



**Holy Ghost Orthodox Church**  
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# SUNDAY OF ALL SAINTS

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with cancer, Nicholas Orlando, Mary Ann

Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis

Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, Joe Samchuck—vocations, Albert Heckman, Brianna Stumpf, Stanley Porembka, David & Terry Coyne Hartnett, Cindy Mycyk, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline and Walter Sakol. We pray that God will grant them all a speedy recovery.

**Never judge priests, because when a priest is destroyed in the consciousness of the world, many Christians are ruined together with him. - Elder Bessarion the Agathonite (†1991)**

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### SCHEDULE OF SERVICES

**SUNDAY, JUNE 23      OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL      10:30 AM**  
**1<sup>ST</sup> SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS; HIEROMARTYR TIMOTHY-BISHOP OF PRUSA; MARTYR ALEXANDER & VIRGIN-MARTYR ANTONIA AT CONSTANTINOPLE; VENERABLE THEOPHANES-MONK & SAINT PANSEMNE-FORMER HARLOT OF ANTIOCH; SAINT BASSIAN-BISHOP OF LODI IN LOMBARDY**

*Tone 8*  
Hebrews 11:33-12:2  
Matthew 10:32-33, 37-38-19:27-30

**SUNDAY, JUNE 30      OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL      10:30 AM**  
**2<sup>ND</sup> SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS OF MOUNT ATHOS,**  
**ALL SAINTS OF UKRAINE; MARTYRS MANUEL, SABEL & ISMAEL OF PERSIA**

*Tone 1*  
Romans 2:10-16; Hebrews 11:33-12:2  
Matthew 14:18-23; Matthew 4:25-5:12

**SUNDAY, JULY 07      OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL      10:30 AM**  
**3<sup>RD</sup> SUNDAY AFTER PENTECOST; SYNAXIS OF HALYCH/GALICIAN SAINTS;**  
**SYNAXIS OF ODESSA SAINTS; NATIVITY OF SAINT JOHN THE BAPTIST;**  
**MARTYRS ORENTIUS, PHARNACIUS, EROS, FIRMUS, FIRMINUS, CYRIACUS, &**  
**LONGINUS—IN GEORGIA**

*Tone 2*  
Romans 5:1-10; Romans 13:12-14:4  
Matthew 6:22-33; Luke 1:1-25, 57-68, 76, 80

***Litany in Blessed Memory of Olga Stock, Anna Kitch, Joseph Yarmeak, Sophie Carrerea, Susan Justina Sredich, Stella E. Cherepko, Emil Joseph Pauncic, Igumen George [Owen], & Claudia Horvath—Fr. Bob***

## **BULLETIN INSERT FOR 23 JUNE 2019**

**1<sup>ST</sup> SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS; HIEROMARTYR TIMOTHY-BISHOP OF PRUSA; MARTYR ALEXANDER & VIRGIN-MARTYR ANTONIA AT CONSTANTINOPLE; VENERABLE THEOPHANES-MONK & SAINT PANSEMNE-FORMER HARLOT OF ANTIOCH; SAINT BASSIAN-BISHOP OF LODI IN LOMBARDY**

### **TROPARION—TONE 4**

As with fine porphyry and royal purple,  
Thy Church has been adorned with Thy Martyrs blood  
Shed throughout the world  
She cries to Thee, O Christ God: send down Thy bounties on Thy people,  
Grant peace to Thy habitation and great mercy to our souls.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.

### **KONTAKION—TONE 8**

The universe offers Thee the God-bearing martyrs  
As the first fruits of creation, O Lord and Creator.

Through the Theotokos and their prayers establish Thy Church in peace.

#### **PROKEIMENON—TONE 4**

**READER:** Pray and make your vows before the Lord our God!

**PEOPLE: Pray and make your vows before the Lord our God!**

**READER:** In Judah God is known; His name is great in Israel!

**PEOPLE: Pray and make your vows before the Lord our God!**

**READER:** God is wonderful in His saints, the God of Israel.

**PEOPLE: Pray and make your vows before the Lord our God!**

**READER:** Pray and make your vows...

**PEOPLE: Before the Lord our God!**

#### **ALLELUIA VERSES—TONE 4**

The righteous called, and the Lord heard them.

Many are the afflictions of the righteous; but the Lord delivers them out of them all.

#### **COMMUNION HYMNS**

Praise the Lord from the heavens! Praise Him in the highest!

Rejoice in the Lord, O you righteous! Praise befits the just.

