



Holy Ghost Orthodox Church
714 Westmoreland Avenue
PO Box 3
Slickville, PA 15684-0003
www.holyghostorthodoxchurch.org
Very Rev. Father Robert Popichak, Pastor
23 Station Street
Carnegie, PA 15106-3014
[412] 279-5640 home
[412] 956-6626 cell
rpopichak@alumni.cmu.edu

Christ IS Born! Glorify Him!

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Archbishop Jovan, Bishop Robert, Metropolitan Savas, Metropolitan Kallistos of Diokleia, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Father George Livanos, Igumen Patrick, Pani Mary Ann Chubenko, Father Jim Orr, Father Rick Seilier, Panimatka Laryssa Charest, Fr. Vasyl Sendeha, Father Steve Hutnick [COVID-`9], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachele, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret

Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszcuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Tim Sams, Mike Ruzzi, Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy,

Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Jeff & Buschra Kerr, Steven—Harry Batch's cousin, Rose Mary Pavlovich—Mary Anne Kuznik's Cousin, Stella McKeag, Margaret Sekelsky, Robert Sekelsky, Robert Rodriguez, Dollie Irvin, Joe Mrvos, Alexandra & Bowen, Katherine Kulik, Micky Delans [COVID-19], Pastor Terry Polen, Eleanor Kitt, Stacie & Gary, Dolores Wachnowsky, Maria Warholak, Stacie & Gary, Anna Sekelik, Christy, Mariruth, Rich & Judy Previc, Ben Williams, Denis Strittmatter, Deacon Joe Uzar—vocations, Tim—surgery, Archimandrite Raphael—COVID-19, John Wakin, Olivia—young girl with a brain tumor, Rick & Sharon Morgan, John Stasko [triple by-pass], John, Kris & Kait, Jeff & Mary Jane Double [COVID-19], Barbara Shegat & Chaplain Rachelle Zazzu, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

"A tree is known by its fruit; people, by their deeds. A good deed is never lost; those who sow courtesy reap friendship, and those who plant kindness gather love." *Saint Basil the Great*

Dear Brothers and Sisters in Christ... There is NOTHING to keep us from praying...for each other, for our family and friends, and most of all for the first responders—EMTs, nurses, doctors, firefighters, police officers, and members of our military who keep us safe. Be well, and be SAFE!!! God Bless!

Please remember ALL American service men and women in your prayers. May God watch over them and ALL American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SERVICES IN SLICKVILLE

SUNDAY, JANUARY 10, 2021 OBEDNITZA—UPSTAIRS!!! 10:30 AM
31ST SUNDAY AFTER PENTECOST; SUNDAY AFTER NATIVITY; AFTERFEAST OF
THE NATIVITY; 20,000 MARTYRS OF NICOMEDIA INCLUDING GLYCERIUS,
ZENO, THEOPHILUS, & OTHERS; APOSTLE NICANOR THE DEACON

Tone 6

Galatians 1:11-19

Matthew 2:13-23

SUNDAY, JANUARY 17, 2021 OBEDNITZA—UPSTAIRS!!! 10:30 AM
32ND SUNDAY AFTER PENTECOST; SUNDAY BEFORE THEOPHANY; SYNAXIS OF
THE 70 APOSTLES; VENERABLE THEOCTISTUS-ABBOT AT CUOMO IN SICILY;
MARTYR ZOSIMAS THE HERMIT & MARTYR ATHANASIUS THE
COMMENTARISIUS-ANCHORITES OF CILICIA; VENERABLE AQUILA-DEACON OF
PERCHEVSKY LAVRA

Tone 7

2 Timothy 4:5-8

Mark 1:1-8

MONDAY, JANUARY 18, 2021
TUESDAY, JANUARY 19, 2021

THEOPHANY EVE—STRICT FAST!
THEOPHANY OF OUR LORD

SUNDAY, JANUARY 24, 2021 OBEDNITZA—UPSTAIRS!!! 10:30 AM
33RD SUNDAY AFTER PENTECOST; AFTERFEAST OF THEOPHANY; VENERABLE
THEODOSIUS THE GREAT—CENOBIARCH; VENERABLE THEODOSIUS OF
ANTIOCH

