

Holy Ghost Orthodox Church 714 Westmoreland Avenue PO Box 3 Slickville, PA 15684-0003 www.holyghostorthodoxchurch.org Very Rev. Father Robert Popichak, Pastor 23 Station Street Carnegie, PA 15106-3014

[412] 956-6626 cell rpopichak@alumni.cmu.edu

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe & Protinica Linda Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Father Simon & Dr. Christina Nellis, Father Joshua [Anna], Father Justin (Todd) Mokhiber, Pani Cathy Danczak, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino,

Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy & Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Margaret Sekelsky, Robert Sekelsky, Robert

Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Denis Strittmatter, Father Joe Uzar—newly ordained, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Mike & Amy Forbeck, David Salazar, James Mary, Barb Bookser, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Carolyn Strittmatter, Barbara Shegat & Chaplain Rachelle Zazzu, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5year-old], Lillian Skowvron, Pani Cathy Danczak, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert & Eleanor Rodrigues & family, Father Deacon James Rossetti & Diakonissa Kariordination!, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley Tkacik, Diane & Arthur Chaklis, Denny Mader, Myra Woodruff [cancer], Zoe Oswalt—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega, Christine Mohamed, Sue Demko, Tammy Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, Dan Losego, Lisa Bruce, Yvette, Barry Bender, Scott McDougall, Pam & Jennifer, Andrew Zelleznick, Jill Bailey, Byron & Cecilia Scott, and Susan Pulcini—Father Ted Pulcini's mom. We pray that God will grant them all a speedy recovery.

PLEASE REVIEW THE NAMES ON THE PRAYER LIST ABOVE AND LET FATHER BOB KNOW ANY NAMES THAT CAN BE REMOVED...

To know God's will, we must ignore the opinions of those around us...**Priest Daniel Sysoev**

Dear Brothers and Sisters in Christ... There is <u>NOTHING</u> to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

REMEMBER-PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. *If you have a question, please ask Father Bob.*

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.

SERVICES IN SLICKVILLE

SUNDAY, May 28

*****NO SERVICE IN SLICKVILLE*****

7TH SUNDAY OF PASCHA; SUNDAY OF THE FATHERS OF THE 1ST ECUMENICAL COUNCIL; AFTERFEAST OF THE ASCENSION; VENERABLE PACHOMIUS THE GREAT; VENERABLE ACHILLES-BISHOP OF LARISSA; SAINT ISAAC-BISHOP & WONDERWORKER OF ROSTOV; VENERABLE ISAIAH OF PERCHEVSKY LAVRA; VENERABLE PACHOMIUS-ABBOT & SILVANUS OF NEREKHTA

Tone 6
Acts 20:16-18, 28-36
John 17:1-13

SUNDAY, June 04 OBEDNITZA—UPSTAIRS 10:30 AM PENTECOST—TRINITY SUNDAY—DESCENT OF THE HOLY SPIRIT—OUR PARISH NAME'S DAY; HIEROMARTYR BASILISCUS-BISHOP OF COMANA; COMMEMORATION OF THE 2ND ECUMENICAL COUNCIL

*Tone 7*Acts 2:1-11
John 7:37-52-8:12

Litany in Blessed Memory of Ann Roman, Millie Kerr, Stella Rossi, Mary Maolie, Dianne Waryanka, Joseph Karas, & Mary "Maxine" Kitch—Fr. Bob

JUNE 04 THROUGH JUNE 11 IS A FAST-FREE WEEK!

