



Holy Ghost Orthodox Church
714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003
www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Father Simon & Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Protopresbyter Gerald Ozlanski, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell,

Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez,

Dollie Irvin, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Father Joe Uzar—newly ordained, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, James Mary, Barb Bookser, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Barbara Shegat & Chaplain Rachelle Zazzu, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5-year-old], Lillian Skowvron, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert & Eleanor Rodrigues & family, Father Deacon James Rossetti & Diakonissa Kari—ordination!, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Myra Woodruff [cancer], Zoe Oswalt—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega, Christine Mohamed, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Pam & Jennifer, Andrew Zelleznick, Jill Bailey, Byron & Cecilia Scott, Laura, Christopher, & Baby Jane Dickson, Vespina, Michelle, Julie Tripodi, Alby Oxenreiter, and Susan Pulcini—Father Ted Pulcini's mom. We pray that God will grant them all a speedy recovery.

When faith in God is rejected, so is the concept of sin and the need for repentance, and people turn into hardhearted criminals, capable of any heinous crime for the sake of personal gain. Archbishop Averky (Taushev), *The Struggle for Virtue: Asceticism in a Modern Secular Society* p.63

PLEASE REVIEW THE NAMES ON THE PRAYER LIST ABOVE AND LET FATHER BOB KNOW ANY NAMES THAT CAN BE REMOVED...

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters,

1 Corinthians 1:10-19; Hebrews 13:7-16

Matthew 14:14-22; John 17:1-13

Litany in Blessed Memory of Andy Torick—40 days—the Torick family

BULLETIN INSERT FOR 16 JULY 2023

6TH SUNDAY AFTER PENTECOST; MARTYRS HYACINTH, DIOMEDES, EULAMPIUS, ASCLEPIODOTUS, & GOLINDUC OF CAESAREA IN CAPPADOCIA; MARTYRS MOCIUS & MARK; VENERABLE ALEXANDER-FOUNDER OF THE MONASTERY OF THE UNSLEEPING ONES; SAINT ANATOLIUS-PATRIARCH OF CONSTANTINOPLE; VENERABLE ANATOLIUS-& VENERABLE ANATOLIUS-RECLUSE OF PERCHEVSKY LAVRA

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death, and to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior, Shattering its gates as almighty;
Resurrecting the dead as Creator, And destroying the sting of death.
Thou hast delivered Adam from the curse, O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this generation forever.

PEOPLE: **Thou, O Lord, shalt protect us and preserve us from this generation forever.**

READER: Save me, O Lord, for there is no longer any that is godly.

PEOPLE: **Thou, O Lord, shalt protect us and preserve us from this generation forever.**

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: **From this generation forever.**

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

If a person has no reverence and does not respect all sacred matters, how can divine Grace approach him? Grace will go to those who honour it. Do not give what is holy to the dogs, says the Sacred Scripture. If there is no spiritual sensitivity, there cannot be any progress. **Saint Paisios of Mount Athos**, Spiritual Counsels Vol. II Spiritual Awakening p.157

The Holy Apostles Peter and Paul

Matthew 10:2-Now the names of the twelve apostles are these; The first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother.)KJV)

Peter was chosen by Jesus Christ to be among the original Twelve Apostles. Simon Peter's relationship with Jesus Christ merits continuous thought. Believers benefit from seeking to be renewed in Christ throughout life. Apostle Peter is an inspiration for learning throughout the Christian life. The Scriptures serve as a primary source for learning about Apostle Peter.

Mark 10:28- Then Peter began to say unto him, Lo, we have left all, and have followed thee. (KJV)

Apostle Peter's commitment to Jesus Christ is evidenced by his sacrifice. Family, home and occupation were given up by Peter to follow Christ. Believers benefit by assessing their degree of personal sacrifice for Christ. Followers of Christ learn from the sacrifice demonstrated by the Apostles. Church history provides innumerable accounts of sacrifice for Christ.

Luke 9:20- "But what about you?" he asked. "Who do you say I am?" Peter answered, "God's Messiah.")KJV)

The Church prescribes the Apostles Fast as a time for self-assessment. The Apostles Fast culminates in the Feast of Saints Peter and Paul. Believers learn from and are nourished by the example of the Apostles. Apostle Peter is very clear in expressing his firm belief about Jesus Christ. The words and actions of believers reflect the thoughts of their hearts.

John 6:68-Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life. (KJV)

The Apostle Peter's testimony provides direction for seekers of eternal life. Peter makes clear that Jesus Christ has the words necessary for eternal life. Attentive followers of Jesus Christ heed the testimony of the Apostle Peter. Constant vigilance is required to adhere to the path set forth

for eternal life. Great care must be taken to follow the paths established by the Apostles,

Acts 2:38-Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. (KJV)

Apostle Peter expressed the immeasurable value of repentance and baptism. Peter's resolute message promised adherents the gift of the Holy Spirit. Believers are blessed when taking Peter's words and example to heart. Learning from the Apostles is the way to increase love for Jesus Christ. Believers enrich their lives when learning from the Holy Apostle Peter.

Romans 1:1- Paul, a servant of Jesus Christ, called to be an apostle, separated unto the gospel of God, (KJV)

The Apostle Paul's identity is permanently linked with the Holy Gospel. The Apostles Fast draws the believer's attention to Paul's Christian service. The Fast is an opportunity to find inspiration in Paul's life and teachings. Renewal in Jesus Christ is evident in the Apostle Paul's life and writings. Apostle Paul makes clear by his life and writings his love for Jesus Christ.

