



**Holy Ghost Orthodox Church**  
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Very Rev. Father Robert Popichak, Pastor

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## \*\*\*\*\*DORMITION FAST\*\*\*\*\*

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Antony, Metropolitan Yuriy, Anastasia [Metropolitan Yuriy's mom], Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John & Pani Mary Anne Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynech, Father Lawrence & Matushka Sophia Daniels, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie— young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-

year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaele Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Sandi Anderson, Lina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaughaupt, Louis & Teresa Bercelli, Tom Nolan, Silvia Martin, Sarah

Dorning, Evelyn Burlack, Dena & George, Georgia, Lawanda [Evelyn's niece], Maureen Sams, John Kendall, Judi Danser, Darcy, Denis Strittmatter, Nancy, and Ian Brick. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

*Mother Silouana:* "We were told so much that we are not human if we do not marry and that it's not good to stay unmarried and we must marry... so that she says, "This one is a clumsy guy, but there's nothing I can do, I can't find a better one, I will take this one". And this is the first part of stupidity, the second part is even more serious, when she says: 'I will change him the way I want.'"

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

#### SCHEDULE OF SERVICES

**SUNDAY, AUGUST 19                      OBEDNITZA UPSTAIRS IN THE CHURCH      10:30 AM**  
**12<sup>TH</sup> SUNDAY AFTER PENTECOST; HOLY TRANSFIGURATION OF OUR LORD,**  
**GOD, AND SAVIOR JESUS CHRIST**

*Tone 3*

2 Peter 1:10-19

Matthew 17:1-9



### **PROKEIMENON—TONE 3**

**READER:** Sing praises to our God, sing praises! Sing praises to our King, sing praises!

**PEOPLE:** Sing praises to our God, sing praises! Sing praises to our King, sing praises!

**READER:** Clap your hands, all peoples! Shout to God with loud songs of joy!

**PEOPLE:** Sing praises to our God, sing praises! Sing praises to our King, sing praises!

**READER:** Sing praises to our God, sing praises!

**PEOPLE:** Sing praises to our King, sing praises!

### **ALLELUIA VERSES—TONE 3**

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

#### **[PA State Senator Wayne] Fontana Fact**

August 7, 2018

On this day in 1782, General George Washington, the commander in chief of the Continental Army, created the "Badge for Military Merit," a decoration consisting of a purple, heart-shaped piece of silk, edged with a narrow binding of silver, with the word Merit stitched across the face in silver. The badge was to be presented to soldiers for "any singularly meritorious action" and permitted its wearer to pass guards and sentinels without challenge. The honoree's name and regiment were also to be inscribed in a "Book of Merit." Washington's "Purple Heart" was awarded to only three known soldiers during the Revolutionary War. The "Book of Merit" was lost, and the decoration was largely forgotten until 1927, when General Charles P. Summerall, the U.S. Army chief of staff, sent an unsuccessful draft bill to Congress to "revive the Badge of Military Merit." In 1931, Summerall's successor, General Douglas MacArthur, took up the cause, hoping to reinstate the medal in time for the bicentennial of George Washington's birth. On February 22, 1932, Washington's 200th birthday, the U.S. War Department announced the creation of the "Order of the Purple Heart."



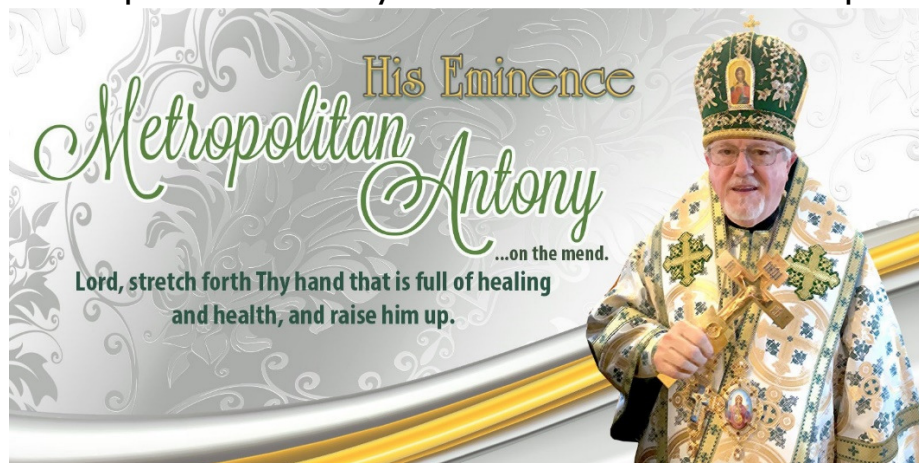
God can be found not only on the Holy Mountain. God can be found in different circumstances: in the person of a poor man, in a feeling of great joy or deep sorrow, in a desperate situation, in a seemingly unbearable blessing. But in order to meet God, one must have a little bit of genuine suffering and humility. I wish everyone this greatest feeling that faith gives - a meeting with God, His presence in life. And there is nothing more in the world! *Metropolitan Nicholas (Hatzinikolaou) of Mesogaia and Lavreotiki , Attica Greece*