SUNDAY, June 11 OBEDNITZA—UPSTAIRS 10:30 AM 1ST SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS; VIRGIN-MARTYR THEODOSIA OF TYRE; VIRGIN-MARTYR THEODOSIA

Tone 8
Hebrews 11:33-12:2
Matthew 1:32-33, 37-38-19:27-3

BULLETIN INSERT FOR 28 MAY 2023

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7TH SUNDAY OF PASCHA; SUNDAY OF THE FATHERS OF THE 1ST ECUMENICAL COUNCIL; AFTERFEAST OF THE ASCENSION; VENERABLE PACHOMIUS THE GREAT; VENERABLE ACHILLES-BISHOP OF LARISSA; SAINT ISAAC-BISHOP & WONDERWORKER OF ROSTOV; VENERABLE ISAIAH OF PERCHEVSKY LAVRA; VENERABLE PACHOMIUS-ABBOT & SILVANUS OF NEREKHTA

TROPARION-TONE 8

Most glorious art Thou, O Christ our God! Thou hast established the Holy Fathers as lights on the earth! Through them Thou hast guided us to the true faith! O greatly Compassionate One, glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

KONTAKION—TONE 8

The apostles' preaching and the fathers' doctrines
Have established one faith for the Church.
Adorned with the robe of truth, woven from heavenly theology;
Great is the mystery of piety which it defines and glorifies.

PROKIEMENON—TONE 4

Reader: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

People: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

Reader: for Thou art just in all that Thou hast done for us!

People: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

and giorined is Thy name Torever.

Reader: Blessed art Thou, O Lord God of our Fathers.

People: And praised and glorified is Thy name forever.

ALLELUIA VERSES—TONE 1—PSALM 50

The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Gather to me my venerable ones, who made a covenant with me by sacrifice.

HYMN TO THE THEOTOKOS—REPLACES "IT IS TRULY MEET..."

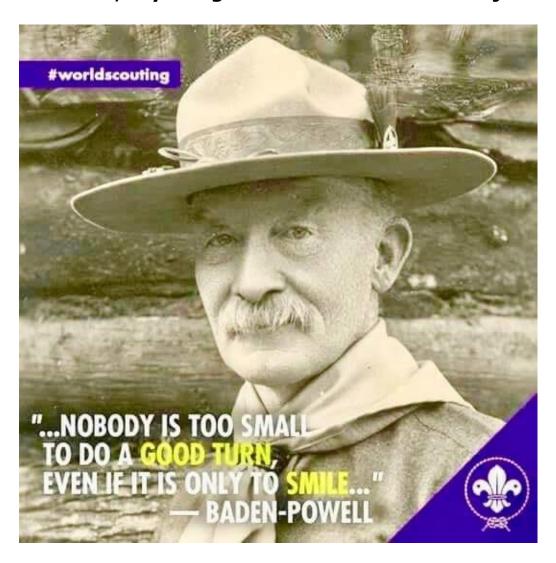
Magnify, O my soul, Christ the Giver of Life, who has ascended from earth to heaven!

We magnify you, the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One!

COMMUNION HYMNS [PSALM 148 AND 32]

Praise the Lord from the heavens! Praise Him in the highest!

Rejoice in the Lord, O you righteous! Praise befits the just.



Stemming Violence

Isaiah 60:18-Violence shall no more be heard in thy land, wasting nor destruction within thy borders; but thou shalt call thy walls Salvation, and thy gates Praise. (KJV)

Violence takes many forms in today's world and is cause for increased concern. The daily news speaks extensively of violence prevalent in various nations. Mass shooting have become a daily occurrence in the United States of America. Innocent children and adults have become unsuspecting victims of violent crimes. Families of victims have suffered from the terror and trauma of extensive violence.

Jeremiah 22:3-Thus saith the LORD; Execute ye judgment and righteousness, and deliver the spoiled out of the hand of the oppressor: and do no wrong, do no violence to the stranger, the fatherless, nor the widow, neither shed innocent blood in this place.

Solutions do not seem readily being put into place to alleviate the mounting violence. Crimes of violence appear to be escalating in various parts of the United States. Recently Serbia suffered two mass shootings that have caused painful deaths. Assurances of community peace do not seem to be readily apparent and forthcoming. Debates rage about ways to address the increase in violence as the victims increase.

