



**Holy Ghost Orthodox Church**  
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Very Rev. Father Robert Popichak, Pastor  
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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Father Bob, Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Metropolitan Savas, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father George & Dobrodijka Oksana Bazylevsky, Father Angelo Artemas, Father John Haluszczak, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Gaele Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy &

*Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat & Jan Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy & Sharon Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Theresa Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie &*

*Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Denis Strittmatter, Father Joe Uzar—newly ordained, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Mike & Amy Forbeck, David Salazar, James Mary, Barb Bookser, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Carolyn Strittmatter, Barbara Shegat & Chaplain Rachelle Zazzu, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5-year-old], Lillian Skowvron, Pani Cathy Danczak, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin, car accident], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, the McKenna family, David Gazella, Brian & Michele Cannone, Robert & Eleanor Rodrigues & family, Father Deacon James Rossetti & Diakonissa Kari—ordination!, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Brett Crosby, Randy Lapuh, Henry & Shirley [skin cancer] Tkacik, Diane & Arthur Chaklis, Denny Mader, Robert Chicka [cancer], Myra Woodruff [cancer], Zoe Oswalt—Fr. Bob's cousin [cancer], Barbette [cancer] & Scott, Kristin [cancer], Erm Hartmann, Barbara Bookser [cancer], Bob Mazzuca [cancer], Marko, Taylor, Terri Crosby-Vega, Christine Mohamed, Sue Demko, Tammy & Donnie [cancer] Marsico, Terry & David Hartnett, Jamie Ball, Kay Williams, Hannah Stewart, Jim Wyko—Alex's friend, and Susan Pulcini—Father Ted Pulcini's mom. We pray that God will grant them all a speedy recovery.*

**PLEASE REVIEW THE NAMES ON THE PRAYER LIST ABOVE AND LET FATHER BOB KNOW ANY NAMES THAT CAN BE REMOVED...**

**PLEASE, PLEASE, PLEASE! PRAY FOR PEACE IN THE WORLD—AND OUR LIVES!**

**Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be **SAFE!!!** God Bless!**

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

# REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. ***If you have a question, please ask Father Bob.***

**AT ANY TIME**—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 956-6626.

## SERVICES IN SLICKVILLE

**SUNDAY, February 26**                      **OBEDNITZA—UPSTAIRS**                      **10:30 AM**  
**37<sup>TH</sup> SUNDAY AFTER PENTECOST; FORGIVENESS SUNDAY; CHEESEFARE SUNDAY; EXPULSION OF ADAM & EVE FROM EDEN; SAINT MARTINIAN; VENERABLE ZOE OF BETHLEHEM & VIRGIN PHOTINA; VENERABLE EULOGIUS-ARCHBISHOP OF ALEXANDRIA**

*Tone 4*

Romans 13:11-14:4

Matthew 6:14-21

**MONDAY, February 27**

**GREAT LENT BEGINS**

**SUNDAY, March 05**                      **NO SERVICE IN SLICKVILLE**  
**1<sup>ST</sup> SUNDAY OF GREAT LENT; SUNDAY OF ORTHODOXY; SAINT LEO-BISHOP OF CATANIA IN SICILY; HIEROMARTYR SADOC-BISHOP OF PERSIA & 128 MARTYRS WITH HIM; SAINT AGATHO-POPE OF ROME; VENERABLE PRINCE YAROSLAV THE WISE; SAINT AGATHO-WONDERWORKER OF PERCHEVSKY LAVRA**

*Tone 5*

Hebrews 11:24-26,32-12:2

John 1:43-51

***Litany in Blessed Memory of Mary Smith, John Metrick, Andrew Hanczar, Anna Lawrence, Daria Masur, Michael Cicio, Charles Shumsky, Terry Reinhart, Jean Stutchell, Joseph Vangrin, Frank Riznow, Michael Holupka, and Joseph Nezolyk—Fr. Bob***

**TRIUMPH OF ORTHODOXY—4:30 PM—SAINT GEORGE ANTIOCHIAN ORTHODOX CATHEDRAL OAKLAND**

**SUNDAY, March 12**                      **NO SERVICE IN SLICKVILLE**  
**2<sup>ND</sup> SUNDAY OF GREAT LENT; SAINT GREGORY PALAMAS-ARCHBISHOP OF THESSALONICA; SYNAXIS OF ALL VENERABLE FATHERS OF PERCHEVSKY LAVRA; SAINT PROCOPIUS THE CONFESSOR OF DECAPOLIS; SAINT THALELAEUS-HERMIT OF SYRIA; SAINT TITUS THE SOLDIER-MONK & SAINT TITUS THE PRESBYTER—OF PERCHEVSKY LAVRA**

