



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

www.holyghostorthodoxchurch.org

Very Rev. Father Robert Popichak,

Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 956-6626 cell

rpopichak@alumni.cmu.edu

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Father Simon & Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Protopresbyter Gerald Ozlanski, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda,

Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Terri Berceli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Sharon Torick, Carol

Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Father Joe Uzar, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko, John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, Kitty Mary, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Chaplain Rachelle Zazzu, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5-year-old], Lillian Skowvron, Sue & Greg Heinen, Paul Simpson [Father Bob’s cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert Rodrigues & family, Father Deacon James & Diakonissa Kari Rossetti, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Zoe Oswalt—Fr. Bob’s cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega [knee replacement], Christine Mohamed, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex’s friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Andrew Zelleznick, Jill Bailey, Byron & Cecilia Scott, Laura, Christopher, & Baby Jane Dickson, Vespina, Michelle Russo, Julie Tripodi, Alby Oxenreiter, Debbie—HTUCC [knee], Jackie May, Barbara Morvay, David Salsar, N&O, Randy & Adrienne Kuny, Vince Berardinelli, Mason Martin [Karns City HS QB] & family, Martin Mrvos, Jeff McCoy, Lauren & Sloane Valentina Persico, and Jill Morocco. We pray that God will grant them all a speedy recovery.

He who wants to do something and cannot is, in the eyes of God who sees our hearts, as though he has done it. This should be understood as being so in relation to good and evil alike. St. Mark the Ascetic

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters,

police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. ***If you have a question, please ask Father Bob.***

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.

SERVICES IN SLICKVILLE

SUNDAY, October 29 **OBEDNTIZA—UPSTAIRS** **10:30 AM**
21ST SUNDAY AFTER PENTECOST; MARTYR LONGINUS THE CENTURION WHO
STOOD AT THE CRUCIFIXION; SAINT LONGINUS THE GATE-KEEPER OF
PERCHEVSKY LAVRA
Tone 4
Galatians 2:16-20
Luke 8:5-15

SUNDAY, November 05 **OBEDNTIZA—UPSTAIRS** **10:30 AM**
22ND SUNDAY AFTER PENTECOST; HOLY APOSTLE JAMES-BROTHER OF THE
LORD; SAINT IGNATIUS-PATRIARCH OF CONSTANTINOPLE; VENERABLE
ELISHA OF LAVRYSHEVO
*******PARISH MEETING AFTER SERVICE—DOWNSTAIRS*******
Tone 5
Galatians 6:11-18; Galatians 1:11-19
Luke 16:19-31; Matthew 13:54-58

Litany in Blessed Memory of John Lopushanski, Samuel Kerr, Helen Likar, Harry Bunio, Mary Pekich, Constantine Hanczar, Anna Lotinsky, & Julia Golofski—Fr. Bob

SUNDAY, November 12 **OBEDNTIZA—UPSTAIRS** **10:30 AM**
23RD SUNDAY AFTER PENTECOST; HIEROMARTYR ZENOBIUS & SISTER ZENOBBIA
OF AEGAE-CILICIA; APOSTLES TERTIUS, MARK, JUSTUS & ARTEMAS OF
THE 70; HIEROMARTYR MARCIAN-BISHOP OF SYRACUSE; MARTYR
EUTROPIA OF ALEXANDRIA; MARTYR ANASTASIA OF THESSALONICA
Tone 6

BULLETIN INSERT FOR 29 OCTOBER 2023

**21ST SUNDAY AFTER PENTECOST; MARTYR LONGINUS THE
CENTURION WHO STOOD AT THE CRUCIFIXION; SAINT LONGINUS
THE GATE-KEEPER OF PERCHEVSKY LAVRA**

TROPARION—TONE 4

When the women disciples of the Lord
Learned from the angel the joyous message of Thy Resurrection;
They cast away the ancestral curse and elatedly told the apostles:
Death is overthrown! Christ God is risen,
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 4

My Savior and Redeemer,
As God rose from the tomb
And delivered the earthborn from their chains.
He has shattered the gates of Hell,
And as Master, He has risen on the third day!

PROKEIMENON—TONE 4

READER: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: Bless the Lord, O my soul! O Lord my God, Thou art very great!

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: O Lord, how manifold are thy works!

PEOPLE: In wisdom hast Thou made them all.

ALLELUIA VERSES—TONE 4

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.

The intellect also can never exactly disprove that which became known by true faith. **I.M. Andreyev**

Jesus Prayed

Matthew 14:23-And when he had sent the multitudes away, he went up into a mountain apart to pray: and when the evening was come, he was there alone. (KJV)

Believers earnestly seek to directly communicate with the Lord through prayer. Individuals praying in earnest have great confidence in the Lord's attentiveness. God's reassuring presence enables believers to pray throughout their earthly lives. Prayer is essential from the time of Holy Baptism until departure from this life. Quality of life is enriched and develops in proportion to the believer's prayer life.

Matthew 26:36- Then cometh Jesus with them unto a place called Gethsemane, and saith unto the disciples, Sit ye here, while I go And pray yonder. (KJV)

The Lord is within reach of each sincere believer seeking to connect by prayer. Prayer expresses fundamental hope and belief the effort is worthwhile with God. Believers pray to the Lord for their lives and situations to change for the better. Prayer originates deep within the person and is a firm reaching out to the Lord. The faithful believer learns to pray, what to pray for and the value of prayer.