Ezekiel 7:23-Make a chain: for the land is full of bloody crimes, and the city is full of violence. (KJV)

God's Holy Prophets of old have spoken about violence and may offer solutions. A serious look at the wisdom the Holy Prophets might bring solutions to the fore. Churches need to preach the Gospel of repentance with fervor for change to occur. Community and national priorities and interests need to change for peace to prevail. Violence is too often glorified and dramatized as entertainment and in video games.

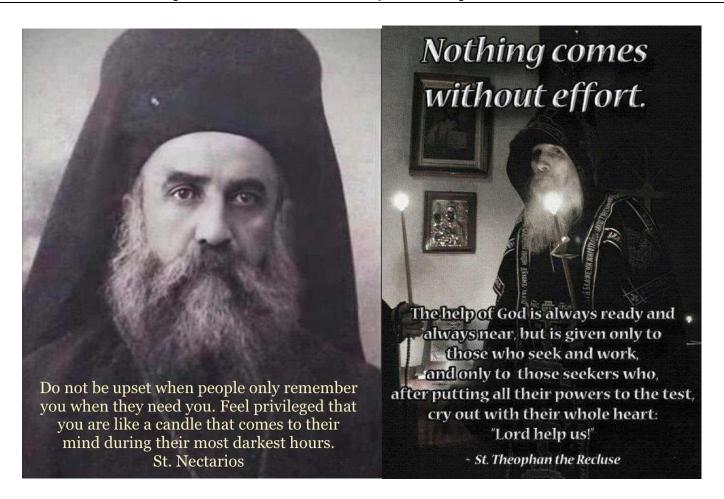
Jonah 3:8-But let man and beast be covered with sackcloth, and cry mightily unto God: yea, let them turn every one from his evil way, and from the violence that is in their hands. (KJV)

National periods of mourning and reflection are necessary to bring about change. Greater moral leadership needs to be prominent at all levels and in all areas of life. Fundamental change is necessary to reduce the extent of violence that is occurring. Hard personal decisions are required for widespread effective change to occur. How many more lives need to be taken before the violence is brought to a halt?

Habakkuk 1:2-O LORD, how long shall I cry, and thou wilt not hear! even cry out unto thee of violence, and thou wilt not save (KIV)

The rise in violence is concerning and necessitates being addressed effectively. God's churches are encouraged to advance the messages of peace needed for change. Believers can set the examples of repentance to initiate greater societal peace. Each heart needs to be carefully examined for the contents being embraced. Reducing violence is to be taken seriously and requires a greater concerted effort.

Doing good must be taught just like everything else. **St. Theophan the Recluse, bishop of Tambov**



The Sunday of the Blind Man John 9:1-38

And as Jesus passed by, He saw a man which was blind from his birth. And His disciples asked Him, saying, Master, who did sin, this man, or his parents, that he was born blind? Jesus answered, Neither hath this man sinned, nor his parents: but that the works of God should be made manifest in him. I must work the works of him that sent Me, while it is day: the night cometh, when no man can work. As long as I am in the world, I am the light of the world. When He had thus spoken, he spat on the ground, and made clay of the spittle, and He anointed the eyes of the blind man with the clay, And said unto him, Go, wash in the pool of Siloam, (which is by interpretation, Sent.) He went his way therefore, and washed, and came seeing. The neighbours therefore, and they which before had seen him that he was blind, said, Is not this he that sat and begged? Some said, This is he: others said, He is like him: but he said, I am he. Therefore said they

