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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Father Simon & Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino,

Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy & Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Margaret Sekelsky, Robert Sekelsky, Robert

Rodriguez, Dollie Irvin, Rita & Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Denis Strittmatter, Father Joe Uzar—newly ordained, Tim surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Amy Forbeck, David Salazar, James Mary, Barb Bookser, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Carolyn Strittmatter, Barbara Shegat & Chaplain Rachelle Zazzu, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5year-old], Lillian Skowvron, Pani Cathy Danczak, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert & Eleanor Rodrigues & family, Father Deacon James Rossetti & Diakonissa Kariordination!, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Myra Woodruff [cancer], Zoe Oswalt—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega, Christine Mohamed, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Pam & Jennifer, Andrew Zelleznick, Jill Bailey, Byron & Cecilia Scott, Laura, Christopher, & baby Dickson, and Susan Pulcini—Father Ted Pulcini's mom. We pray that God will grant them all a speedy recovery.

PLEASE REVIEW THE NAMES ON THE PRAYER LIST ABOVE AND LET FATHER BOB KNOW ANY NAMES THAT CAN BE REMOVED...

HAPPY BIRTHDAY to our June babies: Andrea Weiser on the 2nd, Luke Brunermer on the 13th, and Allison Chicka on the 14th. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless them and their families!

Dear Brothers and Sisters in Christ... There is <u>NOTHING</u> to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters,

police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. *If you have a question, please ask Father Bob.*

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.

SERVICES IN SLICKVILLE

SUNDAY, June 04 OBEDNITZA—UPSTAIRS 10:30 AM PENTECOST—TRINITY SUNDAY—DESCENT OF THE HOLY SPIRIT—OUR PARISH NAME'S DAY; HIEROMARTYR BASILISCUS-BISHOP OF COMANA; COMMEMORATION OF THE 2ND ECUMENICAL COUNCIL

Tone 7 Acts 2:1-11 John 7:37-52-8:12

Litany in Blessed Memory of Ann Roman, Millie Kerr, Stella Rossi, Mary Maolie, Dianne Waryanka, Joseph Karas, Mary "Maxine" Kitch, & Michael Forbeck—Fr. Bob

JUNE 04 THROUGH JUNE 11 IS A FAST-FREE WEEK!

SUNDAY, June 11 OBEDNITZA—UPSTAIRS 10:30 AM 1ST SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS; VIRGIN-MARTYR THEODOSIA OF TYRE; VIRGIN-MARTYR THEODOSIA

Tone 8
Hebrews 11:33-12:2
Matthew 1:32-33, 37-38-19:27-3

MONDAY, JUNE 12 APOSTLES' FAST; SAINTS PETER & PAUL FAST BEGINS

SUNDAY, June 18 OBEDNITZA—UPSTAIRS 10:30 AM 2ND SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS OF NORTH AMERICA, MOUNT ATHOS, & UKRAINE; HIEROMARTYR DOROTHEOS-BISHOP OF

TYRE; MARTYRS MARCIAN, NICANDER, HYPERECHIUS , APOLLONIUS, LEONIDES, ARIUS, GORGIAS, SELENIAS, IRENE, & PAMBO; SAINT THEODORE THE WONDERWORKER; TRANSLATION OF THE RELICS OF BLESSED IHOR-GEORGE-GREAT PRINCE OF KYIV; BLESSED CONSTANTINE-METROPOLITAN OF KYIV

Tone 1

Romans 2:1-16; Hebrews 11:33-12:2 Matthew 4:18-23; Matthew 4:25-5:12

BULLETIN INSERT FOR 04 JUNE 2023

PENTECOST—TRINITY SUNDAY—DESCENT OF THE HOLY SPIRIT—OUR PARISH NAME'S DAY; HIEROMARTYR BASILISCUS-BISHOP OF COMANA; COMMEMORATION OF THE 2ND ECUMENICAL COUNCIL

PAGE 203 IN THE BLACK DIVINE LITURGY BOOKS

From Fr. Bob's friend, Pastor Terry Polen:

Colossians THANK YOU! THANK YOU LORD!

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Colossians 3:15 **Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful."

Colossians 4:2 **Devote yourselves to prayer, being watchful and thankful."

1 Corinthians 1:4 **I always thank my God for you because of his grace given you in Christ Jesus."

- 2 Corinthians 9:11 "You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God."
- 1 Timothy 4:4-5 Transfer everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is consecrated by the word of God and prayer."
- 1 Thessalonians 5:16-18 (Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

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Tomorrow we will get back to the Psalms.

Today, I simply want to say thank you!

THANK YOU TO GOD!

THANK YOU TO YOU!

Yeah, You!

Lisa called early not wanting to wait for the MRI results.

Remember; no medical treatment given.

no medical treatment available.

Remember, surgery would kill.

Remember, the amount of chemo would kill.

Remember, the radiation levels would kill.

So there was nothing to do.

Nothing that they could do.

Yet, another MRI.

AND???

The liaisons/leeches are still gone.

The white matter disease that would close around my brain and close it off.

YET, we know our Father, who loves us.

The results that Lisa got were clear!

Why did those things show up?

No idea.

Why did those things disappear?

Great idea why.

God is still in control

God is still healing us

God is still loving us.

