

Holy Ghost Orthodox Church 714 Westmoreland Avenue PO Box 3 Slickville, PA 15684-0003 www.holyghostorthodoxchurch.org Very Rev. Father Robert Popichak, Pastor 23 Station Street Carnegie, PA 15106-3014 [412] 279-5640 home [412] 956-6626 cell rpopichak@alumni.cmu.edu

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Archbishop Jovan, Bishop Robert, Metropolitan Savas, Metropolitan Kallistos of Diokleia, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father Steve Hutnick [COVID-19], Father Victor Wronskyj [COVID-19], Father George & Dobrodijka Oksana Bazylevsky, Fr. Volodymyr Muzychka [COVID-19], Father Harry Linsinbigler [COVID-19], Archimandrite Raphael [COVID-19], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Yvonne Christy, Father Deacon Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel,

Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaguette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck-vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy,

Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Colin Kirton-Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven-Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Micky Delans [COVID-19], Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Denis Strittmatter, Father Joe Uzar—newly ordained, Tim—surgery, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Jeff & Mary Jane Double [COVID-19], Terri Crosby-Vega [COVID-19], Kristi Wilson, Wendy LaGamba, Melissa Gross [hip replacement], Mike, Amy, Nathan, & Ben Forbeck [COVID-19], David Salazar, Ann Zurasky [knee replacement], James Mary, Barb Bookser, Dr. Paul Riley, David Hess, Serena, Wyatt, Makenzie, Jennifer, Carolyn Strittmatter, Barbara Shegat & Chaplain Rachelle Zazzu, Candace Irvin, Dollie Irvin, Carol Muschick, Grace Love [knee replacement], Stacie Riley, Joseph Paul Cervo, Jr. [newborn], Elizabeth [5-year-old], Lillian Skowvron, Pani Cathy Danczak, Sue & Greg Heinen, Paul Simpson [Father Bob's cousin, car accident], Sharon Curtis Rivas, Kathy Milcic, Lisa Bolan, David G. [cancer], Donna [dementia] & Darla, Linda Snow, Zack Blair [Pani Gina's nephew], Greg & Mary Lou Sheakley [Pani Gina's cousins—COVID], the McKenna family, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

Sinners that repent are still saved; both publicans and fornicators cleansed by repentance enter into the Kingdom of Heaven. The compassionate God still calls to Himself all that have turned away, and He awaits them and promises them mercy. The loving Father still receives His prodigal sons come back from a far country and He opens the doors of His house and clothes them in the best robe, and gives them each a ring on their hand and shoes on their feet and commands all the saints to rejoice in them. +Saint Tikhon of Zadonsk

Dear Brothers and Sisters in Christ... There is <u>NOTHING</u> to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well and be SAFE!!! God Bless! Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

#### **REMEMBER-PRAYERS ARE <u>ALWAYS</u>** FREE!

<u>Communion Fasting</u>: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please <u>CALL FATHER BOB</u> at [412] 279-5640.

#### <u>SERVICES IN SLICKVILLE</u>

SUNDAY, October 31 OBEDNITZA UPSTAIRS 10:30 AM 19<sup>TH</sup> SUNDAY AFTER PENTECOST; HOLY APOSTLE & EVANGELIST LUKE; MARTYR MARINUS THE ELDER AT ANAZARBUS; VENERABLE JULIAN THE HERMIT OF MESOPOTAMIA

*Tone 2* 2 Corinthians 11:31-12:9; Colossians 4:5-9, 14, 18 Luke 8:5-15; Luke 10:16-21

SUNDAY, November 07 OBEDNITZA UPSTAIRS 10:30 AM 20<sup>TH</sup> SUNDAY AFTER PENTECOST; MARTYRS MARCIAN & MARTYRIUS; SAINT TABITHA; MARTYR ANASTASIUS; VENERABLE MARTYRIUS THE DEACON & SAINT MARTYRIUS THE RECLUSE OF PERCHEVSKY LAVRA

> *Tone 3* Galatians 1:11-19 Luke 16:19-31

Litany in Blessed Memory of John Lopushanski, Samuel Kerr, Helen Likar, Harry Bunio, Mary Pekich, Constantine Hanczar, Anna Lotinsky, Julia Golofski, & Paul Popichak—Fr. Bob

SUNDAY, November 14 OBEDNITZA UPSTAIRS 10:30 AM 21<sup>ST</sup> SUNDAY AFTER PENTECOST; HOLY WONDERWORKERS & UNMERCENARIES COSMAS & DAMIAN & THEIR MOTHER SAINT THEODOTA; HIEROMARTYRS JOHN-BISHOP & JAMES-PRESBYTER OF PERSIA; MARTYRS CYRENIA & JULIANA; MARTYR HERMENINGILDA THE GOTH; MARTYRS CAESARIUS, DACIUS, SABBAS, SABINIAN, AGRIPPA, ADRIAN, & THOMAS AT DAMASCUS Tone 4

Galatians 2:16-20 Luke 8:26-39

# **BULLETIN INSERT FOR 31 OCTOBER 2021**

19<sup>TH</sup> SUNDAY AFTER PENTECOST; HOLY APOSTLE & EVANGELIST LUKE; MARTYR MARINUS THE ELDER AT ANAZARBUS; VENERABLE JULIAN THE HERMIT OF MESOPOTAMIA

## TROPARION-TONE 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, All the powers of heaven cried out: O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

#### KONTAKION-TONE 2

Hell became afraid, O Almighty Savior, Seeing the miracle of Thy Resurrection from the tomb! The dead arose! Creation, with Adam, Beheld this and rejoiced with Thee! And the world, O my Savior, praises Thee forever!