unto him, How were thine eyes opened? He answered and said, A man that is called Jesus made clay, and anointed mine eyes, and said unto me, Go to the pool of Siloam, and wash: and I went and washed, and I received sight. Then said they unto him, Where is He? He said, I know not. They brought to the Pharisees him that aforetime was blind. And it was the sabbath day when Jesus made the clay, and opened his eyes. Then again the Pharisees also asked him how he had received his sight. He said unto them, He put clay upon mine eyes, and I washed, and do see. Therefore said some of the Pharisees, This Man is not of God, because He keepeth not the sabbath day. Others said, How can a man that is a sinner do such miracles? And there was a division among them. They say unto the blind man again, What sayest thou of Him, that He hath opened thine eyes? He said, He is a prophet. But the Jews did not believe concerning him, that he had been blind, and received his sight, until they called the parents of him that had received his sight. And they asked them, saying, Is this your son, who ye say was born blind? how then doth he now see? His parents answered them and said, We know that this is our son, and that he was born blind: But by what means he now seeth, we know not; or who hath opened his eyes, we know not: he is of age; ask him: he shall speak for himself. These words spake his parents, because they feared the Jews: for the Jews had agreed already, that if any man did confess that He was Christ, he should be put out of the synagogue. Therefore said his parents, He is of age; ask him. Then again called they the man that was blind, and said unto him, Give God the praise: we know that this Man is a sinner. He answered and said, Whether He be a sinner or no, I know not: one thing I know, that, whereas I was blind, now I see. Then said they to him again, What did He to thee? how opened He thine eyes? He answered them, I have told you already, and ye did not hear: wherefore would ye hear it again? will ye also be His disciples? Then they reviled him, and said, Thou art His disciple; but we are Moses' disciples. We know that God spake unto Moses: as for this fellow, we know not from whence He is. The man answered and said unto them, Why herein is a marvellous thing, that ye know not from whence He is, and yet he hath opened mine eyes. Now we know that God heareth not sinners: but if any man be a worshipper of God, and doeth his will, him he heareth. Since the world began was it not heard that any man opened the eyes of one that was born blind. If this Man were not of God, He could do nothing. They answered and said unto him, Thou wast altogether born in sins, and dost thou teach us? And they cast him out. Jesus heard that they had cast him out; and when He had found him, he said unto him, Dost thou believe on the Son of God? He answered and said, Who is he, Lord, that I might believe on him? And Jesus said unto him, Thou hast both seen Him,

and it is He that talketh with thee. And he said, Lord, I believe. And he worshipped Him. (KJV)

Hristos Voskrese! Christ is Risen! The Sunday of the Blind Man

The Sunday of the Blind Man has arrived in God's Holy Church. Resurrection joy continues to abound. Jesus Christ's ability to create new life continues to be manifested.

The man born blind lived in a tomb of darkness. He was unable to perceive the light of day. When Jesus Christ entered the man's life, his whole being was transformed.

The Lord Jesus Christ brought the Light of Christ into the blind man's world. Jesus gave man the ability to see the bright new world in a way that he never had experienced it.

Jesus Christ's Resurrection gives a new and bright vision of life to Christian believers. Jesus Christ's victory over death enables believers to see and understand the world, death, and life in a new and different way.

Jesus' Resurrection from the dead gives believers the vision to see beyond the darkness of death to the brightness of eternal life. The new vision of life created by the Resurrection provides for believers to live each day with great joy.

No earthly darkness can stifle the Light of the Resurrected Christ. The Darkness of that First Great and Holy Friday when Jesus was on the Cross was replaced by the brightness of the Resurrected Christ and the Empty Tomb.

No earthly events of darkness succeed in destroying the resounding joyful message that "Christ is Risen from the dead, trampling down death by death and upon those in the tombs bestowing life."

Christian saints and martyrs have lost their lives for centuries in witness to and defense of the Christian faith. Their deaths in Christ shine forth the Light of Christ and brighten the path to the Heavenly Kingdom.

Deep in the hearts of fervent believers the baptismal Light of Christ burns and enlightens the path to the Heavenly Kingdom. God's Holy Church protects and enables the flame of Christ in the heart to burn brightly throughout earthly life.

Each day reveals the Presence, Glory, and Light of the Resurrected Christ. Each day Christ's miracles are revealed and verified for those with eyes of faith to see.

Today and each day are valued opportunities to remind the self that: "Christ is Risen! Indeed He is Risen! Hristos Voskrese! Vaistinu Voskrese! Christos Anesti! Alithos Anesti!

