



Holy Ghost Orthodox Church

**714 Westmoreland Avenue**  
**PO Box 3**  
**Slickville, PA 15684-0003**  
**[www.holyghostorthodoxchurch.org](http://www.holyghostorthodoxchurch.org)**  
Very Rev. Father Robert Popichak, Pastor  
23 Station Street  
Carnegie, PA 15106-3014  
[412] 956-6626 cell  
[rpopichak@alumni.cmu.edu](mailto:rpopichak@alumni.cmu.edu)

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. 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**Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!**

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

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*Tone 2*

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When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

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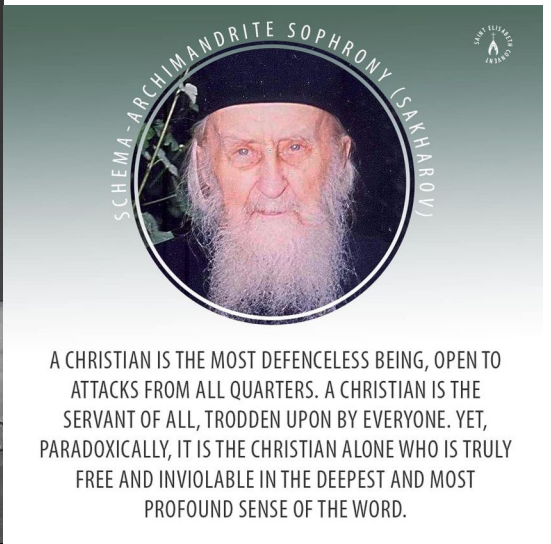
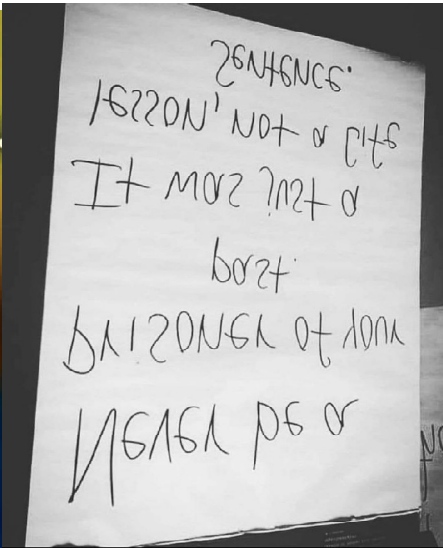
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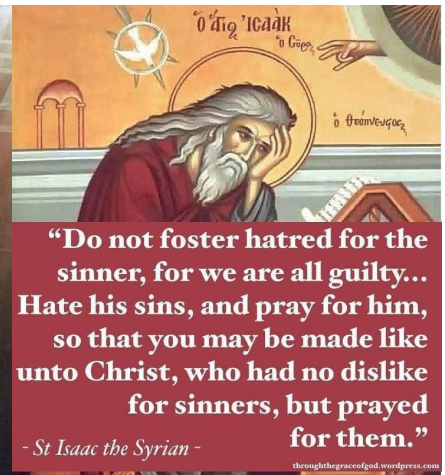
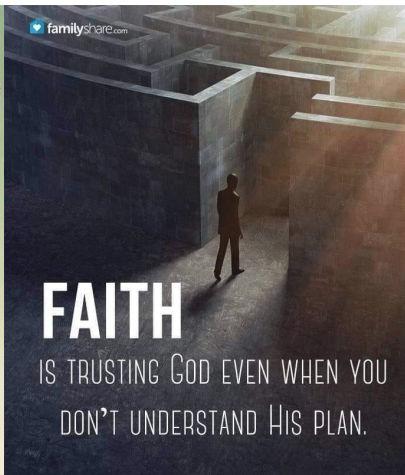
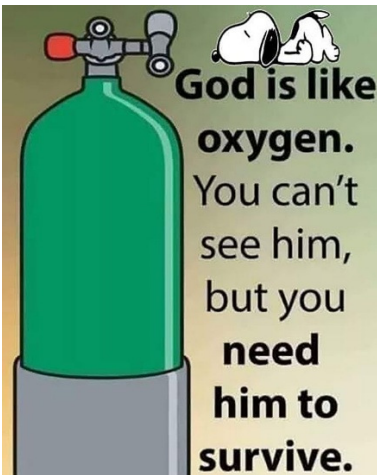
The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

"What pleasure is there in our life that is not mixed with sorrow? What glory on earth that lasts? All are more fleeting than shadows, and more deceitful than a dream! But you, O Christ, in the light of your face, in the beauty of your holiness, give peace to our brother you have chosen, for you are the lover of mankind." *St. John of Damascus*



Father Theophan [Kenyon] Mackey  
 To my fellow Orthodox: **Stop worrying about the path of global orthodoxy or the Church. How is your parish? Are you peaceful? Our own sins and repentance should be our focus.**



**St Tikhon's Orthodox Monastery**  
 “When a person receives the Body and Blood of the Lord, he literally becomes of one body with Christ, with Christ's Blood literally flowing in his veins. The person's body becomes Christ's Flesh, which is why we are called members of the Body of Christ.” (Fr. Daniel Sysoyev+, 'Instructions to Immortals')



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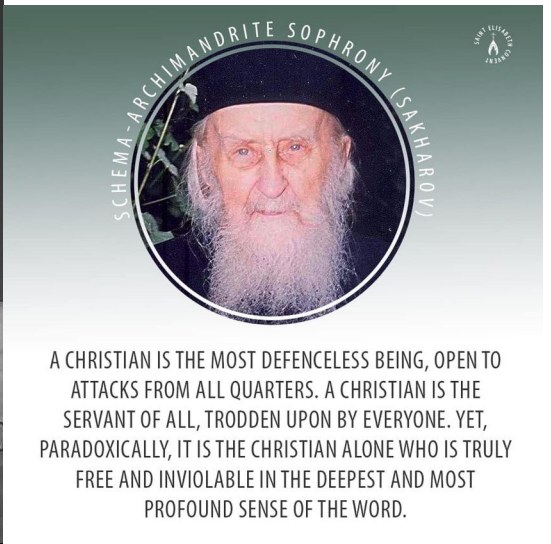
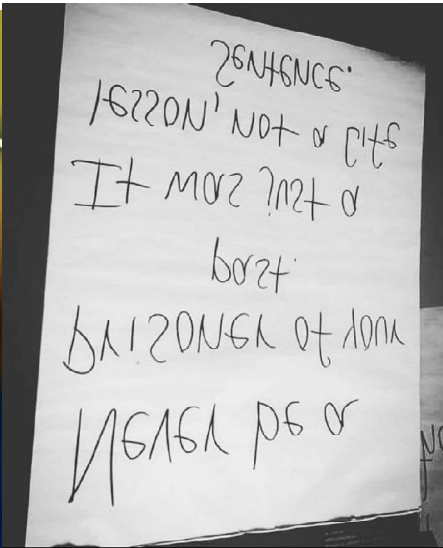
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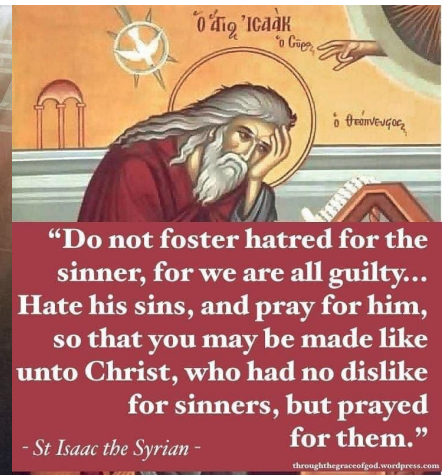
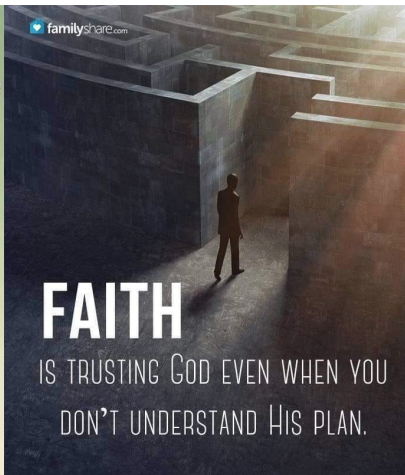
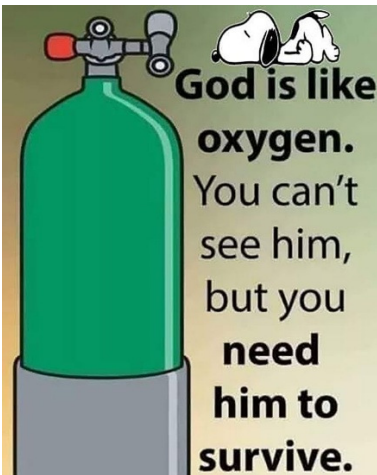
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Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE:** **The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

