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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Father Bazyl Zawierucha, Father Lawrence & Matushka Sophia Daniels, Father John Harrold [Saint Sylvester], Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Gary & Linda Mechtly, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Esther Holupka, David Vallor, Henry Faraly, Julie Eiler, Dorothy Lednovich, Bob C., Allie— young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie

Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Jeff Jones, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Millie Koss Good, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Cheryl Pomeroy, Ben Douglas, Dianne Donahue, Zachary, Natasha, Noah Willard, Jodi Hanczar, Gregory Cervo, Lisa Bruce, Martha Nezolyk, Kathy Cvetkovich, Frances Gebet, Sheryl Smith Haraczy, Judy, Will, Emma, Ginny, Ye-Jin, Maria, John & JoAnn, Jim & Kitty, Bill Baronie, Phil Bouse, Ralph & Beverly Stoker, Noah Willard, Nikola, Natalie, Nikola, & Nevenka Jovonovich, Julia Collier, Amy Kemerer, Thomas Smith, Tracy Slaugenhaupt, Louis & Teresa Berceli, Tom Nolan, and Ian Brick. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY to our November Babies: Amy Lewis on the 4th and Father Bob on the 7th. May God grant them Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless them all!

Constantly strive for God. Seeing your desire, God will give all that is necessary. - St. Gabriel (Urgebade)

DON'T FORGET TO VOTE ON TUESDAY, NOVEMBER 7TH!!!

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, NOVEMBER 05 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
22ND SUNDAY AFTER PENTECOST; HOLY APOSTLE JAMES-BROTHER OF THE
LORD; SAINT IGNATIUS-PATRIARCH OF CONSTANTINOPLE; VENERABLE
ELISHA OF LAVRYSHEVO**

Tone 5

Galatians 6:11-18

Luke 16:19-31

Litany in Blessed Memory of John Lopushanski, Sam Kerr, Helen Likar, Harry Bunio, Mary Pekich, Constantine Hanczar, Anna Lotinsky, & Julia Golofski—Fr. Bob

**SUNDAY, NOVEMBER 12 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
23RD SUNDAY AFTER PENTECOST; MARTYRS ZENOBIUS & SISTER ZENOBIA OF
AEGAE-CILICIA; APOSTLES TERTIUS, MARK, JUSTUS, & ARTEMAS OF THE 70;
HIEROMARTYR MARCIAN-BISHOP OF SYRACUSE; MARTYR EUTROPIA OF
ALEXANDRIA; MARTYR ANASTASIA OF THESSALONICA**

Tone 6

Ephesians 2:4-10

Luke 8:26-39

**SUNDAY, NOVEMBER 19 OBEDNITZA DOWNSTAIRS IN THE CHURCH HALL 10:30 AM
24TH SUNDAY AFTER PENTECOST; SAINT PAUL THE CONFESSOR-ARCHBISHOP
OF CONSTANTINOPLE; VIRGIN-MARTYRS TECUSA, ALEXANDRA, CLAUDIA,
MATRONA, POLACTIA, EUPHROSYNE, & ATHANASIA OF ANCYRA; VENERABLE
LUKE-MONK OF SICILY; VENERABLE LUKE-STEWARD OF PERCHEVSKY LAVRA**

Tone 7

Ephesians 2:14-22

Luke 8:41-56

Litany in Blessed Memory of Paul Popichak—Fr. Bob

BULLETIN INSERT FOR 05 NOVEMBER 2017

**22ND SUNDAY AFTER PENTECOST; HOLY APOSTLE JAMES-BROTHER
OF THE LORD; SAINT IGNATIUS-PATRIARCH OF CONSTANTINOPLE;
VENERABLE ELISHA OF LAVRYSHEVO**

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death,
And to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior,

Shattering its gates as almighty;
Resurrecting the dead as Creator,
And destroying the sting of death.
Thou hast delivered Adam from the curse,
O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this generation forever.

PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.

READER: Save me, O Lord, for there is no longer any that is godly.

PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: From this generation forever.