For this slight momentary affliction is preparing for us an eternal weight of glory beyond all comparison, because we look not to the things that are seen but to the things that are unseen; for the things that are seen are transient, but the things that are unseen are eternal. *Saint Paul*

If salvation were such an easy thing, we all would have already become saints. - St. Alexei Mechev

"And I will tell you what, remember this: happy is everyone who will stay for twenty-four hours in poor Seraphim's Diveyev [monastery], from morning till morning, for the Mother of God, the heavenly Queen, visits Diveyev every twenty-four hours." - *St. Seraphim of Sarov*

### Metropolitan Antony Released From the Hospital



Dear Vladyka Daniel: **GLORY TO OUR LORD!**

So many have been asking how my recuperation is proceeding that I decided to drop you another note to pass on. First, however, I need to express a depth of gratitude that I can barely put into words to the hundreds of cards, texts, emails and Facebook greetings I have received over the past three weeks of my hospitalization at Hunterden Central

Hospital and Morristown Medical Center, followed by rehab at Kessler Institute for Rehabilitation in Chester, NJ. I mention these facilities because the treatment and personal care I received at all of them were an extremely important part of my healing process. Every person at all three places was kind and caring beyond all expectation especially during the early days when my broken ribs were most painful. May God grant them the strength to be continued blessings in the lives of all who come under their care and may they always know how much they are appreciated—even by patients who may not be aware of how much they do for them.

I was discharged from rehab yesterday—Saturday, 10 August and am staying at a temporary single-floor residence near the Consistory because it would be impossible for me to get around in my own home. Further, for those who have been caring for me like you, dear Brother, and others, being nearby for this six-week period during which I must get along on one leg, being close to you is important.

The rehab was "intense", but most beneficial. When I left the institute yesterday I thought I was prepared for anything I would face over the next several weeks, but, as is normally the case, I was not. Moving along in a wheelchair on wood or tile floors is DEFINITELY much easier than doing so over long expanses of carpet, for example. But, when it gets difficult, I simply recall the many patients I shared physical therapy with who face incredibly more difficult and sometimes permanent conditions far worse than my temporary ones. So, I have nothing to complain about.

I cannot express enough gratitude to God Almighty and my Guardian Angel for the fact that I am here today. The circumstances of my accident and how I survived them can only be attributed to their intervention. The NJ State Policemen, ambulance attendants and even the people who live in the home before which the action happened truly protected both me and my Lacey from greater injuries at that time. I pray that I will always remember God's blessings upon me in my daily prayers and in my service to my fellow man.

For all those cards, emails, texts and Facebook messages of get-well wishes and prayers, again I thank each and every one of you. I don't know if I will ever be able to respond to each of you individually because of the numbers, but please be assured that each one of you touched me and enhanced the healing process more than you may comprehend. I felt them all at the core of my being. I've seen hundreds, if not thousands, of requests for prayers for the ill and seen the number of responses from as many people. When you are praying for someone else, however, your hope

is that your faith is strong enough to be of assistance. I assure you all, my dearly beloved, your prayers have been of assistance beyond your expectations. When all those prayers are offered for you, you feel their power!!! I would ask that you all remember in your prayers some people you may be familiar with, but also some others I have met through this present journey: Stephen, Emil, Dinah, Melanie, Elizabeth, Fr. John, Fr. John, PM Sonia, PM Mary Anne, PM Halyna, PM Marianne, PM Lillian, Thomas, Darlene, Doris, Peter, Margaret and all those who have no one to pray for them. Also please pray for all the Doctors, Nurses and other medical care professionals and non-professionals that God has blessed with gifts and talents to heal.

You all are in my prayers daily and I embrace you in His LOVE. May you experience that Love each and every day of your lives and share it with all around you. You may be the only source of it for a particular individual on any random day. What a gift of healing we can be daily!

**+ *Antony, By the Grace of God, Metropolitan***