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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John

Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slausenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn—Jeannie Stutchell's brother, Marianne Mulroy, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, Pat Jennings, and Susan Pulcini—Father Ted Pulcini's mom.

ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

During the time of adversity, do not seek human help, do not waste precious time, do not exhaust the strength of your soul to seek this helpless help. Expect the help of God, according to His will in time people will come and help you. *Saint Ignatius Bryanchaninov*

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, AUGUST 11 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
8TH SUNDAY AFTER PENTECOST; MARTYR CALLINICUS OF GANGRA IN ASIA
MINOR; VIRGIN-MARTYR SERAPHIMA OF ANTIOCH; MARTYR THEODOTA & 3
SONS IN BITHYNIA; MARTYR MICHAEL**

Tone 7

1 Corinthians 10-18

Matthew 14:14-22

WEDNESDAY, AUGUST 14 DORMITION FAST BEGINS

SUNDAY, AUGUST 18 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM

9TH SUNDAY AFTER PENTECOST; FOREFEAST OF THE TRANSFIGURATION OF OUR LORD; MARTYR EUSIGNIUS OF ANTIOCH; HIEROMARTYRS FABIAN & ANTHERUS-POPES OF ROME; MARTYRS CANTIDIUS, CANTIDIAN & SIBELIUS OF EGYPT

Tone 8

1 Corinthians 3:9-17

Matthew 14:22-34

MONDAY, AUGUST 19 TRANSFIGURATION OF OUR LORD AND SAVIOR JESUS CHRIST

**SUNDAY, AUGUST 25 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
10TH SUNDAY AFTER PENTECOST; AFTERFEAST OF THE TRANSFIGURATION;
MARTYRS ANICETUS & PHOTIUS OF NICOMEDIA; HIEROMARTYR ALEXANDER-
BISHOP OF COMANA; MARTYRS PAMPHILUS & CAPITO**

Tone 1

1 Corinthians 4:9-16

Matthew 17:14-23

WEDNESDAY, AUGUST 28 DORMITION OF THE MOST HOLY THEOTOKOS

BULLETIN INSERT FOR 11 AUGUST 2019

**8TH SUNDAY AFTER PENTECOST; MARTYR CALLINICUS OF GANGRA
IN ASIA MINOR; VIRGIN-MARTYR SERAPHIMA OF ANTIOCH;
MARTYR THEODOTA & 3 SONS IN BITHYNIA; MARTYR MICHAEL**

TROPARION—TONE 7

By Thy Cross, Thou didst destroy death!
To the thief, Thou didst open Paradise!
For the Myrrhbearers, Thou didst change weeping into joy.
And Thou didst command Thy disciples, O Christ God,
To proclaim that Thou art risen, granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 7

The dominion of death can no longer hold men captive,
For Christ descended, shattering and destroying its powers!
Hell is bound, while the prophets rejoice and cry:
The Savior has come to those in faith!
Enter, you faithful, into the Resurrection!

PROKEIMENON—TONE 7

READER: The Lord shall give strength to His people! The Lord shall bless His people with peace!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: Offer to the Lord, O you sons of God! Offer young rams to the Lord!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: The Lord shall give strength to His people!

PEOPLE: The Lord shall bless His people with peace!

ALLELUIA VERSES—TONE 7

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!

Ecumenical Patriarch:

Show spiritual resistance to violence and hatred

Ecumenical Patriarch Bartholomew expresses his disgust and outrage at the murderous attack in El Paso, Texas, USA, in which twenty of our fellow citizens were killed and twenty-six others were injured, as well as the bloodshed in Dayton, Ohio, in which several of our fellow citizens were reportedly killed and injured.

His All-Holiness strongly condemns every act of hatred—racial, religious or social, and also any form of violence and fundamentalism, wherever they come from. Hate and violence, he points out, cause a great deal of pain and fear, and are sometimes the cause of further acts of violence in the form of revenge. In the face of this soaring, dangerous and bloody phenomenon, he notes, every good-natured person must display strong spiritual resistance. He calls on everyone to work, through dialogue and in a spirit of mutual respect, to preserve the good of peaceful coexistence and cooperation, against practices that reinforce fear and the division of society.