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

"We, as Christians, try every day to fulfill our Christian duties, but no matter how great our efforts are, we are still going somewhere wrong, because there is no unmistakable path ... Usually our repentance is incomplete, insufficient to erase the guilt, and, therefore, there are unpaid debts. ... they remain unknown to our own reasoning, while the justice of God is known with accuracy. What should we do then? If we can not bring worthy repentance to the full extent here, future condemnation and death awaits us, and we lose our salvation. In order that this does not happen, the Divine willfully sends a punishment, that is, "conciliatory grief", an involuntary, painful incident, which corresponds to the number of mistakes in severity, and so the "payment of a debt" occurs. So, a tempted person should not be depressed and complain about anything, as he pays the debts of his own negligence or malice." Elder Joseph of Vatopedi

- Gerond, at the Liturgy, I felt that Christ was crucified for me and wondered: "And I, what have I done for Christ?" What can I do in gratitude for this?

"It's enough that you feel it." Christ was crucified, offered Himself for us and now gives us His Body and Blood. A person, when he thinks about it, should burn like a fire.

- Gerond, how to feel the great Sacrament of the divine Eucharist?

- Sacraments are usually experienced. In order to feel the Sacrament of the divine Eucharist, one must believe that Christ is present at this moment. And do not just believe, but experience it. St. Paisios of Mt. Athos

I have often confessed to people before they die. In their confessions they never break through that they did not earn an extra million, did not build a luxurious house, they did not succeed in their affairs. But people in the last hours are distressed in the first place that they could not do some kindness, help, support relatives, friends, even casual acquaintances. And the second thing that torments almost everyone before death is that they paid little attention to children ... Bishop Tikhon (Shevkunov)

... how difficult it is for God to be with humans, how hard they build hell, how they do not want light and bliss. Priest Alexander Elchaninov

Our Relationship with Jesus Christ

This is the time to consider Jesus Christ and our relationship with Him. Jesus Christ is ever present with us. At times we will clearly sense His presence. At other times, we will feel distant and have thoughts dwelling other than on Christ. It is important that we always repent and return to Jesus Christ.

Our relationship with Jesus Christ is more than intellectual. It is intensely and uniquely personal. Though all Christians are united with and identify with Christ, each person feels a special relationship with Christ, a one to One relationship.

A special bond exists among Christians which they share with each other and with Christ. This bond transcends language and territory to link together in spirit and love, people who have never met personally.

The physical birth of Jesus Christ took place centuries ago. As Orthodox Christians, we celebrate Christ's nativity each year as a present day reality. We proclaim with joy each year that "God is with us!"

It is likely that we do not spend sufficient time being amazed at the passage of centuries and the enduring presence of Christ. Each year at the Divine Liturgy on Pascha we read from the Gospel of St. John that Jesus existed at what is referred to as "the beginning."(Jn.1:2). St. John states that all things were made through Him, and without Him nothing was made that was made."(Jn. 1:3).

Jesus Christ is central to our Faith. We take our identity from Him. We place our hope in Him. He is our salvation, the source for the remission of sins.

As Christians, we live in a busy and diverse world. There are many distractions. Many individuals in the world blaspheme and do not proclaim Jesus Christ with great glory. At times, the conclusion can be drawn a war is being waged to denounce and subdue any references to Jesus Christ in public places.

We must be certain of our faith. Our perspective must be clear. Through prayer, continual prayer without ceasing, we can come to know Christ as we have never known Him. The barriers to our relationship with Jesus Christ exist within us.

Each of us exerts control over our personal prayer life. Each of us exerts control over our use of time. Our thoughts are subject to personal control. We must be sensitive to the world "discipline" and how it emanates from the word "disciple". To be disciples of Christ, He must ever be present in our prayers, thoughts and mind. Jesus Christ must be our consuming interest.

The Orthodox Church is a Trinitarian Church. In the Creed, we proclaim our belief in One God, the Father Almighty, maker of heaven and earth. We proclaim our belief in the Son of God, of one essence with the Father. In the Creed, we assert our belief in the Holy Spirit, the giver of life, who with the Father and Son is worshipped and glorified. Our beliefs give rise to our actions and they define us as human beings.

We are members of the Holy Orthodox Church. Our religious teachings and services proclaim Christ as God and enable us to learn more about Him. Through the Holy Mysteries, we experience Christ in diverse ways in which He wonderfully impacts our lives.

The Holy Mysteries are turning points in human lives. We meet Christ in the Holy Mysteries, in Baptism, Chrismation, Confession and Communion,

Marriage and Ordination, in Holy Unction....these are times when changes noticeably occur in human beings. Participation in the Holy Mysteries is a turning point of life.