Us, is you and me.

Yes, I still have the prostate cancer on the horizon potentially.

YES, I still have the blood cancer and and still on the daily chemo.

BUT...

I have been given yet another chance to forgive and love and care.

And show my love to you!

Yea YOU!

Your voice was heard in heaven and on earth for me.

THANK YOU!

THANK YOU LORD!

For you, and the prayers of my closest.

Sitting outside of Panera and looking at the sky...a few thoughts I whipped together.

<u>A TIME TO SEPARATE, A TIME TO REJOIN</u>

All too often, our world of overstimulation and sensationalism bombards us with suggestions to keep noise, distractions, and hype at the center of our day. After all, such interferences fulfill the purpose of redirecting our attention away from "the one thing needful" and a corrupt society's self-serving agenda to gain more at the expense of the innocent, vulnerable, and unsuspecting. Very rarely, if ever, does a secular society

encourage us to withdraw from worldly activity and contemplate the very mysteries of God and life.

Problems in life—or rather the ability to handle them successfully—hinges upon what degree or intensity we have attained internal peace. People today are conditioned to follow what is individually lucrative or self-pleasing to them. They are not required to think, they are dismissed from reflecting, and they are discouraged from praying (since the recipient of the prayer is invisible or unprovable). They are not even required to act much, if at all. But they are invited to be convinced that a society with a feel-good philosophy, which does not challenge them and provides them illusions of a world that caters to their unsuspecting weaknesses and manipulates the sum of their ignorance, is worthwhile and enticing.

People experience the exhilaration of true freedom when they contemplate God. Noetic entrance into the Mystery of God and the mystery of life creates in us a sense of direction of peace. Man was not created to be a consumer but an "en-souled" mirror, reflecting internally the glory and mercy of God, and reflecting externally this contemplation as light and guidance to those around him. Consumption achieves a temporary purpose and places us in a cycle for survival: we eat, we work, we digest, we relieve ourselves, and we rest—and the cycle begins again. However, contemplation propels the human entity forward toward the realization of his higher calling—to reflect light from above and become joined to this divine light, which the Church Fathers have rightly termed theosis, or deification.

Therefore, we are fully human, fully fulfilled, and fully ourselves only when we separate ourselves from the activity of the world to become light from light, to assume our rightful place as gods by adoption from the one true God WHO IS, and who is God by nature. It is within our very nature, created in the divine image and likeness, to seek not only that which is higher and greater than ourselves, but that to which we can feel comfortable and driven to unite ourselves beyond mere chronological time, that which surpasses cyclical appeasement.

Upon entering the theocentric life of divine contemplation, which Fathers like St. Isaac the Syrian, St. Maximos the Confessor, St. Symeon the New Theologian, and St. Gregory Palamas argued were paramount to salvation, the human mirror, enlightened and illuminated, is then ready to rejoin the world and reflect the divine light to those whose interior world yearns for it but who are unaware of its value. The exercise of divine contemplation is as important for the world as it is for the one who engages in it. It constitutes the greatest ministry, the most profound gift we can give each other, precisely because it is how we channel God's grace to

another—by giving not just ourselves to another, but our illumined, divinized selves to the other.

Greatness in the eyes of God is achieved in the silence of active contemplation and authentic prayer. When we learn the mystery of "being" over "doing" in this life, the Kingdom is never far from us and those around us. ~ FrDr Stel

In the grips of burning shame, we can hardly even stand to look at ourselves, at the exposure of our shortcomings. **Nun Katherine** (**Weston**) Illumining Shame, Anger, and Forgiveness p.2

Why was our Lord transfigured on a mountain and not in a valley? So as to teach us two virtues: love of labor and godly thoughts—for climbing to the heights requires labor, and the heights themselves represent the elevation of our thoughts to the things of God. **St. Nikolai Velimirovic** The Prologue of Ohrid: Volume 2 p.142

You imagine that you pray, but you have long ago left off praying. What you call prayer are only vain sounds, without meaning to your heart. You say the words, but your heart does not feel them; you are deceiving God and yourself. **Righteous John, Wonderworker of Kronstadt** My Life in Christ p.467

If you say the prayer and are obedient, then you will notice even your smallest sins. **Gerondissa Makrina (Vassopoulou)** Words of the Heart p.112

One should cleanse one's heart from worldly plans and desires. Only then can we sincerely love our neighbor. Otherwise, our earthly love will cleave first to one thing and then to another. This is a fleeting, ephemeral love and it shatters us constantly. We do not live our life with understanding but superficially. **Elder Thaddeus(Strabulovich) of Vitovnica** Our Thoughts Determine Our Lives: The Life and Teachings of Elder Thaddeus of Vitovnica p.193

I desire to live worthily of the Christian calling, but I find no power in myself to attain this; sin unceasingly tempts and wars against my soul.

Righteous John, Wonderworker of Kronstadt My Life in Christ p.325

CHOOSING THE SOURCE

A man asked a priest: "If God is everywhere, why do I go to church?"

The priest replied: "The whole atmosphere is filled with water, but when you want to drink you have to go to a fountain or a well."

Thought for the day, from one of Pani Gina's co-workers:

If you ever want to hear God laugh, tell him <u>YOUR</u> plans...