You should venerate not only the icon of Christ, but also the similitude of His cross. For the cross is Christ's great sign and trophy of victory over the devil and all his hostile hosts; for this reason they tremble and flee when they see the figuration of the cross.

This figure, even prior to the crucifixion, was greatly glorified by the prophets and wrought great wonders; and when He who was hung upon it, our Lord Jesus Christ, comes again to judge the living and the dead, this His great and terrible sign will precede Him, full of power and glory (cf. Matt. 24:30).

So glorify the cross now, so that you may boldly look upon it then and be glorified with it. And you should venerate icons of the saints, for the saints have been crucified with the Lord; and you should make the sign of the cross upon your person before doing so, bringing to mind their communion in the sufferings of Christ.

In the same way you should venerate their holy shrines and any relic of their bones; for God's grace is not sundered from these things, even as

the divinity was not sundered from Christ's venerable body at the time of His life-quickenning death.

By doing this and by glorifying those who glorified God—for through their actions they showed themselves to be perfect in their love for God—you too will be glorified together with them by God, and with David you will chant: 'I have held Thy friends in high honor, O Lord' (Ps. 159:17. LXX).

*St Gregory Palamas—A New Testament Decalogue*

**Fr. George L. Livanos via [listserv.goarch.org](mailto:listserv.goarch.org)** Sun, Jun 9, 9:30 PM

When you feel the results of spiritual reading, you'll say, "Blessed be the Name of the Lord!" (Job 1:21; Psalms 112:2) Truly, God bestows great gifts upon us! Do you know what power is hidden within the word of God? And spiritual study, spiritual books, are the word of God. It falls like a seed into our souls and bursts open sending forth its shoots.

The word of God conceals within itself the power of God, the power of Christ. And when you immerse your mind and heart in a spiritual book, you will always be filled when you come forth from your reading. And the jar will never empty, but will always give and give. Spiritual study will always open new horizons for you. It is the best set of tools you have in your home, a supply of weapons for the spiritual life.

What, then, do spiritual books give us? They give us, first of all a foundation in God. The power of the word of God conquers our sins and defeats the devil, as Saint John Chrysostom says. The word of God, spiritual study, is like an instrument that punctures the hardness of our heart. It is like a charge of dynamite which blasts our passions... It purges our heart and fills it with virtues.

And this is what it means to have a foundation in God. We lay the foundation stones for the spiritual structure of our life. We acquire love for those around us, repentance, compunction, illumination. In studying spiritual books, we feel like Christ feels; we think like Christ thinks; we hear like Christ hears; we acquire the mind of Christ and feel Him close to us. And if we're sad, if we have some problem, if we're upset, if a storm is passing through our life...[we'll] see Christ...and in the shelter of His wings, we'll continue to move forward.

Spiritual study gives us divine knowledge and desire for God. In reading such books, by the grace of God, you learn, you understand, you acquire divine knowledge. God becomes active and starts to work within you. You learn the teaching of your Faith. You learn Who God is, what He did for you, and what you should do at every moment of your life.

The word of God is a sharp knife, the sword of the Spirit (Ephesians 6:17). It cuts out and removes all that is false and vain within us, and enthrones the truth in its place. And the truth sets us free (John 8:32). This is why it is said of Holy Scripture that, "It is your true life" (Deuteronomy 32:46-47). Your true life is the Holy Scripture, along with every spiritual book. This knowledge is a source of power which becomes active within us and gives us the love of Christ, divine love.

In time, little by little, you feel a change within yourself, and the desire for Christ is imprinted in your heart like the stamp of a seal. Just as the martyrs longed for Christ, and wanted to throw themselves into the flames in order to be with Him, so too will you feel the love of Christ being ignited within you... This is why [Saint Sisoies], when he was invited somewhere, said, "I am not at leisure to come." Why not? Because he did not want to be deprived of his spiritual study, which was his means of acquiring divine knowledge and love...

Spiritual books, and especially Holy Scripture, provide us with spiritual experiences. How? The spiritual book you read is the word of God, it is what God has said... Where God's voice is, there is God, hidden within the voice. The spiritual book, in other words, is a mystery, a sacrament, a sign which conceals the presence of God Himself... The words and lines of Holy Scripture are the garments of Christ... The pages of spiritual books cover Christ Himself.