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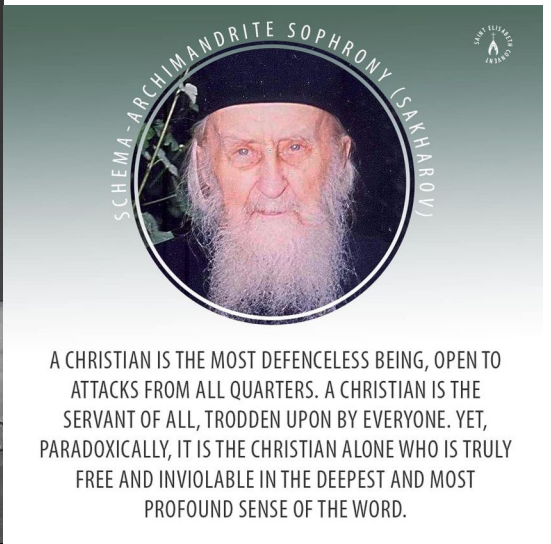
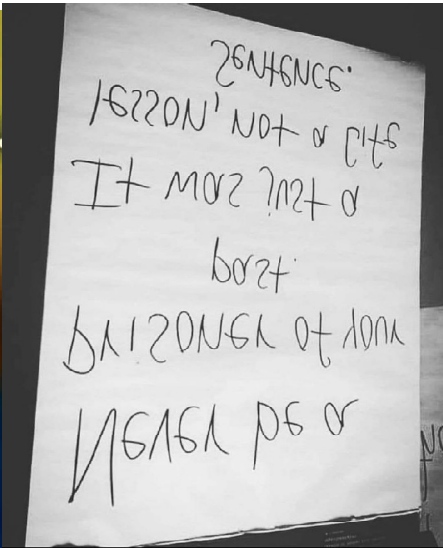
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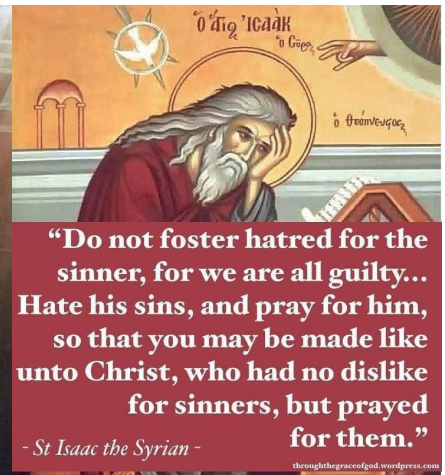
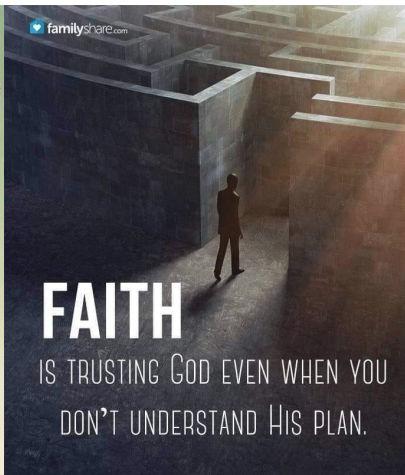
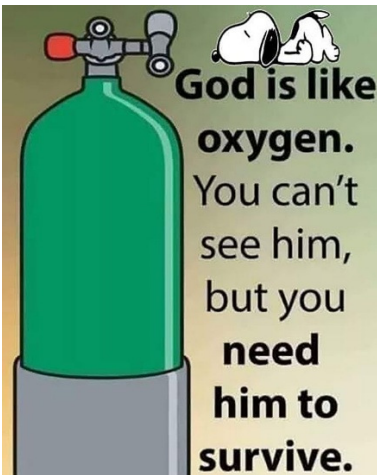
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Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

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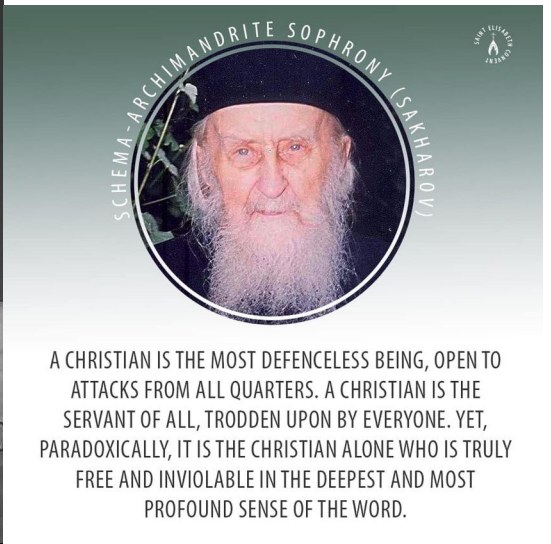
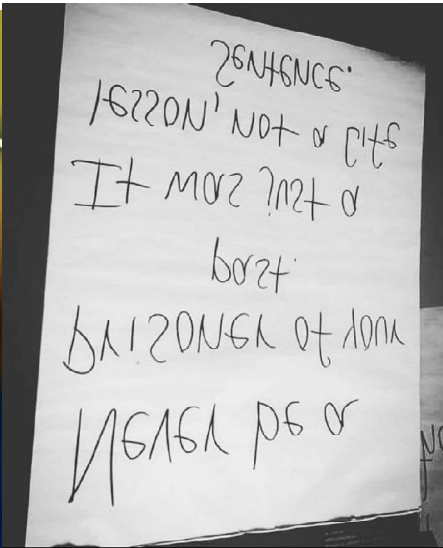
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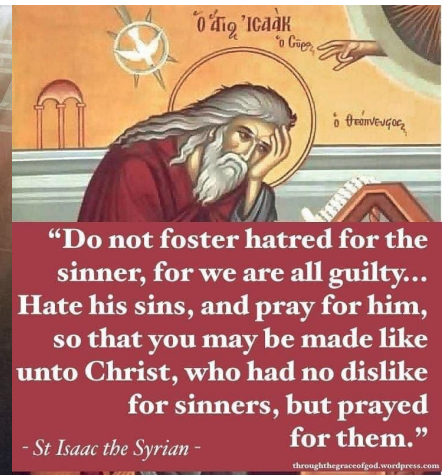
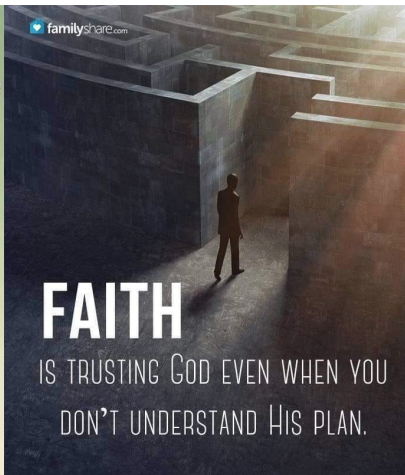
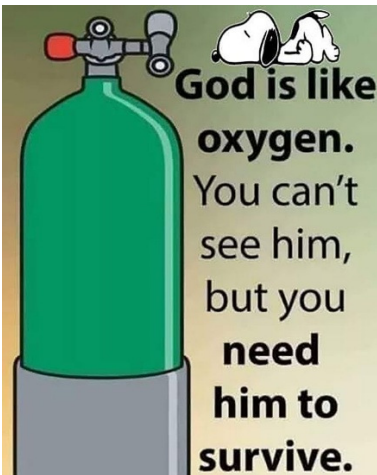
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**SUNDAY, October 15**                      ***CLERGY CONFERENCE—NO SERVICE IN SLICKVILLE***  
**19<sup>TH</sup> SUNDAY AFTER PENTECOST; HIEROMARTYR CYPRIAN, VIRGIN-MARTYR  
JUSTINA, & MARTYR THEOCTIST OF NICOMEDIA; BLESSED ANDREW—  
FOOL FOR CHRIST**

