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GREAT LENT—SUNDAY OF ORTHODOXY

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Daniel, Metropolitan Antony, Metropolitan Yuriij, Anastasia [Metropolitan Yuriij's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father Jakiw Norton, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Lawrence & Matushka Sophia Daniels, Father Joe Cervo, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Archbishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—young man with

cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [young lady with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Sherri Walewski, Marika Zeliszczyk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah Dorning, Dena & George, Georgia, Lawanda [Evelyn's niece],

Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, Ian Brick, Cecilia Barnhart, Logan Magorien, Pam Grant, Debbie & Jerry Novosel, Noah Willard, Sandra Dillard, Danielle McCann, Barry [Father Jim Orr's cousin], Tim Joyce, Mike Pawlyshyn-Jeannie Stutchell's brother, Marianne Mulroy, and Susan Pulcini—Father Ted Pulcini's mom. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Let us call brothers even those who hate us, and forgive all by the resurrection; and so, let us cry, "Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life!"

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, MARCH 17—OBEDNITZA-SAINT BASIL THE GREAT-DOWNSTAIRS IN THE CHURCH HALL 10:30 AM

TRIUMPH OF ORTHODOXY; SUNDAY OF ORTHODOXY; SAINT GERASIMUS OF THE JORDAN; SAINT JULIAN-PATRIARCH OF ALEXANDRIA; SAINT JAMES THE FASTER OF PHOENICIA-SYRIA; MARTYR WENCESLAUS-PRINCE OF THE CZECHS; BLESSED BASIL/BASILKO-PRINCE OF ROSTOV

Tone 1

Hebrews 11:24-26, 32-12:2

John 1:43-51

TRIUMPH OF ORTHODOXY CELEBRATION

SAINT NICHOLAS SERBIAN ORTHODOX CHURCH IN MONROEVILLE—5:00 PM

SUNDAY, MARCH 24—OBEDNITZA-SAINT BASIL THE GREAT-DOWNSTAIRS IN THE CHURCH HALL 10:30 AM

2ND SUNDAY OF GREAT LENT; SAINT GREGORY PALAMAS-ARCHBISHOP OF THESSALONICA; SYNAXIS OF ALL VENERABLE FATHERS OF PERCHEVSKY LAVRA; SAINT SOPHRONIUS-PATRIARCH OF JERUSALEM; HIEROMARTYR PIONIUS OF SMYRNA & THOSE WITH HIM; TRANSLATION OF THE RELICS OF MARTYR EPIMACHUS OF PELUSIUM TO CONSTANTINOPLE; SAINT SOPHRONIUS THE RECLUSE OF PERCHEVSKY LAVRA

Tone 2

Hebrews 1:10-2:3; Hebrews 7:26-8:2; Galatians 5:22-6:2

Mark 2:1-12; John 10:9-16; Luke 6:17-23

Litany in Blessed Memory of Evelyn Burlack—40 days—Fr. Bob

SUNDAY, MARCH 31—OBEDNITZA-SAINT BASIL THE GREAT-DOWNSTAIRS IN THE CHURCH HALL 10:30 AM

3RD SUNDAY OF GREAT LENT; ADORATION OF THE HOLY CROSS; SAINT CYRIL-ARCHBISHOP OF JERUSALEM; MARTYRS TROPHIMUS & EUCARPUS OF NICOMEDIA; SAINT ANANIAS-PRESBYTER & MONK OF THE EUPHRATES

Tone 3

Hebrews 4:14-5:6

Mark 8:34-9:1

BULLETIN INSERT FOR 17 MARCH 2019

TRIUMPH OF ORTHODOXY; SUNDAY OF ORTHODOXY; SAINT GERASIMUS OF THE JORDAN; SAINT JULIAN-PATRIARCH OF ALEXANDRIA; SAINT JAMES THE FASTER OF PHOENICIA-SYRIA; MARTYR WENCESLAUS-PRINCE OF THE CZECHS; BLESSED BASIL/BASILKO-PRINCE OF ROSTOV

TROPARION—TONE 2

We venerate Thy most pure image, O Good One,
And ask forgiveness of our transgressions, O Christ our God.
Of Thy good will Thou wast pleased to ascend the cross in the flesh
And deliver Thy creatures from bondage to the enemy.
Therefore, with thankfulness we cry aloud to Thee:
Thou hast filled all with joy, O our Savior,
For thou didst come to save the world

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 8

No one could describe the Word of the Father
But when He took flesh from you, O Theotokos,
He accepted to be described
And restored the fallen image to its former state
By uniting it to divine beauty.
We confess and proclaim our salvation in word and images

PROKEIMENON—TONE 4

READER: Blessed art Thou, O Lord God of our Fathers and praised and glorified is Thy name forever!

PEOPLE: Blessed art Thou, O Lord God of our Fathers and praised and glorified is Thy name forever!

READER: For Thou art just in all that Thou hast done for us!

PEOPLE: Blessed art Thou, O Lord God of our Fathers and praised and glorified is Thy name forever!

READER: Blessed art Thou, O Lord God of our Fathers

PEOPLE: And praised and glorified is Thy name forever!

ALLELUIA VERSES

Moses and Aaron are among His priests; Samuel also was among those who called on His name.

They cried to the Lord, and He answered them.

“As the Prophets beheld, as the Apostles have taught, as the Church has received, as the teachers have dogmatized, as the universe has agreed, as Grace has shown forth, as Truth has revealed, as falsehood has been dissolved, as Wisdom has presented, as Christ has awarded: thus we declare, thus we assert, thus we preach Christ, our true God, and honor His Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshiping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all, and accordingly offering them veneration. This is the Faith of the

Apostles; this is the Faith of the Fathers; this is the Faith of the Orthodox; this is the Faith which has established the universe!"