## **PROKEIMENON-TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE:** The Lord is my strength and my song. He has become my salvation.

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

**PEOPLE:** The Lord is my strength and my song. He has become my salvation.

**READER:** The Lord is my strength and my song.

**PEOPLE:** He has become my salvation.

## ALLELUIA VERSES-TONE 2

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

Jawn, pronounced \'jän\, is the Philadelphia all-purpose noun. It can refer to a single thing, or a collection or class of things, or a situation, or a person.

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This week, America lost a legend. General Colin Powell passed away at the age of 84 years old. General Powell, when he was simply known as Colin, was born the son of immigrants, and raised in Harlem and the South Bronx. He rose to the greatest of heights in both the military and in statespersonship. He lived the life of American promise and American possibilities. He broke barriers, was outspoken, and had the ability to not only command a room but command the bravest of our country's men and women in uniform.

It felt like Colin Powell was a fixture in our lives for the better part of 35 years, rising through the ranks of not only the military, but through four presidential administrations. For President Reagan, he was both the Deputy National Security Advisor and National Security Advisor. Under Presidents George H. W. Bush and Clinton, he served as the Chairman of the Joint Chiefs of Staff. Under President George W. Bush, he served as the Secretary of State. Upon retirement, he was both a critic and confidant, a leader, a teacher, and a man who was never afraid to speak his mind about things he felt strongly about. He was fearless, both in heart and tongue.

As a little boy, I remember seeing him grace television screens decked in his desert fatigues during the Persian Gulf War, his presence as synonymous as the gold ribbons that hung upon homes throughout the country.

He was a giant, treating each situation with urgency and respect. He understood that military might was just as important as diplomacy and empathy. He put country before politics. He broke racial barriers. He was a committed husband and father.

I wanted to take an opportunity in this week's *Jawn* to share what became known as Secretary Powell's *13 Rules*. Rooted in the simplicity of realism, optimism, and practicality, these 13 Rules are rules we can look at, as public servants, professionals, and human beings, and live by in our everyday lives. Those 13 rules are:

2. Get mad then get over it.

<sup>1.</sup> It ain't as bad as you think! It will look better in the morning.

- 3. Avoid having your ego so close to your position that when your position falls, your ego goes with it.
- 4. It can be done.
- 5. Be careful what you choose. You may get it.
- 6. Don't let adverse facts stand in the way of a good decision.
- 7. You can't make someone else's choices. You shouldn't let someone else make yours.
- 8. Check small things.
- 9. Share credit.
- 10. Remain calm. Be kind.
- 11. Have a vision. Be demanding.
- 12. Don't take counsel of your fears or naysayers.
- 13. Perpetual optimism is a force multiplier.

I am particularly drawn to three of Secretary Powell's rules. Powell's second rule, "Get mad, then get over it" is a recognition of basic human emotion. We get mad. It's ok. It's what we do *after* we're mad that will define how a situation may ultimately play out. It's easy to imagine the times when Secretary Powell, or General Powell, or Colin Powell was mad about a decision made or a piece of advice not taken. But, knowing what we know about the man, it's equally as easy to think of his ability to move on and put country first and ego last.

That flows easily into Secretary Powell's third rule, "Avoid having your ego so close to your position that when your position falls, your ego goes with it." Sometimes, our decisions become so hardened, like troops hardened on a battlefield, that our egos or the battle can fall with it. Our decisions should resemble a nimble tank division gliding through a desert rather than a battalion fighting trench warfare and attaching our ego to its potential failure can complicate our decisions moving forward. Don't take professional decisions personal. Be nimble. Be mature enough to adjust course, and don't stake your professional reputation and professional ego to it because things don't and will not always go as we planned. We will have to face the same co-workers, neighbors, and family members tomorrow with a straight face.

Secretary Powell's final rule, Rule 13, is my favorite. "Perpetual optimism is a force multiplier." Secretary Powell explained this further when he delivered a keynote address in Southern California. At the conference, he said:

Perpetual optimism, believing in yourself, believing in your purpose, believing you will prevail, and demonstrating passion and confidence is a force multiplier. If you believe and have prepared your followers, the followers will believe..." For leaders and followers alike, I firmly believe that optimism is contagious. You'll note nowhere in Secretary Powell's rules or in his delivered remarks at the conference that he advocated for false bravado or false optimism. This is important for a man who had the lives of American's and non-American's alike under his control. And yet, Colin Powell was a natural leader who was able to balance optimism with reality. His optimism spread throughout the ranks of the men and women who were under his control because they believed in Colin Powell, the military mind, the diplomat, and the person.

Colin Powell will be missed and remembered. Perhaps it was President Biden who said it best, and simply, in his October 18<sup>th</sup> statement when he said:

Colin Powell was a good man. Yes, he was, and so much more. John DiSpaldo, Teracore, Federal Emergency Management Agency—Region III

"It is the pride which cannot bear to have fallen and therefore cannot ask for forgiveness and mercy, that is the failure" A study of repentance in early monastic sources by Benedicta Ward SLG [via Father Bob's cousin Faith Pyrch]



Bob Bohen [director] and Reader Alex Popichak [Executive Producer] putting the news on the television at ErieNewsNow 20 April 2021