily stresses. Serious believers consistently fortify their lives with nourishment from Christ. Jesus Christ encourages believers to partake of His Precious Body and Blood. The Church is the oasis in the world offering nourishment for hunger in the soul. Jesus Christ's nourishment is not of this world but is for the world of eternal life. Nourishment from Jesus Christ enables believers to live in this world and beyond

John 6:48-I am that bread of life. (KJV)

Unity with Jesus Christ occurs when believers partake of His Body and Blood. Individuals make conscious decisions about where to seek life's nourishment. Drawing nourishment from the Lord Jesus Christ is a completely voluntary action. Coercion is not involved and has no place in partaking of Jesus' Body and Blood. Life and joy in life emanate from partaking of Christ's Precious Body and Blood. Jesus has nourished believers from the Creation of the world to the present day. Students of Church history and Scriptures learn of Jesus' authentic nourishment.

John 6:51-I am the living bread which came down from heaven: if any man eat of this bread, he shall live forever: and the bread that I will give is my flesh, which I will give for the life of the world. (KJV)

The believer's life is renewed and strengthened when nourished by Jesus Christ. Persons seeking nourishment for the soul need only enter God's Holy Church. The Lord Jesus Christ welcomes with love those persons seeking nourishment. Jesus Christ is sufficient to nourish every person drawing near in faith and in love. Life extends beyond the boundaries of earthly death for partakers from Christ. Jesus Christ eradicated the boundaries of death when He rose from the tomb. Each believer does well to consider the words in St. John's Gospel about Jesus.

Afterfeast of Theophany. Venerable and God-bearing Theodosius the Great. Venerable Michael of Klops. January 11/24, 2024. Hidden Valley, Pennsylvania. Father Rodney

Torbic