



**Holy Ghost Orthodox Church**  
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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaele Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John

*Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slangenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, Patrick Felice [Melanie's husband], and Susan Pulcini—Father Ted Pulcini's mom.*

ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

**This morning at work my boss came out of the kitchen at 6:00, when we open, asking if we'd unlocked the doors. He said, "The doors? The doors?" To which I caught myself replying "in wisdom let us be attentive!"—to myself, of course!!!**

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### **SCHEDULE OF SERVICES**

**SUNDAY, SEPTEMBER 08 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM  
12<sup>TH</sup> SUNDAY AFTER PENTECOST; MARTYRS ADRIAN, NATALIA, & 33  
COMPANIONS OF NICOMEDIA**

*Tone 3*

1 Corinthians 15:1-11

Matthew 19:16-26

**SUNDAY, SEPTEMBER 15 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM  
13<sup>TH</sup> SUNDAY AFTER PENTECOST; MARTYR MAMAS & PARENTS THEODOTUS &  
RUFINA; SAINT JOHN THE FASTER—PATRIARCH OF CONSTANTINOPLE; 3,628  
MARTYRS WHO SUFFERED IN NICOMEDIA**

*Tone 4*  
1 Corinthians 16:13-24  
Matthew 21:33-42

**SUNDAY, SEPTEMBER 22 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM**  
**14<sup>TH</sup> SUNDAY AFTER PENTECOST; SUNDAY BEFORE THE EXALTATION;**  
**AFTERFEAST OF THE NATIVITY OF THE THEOTOKOS; HOLY & RIGHTEOUS**  
**ANCESTORS OF GOD JOACHIM & ANNA; MARTYR SEVERIAN OF SEBASTE; SAINT**  
**THEOPHANES THE CONFESSOR & FASTER OF MOUNT DIABENOS; MARTYRS**  
**CHARITON & STRATON; HOLY FATHERS OF THE 3<sup>RD</sup> ECUMENICAL COUNCIL;**  
**UNCOVERING OF THE RELICS OF SAINT THEODOSIUS-ARCHBISHOP OF**  
**CHERNIHIV**

*Tone 5*  
2 Corinthians 1:21-2:4; Galatians 6:11-18; Galatians 4:22-31  
Matthew 22:1-14; John 3:13-17; Luke 8:16-21

**FRIDAY, SEPTEMBER 27**  
**EXALTATION OF THE PRECIOUS AND LIFE-GIVING CROSS**

## **BULLETIN INSERT FOR 08 SEPTEMBER 2019**

### **12<sup>TH</sup> SUNDAY AFTER PENTECOST; MARTYRS ADRIAN, NATALIA, & 33 COMPANIONS OF NICOMEDIA**

#### **TROPARION—TONE 3**

Let the Heavens rejoice! Let the earth be glad!  
For the Lord has shown strength with His arm!  
He has trampled down death by death!  
He has delivered us from the depths of hell,  
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever,  
and unto ages of ages. Amen.

#### **KONTAKION—TONE 3**

On this day Thou didst rise from the tomb, O Merciful One!  
Leading us from the gates of death.  
On this day Adam exults as Eve rejoices;  
With the prophets and patriarchs  
They unceasingly praise the divine majesty of Thy power!

#### **PROKEIMENON—TONE 3**

**READER:** Sing praises to our God, sing praises! Sing praises to our King, sing praises!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our King, sing praises!**

**READER:** Clap your hands, all peoples! Shout to God with loud songs of joy!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our King, sing praises!**

**READER:** Sing praises to our God, sing praises!

**PEOPLE: Sing praises to our King, sing praises!**

### **ALLELUIA VERSES—TONE 3**

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

#### **Fruit of the Spirit-Longsuffering**

**Ephesians 4:2-With all lowliness and meekness, with longsuffering, forbearing one another in love; (KJV)**

The Holy Spirit enables believers to endure with great patience and understanding. Longsuffering is firmly rooted in the fundamental hope and trust in the Lord God. The Lord God empowers believers through the Holy Spirit to endure hardships. Confidence in the Lord God gives believers foresight to see value in desired ends. Joy accompanies suffering when action taken is empowered by the Holy Spirit.

**Colossians 1:11-Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness; (KJV)**

The Holy Spirit directs believers daily in the most difficult situations of hardship. Love of God enables excruciating pain and suffering to be endured with grace. Martyrs exhibit grace out of commitment to the Lord God in the face of suffering. Believers having severe injuries or illnesses are strengthened by the Holy Spirit. Internal strength is drawn from love of God deeply rooted in the heart and mind.