*Tone 2*

Hebrews 9:1-7

Luke 10:38-42,11:27-28

**SUNDAY, October 22**                      **OBEDNTIZA—UPSTAIRS**                      **10:30 AM**  
**20<sup>TH</sup> SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE 7<sup>TH</sup> ECUMENICAL  
COUNCIL; HOLY APOSTLE JAMES-SON OF ALPHEUS; SAINT ANDRONICUS  
& WIFE SAINT ATHANASIA OF EGYPT; RIGHTEOUS FOREFATHER  
ABRAHAM & NEPHEW RIGHTEOUS LOT; MARTYRS JUVENTIUS & MAXIMUS  
AT ANTIOCH; SAINT PUBLIA THE CONFESSOR OF ANTIOCH; SAINT PETER  
OF GALATIA**

*Tone 3*

Galatians 1:11-19; Hebrews 13:7-16; 1 Corinthians 4:9-16

Luke 7:11-16; John 17:1-13; Luke 10:16-21

**SUNDAY, October 29**                      **OBEDNTIZA—UPSTAIRS**                      **10:30 AM**  
**21<sup>ST</sup> SUNDAY AFTER PENTECOST; MARTYR LONGINUS THE CENTURION WHO  
STOOD AT THE CRUCIFIXION; SAINT LONGINUS THE GATE-KEEPER OF  
PERCHEVSKY LAVRA**

*Tone 4*

Galatians 2:16-20

Luke 8:5-15

**BULLETIN INSERT FOR 15 OCTOBER 2023**

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**TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

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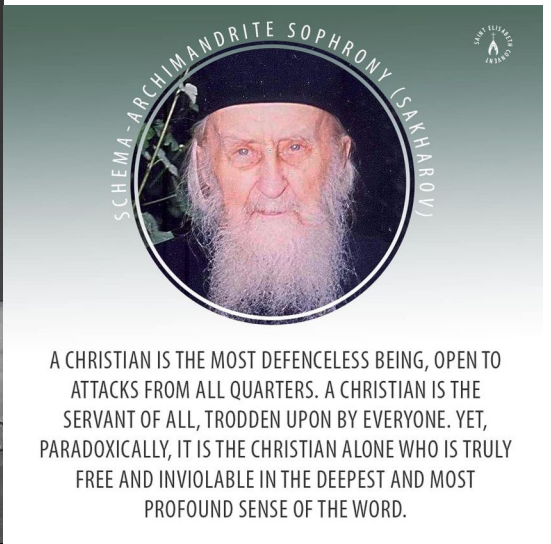
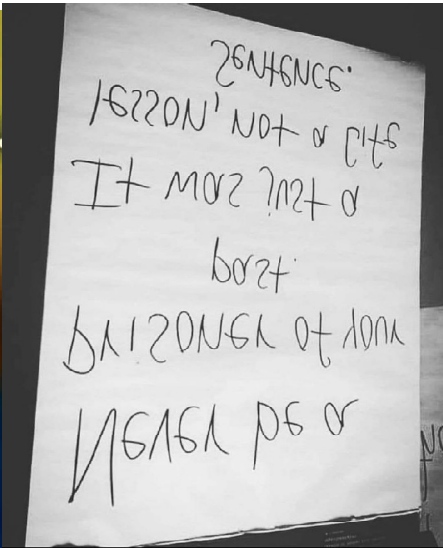
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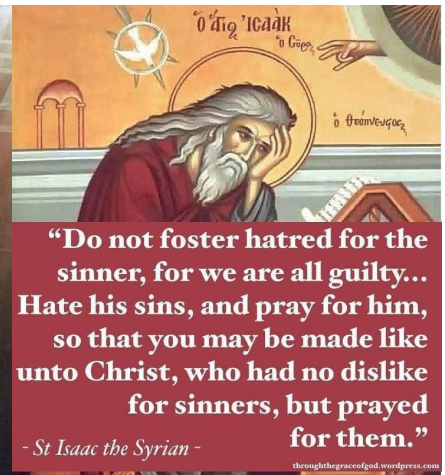
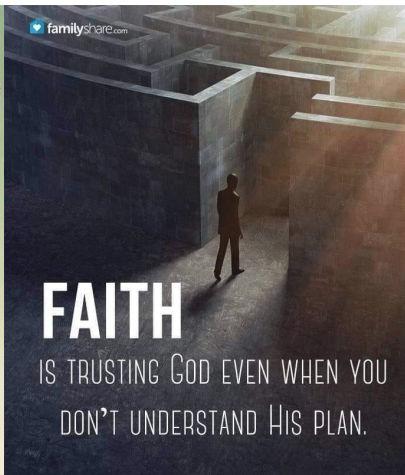
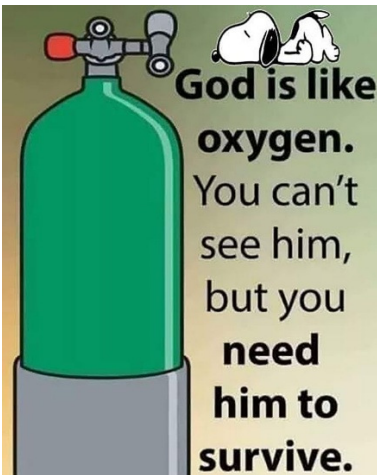
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*Tone 3*

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**TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

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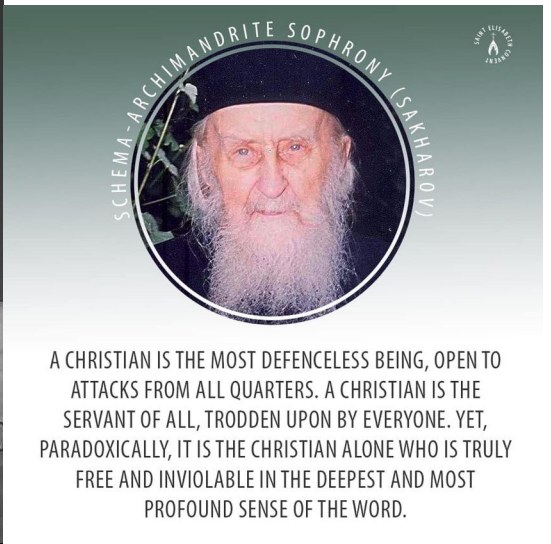
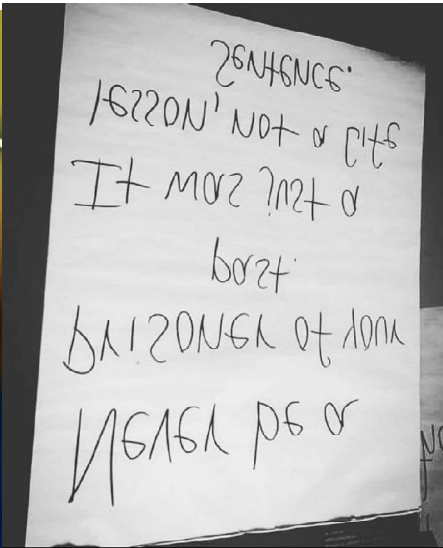
**PEOPLE: He has become my salvation.**

**ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

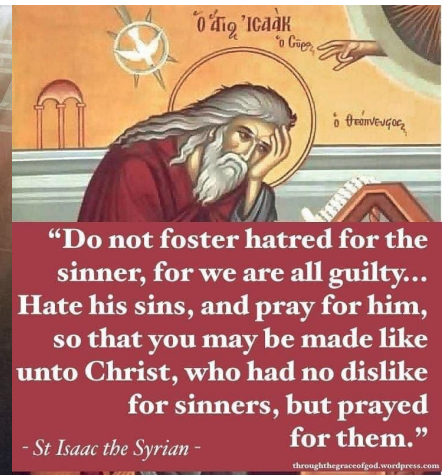
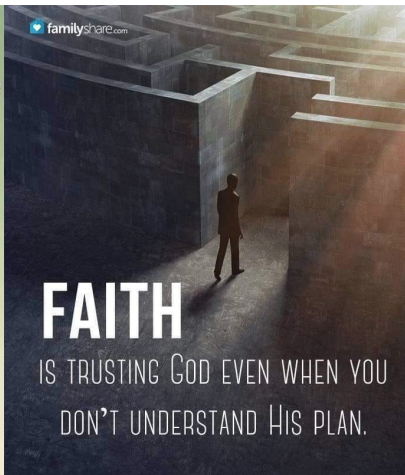
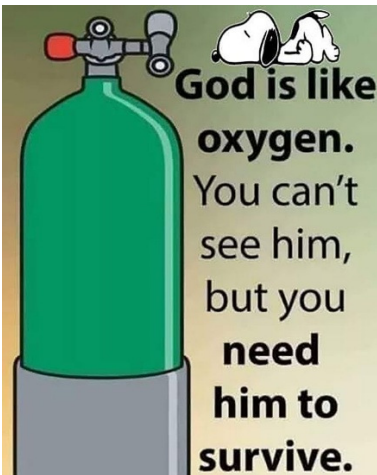
Save the king, O Lord, and hear us on the day we call!

"What pleasure is there in our life that is not mixed with sorrow? What glory on earth that lasts? All are more fleeting than shadows, and more deceitful than a dream! But you, O Christ, in the light of your face, in the beauty of your holiness, give peace to our brother you have chosen, for you are the lover of mankind." *St. John of Damascus*



Father Theophan [Kenyon] Mackey

To my fellow Orthodox: **Stop worrying about the path of global orthodoxy or the Church. How is your parish? Are you peaceful? Our own sins and repentance should be our focus.**



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23 Station Street  
Carnegie, PA 15106-3014  
[412] 956-6626 cell  
[rpopichak@alumni.cmu.edu](mailto:rpopichak@alumni.cmu.edu)

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**Words of the Heart p.486**

**Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!**

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

**Communion Fasting:** nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. **If you have a question, please ask Father Bob.**

**AT ANY TIME**—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.

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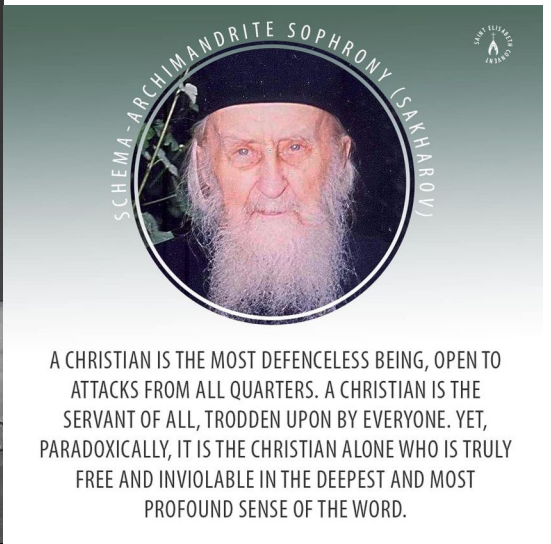
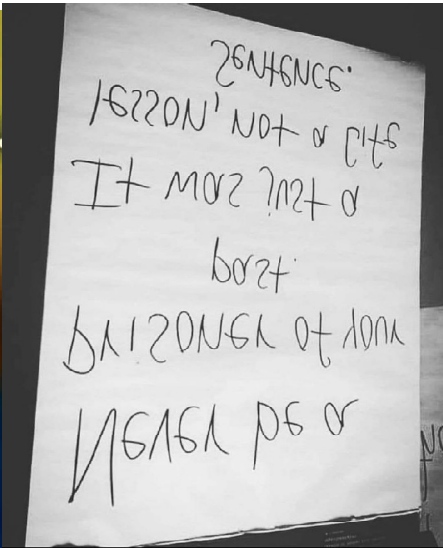
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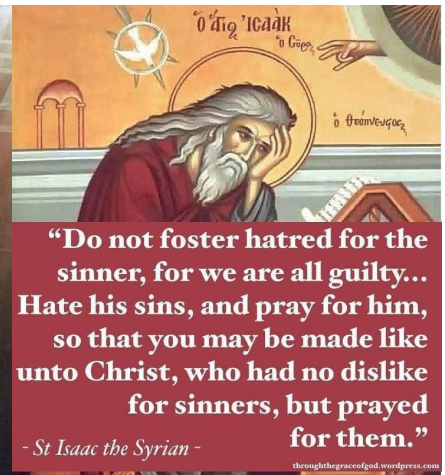
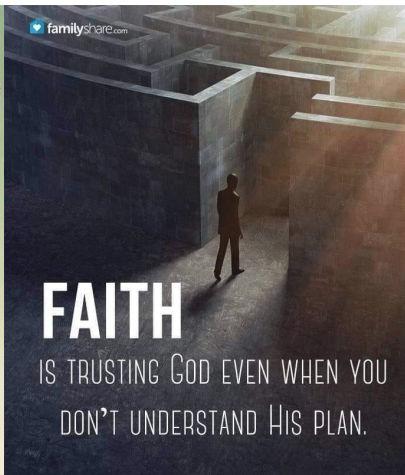
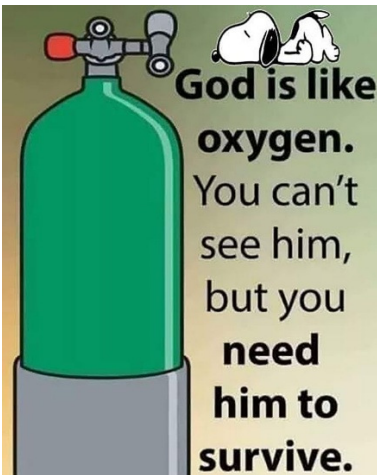
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Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

