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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yurij, Anastasia [Metropolitan Yurij's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John

Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slausenhaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Mike C., Jennifer Scheirer [Nick Behun's daughter], Catherine Beecham [Father Bob's cousin], JoAnne & Dave Andrews, Rev. Peg Bowman, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer

Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

Rejoice in everything that surrounds us. Everything teaches us and leads us to God. Everything around us is dripping of God's love. Both the living and the dead, the plants and the animals and the birds and the mountains and the sea and the sunset and the starry sky. They are the little loves, through which we come to great love, Christ. ...

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, JULY 21 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
5TH SUNDAY AFTER PENTECOST; HOLY GREAT-MARTYR PROCOPIUS OF CAESAREA IN PALESTINE

Tone 4

Romans 10:1-10

Matthew 8:28-9:1

SUNDAY, JULY 28 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
6TH SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE FIRST 6 ECUMENICAL COUNCILS; HOLY EQUAL-TO-THE-APOSTLES GREAT PRINCE VOLODYMYR-

**ENLIGHTENER OF KIEV-RUS; MARTYRS CYRICUS & MOTHER JULITTA; MARTYR
ABUDIMUS**

Tone 5

Romans 12:6-14; Galatians 1:11-19; Hebrews 13:7-16
Matthew 9:1-8; John 10:1-9; John 17:1-13

**SUNDAY, AUGUST 04 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
7TH SUNDAY AFTER PENTECOST; HOLY MYRRH-BEARER AND EQUAL-TO-THE-
APOSTLES MARY MAGDALENE; TRANSLATION OF THE RELICS OF HIEROMARTYR
PHOCAS; SAINT CORNELIUS-MONK OF PEREYASLAV**

Tone 6

Romans 15:1-7; 1 Corinthians 9:2-12
Matthew 9:27-35; Luke 8:1-3

*Litany in Blessed Memory of Father Peter Natishan, Samuel Mrvos, David Yenni,
Denise Lawrence, Rudy Obradovich, Michael Horvath, John Sheliga, Anna Harte,
Mildred Kitch, Agnes Rossi, Michael Cherepko, & Mary Viganì—Fr. Bob*

BULLETIN INSERT FOR 21 JULY 2019

**5TH SUNDAY AFTER PENTECOST; HOLY GREAT-MARTYR PROCOPIUS
OF CAESAREA IN PALESTINE**

TROPARION—TONE 4

When the women disciples of the Lord
Learned from the angel the joyous message of Thy Resurrection;
They cast away the ancestral curse and elatedly told the apostles:
Death is overthrown! Christ God is risen,
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 4

My Savior and Redeemer,
As God rose from the tomb
And delivered the earthborn from their chains.
He has shattered the gates of Hell,
And as Master, He has risen on the third day!

PROKEIMENON—TONE 4

READER: O Lord, how manifold are thy works! In wisdom hast Thou made
them all.

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: Bless the Lord, O my soul! O Lord my God, Thou art very great!

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: O Lord, how manifold are thy works!

PEOPLE: In wisdom hast Thou made them all.

ALLELUIA VERSES—TONE 4

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.

A journalist had heard about the Old Rabbi, that prayed at the Western Wall every day for 60 Years, after she had watched him for a while, she asked Him, Rabbi what do you pray for?

The Old Rabbi answered, I pray for peace between all Christians, the Jews, and the Muslims.

I pray for all wars and hatred to stop. I pray for all the children of the world to grow up safely, and to love their fellow man. She asked Him how do you feel after doing this for 60 Years?

The Old Rabbi thought for a minute, then answered, "Like I'm Talking To A Wall!"

Today [June 19/July 2] we commemorate: Saint John Maximovitch—A Contemporary Saint

The Holy Hierarch John Maximovitch was born in the Kharkov region in 1896, and reposed in Seattle in 1966. In 1921, during the Russian Civil War, his family fled to Belgrade, joining the ranks of Russian exiles in Serbia, where he later became a monk and was ordained priest. In 1934 he was made Bishop of Shanghai, where he served until the Communists came to power. Thereafter he ministered in Europe, serving as Bishop first in Paris then in Brussels, until he became Archbishop of San Francisco in 1962. Throughout his life he was revered as a strict ascetic, a devoted man of prayer, and a truly wondrous unmercenary healer of all manner of afflictions and woes. He served the Divine Liturgy daily,

slept little more than an hour a day, and kept a strict fast until the evening. It is doubtful that any one man gave so much protection and comfort as he to the Russian Orthodox people in exile after the Revolution of 1917; he was an unwearied and watchful shepherd of his sheep in China, the Philippines, Europe, and America. Through his missionary labors he also brought into the Church many who had not been "of this fold." Since his repose in 1966, he has been especially glorified by God through signs and miracles, and his body has remained incorrupt.