The Sunday of the Blind Man. Holy Apostle and Evangelist John the Theologian. May 8/21, 2023. Hidden Valley, Pennsylvania. Father Rodney Torbic

Cognitive therapists, furthermore, use rationalism, empiricism, atomism, and pragmatism with all the intellectual rigor of their modern philosophical manifestations. When the church fathers employ these tools, they do so as acting under the inspiration of the Holy Spirit who subtly moves pure hearts who love Christ. This transforms these earth-born tools into interventions of heavenly wisdom that do far more than overcome a particular problem with thoughts, emotions, or behaviors. The fathers' words re-align the soul to God even as a musician adjusts the strings of a harp in order to produce a soothing melody. **Bishop Alexis (Trader)**

Looking Violence in the Eye

Psalm 11:5-The Lord trieth the righteous: but the wicked and him that loveth violence his soul hateth. (KJV)

Violence has taken many forms down through the centuries and requires attention. Christians are challenged to deal with the forms of violence in contemporary times. The challenge ranges from individual violent criminals to violence among nations. Violence has deep and farreaching effects that are very hard to fully measure. Victims of violence are not always visible and identifiable in the community.

Psalm 55:9-Destroy, O Lord, and divide their tongues: for I have seen violence and strife in the city. (KJV)

Too often victims of violence suffer in silence and hide their suffering from others. Victims of war relocate to different nations and carry their hurt within themselves. Neighborhoods plagued with violence have residents traumatized all too often. News reports describe the rise of violent crime in cities and criminals walking free. Mass gun violence is viewed by some as having reached epidemic proportions.

Psalm 58:2-Yea, in heart ye work wickedness; ye weigh the violence of your hands in the earth. (KJV)

Evil resulting in harm to others that are innocent is beyond human understanding. Turning to the Lord God for guidance, comfort, and direction is clearly necessary. The Psalmist wrote about violence centuries and centuries ago and offers wisdom. The Psalms offer wisdom, healing, and direction when great suffering takes place. Believers trust in the Lord God to find the way to address and deal with violence.

Psalm 72:14-He shall redeem their soul from deceit and violence: and precious shall their blood be in his sight. (KIV)

Saints and martyrs of the Church suffered from violence through the centuries. The saints and martyrs are resolute witnesses of faith in the face of violence. Confidence and faith in the Lord God are always well-placed in difficult times. The Lord God does not disappoint those remaining faithful when adversity arises. Seeds of hope are planted by the saints and martyrs suffering from violence.

Psalm 73:6-Therefore pride compasseth them about as a chain; violence covereth them as a garment. (KJV)

The Lord Jesus Christ was the Supreme Victim of violence and defeated death. Jesus Christ's Resurrection is the enduring source of hope in all circumstances. God's Holy Church is where to come to terms with violence and seek solutions. The Church is the source, haven and presence of peace in violent communities. Peace goes forth from God's Holy Church into communities plagued by violence,

Virgin Martyr Pelagia. Apodosis of Mid-Pentecost. May 4/17, 2023. Hidden Valley, Pennsylvania. Father Rodney Torbic

Let others mock at you, oppose you, when you are under the influence of any passion; do not be in the least offended with those who mock at or oppose you, for they do you good; crucify your self-love and acknowledge the wrong, the error of your heart. *Righteous John, Wonderworker of Kronstadt*

There are times when trials and temptations multiply and cause a man, despite his diligence, to deviate from the true path; for all his wisdom and skill are swallowed up. This happens so as to prevent us from trusting in ourselves. *St. John of Karpathos*

The acquisition of virtues, whether of the body or of the soul, should be gradual, climbing up little by little. *Fr. Jack Sparks*

The perfection of the Christian life consists in extreme humility. Humility is a Divine attribute, too. Where humility reigns, whether it be within a family or in society as a whole, it always radiates Divine peace and joy. *Elder Thaddeus (Strabulovich) of Vitovnica*

REMINDERS: <u>NO KNEELING</u> until the Kneeling Prayers of Pentecost Sunday. We can now sing "Vechnaya Pam'yat" at the end of a Parastas or

during a funeral service. However, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.