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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Pani Mary Ann Chubenko, Father Jim Orr, Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron

& Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pyrch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszcuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam & Gordon Grant,

Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Patrick Felice [Melanie's husband], Tim Sams, Mike Ruzzi, Cindy M., Stephen Popichak—Fr. Bob's brother, Mary Kay Ludovicy, Pastor Sara Irwin, George Dilendorf, Andy Torick, Carol Behun, Erv Frye, William Lusherand, Bill Boretsky, Colin Kirton—Stage 4 pancreatic cancer, Clifford, Joe Veto, Paul Riley, Tonee & Sydnee Turner, Annette Paluh, Cathy Lotinsky, Monk Andrew, Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, FEBRUARY 23 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
SUNDAY OF THE LAST JUDGEMENT; MEATFARE SUNDAY; HIEROMARTYR
CHARALAMPUS-BISHOP OF MAGNESIA IN THESSALY WITH MARTYRS
PORPHRIUS & BAPTUS; MARTYRS ENNATHA, VALENTINA, & PAULA OF**

**PALESTINE; VENERABLE PROCHORUS OF PERCHEVSKY LAVRA; SAINT ANNA-
WIFE OF PRINCE YAROSLAV**

Tone 3

1 Corinthians 8:8-9:2

Matthew 25:31-46

**SUNDAY, MARCH 01 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
FORGIVENESS SUNDAY; CHEESEFARE SUNDAY; EXPULSION OF ADAM AND EVE
FROM PARADISE; GREAT-MARTYR THEODORE OF TYRE; SAINT MARIAMNE-
SISTER OF APOSTLE PHILIP; UNCOVERING OF THE RELICS OF MARTYR MENAS
THE MELODIUS OF ALEXANDRIA; SAINT THEODORE THE SILENT OF
PERCHEVSKY LAVRA**

Tone 4

Romans 13:11-14:4

Matthew 6:14-21

MONDAY, MARCH 02 CLEAN MONDAY—GREAT LENT BEGINS

**SUNDAY, MARCH 08 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
SUNDAY OF ORTHODOXY; FIRST & SECOND FINDINGS OF THE HEAD OF JOHN
THE BAPTIST; SAINT ERASMUS OF PERCHEVSKY LAVRA**

Tone 5

Hebrews 11:24-26,32-12:2; 2 Corinthians 4:6-15

John 1:43-51; Matthew 11:2-15

TRIUMPH OF ORTHODOXY

HOLY TRINITY GREEK ORTHODOX CHURCH, McCandless Twp.

4:30 PM

BULLETIN INSERT FOR 23 FEBRUARY 2020

**SUNDAY OF THE LAST JUDGEMENT; MEATFARE SUNDAY; HIEROMARTYR
CHARALAMPUS-BISHOP OF MAGNESIA IN THESSALY WITH MARTYRS
PORPHRIUS & BAPTUS; MARTYRS ENNATHA, VALENTINA, & PAULA OF
PALESTINE; VENERABLE PROCHORUS OF PERCHEVSKY LAVRA; SAINT ANNA-
WIFE OF PRINCE YAROSLAV**

TROPARION—TONE 3

Let the Heavens rejoice! Let the earth be glad!
For the Lord has shown strength with His arm!
He has trampled down death by death!
He has delivered us from the depths of hell,
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit.

KONTAKION—MEATFARE SUNDAY—TONE 1

When Thou, O God, shalt come to earth with glory
All things shall tremble and the river of fire shall flow before Thy Judgment
Seat;
The Books shall be opened and the hidden things disclosed;
Then deliver me from the unquenchable fire
And make me worthy to stand at Thy right hand
O Righteous Judge.

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 3

On this day Thou didst rise from the tomb, O Merciful One!
Leading us from the gates of death.
On this day Adam exults as Eve rejoices;
With the prophets and patriarchs
They unceasingly praise the divine majesty of Thy power!

PROKEIMENON—TONE 3

READER: Sing praises to our God, sing praises! Sing praises to our King,
sing praises!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our
King, sing praises!**

READER: Clap your hands, all peoples! Shout to God with loud songs of
joy!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our
King, sing praises!**

READER: Sing praises to our God, sing praises!

PEOPLE: Sing praises to our King, sing praises!

ALLELUIA VERSES—TONE 3

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

The Sunday of the Publican and Pharisee Luke 18:10-14

*Two men went up into the temple to pray; the one a Pharisee, and the other a publican.
The Pharisee stood and prayed thus with himself, God, I thank thee, that I am not as
other men are, extortioners, unjust, adulterers, or even as this publican. I fast twice in*

the week, I give tithes of all that I possess. And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, God be merciful to me a sinner. I tell you, this man went down to his house justified rather than the other: for every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted. (KJV)

Many years ago, I made a small donation to a monastery. One of the monks from the monastery wrote back and said the best thing he could give me was "The Jesus Prayer."