The Holy Great Church of Christ, in fidelity to the teaching of our Lord, is making tireless efforts in this direction. She prays for the repose of the souls of the victims, expressing her heartfelt condolences to their families, and prays for courage and speedy recovery to the injured. At the same time, our Church expresses sympathy and support to the local community

of El Paso as well as that of Dayton, and to the government and the people of the United States.

The Ecumenical Patriarch has asked His Eminence Archbishop Elpidophoros of America to convey the above message of the Ecumenical Patriarchate to local and national authorities and to the people of the United States as a whole.

ON THE WILL OF GOD by *Staretz Silouan of Mt. Athos*

It is a great good to give oneself up to the will of God. Then the Lord alone is in the soul. No other thought can enter in, and the soul feels God's love, even though the body be suffering.

When the soul is entirely given over to the will of God, the Lord Himself takes her in hand and the soul learns directly from God. Whereas, before, she turned to teachers and to the Scriptures for instruction. But it rarely happens that the soul's teacher is the Lord Himself through the grace of the Holy Spirit, and few there are that know of this, save only those who live according to God's will.

The proud man does not want to live according to God's will: he likes to be his own master and does not see that man has not wisdom enough to guide himself without God. And I, when I lived in the world, knew not the Lord and His Holy Spirit, nor how the Lord loves us—I relied on my own understanding; but when by the Holy Spirit I came to know our Lord Jesus Christ, Son of God, my soul submitted to God, and now I accept every affliction that befalls me, and say: "The Lord looks down on me. What is there to fear?" But before, I could not live in this manner.

Life is much easier for the man who is given over to the will of God, since in illness, in poverty, in persecution he reflects thus: "Such is God's pleasure, and I must endure on account of my sins."

Thus, for many years have I suffered violent headaches, which are hard to bear but salutary because the soul is humbled through sickness. My soul longs to pray and keep vigil, but sickness hinders me because of my body's demand for rest and quiet; and I besought the Lord to heal me, and the Lord hearkened not unto me. So, therefore, it would not have been salutary for me to have been cured.*

Here is another case which happened to me, wherein the Lord made haste to hearken unto me and save me. We were given fish one feast—day in the refectory, and, while I was eating, a fish—bone found its way deep down my throat and stuck in my chest. I called to the holy martyr St. Panteleimon, begging him to help me, as the doctor could not extract the

bone. And when I spoke the word 'heal,' my soul received this answer: 'Leave the refectory, take a deep breath, fill out your cheeks with air, and then cough; and you will bring the bone up together with some blood.' This I did. I went out, exhaled, coughed, and a big bone came up with some blood. And I understood that if the Lord does not cure me of my headaches it is because they are good for my soul.

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The most precious thing in the world is to know God and understand His will, even if only in part.

The soul that has come to know God should in all things submit to His will, and live before Him in awe and love: in love, because the Lord is love; in awe, because we must go in fear of grieving God by some evil thought.

O Lord, by the power of the grace of the Holy Spirit, vouchsafe that we may live according to Thy holy will.

When grace is with us we are strong in spirit; but when we lose grace we see our infirmity—we see that without God we cannot even think a good thing.

O God of Mercy, Thou knowest our infirmity. I beseech Thee, grant me a humble spirit, for in Thy mercy Thou dost enable the humble soul to live according to Thy will. Thou dost reveal Thy mysteries to her. Thou givest her to know Thee and the infirmity of Thy love for us.

How are you to know if you are living according to the will of God?

Here is a sign: if you are distressed over anything it means that you have not fully surrendered to God's will, although it may seem to you that you live according to His will.

He who lives according to God's will has no cares. If he has need of something, he offers himself and the thing he wants to God, and if he does not receive it, he remains as tranquil as if he had got what he wanted.

The soul that is given over to the will of God fears nothing, neither thunder nor thieves nor any other thing. Whatever may come, 'Such is God's pleasure,' she says. If she falls sick she thinks, 'This means that I need sickness, or God would not have sent it.'