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The dead arose! Creation, with Adam,  
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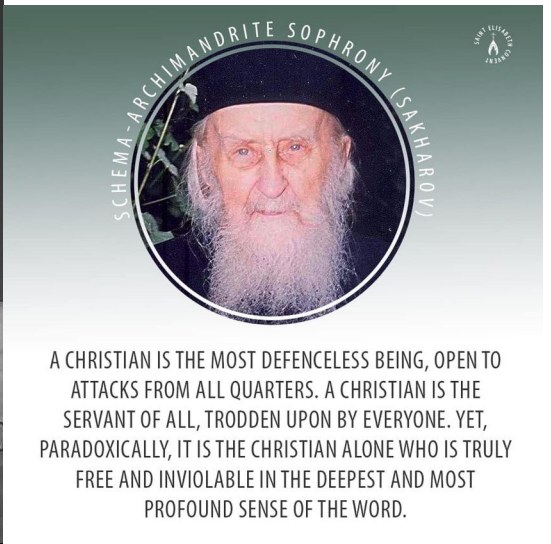
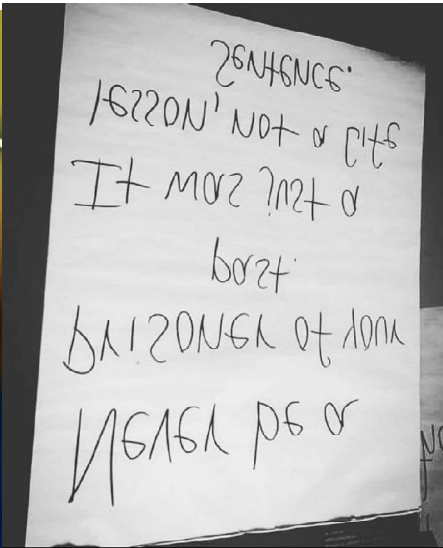
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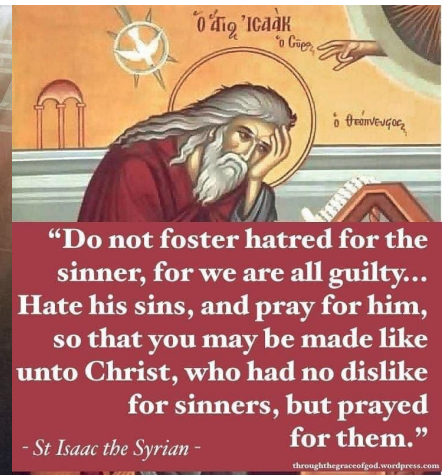
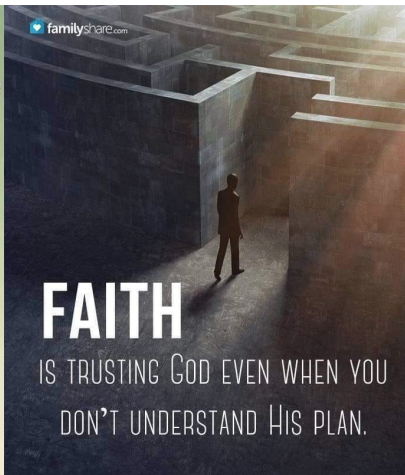
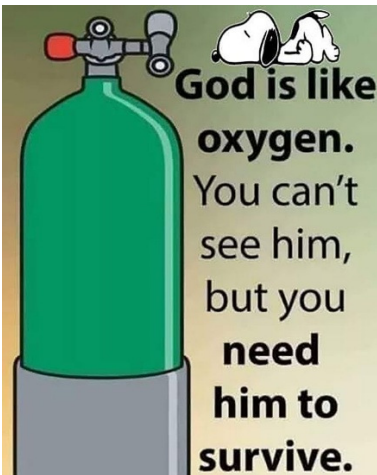
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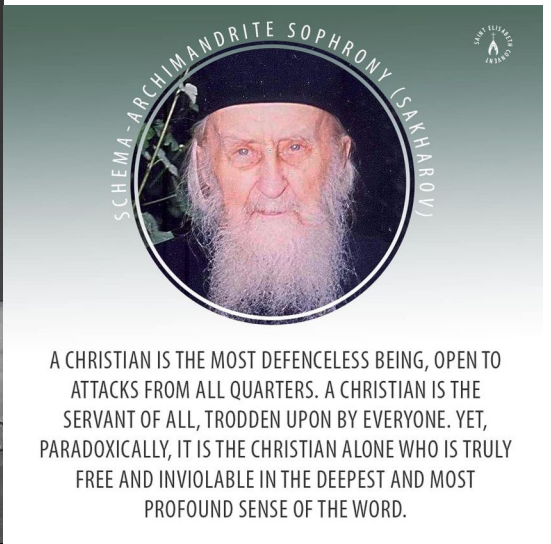
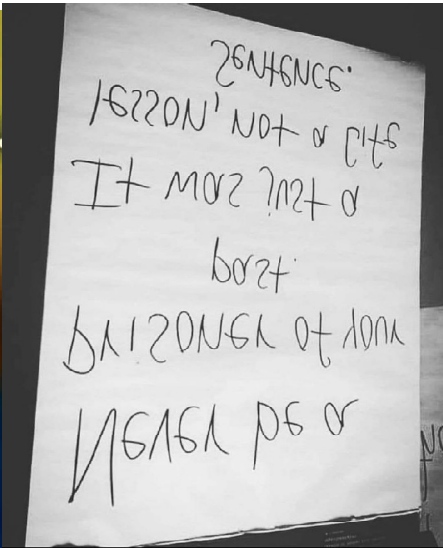
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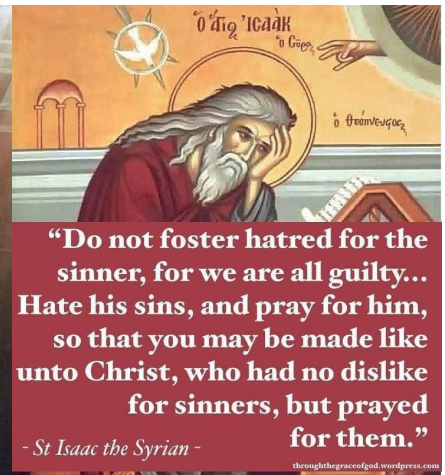
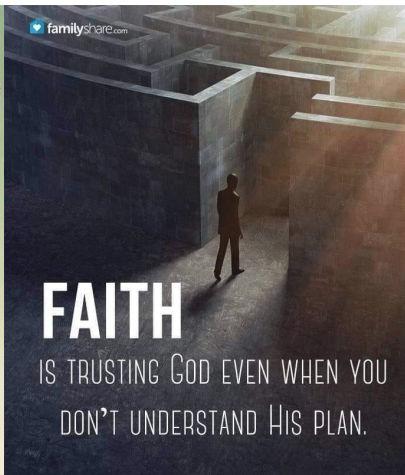
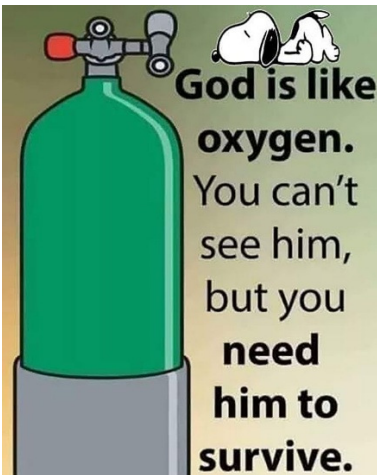
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All the powers of heaven cried out:  
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Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
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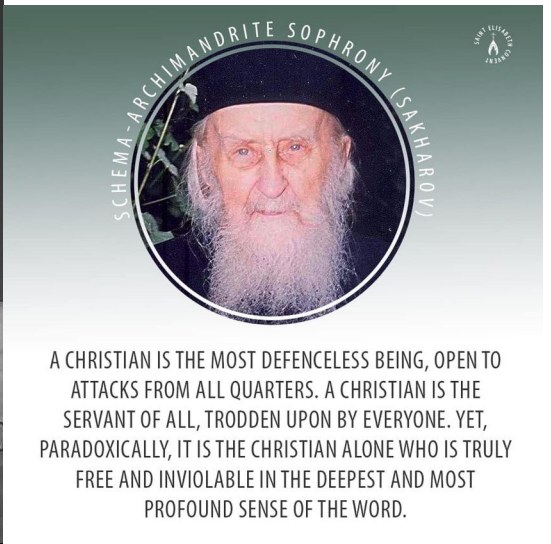
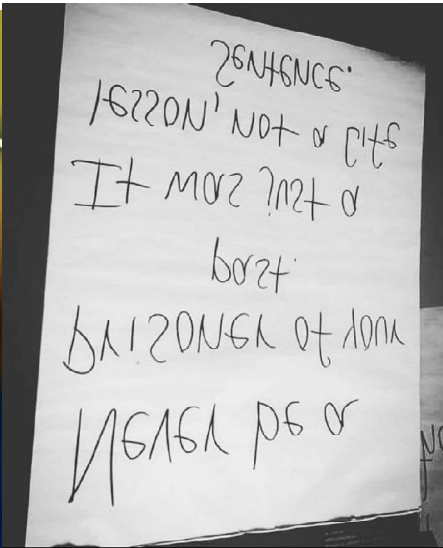
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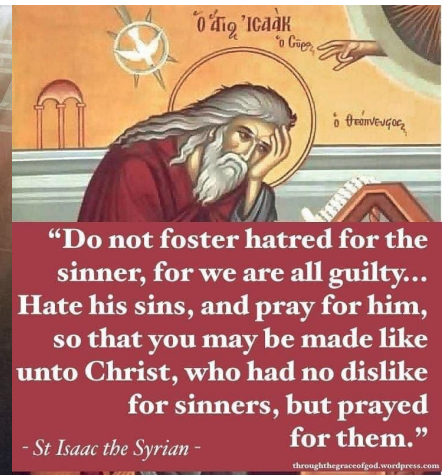
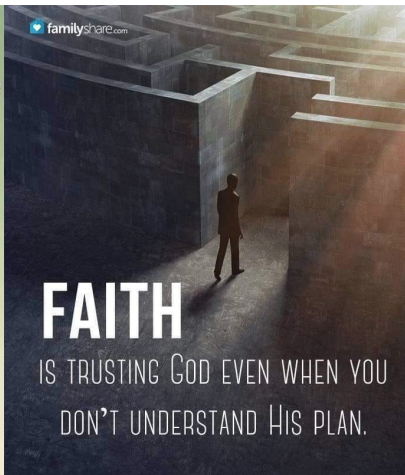
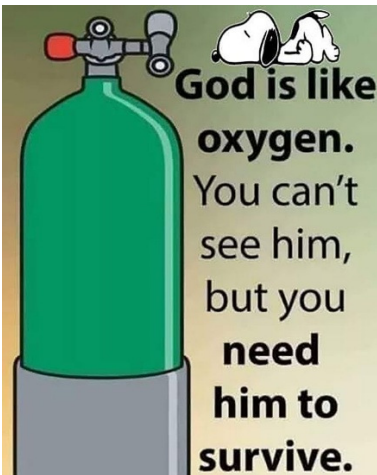
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Holy Ghost Orthodox Church