The Jesus Prayer, "**Lord Jesus Christ, Son of God, have mercy on me a sinner**" is commonly connected with the present Gospel. The publican in today's Gospel very humbly said "God be merciful to me a sinner."

The publican took responsibility for his sins. Standing before God in the temple, the publican acknowledged his sins. He desired God's mercy. The publican did not stand in the temple before God and boast of the good he had done.

The publican desired mercy for his sins. Sins are thoughts and actions occurring each day that detract from and violate our relationship with God. The Jesus Prayer is a positive act to restore our healthy relationship with God.

God knows the good and the bad we do. As Christians we have the responsibility to continue to do the good. We have the obligation to repel and continually battle against the bad we do.

Sins often takes the form of ill thoughts against others. Sins are harmful thoughts that arise in the mind which we do not immediately reject. Sins are hurtful words said in anger or with bad intent against others.

The Ten Commandments serve as a daily measure for our personal relationship with God and others. The Lord Jesus Christ gave two summary commandments to govern our relationships.

Jesus said: "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. (Mt.22:37-38)

When we fail to live fully in accord with God's commandments, we are involved in sin. Sin greatly affects our relationship with God and with the people in our daily lives.

With the arrival of the present Sunday in the Church's liturgical calendar, we are moving with certainty toward Great Lent. Our focus increasingly with each passing day is to seriously address our sins and seek to rectify them.

Reciting the Jesus Prayer keeps our sinfulness immediately before us. Repeating the prayer: "Lord Jesus Christ Son of God have mercy on me a sinner" keeps us conscious of our sins.

No benefits are derived from denying our sinfulness. God's knows our sins. The more we deny our sins, the more we impair ourselves and reduce the joy of living in Christ.

Sins affect our daily relationships. Sins reduce our daily productivity. Sins separate us from God and from others in daily life. The Jesus Prayer helps us to draw strength from God in confronting our sins.

The Jesus Prayer enable us to deal with the stress of daily life. Today's world involves great stress even at times in the simplest aspects of daily life. The Lord is immediately available to help through The Jesus Prayer.

The Jesus Prayer is easy to remember. The Jesus Prayer is highly effective for use throughout the day. Repeating the Jesus Prayer keeps the believer connected with the Lord Jesus Christ.

Danger exists when we separate ourselves from Jesus Christ. Peril increases when our thoughts and actions are far from the ways of the Lord Jesus Christ. The life in Christ is intended to be enriching and joyful.

The Lord Jesus Christ said: "I am come that they might have life, and that they might have it more abundantly." (Jn.10:10) The Sunday of the Publican and the Pharisee is a lesson leading to the life in Christ more abundantly.

Opportunities to make beneficial use of Great Lent will arrive soon. This is a time of preparation. Think seriously and honestly of personal sins, Seek the Lord's help in addressing those sins.

Honesty is always the best personal policy. The Jesus Prayer greatly assists believers in being honest about personal sinfulness. Pride in personal goodness and failure to address actual sins can be devastating.

The Pharisee in the current Gospel focused on what he considered his goodness. The publican knew he was a sinner. The publican acknowledged his sins and asked God's mercy in addressing those sins.

Today and every day we make decisions regarding our sins. Conscientiously using The Jesus Prayer each day will change and improve our lives. The Church has ample accounts of the benefits of using The Jesus Prayer.

Thank God for the wisdom of the Church in prescribing this Gospel reading each year. Opportunities to learn anew continue to occur with each reading of this Gospel.

The Sunday of the Publican and the Pharisee. Transfer of the Relics of St. John Chrysostom, Archbishop of Constantinople. January 27/February 9, 2020. *Father Rodney Torbic*

This is yesterday's [02-10-2020] gospel reading

-a very important message!

The Lord said to his disciples: "This I command you, to love one another. If the world hates you, know that it has hated me before it hated you. If you were of the world, the world would love its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. Remember the word that I said to you, 'A servant is not greater than his master.' If they persecuted me, they will persecute you; if they kept my word, they will keep yours also. But all this they will do to you on my account, because they do not know him who sent me. If I had not come and spoken to them, they would not have sin; but now they have no excuse for their sin. He who hates me hates my Father also. If I had not done among them the works which no one else did, they would not have sin; but now they have seen and hated both me and my Father. It is to fulfill the word that is written in their law, 'They hated me without a cause.'

But when the Counselor comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, he will bear witness to me; and you also are witnesses, because you have been with me from the beginning. I have said all this to you to keep you from falling away. They will put you out of the synagogues; indeed, the hour is coming when whoever kills you will think he is offering service to God." (*John 15:17-27; 16:1-2*)