*Tone 6*

Hebrews 1:10-2:3; Hebrews 7:26-8:2; Galatians 5:22-6:2

## **BULLETIN INSERT FOR 26 FEBRUARY 2023**

**37<sup>TH</sup> SUNDAY AFTER PENTECOST; FORGIVENESS SUNDAY; CHEESEFARE SUNDAY; EXPULSION OF ADAM & EVE FROM EDEN; SAINT MARTINIAN; VENERABLE ZOE OF BETHLEHEM & VIRGIN PHOTINA; VENERABLE EULOGIUS-ARCHBISHOP OF ALEXANDRIA**

### **TROPARION—TONE 4**

When the women disciples of the Lord  
Learned from the angel the joyous message of Thy Resurrection;  
They cast away the ancestral curse and elatedly told the apostles:  
Death is overthrown! Christ God is risen,  
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit

### **KONTAKION—TONE 6**

O Master, teacher of Wisdom, Bestower of virtue,  
Who teaches the thoughtless and protects the poor;  
Strengthen and enlighten my heart.  
O Word of the Father,  
Let me not restrain my mouth from crying to Thee:  
Have mercy on me, a transgressor, O Merciful Lord.

Now and ever, and unto ages of ages. Amen.

### **KONTAKION—TONE 4**

My Savior and Redeemer,  
As God rose from the tomb  
And delivered the earthborn from their chains.  
He has shattered the gates of Hell,  
And as Master, He has risen on the third day!

### **PROKEIMENON—TONE 4**

**READER:** O Lord, how manifold are thy works! In wisdom hast Thou made them all.

**PEOPLE:** O Lord, how manifold are thy works! In wisdom hast Thou made them all.

**READER:** Bless the Lord, O my soul! O Lord my God, Thou art very great!

**PEOPLE:** O Lord, how manifold are thy works! In wisdom hast Thou made them all.

**READER:** O Lord, how manifold are thy works!

**PEOPLE: In wisdom hast Thou made them all.**

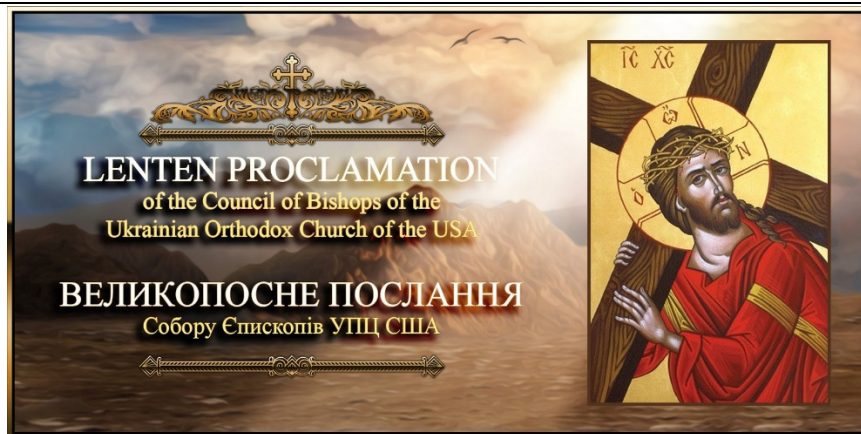
**ALLELUIA VERSES—TONE 4**

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.



***Meatfare/Last Judgment Gospel Lesson in one image!***



*To the Clergy, Monastics and Faithful of the Ukrainian Orthodox Church of the United States of America, our Eparchy of Western Europe, of our Eparchy of Australia and New Zealand, and our Eparchy in South America*

Dearly beloved Spiritual Fathers, Sisters and Brothers of the FAITH,  
**CHRIST IS AMONGST US! IS AND ALWAYS SHALL BE!**

As we enter the blessed Great Lenten journey in preparation for the celebration of the FEAST of ALL FEASTS—PASCHA or the RESURRECTION OF OUR LORD—it behooves us to contemplate the necessary temporal and spiritual conditions for the successful completion of that journey and the fullness of Joy, Peace and Love of PASCHA. What are these preparations? Through the five weeks in anticipation before Great Lent we are provided with Scriptural lessons that manifest them clearly.

We begin with the story of Zacchaeus (Luke 19:1-10) who was a tax collector/thief, who had such a desire to be with Christ that he faced ridicule by people for climbing a sycamore tree to come face to face with our Lord, Who responded by speaking directly to Zacchaeus, indicating that He knew Zacchaeus and would stay at his home. Zacchaeus responded to criticism that our Lord would stay at the home of a sinner, declaring that he would make amends to all who he had cheated and give half his wealth to the poor. The Lord responded that *"salvation has come to this home today...because the Son of Man has come to see and to save that, which was lost."*

The lesson about the Publican (also a tax collector) and the Pharisee (Luke 18:10-14)—a religious leader—depicts the Pharisee standing in the front of the Holy Altar proclaiming his "righteousness" and adherence to the Law and how great he was in comparison to the Publican. The Publican stood simply at the rear of the temple, head bowed low and beating his chest and beseeching: *"God have mercy on me a sinner"* and he alone, through his sincere humility returned to his home "justified."