**Colossians 3:12-Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; (KJV)**

Longsuffering is manifested with grace and love in difficult personal relationships. God guides the minds, hearts and words of believers in life's

most trying moments. Lovers of God find the right words to say and the right way to talk when tested. God provides the words and guidance necessary in the most trying times of life. Faith in God is always well placed and the Holy Spirit acts in time of great need.

**1 Timothy 1:16-Howbeit for this cause I obtained mercy, that in me first Jesus Christ might shew forth all longsuffering, for a pattern to them which should hereafter believe on him to life everlasting. (KJV)**

The Lord Jesus Christ provides the greatest example of longsuffering each day. Jesus Christ's unending patience with sinners offers lasting lessons to learn from. How long must Jesus Christ wait for each of us to increase in our love for Him? How long must Jesus Christ be patient with us to be more vigilant against sin? The Lord Jesus Christ is due unending gratitude for His patience with sinners.

**2 Timothy 3:10-But thou hast fully known my doctrine, manner of life, purpose, faith, longsuffering, charity, patience, (KJV)**

May our hearts and minds be opened to the Lord God to see the fruit of the Spirit. Most importantly may we open our hearts and minds to the value of repentance. With repentance and gratitude toward God, the fruit of the Spirit becomes evident. God continues to work in mysterious ways and opens hearts and minds to discover. Let us in faith endure all with joy in traveling the narrow path to God's Kingdom.

*The Image Not-Made-by-Hands of Our Lord; St. Eustatius; St. Roman; St. Raphaelo of Banat. August 16/29, 2019. Hidden Valley, Pennsylvania. Father Rodney Torbic*

### **A Tale of Two Spiders—Some Orthodox Musings**

I have been thinking lately on the passage in Matthew 25 where Jesus refers to the sheep and the goats and he says that passage that we hear every Meatfare Sunday where Jesus says, "Truly I tell you, whatever you did not do for one of the least of these, you did not do for me."

We know the passage, we know its meaning. Something I have been thinking about this week is whether that meaning extends beyond just our human companions on this globe but also to the other creatures. If Adam, the first man, was called to be a steward of Creation, is it so far of a stretch to imagine that we may be held accountable for how we have treated the other animals and aspects of God's Creation?

This week, my wife how she was over at her parents' house and her mother picked up a bucket and a large spider was underneath it. My mother-in-law just stepped on the spider and my wife was upset because there was no reason to kill the spider outside.

Yesterday, my wife was driving on an errand in our van and she noticed a garden spider had spun a web between the driver-side mirror and the frame of the car, dangling on a web that was breaking free. My wife returned home and with a stick, removed the spider and placed it in our garden.

Might seem rather silly, to pay so much attention to the plight of spiders, but I feel like our Orthodox view of the world should be to "do no harm" if possible, and while I would have no qualms about killing a thousand mosquitoes that wish to feed on me, I can appreciate a discomfort to squash animal life, even of such a comparatively low order as Araneae. It makes me wonder if we'll be held accountable for not only our actions but what we have done to this world itself at the last judgment.

**Anybody else's toddler get naked at coffee hour today? Just mine? Oh well.**

### **The MERCY of God**

"A priest is walking down a lonely road on a hot day when suddenly out of the bushes jumps a wild looking man with a gun.

The man says to the priest, "I have killed 99 men, and you will be the 100th."

The priest says to the him, I am ready to die; but please before you shoot me, give me a little water to drink. I am so thirsty. The murderer is confused for a moment, and then directs the priest at gun point to his hovel in the bushes where he gives the priest a cup of water to drink. As the priest is drinking the water, the murderer dies of a heart attack.

The angels from heaven come to escort the soul of this murderer to heaven, but the demons contest with them. "This man murdered 99 men and committed many other smaller sins. His soul belongs to us." But the angels answer the demons, "But he also did two great deeds for the Gospel of Christ which outweigh all his sins. First he confessed his 99 murders to a priest and second he gave water to the thirsty. No sin, no matter how many times repeated, is greater than the mercy of God." – *St. Nikolai Velimirovich*

**Care for the natural environment is not an added activity, but an essential expression of church life. It does not have a secular, but**

**rather a purely ecclesiastical character. It is a “liturgical ministry.”**

*–His All Holiness Patriarch Bartholomew of Constantinople*

