



**Holy Ghost Orthodox Church**  
**714 Westmoreland Avenue**  
**PO Box 3**  
**Slickville, PA 15684-0003**

[www.holyghostorthodoxchurch.org](http://www.holyghostorthodoxchurch.org)

Very Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

**ON THE MEND:** *Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John*

*Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slausenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Patrick Felice [Melanie's husband] Tim Sams, and*

*Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.*

**And as the candle melts and illuminates at the same time, so we in the temple and especially outside it, must "melt", sacrificing in favor of our neighbor and enlightening him by our example through the love of Christ. - Fr. Georgiou Kougioumtzoglou**

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### **SCHEDULE OF SERVICES**

**SUNDAY, OCTOBER 20 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM  
18<sup>TH</sup> SUNDAY AFTER PENTECOST; MARTYR SERGIUS & BACCHUS IN SYRIA;  
MARTYRS JULIAN-PRESBYTER & CAESARIUS-DEACON AT TERRACINA; VIRGIN-  
MARTYR PELAGIA OF TARSUS; MARTYR POLYCHRONIUS OF GAMPHANITUS;  
SAINT SERGIUS THE OBEDIENT OF PERCHEVSKY LAVRA**

*Tone 1*

2 Corinthians 9:6-11

Luke 7:11-16

***Litany in Blessed Memory of Stancy Popichak—Fr. Bob***

**SUNDAY, OCTOBER 27 READER SERVICE DOWNSTAIRS IN THE CHURCH HALL 10:30 AM**

**19TH SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE 7<sup>TH</sup> ECUMENICAL COUNCIL; MARTYRS NAZARIUS, & GERVASE, PROTASE, AND CELSUS OF MILAN; HIEROMARTYR SILVANUS OF GAZA; VENERABLE PARASCEVA OF EPIBATIMATHRACE, WHOSE RELICS ARE IN IASI, ROMANIA; SAINT MYKOLA SVIATOSHA-PRINCESS OF CHERNIHIV & WONDERWORKER OF PERCHEVSKY LAVRA**

*Tone 2*

2 Corinthians 11:31-12:9; Hebrews 13:7-16

Luke 8:5-15; John 17:1-13

**SUNDAY, NOVEMBER 03 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM  
20<sup>TH</sup> SUNDAY AFTER PENTECOST; SAINT HILARION THE GREAT OF PALESTINE;  
MARTYRS DASIUS, GAIUS, & ZOTICUS AT NICOMEDIA; VENERABLE HILARION  
OF PERCHEVSKY LAVRA-FIRST UKRAINIAN METROPOLITAN OF KIEV**

*Tone 3*

Galatians 1:11-19; 2 Corinthians 4:6-15

Luke 16:19-31; Luke 6:17-23

*Litany in Blessed Memory of John Lopushanski, Sam Kerr, Helen Likar, Harry Bunio, Mary Pekich, Constantine Hanczar, Anna Lotinsky, & Julia Golofski—Fr. Bob*

## **BULLETIN INSERT FOR 20 OCTOBER 2019**

**18<sup>TH</sup> SUNDAY AFTER PENTECOST; MARTYR SERGIUS & BACCHUS IN SYRIA; MARTYRS JULIAN-PRESBYTER & CAESARIUS-DEACON AT TERRACINA; VIRGIN-MARTYR PELAGIA OF TARSUS; MARTYR POLYCHRONIUS OF GAMPHANITUS; SAINT SERGIUS THE OBEDIENT OF PERCHEVSKY LAVRA**

### **TROPARION—TONE 1**

When the stone had been sealed by the Jews;  
While the soldiers were guarding Thy most pure Body;  
Thou didst rise on the third day, O Savior,  
Granting life to the world.  
The powers of heaven therefore cried to Thee, O Giver of life:  
Glory to Thy Resurrection, O Christ!  
Glory to Thy Kingdom!  
Glory to Thy Dispensation, O Thou who lovest mankind.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.

### **KONTAKION—TONE 1**

As God, Thou didst rise from the tomb in glory, raising the world with Thyself.

Human nature praises Thee as God, for death has vanished!

Adam exults, O Master!

Eve rejoices, for she is freed from bondage and cries to Thee:

Thou are the Giver of Resurrection to all, O Christ!

### **PROKEIMENON—TONE 1**

**READER:** Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

**PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.**

**READER:** Rejoice in the Lord, O you righteous! Praise befits the just!

**PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.**

**READER:** Let Thy mercy, O Lord, be upon us.

**PEOPLE: As we have set our hope on Thee.**

### **ALLELUIA VERSES**

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever!

