

Holy Ghost Orthodox Church 714 Westmoreland Avenue PO Box 3 Slickville, PA 15684-0003

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## **GREAT LENT**

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Archbishop Jovan, Bishop Robert, Metropolitan Savas, Metropolitan Kallistos of Diokleia, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William & Pani-Dobrodijka Sonia Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick S3ilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father Steve Hutnick [COVID-19], Father Victor Wronskyj [COVID-19], Father George & Dobrodijka Oksana Bazylevsky, Fr. Volodymyr Muzychka [COVID-19], Father Harry Linsinbigler [COVID-19], Archimandrite Raphael [COVID-19], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron &

Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck-vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's

cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven—Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Micky Delans [COVID-19], Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Denis Strittmatter, Father Joe Uzar—newly ordained, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Jeff & Mary Jane Double [COVID-19], Terri Crosby-Vega [COVID-19], Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Mike, Amy, Nathan, & Ben Forbeck [COVID-19], David Salazar, Ann Zurasky [knee replacement], James Mary, Barb Bookser, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Carolyn Strittmatter, Barbara Shegat & Chaplain Rachelle Zazzu, Candace Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [infant], Elizabeth [5year-old], Lillian Skowvron, Pani Cathy Danczak, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin, car accident], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, Zack Blair [Pani Gina's nephew], Greg & Mary Lou Sheakley [Pani Gina's cousins—COVID], the McKenna family, David Gazella, Brian & Michele Cannone, Robert & Eleanor Rodrigues & family, Don Menagon [COVID-19], Father Nick Mahaly [COVID-19], Mike Wilcox [COVID-19], Father Deacon James Rossetti & Diakonissa Kari-ordination!, Steve Sivulich, Michael Welsh, Nick Solominsky, Samantha & Lisa Houser, Sarah Stepanovich Clark, Julia Baloga, Diane Norton [cancer], Brett Crosby, Randy Lapuh, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

"If I read a hundred prayers in the silence of Athos a day, and you, in the noise of the city, with work and family responsibilities, read three prayers, then we are in the same position." - St. Ephraim of Katounakia

### PLEASE, PLEASE! PRAY FOR PEACE IN THE WORLD—AND IN OUR LIVES!

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

### REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

#### SERVICES IN SLICKVILLE

SUNDAY, March 27 SAINT BASIL THE GREAT-OBEDNITZA UPSTAIRS 10:30 AM

3RD SUNDAY OF GREAT LENT; ADORATION OF THE HOLY CROSS; SAINT BENEDICT OF NURSIA-ABBOT; SAINT EUCHEMON-BISHOP OF LAMPACUS; SAINT ROTISLAV-MICHAEL-PRINCE OF KYIV; SAINT THEOGNOSTUS-**METROPOLITAN OF KYIV & ALL RUS** 

> Tone 7 Hebrews 4:14-5:6 Mark 8:34-9:1

SUNDAY, April 03 SAINT BASIL THE GREAT-OBEDNITZA UPSTAIRS 10:30 AM

4th SUNDAY OF GREAT LENT; SAINT JOHN CLIMACUS—THE LADDER OF DIVINE ASCENT; VENERABLE JAMES-BISHOP OF THE STUDIUM; SAINT CYRIL-**BISHOP OF CATANIA; SAINT THOMAS-PATRIARCH OF CONSTANTINOPLE** 

Tone 8

Hebrews 6:13-20; Ephesians 5:8-19 Mark 9:17-31; Matthew 4:25-5:12

Litany in Blessed Memory of Frank Pendlyshok, John Cherepko, Ollie Pendlyshok, Stella Peanoske, Rose Lopushanski, Mary Haluszczak, Vladimir Hanczar, Michael Brittan, Deacon Dennis Lapushansky, & Lynne Giglione—Fr. Bob

SUNDAY, April 10 SAINT BASIL THE GREAT-OBEDNITZA UPSTAIRS 10:30 AM

5<sup>th</sup> SUNDAY OF GREAT LENT; SAINT MARY OF EGYPT & SAINT ZOSIMOS; SAINT HILARION THE NEW-ABBOT OF PELECETE; SAINT STEPHEN THE WONDERWORKER-ABBOT OF TRYGLIA; MARTYRS JONAH & BARACHISIUS & THOSE WITH THEM IN PERSIA; MARTYR EUSTRATIUS OF PERCHEVSKY LAVRA