*****BLESSING OF WATER DOWNSTAIRS AFTER SERVICE*****

Tone 8

Ephesians 4:7-13; 2 Corinthians 4:6-15

Matthew 4:12-17; Matthew 11:27-30

BULLETIN INSERT FOR 10 JANUARY 2021

31ST SUNDAY AFTER PENTECOST; SUNDAY AFTER NATIVITY;
AFTERFEAST OF THE NATIVITY; 20,000 MARTYRS OF NICOMEDIA
INCLUDING GLYCERIUS, ZENO, THEOPHILUS, & OTHERS; APOSTLE
NICANOR THE DEACON

TROPARION—TONE 7

By Thy Cross, Thou didst destroy death!

To the thief, Thou didst open Paradise!

For the Myrrhbearers, Thou didst change weeping into joy.

And Thou didst command Thy disciples, O Christ God,

To proclaim that Thou art risen, granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 7

The dominion of death can no longer hold men captive,
For Christ descended, shattering and destroying its powers!
Hell is bound, while the prophets rejoice and cry:
The Savior has come to those in faith!
Enter, you faithful, into the Resurrection!

PROKEIMENON—TONE 7

READER: The Lord shall give strength to His people! The Lord shall bless His people with peace!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: Offer to the Lord, O you sons of God! Offer young rams to the Lord!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: The Lord shall give strength to His people!

PEOPLE: The Lord shall bless His people with peace!

ALLELUIA VERSES—TONE 7

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!

Beginning

Genesis 1:1-In the beginning God created the heaven and the earth. (KJV)

Trust in the teachings of God's Holy Church is necessary regarding Creation. Serious believers benefit from thinking very intently on the world's Creation. Active love of God and experiencing God increases with life in the Church. Serious believers look to God in the Church for vital guidance throughout life. God created the world and gave life to each person with an intended purpose.

Job 8:7-Though thy beginning was small, yet thy latter end should greatly increase. (KJV)

Each person of faith with a functioning mind will look to the Lord for purpose. Active prayer and love unite the believer with the Lord in realizing that purpose. As a person grows in Christ, life's purpose becomes increasing clear and realized. Hunger in the soul is satisfied when the life in

Christ is lived as Divinely intended. God's Church provides nourishment for each person to increase in Jesus Christ.

Proverbs 9:10-The fear of the Lord is the beginning of wisdom: and the knowledge of the holy is understanding. (KJV)

Prudent believers look to the Lord and the saints for wisdom through the centuries. The desire to please the Lord God is paramount in the lives of serious believers. A slightest personal affront to the Lord is felt deeply in the serious person's heart. Repentance is greatly valued as the opportunity to begin life anew in Jesus Christ. Jesus' love, mercy and forgiveness make new beginnings in life always possible.

Ecclesiastes 7:8-Better is the end of a thing than the beginning thereof: and the patient in spirit is better than the proud in spirit. (KJV)

As Christ makes all things new, so the believer has the opportunity to begin anew. Unending gratitude is due Jesus Christ for the opportunities to begin life anew. Sins and affronts to Jesus Christ occur throughout each Christian's daily life. Whether intentional or unintentional, sins and affronts require serious repentance. Only the love of the Lord Jesus Christ can bring desired lasting peace of mind.

Isaiah 46:10-Declaring the end from the beginning, and from ancient times the things that are not yet done, saying, My counsel shall stand, and I will do all my pleasure: (KJV)

God's Holy Church teaches believers about the world's very beginning and end. Every day affords attentive believers with the opportunity to prepare for the end. Wise believers make full use of the life in God's Holy Church to prepare well. Blessed is the believer seriously repenting and remaining humble until the end. Seeking the Lord's forgiveness, grace and mercy facilitates preparation for the end.

Holy Prophet Daniel, Holy Deacon Avvacum and Hegumen Paisius, December 17/30, 2020. Hidden Valley, Pennsylvania. Father Rodney Torbic

Dispaldo, John<john.dispaldo@associates.fema.dhs.gov>

January 2021 Tips & Taglines

Winter Weather Vehicle Safety Tips & Taglines

According to AAA, 81.8 million people traveled by vehicle during the 2020 holiday season and 2.94 million by air. While that represents a steep decline in travel from 2019, mostly due to COVID-19, it still shows us that *a lot* of people are still on the road out and about. COVID-19 restrictions mean that we may have spent our holidays at home, our normal workdays teleworking, and less trips out and about, but there are still folks on the roads, for business or for pleasure.