And in this wise is peace preserved in soul and body."**

The man who takes thought for his own welfare is unable to give himself up to God's will, that his soul may have peace in God. But the humble soul is devoted to God's will, and lives before Him in awe and love; in awe, lest she grieve God in any way; in love, because the soul has come to know how the Lord loves us.

The best thing of all is to surrender to God's will and bear affliction having confidence in God. The Lord, seeing our affliction, will never give us too much to bear. If we seem to ourselves to be greatly afflicted, it means that we have not surrendered to the will of God.

The soul that is in all things devoted to the will of God rests quiet in Him, for she knows of experience and from the Holy Scriptures that the Lord loves us much and watches over our souls, quickening all things by His grace in peace and love.

Nothing troubles the man who is given over to the will of God, be it illness, poverty or persecution. He knows that the Lord in His mercy is solicitous for us. The Holy Spirit, whom the soul knows, is witness therefore. But the proud and the self-willed do not want to surrender to God's will because they like their own way, and that is harmful for the soul.

Abba Pimen said: 'Our own will is like a wall of brass between us and God, preventing us from coming near to Him or contemplating His mercy.'

We must always pray the Lord for peace of soul that we may the more easily fulfil the Lord's commandments; for the Lord loves those who strive to do His will, and thus they attain profound peace in God.

He who does the Lord's will is content with all things, though he be poor or sick and suffering, because the grace of God gladdens his heart. But the man who is discontent with his lot and murmurs against his fate, or against those who cause him offence, should realize that his spirit is in a state of pride, which has taken from him his sense of gratitude towards God.

But if it be so with you, do not lose heart but try to trust firmly in the Lord and ask Him for a humble spirit; and, when the lowly spirit of God comes to you, you will then love Him and be at rest in spite of all tribulations.

The soul that has acquired humility is always mindful of God, and thinks to herself: 'God has created me. He suffered for me. He forgives me my sins and comforts me. He feeds me and cares for me. Why then should I take thought for myself, and what is there to fear, even if death threaten me?'

The Lord enlightens every soul that has surrendered to the will of God, for He said: Call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me.

A soul that is troubled about anything should inquire of the Lord and the Lord will give understanding, but this primarily in times of calamity and

bewilderment. As a general rule, we should be advised by our spiritual father, for this is a humbler way.

It is good to learn to live according to the will of God. The soul then dwells unceasingly in God, and is serene and tranquil; and from the fulness of joy man prays that every soul may know the Lord, know His great love for us and how richly He gives us of the Holy Spirit, who rejoices the soul in God.

And all things are then dear to the soul, for all things are of God.

The Lord in His mercy gives man to understand that he must suffer affliction with a grateful heart. My whole life long I never once rebelled against affliction but accepted all things as physic from the hand of God, and I ever offered up thanks to God, wherefore the Lord enabled me to bear all affliction lightly.

No one on this earth can avoid affliction; and although the afflictions which the Lord sends are not great, men imagine them beyond their strength and are crushed by them. This is because they will not humble their souls and commit themselves to the will of God. But the Lord Himself guides with His grace those who are given over to God's will, and they bear all things with fortitude for the sake of God Whom they have so loved and with Whom they are glorified for ever.

It is impossible to escape tribulation in this world but the man who is given over to the will of God bears tribulation easily, seeing it but putting his trust in the Lord, and so his tribulations pass.

When the Mother of God stood at the foot of the Cross, the depth of her grief was inconceivable, for she loved her Son more than any one can realize. And we know that the greater the love the greater the suffering. By the laws of human nature, the Mother of God could not possibly have borne her affliction; but she had submitted herself to the will of God, and the Holy Spirit sustained her and gave her the strength to bear this affliction.

And later, after the Ascension of the Lord, she became a great comfort to all God's people in their distress.

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The Lord gave us the Holy Spirit, and the man in whom the Holy Spirit lives feels that he has paradise within him.

Perhaps you will say, 'Why is it I have not grace like that?' It is because you have not surrendered yourself to the will of God but live in your own way.

Look at the man who likes to have his own way. His soul is never at peace and he is always discontented: this is not right and that is not as it should be. But the man who is entirely given over to the will of God can pray with a pure mind, his soul loves the Lord, and he finds everything pleasant and agreeable.