Archbishop DEMETRIOS' Encyclical for Holy and Great Lent 2019

Protocol 22/19

March 11, 2019 Holy and Great Lent

To the Most Reverend Hierarchs, the Reverend Priests and Deacons, the Monks and Nuns, the Presidents and Members of the Parish Councils of the Greek Orthodox Communities, the Distinguished Archons of the Ecumenical Patriarchate, the Day, Afternoon, and Church Schools, the Philoptochos Sisterhoods, the Youth, the Hellenic Organizations, and the entire Greek Orthodox Family in America

Beloved Brothers and Sisters in Christ,

As we begin this blessed time of Holy and Great Lent, we are invited to enter into a period of intense prayer, fasting and service, so that we may draw closer to God, commune with Him, and experience His grace as we reflect on our lives, our relationship with Him, and our journey to salvation. In doing this we are challenged—challenged to face what separates us from God and His will; but we are also shown the way to overcome this separation both now and for eternity.

Great Lent is most certainly a challenge as we have experienced in the weeks of preparation for this season. We have reflected on the parables of the Tax Collector and the Pharisee and the Prodigal Son. We have considered the true nature and impact of repentance and humility. We have heard the words of our Lord concerning the Last Judgment and the manner of life and service that leads to eternal life. As we enter into this holy season, we will continue to be challenged as the truth of the Gospel and the presence of God lead us to examine our lives. We are challenged to address anything that separates us from Him and that prevents us from revealing His grace to others through our lives.

We know that as we enter this solemn season we will be equipped to meet these challenges. It is a time that provides us with more opportunities to worship, more times during the ebb and flow of our daily lives to gather together to commune with God. We are called to more frequent prayer, to dedicate time each day to speak to God and to listen, and to live each moment prayerfully, affirming that He is present and guiding us. We are guided by the Church in fasting, abstaining from excess and from certain foods, as a means of living measured and discerning lives that place holiness and the will of God above all things.

These disciplines of our faith equip us to reveal God's grace in all that we do. Through our repentance, we are prepared to offer forgiveness to others. Through our contrition of the heart, we show the power of complete surrender to God. Through our dedication of our time to prayer and worship, we affirm the true purpose and goal of life. Through our obedience to His will, we are led in service to those in need. Through our commitment to Him, Great Lent prepares us to overcome anything that separates us and others from the love of God.

This holy season is also a guide, leading us on a spiritual journey. It is a journey that leads us to joy and light; and at its inception we sing, "Rejoicing in the virtues of the Spirit may we persevere with love, and so be counted worthy to see the solemn Passion of Christ our God, and with great spiritual gladness to behold His holy Pascha!" (Hymn of Vespers). It is also the journey of our lives into the blessedness of eternal life and communion with God. As we enter this solemn and sacred season, my prayer is that you will be filled with strength and grace for the Lenten journey. May this journey continue to equip you with all that you need to complete this journey in our celebration of Pascha, and ultimately, unto the blessed condition to be eternally united to God.

With paternal love in Christ,

† **DEMETRIOS** Archbishop of America

Prayer

Psalm 4:1-Hear me when I call, O God of my righteousness: thou hast enlarged me when I was in distress; have mercy upon me, and hear my prayer. (KJV)

Turn to the Lord God at all times and for all the good undertakings in life. Begin and end each undertaking with prayer and pray throughout each step. Trust in the Lord God to hear each prayer and pray always with great fervor. Begin anew when failing to be consistent and place confidence in the Lord. Rejoice and give thanks when prayers are answered being grateful to the Lord.

Psalm 5:3- My voice shalt thou hear in the morning, O Lord; in the morning will I direct my prayer unto thee, and will look up. (KJV)

Start each day with fervent prayer to the Lord God and continue until evening. Pray consistently during the day that it becomes active even during the night. Look to the Lord God for life's direction in prayer and seek to listen to God. Be alert for the Lord God's presence during the day and heed God's teachings. Seek to nourish the soul's depth when turning to the Lord in resolute prayer.

Psalm 6:9-The Lord hath heard my supplication; the Lord will receive my prayer. (KJV)

Rejoice and be grateful of being united to the Lord at the time of Holy Baptism. Strive to remain bound to the Lord and alive in faith during all the days of life. Be vigilant of lurking dangers to the soul and seek God's protection in prayer. The soul is nourished in heartfelt prayer and welcomes God's loving presence. The believer determines the fervency and frequency of personal prayer to God.

Psalm 17:1-Hear the right, O Lord, attend unto my cry, give ear unto my prayer, that goeth not out of feigned lips.(KJV)

Prayer originates within the person and reflects the understanding of the Lord. The heart, mind and soul affect and are affected in prayers to the Lord God. Mindful and focused attentiveness are expected in prayers before the Lord God. Prayers brought before the Lord reflect the person's depth of faith and hope. Every moment of consciousness is an opportunity to pray with faith to the Lord.

Psalm 35:13-But as for me, when they were sick, my clothing was sackcloth: I humbled my soul with fasting; and my prayer returned into mine own bosom. (KJV)

Humility is the desired demeanor in prayers brought before the Lord at all times. Determine to learn from Jesus Christ as the standard and teacher of humility. Boast not in prayerfulness, nor be haughty in prayer, but beseech the Lord's mercy. Be not quick to boast, nor exceedingly bold in holding up the self before the Lord. Look carefully within and see thy own sinfulness and repent now and always.

*Hidden Valley, Pennsylvania. Venerable Timothy; St. Eustathius, Archbishop of Antioch.
February 21/March 6, 2019. Father Rodney Torbic*