**714 Westmoreland Avenue**  
**PO Box 3**  
**Slickville, PA 15684-0003**  
**[www.holyghostorthodoxchurch.org](http://www.holyghostorthodoxchurch.org)**  
Very Rev. Father Robert Popichak, Pastor  
23 Station Street  
Carnegie, PA 15106-3014  
[412] 956-6626 cell  
[rpopichak@alumni.cmu.edu](mailto:rpopichak@alumni.cmu.edu)

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. 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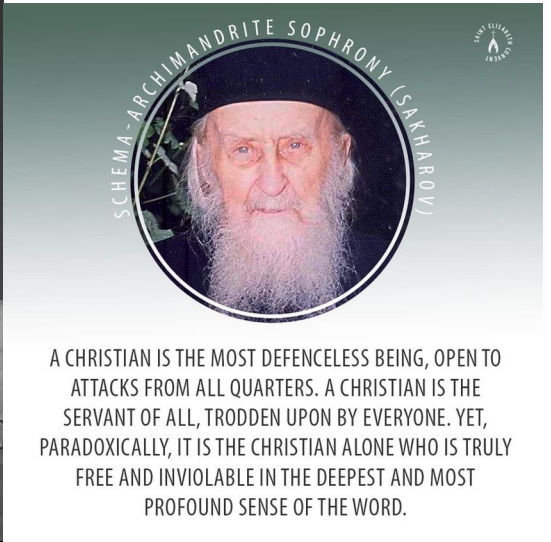
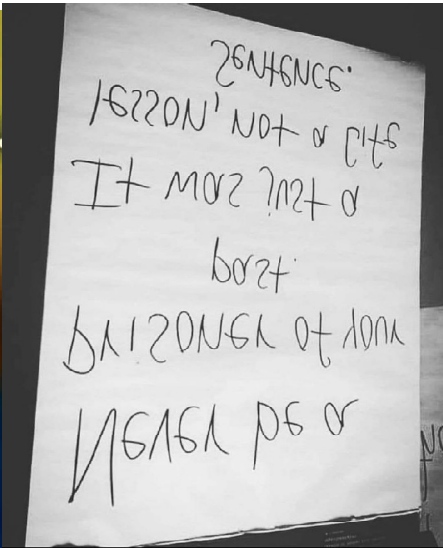
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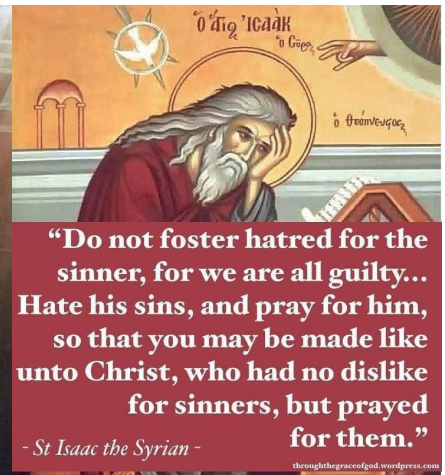
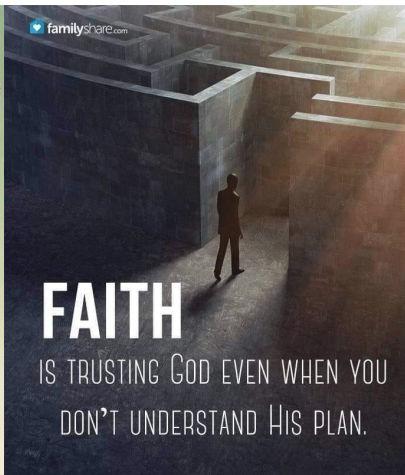
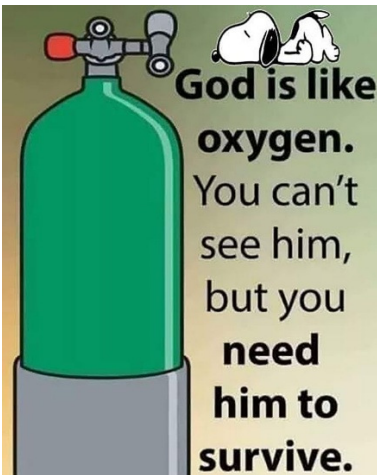
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Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