Next, we heard the lesson about the Prodigal Son (Luke 15:11-32), who demanded what would be his inheritance from his father, received it and rapidly squandered it in a foreign land, finally ending up in the fields feeding swine. Finally, he *"came to himself (схамелувся)"* and returned to his father declaring: *"Father, I have sinned against Heaven and before you and I am no longer worthy to be called your son. Make me like one of your hired servants."*

The Last Judgment (Matthew 25:31-46) is the next lesson, presented by our Lord with a clarity that does not leave any room for us to **misunderstand**. The choices we make in relating to ALL our neighbors and ALL mankind will determine whether we will be judged to be lambs or goats. The way we respond to the two Great Commandments: *"You shall love the Lord your God with all your heart, and with all your soul and with all your mind and with all your strength. This is the first and great commandment. And the second is like unto it—You shall love your neighbor as yourself. On these two commandments hang all the Law and the Prophets."* (Matthew 22:37-40)

The final scripture lesson is about forgiveness, the manner of our fasting and storing up treasures in Heaven. (Matthew 6:14-21). Each time we pray the "Lord's Prayer" we ask, "forgiveness of our sins as we forgive those who sin against us." These cannot be empty words but, rather a heartfelt petition with consequences determined completely by each of us as individuals. If we cannot forgive...neither will we be forgiven. The way we fast is between each of us and God and the way others fast if of no concern to any of us. Forgiveness and sincere fasting enable us to store up

treasures in Heaven where we hope to find ourselves after the final judgment.

Having received and internalized all these lessons, we are prepared to enter into the fullness of Great Lent and to make a confession that arises from the depths of our hearts and souls—rather than from the often-confused intellect that can so easily succumb to all the temptations of the world, leading us away from, rather than to Christ. Throughout this Great Lent seek to come face to face with Christ, Who, you will discover, knows you intimately from the moment of your cleansing Baptism and the Seal of your Chrismation. Seek to make amends to those you have wronged; seeking forgiveness from those you have offended and offering forgiveness to those who have offended you; approach God with a humility that does not offer excuses or reasons for bad behavior and sinfulness; “come to yourself” in the recognition that you have squandered God’s gifts to you—your talents, your ability to love, your ability to share yourself and your treasures. Search for the ways that you can minister-to your neighbor, to the homeless, to the naked, to the thirsty, to the sick, to those imprisoned (physically, mentally, or emotionally) and search for the ways you have failed to minister to all.

As we enter the Great Lenten Season, we, your hierarchs, successors to the Holy Apostles, humbly beseech your forgiveness for any way we may have hurt you, not been present to you, misled you or have been, in any way, responsible for spiritual confusion or even pain of any nature. We promise to strive for improvement in the future under the Grace and Guidance of the Holy Spirit. In turn, we express, from the depth of our hearts, minds and souls the same forgiveness to you on both the spiritual and temporal level. We love you all without reserve and assure you of our prayers for you daily, beseeching your prayers also for us.

Finally—as the one-year anniversary of the invasion approaches, we request that throughout this Great Lent and Paschal Seasons you dedicate your prayers, fasting and hope for the welfare of our brothers and sisters suffering through another genocide. This unjustifiable invasion of Ukraine is inspired by an all-consuming hatred in the minds and souls of those who would eradicate Ukraine and her ethnic distinction as a people. Pray fervently for an end to the suffering through deliberate targeting of civilians and non-military infrastructure. Further, pray fervently for the repose of the souls of all those who have perished during the aggressive insanity. May our Loving Lord hear our petitions and bring an end to this horror forever.

*In our Lord’s All-Encompassing Joy, Peace and Love,*

+ **ANTONY**, *By the Grace of God, Metropolitan*

+ **JEREMIAH**, *By the Grace of God, Archbishop*

+ **DANIEL**, *By the Grace of God, Archbishop*



GIVEN THIS 10<sup>TH</sup> DAY OF FEBRUARY 2023 - THE FEAST OF VENERABLE EPHRAIM THE SYRIAN AND  
VENERABLE EPHRIAM OF THE KYIVAN CAVES MONASTERY (PECHERSKA LAVRA) AT THE METROPOLIA  
CENTER OF THE UOC OF USA, SOUTH BOUND BROOK - SOMERSET, NJ