Tone 1
Hebrews 9:11-14; Galatians 3:23-29
Mark 10:32-45; Luke 7:36-50

#### **BULLETIN INSERT FOR 27 MARCH 2022**

3RD SUNDAY OF GREAT LENT; ADORATION OF THE HOLY CROSS; SAINT BENEDICT OF NURSIA-ABBOT; SAINT EUCHEMON-BISHOP OF LAMPACUS; SAINT ROTISLAV-MICHAEL-PRINCE OF KYIV; SAINT THEOGNOSTUS-METROPOLITAN OF KYIV & ALL RUS

#### **TROPARION—TONE 1**

O Lord, save Thy people, and bless Thine inheritance. Grant victories to the Orthodox Christians, over their adversaries; And, by virtue of Thy cross, preserve Thy habitation.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

#### KONTAKION—TONE 7

Now the faming sword no longer guards the gates of paradise; It has been mysteriously quenched by the wood of the Cross! The sting of death and the victory of hell have been vanquished; For Thou, O my Savior, didst come and cry to those in hell: Enter again into Paradise.

#### **INSTEAD OF "O HOLY GOD"**

Before Thy Cross, we bow down in worship, O Master, and Thy holy Resurrection, we glorify Thee.

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Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

And Thy holy Resurrection, we glorify Thee.

Before Thy Cross, we bow down in worship, O Master, and Thy holy Resurrection, we glorify Thee.

#### PROKEIMENON—TONE 7

**READER:** Extol the Lord our God; worship at His footstool, for it is Holy! **PEOPLE:** Extol the Lord our God; worship at His footstool, for it is Holy!

**READER:** The Lord reigns; let the peoples tremble!

PEOPLE: Extol the Lord our God; worship at His footstool, for it is

Holy!

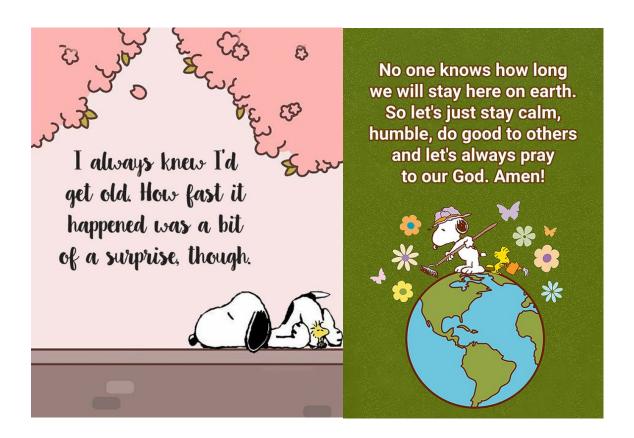
**READER**: Extol the Lord our God.

**PEOPLE: Worship at His footstool, for it is Holy!** 

#### **ALLELUIA VERSES**

Remember Thy congregation which Thou hast gotten of old.

God is our King before the ages; He has worked salvation in the middle of the earth.

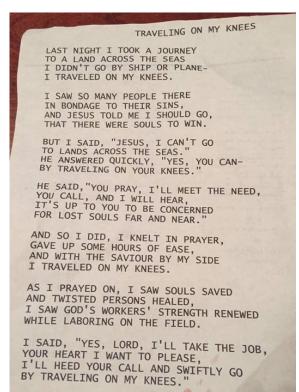


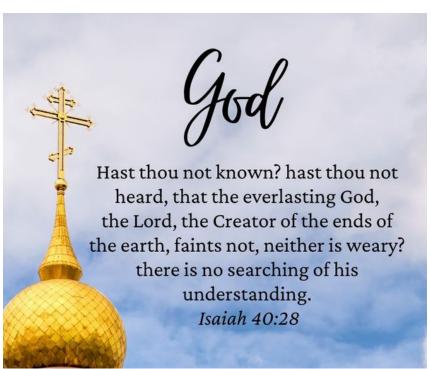
#### Father Joshua Anna:

"Amma Theodora said: A certain monk, afflicted by many sorrows, said to himself, "Leave this place."

With these words he began to put his sandals on his feet, and suddenly he saw the devil in the form of a man sitting in the corner of his cell.