This month's tips and taglines are all about being prepared to travel by vehicle during the winter season. We'll cover ways to make your vehicle winter road ready. We'll also provide you with a list of items to keep in your vehicle for the winter (and beyond) so you're better prepared should you become stranded. Finally, in our social media, key messages, talking points, taglines, and graphics, we hope to reinforce basic winter weather safety.

And, remember, FEMA Region 3 *encourages* plagiarism of this document! Slap a logo on it, make it your own, and send it to your stakeholders far and wide!

The resources here are meant to provide you with a quick guide that makes it easy for you to lead by example. Included are:

Tagline quotes that you can add to your email signature block to direct readers to preparedness sources.

Tips and key messages. These tips can be posted on bulletin boards, reinforced at meetings, and worked into talking points at public events.

Graphics, logos, banners and posters.

Our goal is to provide tools that everyone can use and share to spread the message. We are always open to any feedback or suggestions. These DIY tools will always be synchronized with ongoing seasonal preparedness themes throughout the year.

Winter Weather

Key Messages for Planning Your Travel Carefully

Winter weather can occur anywhere and can include freezing rain, ice, snow, high winds, or a combination of all these conditions.

Winter storms can range from moderate snow over a few hours to a blizzard with blinding, wind-driven snow that lasts for several days. Many winter storms are accompanied by dangerously low temperatures and sometimes by strong winds, icing, sleet, and freezing rain.

Winter storms can be deadly. Many deaths can be indirectly linked to them. During a winter storm, minimize your travel by car. Even if winter weather conditions aren't obviously present, conditions like black ice can cause vehicles to lose control.

If you plan on traveling by vehicle during the winter, make sure to winterize your vehicle.

It's important to be prepared for winter weather, from stocking your kit with extra food and water to having a family plan. If you'll be traveling during the winter or for the holidays, it's important to plan your travel with winter weather considerations in mind.

Talking Points for Planning Your Travel Carefully

- Make a [Family Communications Plan](#). Your family may not be together when disaster strikes, so it is important to know how you will contact one another, how you will get back together, and what you will do in case of an emergency.
- Before the storm hits, download free smartphone apps, such as those available from [FEMA](#) and the [American Red Cross](#), which provide information about finding shelters, providing first aid and seeking assistance for recovery.

During a winter storm, minimize your travel by car. Even if winter weather conditions aren't obviously present, conditions like black ice can cause vehicles to lose control.

- Keep a winter weather supply kit in your vehicle, including:
 - Shovel
 - Flashlight
 - Extra batteries
 - Food
 - Extra clothing and blankets to keep warm, such as coats, hats, socks, mittens, etc.
 - First aid kit
 - Tow chain or rope
 - Road salt and sand
 - Fluorescent distress flag
 - Windshield scraper and small broom
 - Battery powered radio
 - Water
 - Matches
 - Medications
 - Jumper cables
 - Emergency flares

Check (or have a mechanic check) the following items in your car:

- Ensure that antifreeze levels are sufficient to avoid freezing.
- Ensure your battery and ignition are in top condition and battery terminals are clean.
- Check for wear and fluid levels of breaks.
- Check for leaks and crimped pipes in your exhaust system, and repair/replace as necessary. Carbon monoxide is deadly and usually there is no warning of its presence.
- Fuel and air filters—replace and keep water out of the system by using additives and maintaining a full tank of gas. A full tank will keep the fuel line from freezing.
- Ensure your heater and defroster are working properly.
- Check your lights and hazard lights to ensure they're working properly.
- Check your oil level and weight. Heavier oils can congeal more at low temperatures and do not lubricate as well.
- Repair any problems with your windshield wipers and maintain proper washer fluid levels.
- Install good winter tires with adequate tread. Remember that some jurisdictions may require vehicles be equipped with chains or snow tires with studs.