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The dead arose! Creation, with Adam,  
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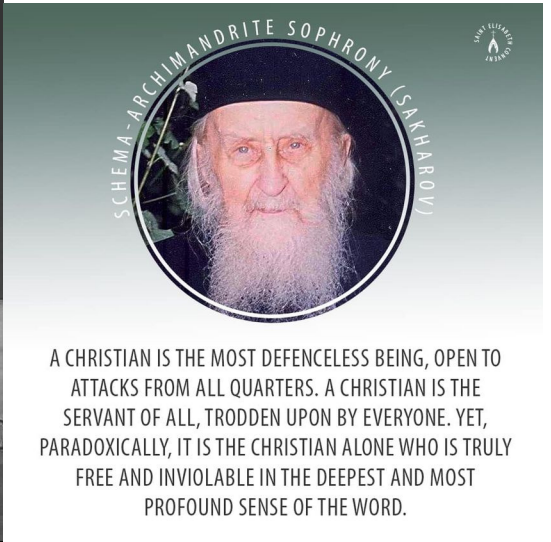
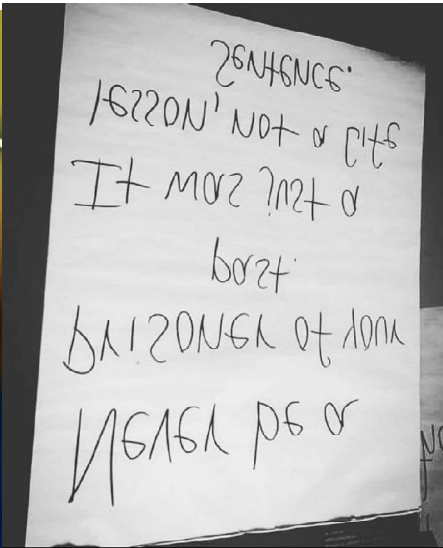
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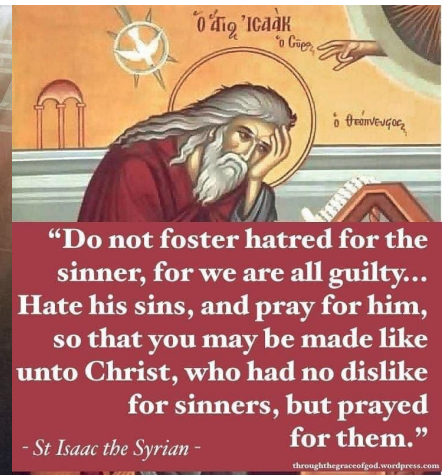
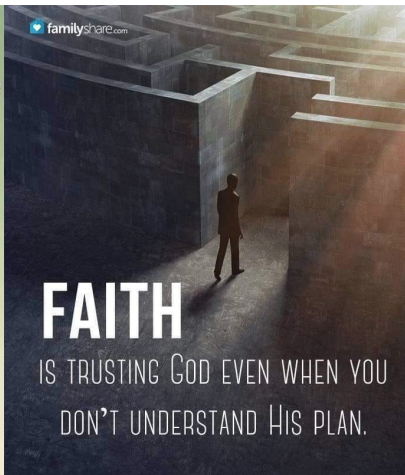
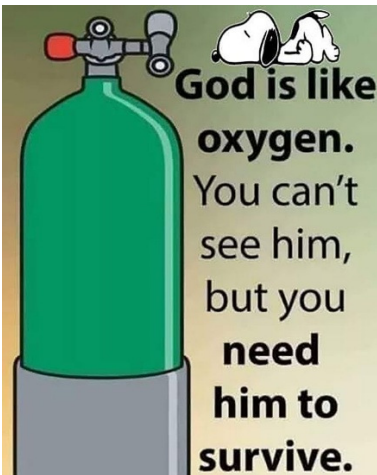
The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

"What pleasure is there in our life that is not mixed with sorrow? What glory on earth that lasts? All are more fleeting than shadows, and more deceitful than a dream! But you, O Christ, in the light of your face, in the beauty of your holiness, give peace to our brother you have chosen, for you are the lover of mankind." *St. John of Damascus*



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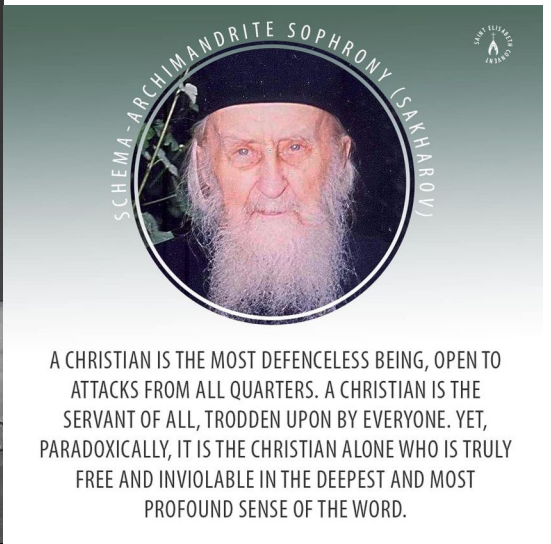
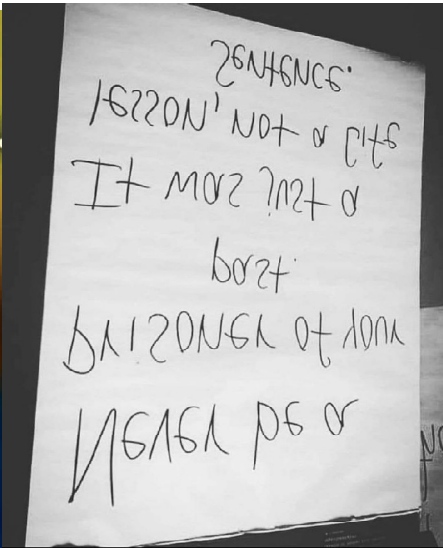
**PEOPLE:** **He has become my salvation.**

**ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

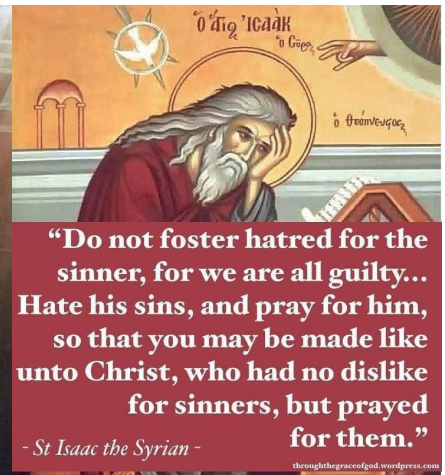
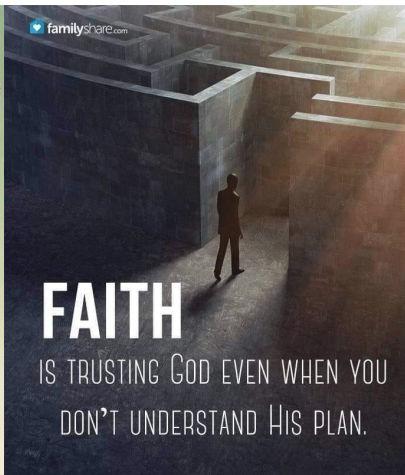
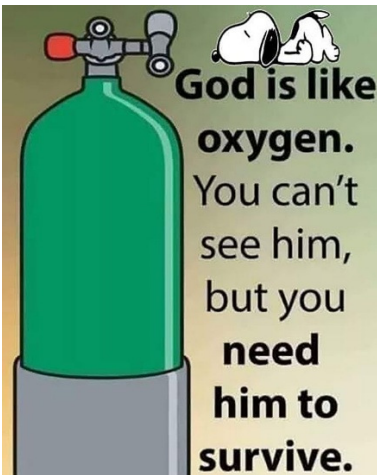
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**TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE:** **The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