Thus did the Most Holy Virgin submit herself to God: 'Behold, the handmaid of the Lord; be it unto me according to Thy word.' And were we to say likewise—'Behold the servant of the Lord; be it unto me according to Thy word'—then the Lord's words written in the Gospels by the Holy Spirit would live in our souls, and the whole world would be filled with the love of God, and how beautiful would life be on earth! And although the words of God have been heard the length and breadth of the universe for so many centuries, people do not understand and will not accept them. But the man who lives according to the will of God will be glorified in heaven and on earth.

The man who is given over to the will of God is occupied only with God. The grace of God helps him to continue in prayer. Though he may be working or talking, his soul is absorbed in God because he has given himself over to God's will, wherefore the Lord has him in His care.

There is a legend that a robber met the Holy Family when they were journeying into Egypt, but did them no harm; and when he saw the Child he said that were God to become flesh, He would not be more beautiful than this Child. And he left them to go in peace.

What an astonishing thing that a robber, who like a savage beast spares no one, should neither annoy nor hurt the Holy Family! At the sight of the Child and His lowly Mother the robber's heart softened and was touched by the grace of God.

Thus it was with the wildbeasts who grew gentle when they saw martyrs and holy men, and did them no harm. And even devils fear the meek and humble soul who vanquishes them by obedience, soberness and prayer.

Another thing to marvel at: the robber had pity on the Infant Lord, but the high priests and elders delivered Him to Pilate to be crucified. And this was because they did not pray and seek enlightenment of the Lord as to what they should do, and how.

So it often happens that leaders and their people desire good but are ignorant where it is to be found. They do not know that it is in God, and comes from God.

We must always pray to the Lord to tell us what to do, and the Lord will not let us go astray.

Adam was not wise enough to ask the Lord about the fruit which Eve gave him, and so he lost paradise.

David did not ask the Lord whether it would be a good thing if he took Bathsheba to wife, and so he fell into the sins of murder and adultery.

So with all the saints who sinned: they sinned because they had not called upon God to enlighten and help them. St Seraphim of Sarov said, 'When I spoke of myself I was often in error.'

But there are also sinless mistakes of imperfection: we can observe such even in the Mother of God. St Luke tells us that when she and Joseph were returning from Jerusalem she did not know where her Son was, supposing Him to be journeying with their kinsfolk and acquaintances, and it was only after they had searched three days that they found Him in the Temple at Jerusalem, conversing with the elders.

Thus the Lord alone is omniscient, and each one of us, whoever he may be, must pray to God for understanding, and consult his spiritual father, that we may avoid mistakes.

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The Holy Spirit sets us all on different paths: one man lives a life of silent solitude in the desert; another prays for mankind; still another is called to minister to Christ's flock; to a fourth it is given to comfort or preach to the suffering; while yet another serves his neighbour by his goods or by the fruits of his labour—and all these are gifts of the Holy Spirit given in varying degrees: to one man thirtyfold, to another sixty and to some an hundred.

If we loved one another in simplicity of heart the Lord through the Holy Spirit would show us many miracles and reveal great mysteries.

God is love insatiable.

My mind is arrested in God, and I leave writing....

How clear it is to me that the Lord steers us. Without Him we cannot even think a good thing. Therefore, we must humbly surrender ourselves to the will of God, that the Lord may guide us.

<https://throughthegraceofgod.wordpress.com/st-silouan-on-the-will-of-god/>

In Christ Service, Fr. George L. Livanos, Proistamenos

All Saints Greek Orthodox Church, Canonsburg, PA

There is no greater blessing for man than when God calls him to the monastic dwelling. And let the monk never for a second forget that God Himself called him. - *Elder Joseph of Vatopedi*

My child, make your mind say the prayer as much as possible: "Lord Jesus Christ, have mercy on me." This small prayer helps a person with everything. When you say a prayer, be sure that God is near, He hears you and helps. *Elder Charalampy of Dionysius*

Abba Ammon said to Abba Sisoës: "When I read books, I want to notice wise sayings in order to have them remembered in case of need." The elder answered him: "This is not necessary! One must acquire purity of mind and speak out of this purity, entrusted to God."