I open the New Testament and I read, "The Epistle of Paul to the Romans." Is it Paul who speaks here? No. It is Christ Who speaks. [Or], "The First Epistle of Peter." Is it Peter who speaks? No. Here we find Christ, and it is He Who speaks. Just as in Holy Communion...through the bread and the wine, you're receiving Christ...Christ is present in it mystically. The same thing happens here. By means of letters and words, through the paragraphs and the pages, you commune mystically with Christ...

It follows, then, that when you're reading a spiritual book, Christ is present behind the lines. When you open such a book...Christ...is now mystically present with you. And I emphasize that "mystically present" means truly present. Because Christ is present behind every line of every spiritual book, it's as if He's calling you and saying, "Come, my child." And if you have the desire to understand what He is telling you, you'll respond and say, "I'm coming, Lord." ...And thus we have a dialogue between two persons, face to face. Christ and I are conversing by means of the book...

The reading of a spiritual book is a revelation, a theophany. It is the presence of Christ. It is an encounter with Christ, a mystical union with Christ. Christ and I are united. And Christ, moreover...is always in the company of His saints and His Angels. This means that your union with Christ is also a mystical union with all the saints. If you have spiritual eyes and spiritual senses, you'll feel what such a union with Christ means. When we have the word of God in our heart, and in our mouth, we'll feel what [Saint Pachomios] once said, "Though we live on earth, we celebrate a feast in heaven."

...I want you to live like Saint Seraphim of Sarov, who, every week, read the entire Gospel... The saint awaited Christ like the wise virgins (Matthew 25:1-13). He lit his lamps in order to show Christ that he was waiting for Him. He sat up all night... He never slept at night... [When] his soul had taken flight...[he was found] kneeling at prayer with his eyes closed... In front of the saint was an open Gospel book... All around him were his spiritual books... Did he die? No. He was born into the other life. My beloved friends, we too should live like this, with our hearts longing for Christ, and with our lamps lit, and our spiritual books open before us.

+Archimandrite Aimilianos of Simonopetra, *The Church at Prayer*, p. 111-114.

- "Elder , it seems to me that I am getting worse and worse every day, what will happen to me?"

"In the spiritual life there are three stages. At the first stage, God gives a person sweets and chocolates because he sees the weakness of the soul and its need for consolation.

In the second, little by little, He takes His grace for educational purposes, so that a person realizes that without God's help he cannot do even the smallest. Thus humility is born in man and he feels the need to resort to God in everything.

The third stage is a constant even good spiritual state. <sup>[1]</sup><sub>SEP</sub> You are between the second and third stages: you go forward a little, then you forget your weakness, Christ takes away the grace, you are left with nothing, again you begin to feel your weakness and come to your senses.

If you told me that the further you advance, the better you become, then it would scare me—it means there is pride in you. But now, when you say that you yourself seem worse and worse, then I rejoice, because I see that you are fine. Do not be afraid: the further a person moves forward, the more clearly he sees his shortcomings and imperfections, and this is progress." -*St. Paisios the Athonite*



## **How Angels Serve Priests in the Holy Altar** –December 7, 2015



**by Fr. Stephanos K. Anagnostopoulos**

*This incident was narrated to the author by the blessed departed Gerondas Gabriel, who for a great period of time was the abbot at the Holy Monastery of Dionysios on Mount Athos.*

“There once lived a most devout Priest. Even though he barely knew how to read and write, he was a Priest, a clergyman of strong faith, great virtue and of many spiritual struggles. He used to stand up-right for hours during the Proskomedia, despite the fact that the veins of his feet had been affected and were hemorrhaging. There were times when one could see the blood running down since he was standing up-right commemorating the names of numerous people. He was a man of sacrifice to his last breath, in fact, his soul departed just after the Divine Liturgy.

As he barely knew how to read and write, by some misunderstanding, he did not place the portions on the Holy Diskos properly. When we place the portion of the All-Holy Theotokos on top of the Holy Diskos, we say; The Queen stood at thy right hand...” The Gerondas (Elder) Priest was under the impression that, since he said, “at thy right hand”, the portion of the All-Holy Mother of God must be placed on the right side of the Lamb (as he was looking at the Holy Diskos). In other words, he was placing the portions backwards.

Once a Hierarch [Bishop] visited the Holy Monastery for the Ordination of a Deacon. During the Psalms of Praise, when the Bishop enters the Holy Altar, he vests, then later goes to the Proskomedia, which has already been prepared up to a certain point. From then on, he alone is the one to continue commemorating.

Thus, the Bishop noticed that the portions had been placed backwards by the priest: “You did not place the pieces properly, father,” he told him.