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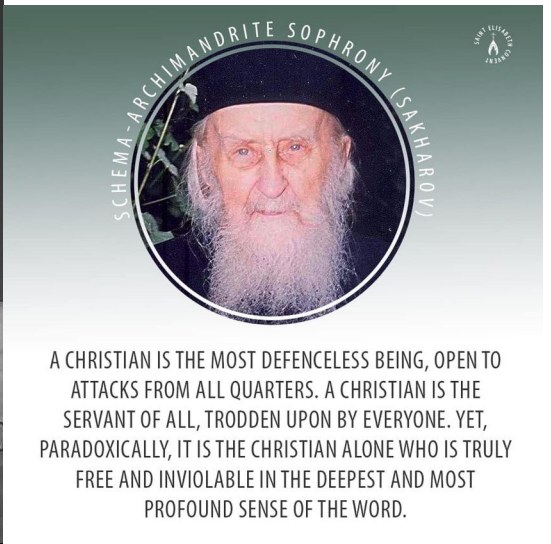
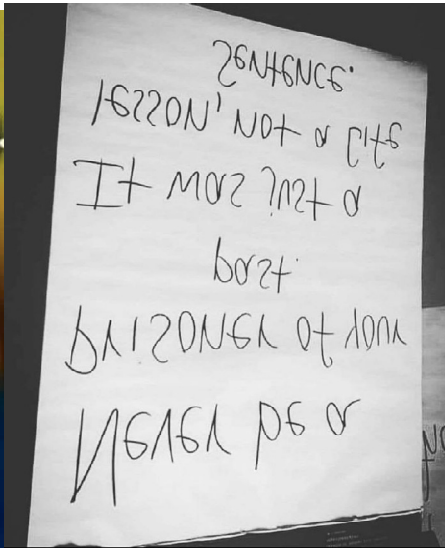
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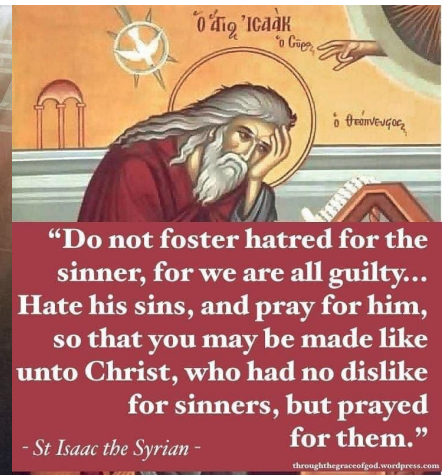
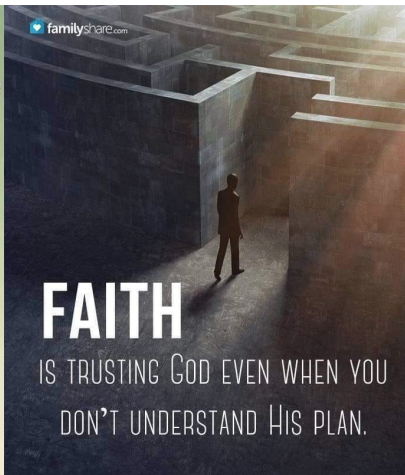
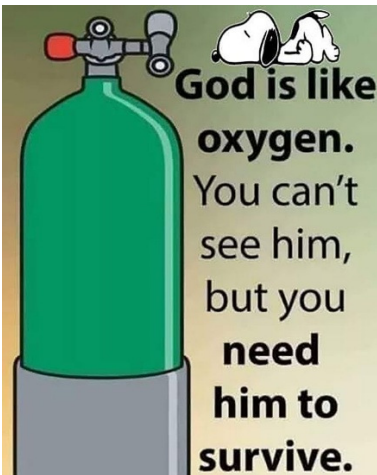
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Luke 8:5-15

**BULLETIN INSERT FOR 15 OCTOBER 2023**

***CLERGY CONFERENCE—NO SERVICE IN SLICKVILLE***

**19<sup>TH</sup> SUNDAY AFTER PENTECOST; HIEROMARTYR CYPRIAN, VIRGIN-MARTYR JUSTINA, & MARTYR THEOCTIST OF NICOMEDIA; BLESSED ANDREW—FOOL FOR CHRIST**

**TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord is my strength and my song.

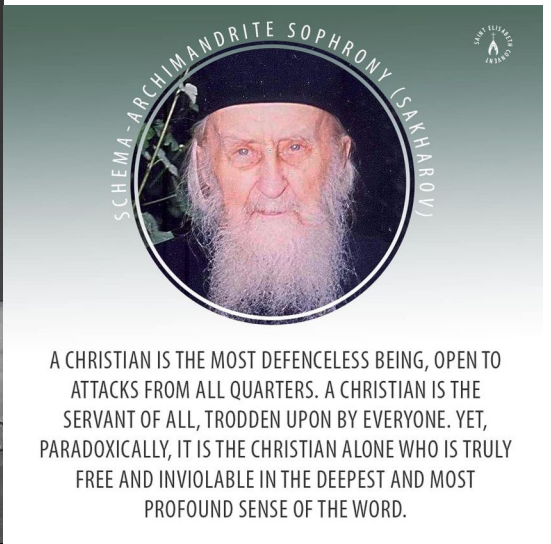
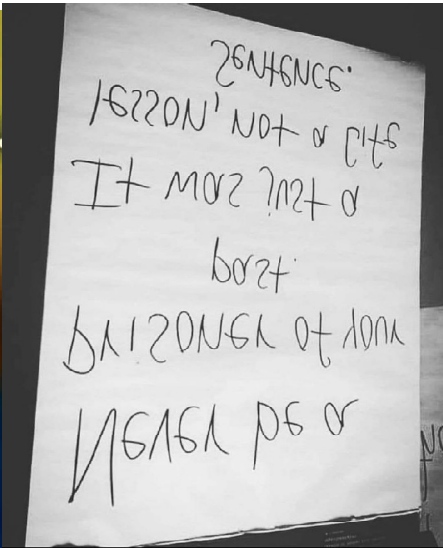
**PEOPLE: He has become my salvation.**

**ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

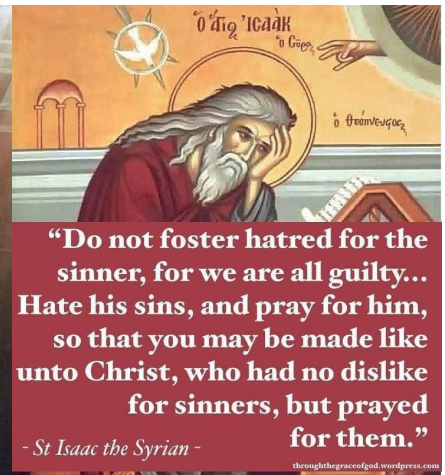
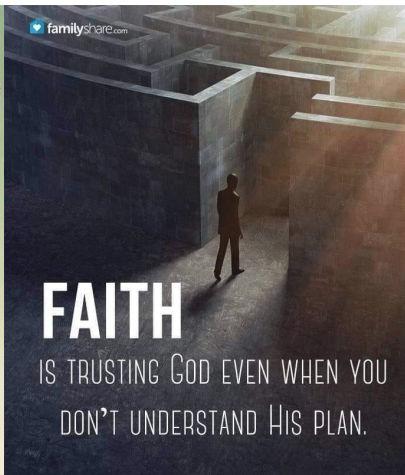
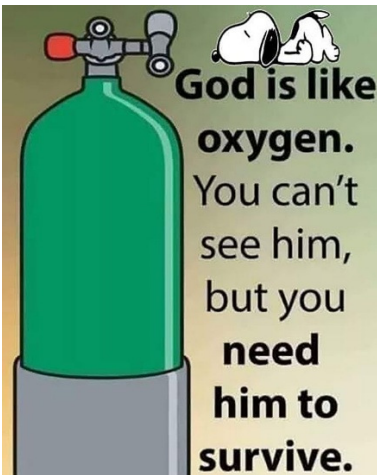
Save the king, O Lord, and hear us on the day we call!

"What pleasure is there in our life that is not mixed with sorrow? What glory on earth that lasts? All are more fleeting than shadows, and more deceitful than a dream! But you, O Christ, in the light of your face, in the beauty of your holiness, give peace to our brother you have chosen, for you are the lover of mankind." *St. John of Damascus*



Father Theophan [Kenyon] Mackey

To my fellow Orthodox: **Stop worrying about the path of global orthodoxy or the Church. How is your parish? Are you peaceful? Our own sins and repentance should be our focus.**



**St Tikhon's Orthodox Monastery**

“When a person receives the Body and Blood of the Lord, he literally becomes of one body with Christ, with Christ's Blood literally flowing in his veins. The person's body becomes Christ's Flesh, which is why we are called members of the Body of Christ.” (Fr. Daniel Sysoyev+, 'Instructions to Immortals')