It is a mystery!

We are not "here", we are up "there"!

And there we are all together.

Together with...the hosts of saints.

Together with the hosts of angels, the seraphims with six wings, who fly so fast in order to teach us to run to Christ, day and night!

Together with the cherubim, those with many eyes, who teach our eyes to discover Christ!

This is the mystery of our Church!

Elder Aimilianos of Simonopetra, Mount Athos, Greece

The Holy Angels Direct the Faithful to the Most Holy Theotokos.

A pious woman from the region of Antirrio (Western Greece) frequently visited the Convent in Varnakova dedicated to the Most Holy Theotokos, to whom she was filled with great gratitude, reverence, and devotion.

One day she explained how she had formed such a profound bond with her.

"My husband," she said, "was in very bad health and the doctors could do nothing for him. So I prayed night and day to God to help him, and one evening I received...`instructions` what to do!"

"I dreamed that I was in a forested area surrounded by mountains. Before me lay a dirt road which a great crowd of people was ascending.

"On one side of the road stood a majestic and radiant woman, imperially dressed, and beside her was an Angel. He also wore a crimson garment and sandals. Shining brightly and with sweet countenance, he directed the throng of faithful, who called out: `The Panagia of Varnakova! Varnakova!`"

"The Holy Angels turned to me for a moment, and, pointing upwards, said: 'Go there!'

I looked in that direction and saw an old monastery towering on a hilltop.

"So then, I went with the crowd of faithful in that direction. When we arrived, we found ourselves in front of the Icon of the Panagia, which everyone was venerating. It was large and silver-plated, with a gold halo. I was especially struck by her face, which was white like a lily and was shining.

"The crimson-clad Angel then reappeared, and seeing me venerating the Icon of the Mother of God, he nodded his head approvingly, as if to say: "Now I am pleased! I brought you to the Most Holy Theotokos, who can help you.'

"I woke up filled with emotion. I told my dream to my husband and the unknown name that I had heard: 'Varnakova, Varnakova.'

I had never heard of that monastery before. "But my husband knew about it and said with emotion: 'How is it that you do not know? The Panagia of Varnakova has been our Protectress from time immemorial! That is where we will go! She will help me!'

"And indeed, that is what came to pass. We turned to the Panagia and, contrary to the prognosis of the doctors, my husband was healed and is now healthy! Yet another miracle of her love, among so many others!"

* * *

What is distinctive about this miracle is that the "referral" to the great Healer of the world and Mother of God was given by an Angel, or rather an Archangel, since his royal garments indicated that he was "near to the Queen and Theotokos."

(Sisterhood of the Convent of the Panagia of Varnakova, New Miracles of the Panagia of Varnakova and Stories of Eternity)

"Perfect love for one's neighbor is contained in love for God—which has no limit of perfection, which is eternal. Growth in God's love is eternal, because love is eternal God [see I John 4:16.]. Love for one's neighbor is the foundation of all other love. Beloved Brother! Seek to reveal in yourself true spiritual love for your neighbor. Having acquired it, you will acquire love for God, and you will enter the gates of resurrection—the gates of the heavenly Kingdom. Amen."

In Christ Service, Fr. George L. Livanos-Proistamenos

99 Martyred Fathers of Crete

These 99 martyrs were from Crete. The most prominent among them was called John, and he was known as a wonderworker. He knelt so much in prayer that he was not able to walk and had to move about on his knees.

One day a woodsman saw him going about in this way. Thinking that it was some wild animal, he shot the saint with an arrow. It is said that the other ninety-eight Fathers also died on that same day.

It is not known when these holy ascetics lived. (OCA)