“Father, come here for a minute. The All Holy Theotokos is placed over here and the Orders are placed over there. Hasn’t anyone told you; hasn’t anyone seen how you do the Proskomedia?”

“Certainly, Your Eminence,” replied the Geronda Priest. “Everyday, when I celebrate (for a day did not go by unless he celebrated the Divine

Liturgy), the Angel who serves me sees what I am doing but does not tell me anything at all. I apologize, illiterate as I am, for making such a mistake; I will be careful from now on."

"Who did you say? Who did you say serves you here?" asked the Bishop, "Isn't he a monk who serves you?"

"No", answered the Priest, "an Angel of the Lord."

The Bishop fell silent, what could he have said, anyway? He was astonished and had certainly realized that a holy priest was standing before him.

At noon, following the meal in the trapeza, the Bishop said goodbye to the Abbot as well as the rest of the monks, and departed. The following day, as it was still night, when the Geronda Priest went to the Holy Altar in order to hold the Proskomedia.

The Angel of the Lord came down. During the act of breaking the Lamb, the Angel noticed that the Priest had placed the portions properly.

"Fine father!" he told the Priest. "Now you have placed them properly!"

"Yes, you knew the mistake I have been making for so many years! And why didn't you tell me anything; why didn't you correct me?", he asked.

"I could see it, but I do not have the right to tell you anything. I am not worthy to correct a Priest. "God," the Angel continued, "commands me to serve the Priest. Only a Bishop has the right to correct you!"

Beloved in Christ,

The twin feasts of the Ascension of the Lord and Pentecost are truly a summation of the entire Christian life. In the Ascension, we are reminded that this life on earth is not our final destiny. Our Lord and Savior Jesus Christ ascended 40 days after His resurrection to prepare a place for us with His Father. That is our ultimate destination and should be the object of our thoughts, words, and deeds on a daily basis.

Pentecost or Trinity Sunday reminds us of what our daily lives should be like. Holy Apostle Peter's words to the multitude on that first Pentecost provide us with the key to the Christian life. Peter boldly proclaims "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit." (Acts 2:38-39)

Furthermore, on Pentecost, in the Vesper service following Divine Liturgy, Orthodox Christians kneel for the first time after Pascha. The

kneeling prayers of Pentecost are a profound expression of repentance and provide us with the proper roadmap concerning how we are to live the rest of the year.

Our merciful and loving God—Father, Son, and Holy Spirit—has appointed to us repentance as the path to union with Him. Let us humbly beseech Him to grant us this great gift.

So, on this feast of Pentecost we are emboldened to cry out, "O Heavenly King, Comforter, Spirit of Truth, Who art everywhere present, and fillest all things, Treasury of good gifts, and giver of life, come and abide in us, and cleanse us of all impurity, and save our souls, O Good One." Amen.

Yours in Christ,  
+Bp. THOMAS

***Blessed art thou, O Christ our God,  
who hast filled the fishermen with wisdom  
by sending down the Holy Spirit upon them,  
and who through them  
hast caught in thy net the whole world:  
O Lover of mankind, glory to thee!***



***The spring of the Spirit hath come to those on earth, dividing noetically into fire-bearing rivers, moistening the Apostles and illuminating them. The fire hath become to them a dewy cloud, lighting, and raining flames upon them, from whom we received grace by the fire and the water. Verily the fire of the Comforter hath come and lighted the world.***

**+ Orthros of the Feast +**

***One who has the Holy Spirit can never despair. And he can also never be satisfied with where he is. He presses forward in this beautiful and life-giving process of being re-created by the sending forth of the Spirit.***

***We have been inspired—a word that literally means "breathed into." The Spirit has been breathed into us. The Spirit has inspired us. The mighty rushing wind has blown the Spirit into us. And if we are filled with the Spirit, if we are inspired, that means the mission of the redemption of Jesus Christ is at work in us. Every part of us is being bought back from exile, set free from slavery.***

***To be filled with the Spirit is eminently practical, because it means that we are motivated by something different than what motivates the world. We are motivated by re-creation. We are being created anew by Christ. We are growing in love. We are growing in humility. We are growing in courage, in strength, in boldness for Christ. These are all things that are visible and knowable in ourselves and in others.***

***Pentecost for us is now. Right now, we are receiving the life-giving breath of God, the creative Spirit, sent forth to re-create us and to renew all of mankind and indeed the whole creation.***

***From "Pentecost is the Re-Creation of Mankind," by Fr. Andrew Stephen Damick***