#### **Fr Dave Urban**

Glory be to Jesus Christ!

In Sunday's Sermon Series on the main Mysteries of the Church, the Mystery of Holy Unction was covered. The service is for healing and a part of our preparation for our salvation.

We can look at scripture for it's roots: "...let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven." (James 5:14-15)

The Unction Service is document as far back as the early 300's. When the opportunity presents itself, the service is done with 7 priests (and/or bishops). We have the service every year on Holy Wednesday prior to Pascha, but it can be done at any time of the year.

*The truth is all the divine mysteries of the Church do only one thing! From Baptism, to Chrismation, to the Eucharist, to Confession, to Unction, to Marriage, to Ordination, and to all the other ways God communicates His grace to us; these divine mysteries accomplish one necessary task: They bring us into intimate communion with God Who IS our Healing, our Life, and our Salvation! The mysteries of the Church bring us closer to God and it is this closeness, this intimate connection with God that heals, and saves, and gives life to us as we participate in the life of the Church. We receive Him Who is our healing in the mystery of Holy Oil. This isn't some "magic" formula or rite performed by a tribal medicine man to make your headache go away. Receiving the Holy Anointing of Unction is nothing less than being brought closer to Christ [as we prepare for our salvation]. (Fr Barnabas Powell)*

### **Repent**

***Matthew 3:1-2-In those days came John the Baptist, preaching in the wilderness of Judaea, And saying, Repent ye: for the kingdom of heaven is at hand.***

Heeding the words of St. John the Baptist has direct relevance for Christians today. Repentance is a constant necessity and expectation for Christians throughout life. Believers have their relationship set aright with the Lord by repenting of their sins. The merciful God looks at the hearts of individuals desiring to repent of sinfulness. God's love and mercy form the basis for hope when a person chooses to repent.

**Matthew 3:8-Bring forth therefore fruits meet for repentance:**

Repentance is reflected in the changes in the believer's heart, mind and actions. Vigilance arises within the believer to cease sinning and begin anew in Christ. Strength of mind is mustered with the help of God to repel inclinations to sin. Boldness becomes necessary to confront sinful ways and firmly repudiate them. Joy is an ultimate experience of repentance because of reunification with the Lord.

**Matthew 3:11-I indeed baptize you with water unto repentance. but he that cometh after me is mightier than I, whose shoes I am not worthy to bear: he shall baptize you with the Holy Ghost, and with fire:**

St. John the Baptist was aware of his place as a forerunner to the Lord Jesus Christ. St. John the Baptist and the Lord Jesus Christ spoke of the need for repentance. Repentance is necessary because believers stray into sinfulness all too frequently. Changes in the heart and mind occur when

the believer is seeking to repent of sin. Desire to be reunited with Christ and weariness of sinful ways foster repentance.

**Matthew 4:17-From that time Jesus began to preach, and to say, Repent: for the kingdom of heaven is at hand.**

God's Holy Church teaches repentance and encourages repentance throughout life. The Divine services regularly educate believers about the very prevalence of sin. The Church commemorates the countless saints who repented from their sins. Vivid details are available about the lives of the saints changing dramatically. Verified lives of the saints offer proof and hope for sinners seeking to change.

**Matthew 9:13-But go ye and learn what that meaneth, I will have mercy, and not sacrifice: for I am not come to call the righteous, but sinners to repentance.**

Sinners find true hope in the welcoming and loving words of the Lord Jesus Christ. Christ's words are reassuring when sinners are seeking reunification with Christ. Knowing that Christ is willing to forgive and receive the sinner makes a difference. Fear needs to be overcome in taking the step to repent and return to Jesus Christ. Christ's love enables that fear to be overcome and for the repentance to take place.

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*Protomartyr and Equal to the Apostles Thecla. Venerable Simon (First-Crowned.). Prince Vladislav. September 24/October 7, 2019. Hidden Valley, Pennsylvania. Father Rodney Torbic*

This spiritual weakness of ours, which we quite often do not notice or admit, is particularly contrary to God as it is the primary offspring of self-assertive human pride or, according to the apt expression of the Holy Fathers, "self-centeredness." It is the root, origin, and initial cause of all our passions and vices. It locks that one door in us through which the grace of God enters. *Archbishop Averky (Taushev) The Struggle for Virtue: Asceticism in a Modern Secular Society p.116*