Matthew 26:39-And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt. (KJV)

The Gospels document and verify that Jesus Christ prayed on numerous occasions. Believers benefit from knowing the circumstances when Jesus Christ prayed. Jesus Christ's examples of praying described in the Gospels inspires believers. Seeking unity with Jesus Christ through prayer is often the believer's objective. Believers regularly pray to Jesus Christ for healing, peace or mercy in their lives.

Matthew 26:42-He went away again the second time, and prayed, saying, O my Father, if this cup may not pass away from me, except I drink it, thy will be done. (KJV)

Prayers directed to Jesus Christ vary according to the individual person's needs. The Church has developed extensive prayers for the different experiences in life. Believers benefit greatly when learning the extensive prayers of the Church. The Church has a multitude of prayers very practical for daily living at any age. Liturgical prayers consistently address personal needs of attentive parishioners.

Matthew 26:44-And he left them, and went away again, and prayed the third time, saying the same words. (KJV)

Knowledge of the Church's prayers enables believers to make better use of them. Growth in prayer is possible from Holy Baptism until departure from this life. Unity with Jesus Christ is realized through fervent prayer at all ages of earthly life. While the mind functions believers are always capable of praying to Jesus Christ. The priorities chosen in daily life will reveal the true extent prayer is fully valued.

Matthew 26:53-Thinkest thou that I cannot now pray to my Father, and he shall presently give me more than twelve legions of angels?
(KJV)

The Church considers it important for believers to know that Jesus prayed. Records of Jesus praying have been preserved in the Gospels for centuries. Believers benefit from thinking deeply about Jesus Christ engaging in prayer. The believer's relationship with Jesus Christ improves by continuous prayer. The opportunity to pray to Jesus Christ exists at every moment of earthly life.

Luke 5:16-And he withdrew himself into the wilderness, and prayed. (KJV)

Praying does not require a large vocabulary and an advanced education. The contents and conditions of the person's heart, mind and soul affect prayer. Personal priorities, interests and goals determine the nature of each prayer. A firm willingness to battle sin and evil keep the believer engaged in prayer. Desiring improved relationships in daily life motivates believers to pray to God.

Luke 9:18- And it came to pass, as he was alone praying, his disciples were with him: and he asked them, saying, Whom say the people that I am? (KJV)

Seeking to address the hunger in the soul for God is reason for daily prayer. Love for God is rightfully expressed in the way a person engages in prayer. Expressing gratitude to God has a regular place in the prayer life of believers. Prayer is a form of conversation with God and reveals the relationship's depth. Having confidence in God's attentiveness to prayer influences the believer's effort.

Luke 9:28- And it came to pass about eight days after these sayings, he took Peter and John and James, and went up into a mountain to pray. (KJV)

A person's prayer life is expected to mature and develop as the person gets older. The innocence and honesty of children is worth keeping in mind when praying. Speaking honestly from the heart is central to communicating well with the Lord. Actively praying is the way to remove hostility from the heart, mind, and soul. Expressing life's burdens to God is the way to get assistance in handling them.

Luke 9:29- And as he prayed, the fashion of his countenance was altered, and his raiment was white and glistening. (KJV)

The Church is the place for the soul's healing and prayer is the path to the Healer. Personal problems are best put in perspective and defined through fervent prayer. Active silence and stillness are essential for the serious believer's prayer life. Taking time periodically to sit in the quiet of the church does wonders for the soul. Jesus Christ is always available to listen to and heal problems plaguing the soul.

St. Stephen and Venerable Helena (Stijanovic) October 4.17, 2023. Hidden Valley, Pennsylvania. Father Rodney Torbic

This was an important quote for Papa George L Livanos, and I've had the blessing of sharing it in public a few times in the last 3 weeks. Especially apropos to yesterday's commemoration of the Fathers of the 7th Ecumenical Council, the first of two major councils convened to deal with the question of iconography in the Church. Why are icons important to us? There are a number of critical issues involved—but the two that rise to the top are (1) our affirmation of the Incarnation of the Son of God, and (2) our being icons of God. + Fr. George Athanasios

“Every one of us is in the image of God, and every one of us is like a damaged icon. But if we were given an icon damaged by time, damaged by circumstances, or desecrated by human hatred, we would treat it with reverence, with tenderness, with broken-heartedness. We would not pay attention primarily to the fact that it is damaged, but to the tragedy of its being damaged. We would concentrate on what is left of its beauty, and not on what is lost of its beauty. And this is what we must learn to do with regard to each person as an individual, but also—and this is not always as easy—with regard to groups of people, whether it be a parish or a denomination, or a nation. We must learn to look, and look until we have seen the underlying beauty of this group of people. Only then can we even begin to do something to call out all the beauty that is there. Listen to other people, and whenever you discern something which sounds true, which is a revelation of harmony and beauty, emphasize it and help it to flower. Strengthen it and encourage it to live.” –+Metropolitan Anthony (Bloom) of Sourozh

(Also, for those who want a deeper dive into Iconography, you can listen to: https://www.ancientfaith.com/podcasts/lordofspirits/image_of_the_invisible

We should not grow discouraged when we do not seem to reach profound prayerful states. Our aim is not to attain to certain states, but to continually raise our minds and hearts to God out of our love for Him. Even if we have not been able to do this undistractedly, God honors our effort...

Hieromonk Damascene (Christensen) Christ the Eternal Tao p.379