The devil was also putting on his sandals. He said to the monk, "Are you leaving here because of me? Well then, wherever you go, I will be there before you." —Saint Ignatius Brianchaninov, Patericon





"Christianity is not about what people around you should be like. Christianity is about how you should be, no matter how people are like around you." ~ Archpriest Dimitry (Smirnov)



#### From Father John Haluszczak

A few of my thoughts on the war in Ukraine:

- #1. I hold no animosity towards the people of Russia or any other nation. I continually pray for all of mankind.
- #2. With that in mind I do not hold Putin solely responsible for the atrocities inflicted upon the Ukrainian people. He is not pulling the trigger shooting people. He is not arming aiming and firing the missiles destroying their homes. He however has demonized the people of Ukraine in the eyes of his country (as all warmongers do). It would be just as wrong for us to

demonize them in return (in fact this is exactly what he would prefer so that he could further justify his violence).

- #3. I'm thankful for all those who have offered their prayers their donations their well wishes to those who have lost their loved ones, limbs, and peace.
- #4. I believe there was one further thing we can do personally here at home to fight against these crimes against humanity. When you pray that the lies that demonize the Ukrainian people have no effect on the soldiers or citizens of Russia, also as that we hear at home fight against any attempts to demonize one another. Whether it be media, political parties, neighbors, for us to give into emotional attempts to hit back at whomever is to join those same people attacking the Ukrainians now.

Hate cannot be overcome by hate—it only makes the world a little bit more inhuman.

#### **The Great Reset**

Let Us Stand Firmly Against Those Who Would Destroy the Church and Usher in The Great Reset



Like most of you, I am filled with sorrow as I witness two great Orthodox nations at war with one another. My sadness is only compounded knowing that it was from Kievan Rus' that Orthodoxy became the faith of the Slavic people. Yet we are witnessing a terrible war that threatens the very unity of our beloved Holy Orthodox Church. The Metropolitanate of Ukraine and the Patriarchate of Moscow have been one united Orthodox Church since the foundation of Christ's Church among the people of the land of the Rus', yet this unity is in question because of the evilness of war, laid bare by the sinister plans of dark forces that have set out to destroy Christ's Church.

For years dark forces have desired the death of Orthodoxy among the land of the Slavs. From before the creation of the Soviet Union, Orthodoxy has been seen as an enemy that must be

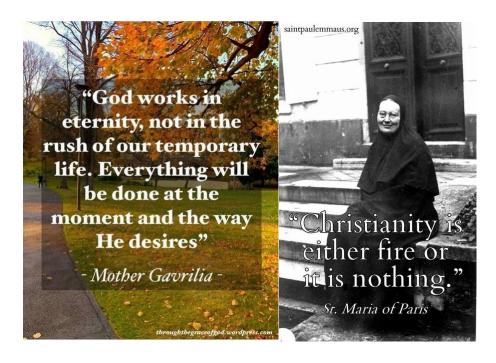
destroyed. Now it is not Communism that has its sights on the destruction of the Church, but those evil forces that desire a world "without religion". Their goal is the "Great Reset", and this can not happen until the Church is divided, and ultimately destroyed.

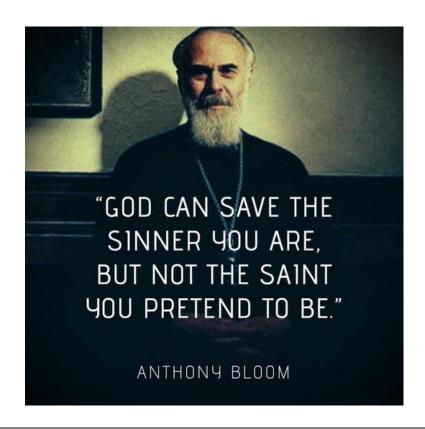
Overcoming fear and anxiety requires determination and resolve. Blessed Augustine wrote that we must, "Pray as if everything depends on God, and work as if everything depends on us". Saint Gregory of Sinai counseled that we energize virtues according to our resolve and our determination, and that from this there arises a power of the soul.

Our determination and resolve provokes Christian efficacy that is not only "self-efficacy" but 'God-empowered-efficacy.' Thus, we can join ourselves in concert with the words of the psalmist and say, "He who dwells in the shelter of the Most High, who abides in the shadow of the Almighty, will say to the Lord, 'My refuge and my fortress; my God, in whom I trust.' For he will deliver you from the snare of the fowler and from the deadly pestilence ..." (Ps 90:1–3).