I Corinthians 3:5-Who then is Paul, and who is Apollos, but ministers by whom ye believed, even as the Lord gave to every man? (KJV)

The Church prescribes the Apostles Fast to facilitate the repentance of sins. Apostle Paul writes clearly about living in and loving the Lord Jesus Christ. The Apostle Paul's epistles provide lasting wisdom to benefit the soul. Believers invest wisely when reading and studying Apostle Paul's epistles. Abundant nourishment for the soul is found in the Apostle Paul's epistles.

Galatians 1:1-Paul, an apostle, (not of men, neither by man, but by Jesus Christ, and God the Father, who raised him from the dead;) (KJV)

The reading of Paul's epistles in the Divine Liturgy signifies their value. The Church has embraced Paul's Epistles as part of the New Testament. Paul's teachings are fundamental to the formation of the Christian life. The soul will find nourishment throughout life in Apostle Paul's epistles. The life in Christ intends repentance and renewal until earthly departure.

Ephesians 3:1For this cause I Paul, the prisoner of Jesus Christ for you Gentiles, (KJV)

Apostle Paul firmly embraces the value of being a prisoner of Jesus Christ. Each person freely chooses throughout life whether to identify with Christ. The Christian identity is initially freely and consciously chosen at Baptism. Renewal of the life in Christ is expected and beneficial to seek

eternal life. Being a prisoner of Jesus Christ strengthens the believer against perils of sin.

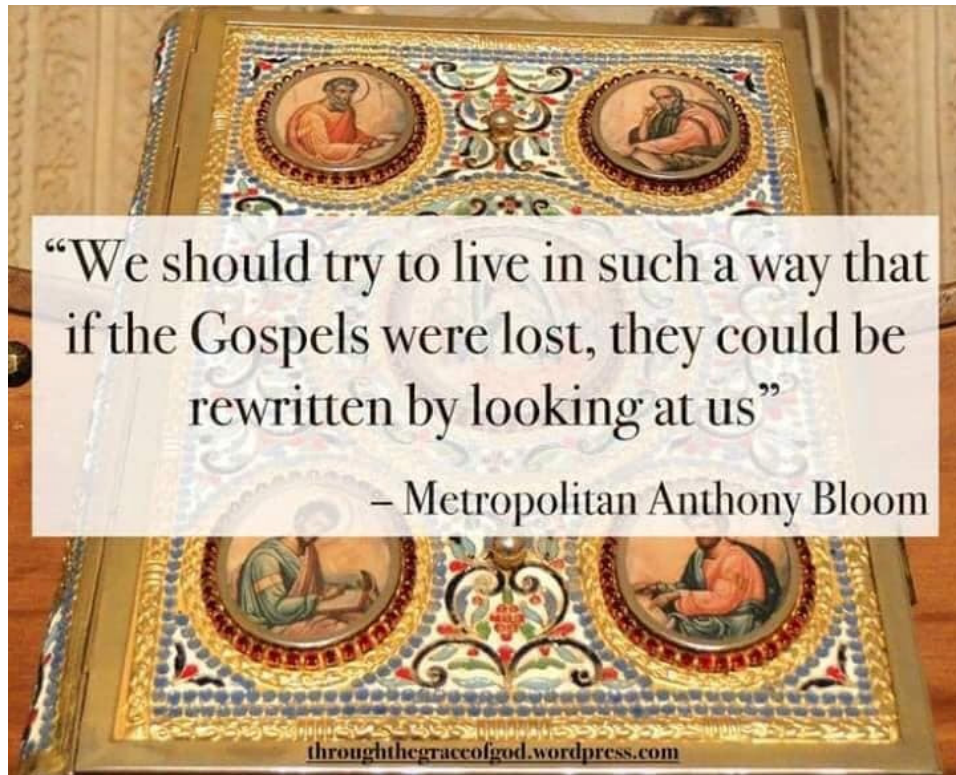
Philippians 1:1-Paul and Timotheus, the servants of Jesus Christ, to all the saints in Christ Jesus which are at Philippi, with the bishops and deacons: (KJV)

The Apostle Paul's writings reveal the emerging structure of the Church. The presence of bishops and deacons is documented in Paul's Epistle. The Church's essential structure and order endure through the centuries. The winds of change and attempts to undermine the Church have failed.

Apostles Peter and Paul firmly stand as pillars of God's Holy Church.

Holy Hieromartyr Eusebius. June 22/July 5, 2023. Hidden Valley, Pennsylvania. Father Rodney Torbic

How easily and speedily the Lord can save us!—instantaneously, unexpectedly, imperceptibly. Often during the day have been a great sinner, and at night, after prayer, I have gone to rest justified and whiter than snow by the grace of the Holy Ghost, with the deepest peace and joy in my heart! ***Righteous John, Wonderworker of Kronstadt***, My Life in Christ p.27



Distracted prayer is not prayer at all, even though the Lord does accept it initially from those who are learning to pray. But there comes a

time when one must begin to pray without distraction! **Abbot Nikon Vorobiev**, Abbot Nikon Letters to Spiritual Children p.123