Now is the time when we Orthodox Christians must be seech the Lord as never before. On bended knees we must beg the Lord of the Cosmos to swiftly come to the aid of His Church, and usher in the "peace that passes understanding". Let us join together in praying for our brothers and sisters in both Ukraine and Russia. Let us ask the Lord of Mercies to deliver His Church from the powers of darkness, and raise her up, once again, to proclaim to the whole world that we worship, united together, as one people, that Jesus is Lord, and that He is our comfort and our salvation.

Love in Christ, Abbot Tryphon





#### **Guideposts for Great Lent**

Matthew 22:37-Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. (KJV)

Our relationship with the Lord God merits our complete attention throughout life. Great Lent is the annual opportunity to examination our relationship with the Lord. The Church provides Great Lent for self-examination and encourages repentance. Church services encourage repentance and focusing on our life in Jesus Christ. Believers are afforded the opportunity to confess sins and reunite with Christ. The Church provides nourishment, instruction, and the experience of communion.

# John 14:6-Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me. (KJV)

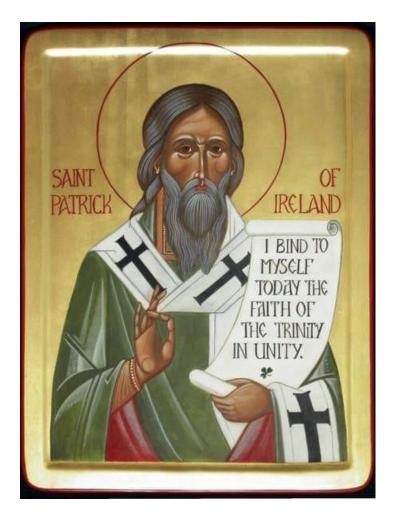
The Lord Jesus Christ is direct in saying He is the way, the truth, and the life. Attentive believers take Jesus' words to heart and apply them throughout life. Adhering to the way and teachings of Jesus Christ is a constant daily challenge. Great Lent offers the supportive and focused atmosphere for following Christ. The Church is a protective environment for believers to address personal sin. Priests offer supportive listening and direction for believers to actively repent.

Ephesians 4:13-Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ: (KJV)

Great Lent is the time for believers to actively strive to become more like Christ. Our personal relationships with others and with Christ reflect if we are serious. Jesus Christ is knowledgeable of the depths of our heart, mind and soul. Expelling sin from the depths of our being is expected during Great Lent. The effort made in Great Lent determines the outcome of the Lenten journey. The outcome of life improves when believers take the Lenten journey seriously.

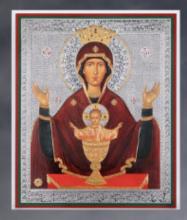
Hebrews 12:2-Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. (KJV)

Being mindful of Christ on the Cross strengthens believers in the Lenten journey. Jesus Christ provides the supreme example for dealing with the greatest hardships. Love exemplified on the Cross offers healing for tarnished souls and broken hearts. The fore knowledge of Jesus Christ's Resurrection provides believers with hope. Struggles and hardships endured during Great Lent become manageable in Christ. Joy is the ultimate outcome for believers making the Lenten journey in great faith. Saints Eutropius, Cleonicius, and Basilicus, Martyrs. March 3/16, 2022. Hidden Valley, Pennsylvania. Father Rodney Torbic



THE ORTHODOX CLERGY BROTHERHOOD OF GREATER PITTSBURGH INVITES YOU TO THE

# Akathist to the Mother of God "The Inexhaustible Cup"



A PRAYER SERVICE FOR ALL THOSE SUFFERING FROM ADDICTION OF ANY KIND. PRAY FOR YOUR AFFLICTED LOVED ONES AND FRIENDS.

### SUNDAY MARCH 27, 2022 | 5 PM

HELD SIMULTANEOUSLY AT THE FOLLOWING AREA CHURCHES:
St. George Antiochian Orthodox Church, 3400 Dawson St, Pittsburgh (Oakland)
Holy Trinity Greek Orthodox Church, 985 Providence Blvd., Pittsburgh (McCandless)
Ss. Peter & Paul Orthodox Church, 200 Walnut St., Carnegie
St. Michael Orthodox Church, 1182 Ashland St., Greensburg



BE
JOYFUL
IN HOPE,
PATIENT
IN AFFLICTION,
FAITHFUL
IN PRAYER

**ROMANS 12:12**