There is a subtlety to Jesus Christ. He acts in ways which defy total comprehension and challenges the best of minds. Jesus Christ became man without giving up His divinity. He entered the world through humble surroundings. We have no record of His being educated in institutions of higher learning but His teachings interest the world's best scholars.

Records exist of healing by Jesus Christ. These miracles are sources of hope and inspiration for the sick and suffering of the world. They are objects of scholarly research and close scrutiny. More importantly, the miracles of Christ serve to manifest the faith of Christians everywhere. Christ offers hope!

People of all ages have relationships with Jesus Christ. We know from the Gospel of St. Matthew that Jesus wanted the little children to come to Him.(MT.19:14). From personal observation, we can attest that men and women of all ages find a bond with Jesus Christ.

For many, the relationship with Jesus Christ begins at infant Baptism and grows throughout life. Other individuals may experience unity with Christ at later stages in life. The relationships may mature at different rates and in different ways. With certainty, we know the relationships with Christ are not limited by age, sex, race or national origin.

Jesus Christ is identified with the Kingdom of God. In the Creed, we refer to His Second Coming. In the Lord's Prayer, we pray, "Thy Kingdom come..." The Creed, The Lord's Prayer and our thoughts regarding Jesus Christ, all deserve careful attention.

In the Creed, we refer to the judgment that will take place when Christ returns. The Gospel of St. Matthew in the Twenty Fifth Chapter is an additional point of reference to the Last Judgment.

Our relationship to Jesus Christ is not to be stagnant. We should look to St. Apostle Paul who said Jesus Christ would be magnified in his body whether by life or by death. For St. Paul, to live is Christ and to die is gain.(Phil. 1:26-27).

Everyday is a new opportunity to renew our relationship with Jesus Christ. Every moment is an opportunity to say: "Lord Jesus Christ, Son of God, have mercy on me a sinner."

Throughout our lives, Jesus Christ is ever-present. He is wherever we may go. If we travel to another country, He is there. If we work in a factory

or hospital or office, Jesus Christ is present. Airplanes and rockets do not reach heights which exceed the grasp and presence of Christ.

We do not have to search to find Christ. We do not have to travel far. Our challenge is to open our hearts to Him and to keep them open. Our challenge is to keep our minds on Christ. We must open our eyes and be sensitive to Christ's presence wherever we are.

Now is the time to consider our relationship with Jesus Christ. It is always time to consider our relationship with Him. Time is measured according to Christ's birth. It behooves us to measure each moment of time as a golden opportunity to be with Jesus Christ.

Father Rodney Torbic

THE WAY OF GROWTH (Tuesday, October 10)

From Coffee with Sister Vassa

"And it is my prayer that your love may abound more and more, with knowledge and all discernment (αἰσθήσει, sensitivity), so that you may discern what is excellent, and may be pure and blameless for the day of Christ, filled with the fruits of righteousness which come through Jesus Christ, to the glory and praise of God. I want you to know, brethren, that what has happened to me has really served to advance the gospel, so that it has become known throughout the whole praetorium and to all the rest that my imprisonment is for Christ (ἐν Χριστῷ, in Christ)..." (Phil 1: 9-13)

Whatever happens to us today, both the ups and the downs, the Apostle is saying, let it all be "to the glory and praise of God"; may it benefit our growth in "love" and "knowledge," and greater "sensitivity" to what is truly "excellent" and what is not.

Spiritual growth! How does it happen, even amidst the "downs," like loss, rejection, and failure, including my own shortcomings? It happens "in Christ," when I let Him be present to me, and me present to Him, joining Him on the Way of the Cross. When I walk through things, according to the wisdom of the Cross, rather than avoid them in self-centered fear and going around in meaningless circles, I grow and "advance the gospel" in my life. So let me choose His way today, replacing neediness with self-offering, resentment with forgiveness, lust with humility, and fear with faith, that "love may abound more and more" in my life. "Help us, save us, have mercy on us, and keep us, O God, by Your grace!"

The terrible sin of suicide

The suicides are laying their hands on themselves to "do away with everything," but it turns out that everything is just beginning for them.

Here are some modern stories illustrating the posthumous state of suicides. One man who loved his wife fervently committed suicide when she died. He hoped so to unite with her forever. However, it turned out to be quite different. When the doctor managed to reanimate him, he said: "I was not at all where she was ... It was some terrible place ... And I immediately realized that I made a huge mistake." Some of the suiciders who returned to life described that after death they fell into some kind of dungeon and felt that they would stay there for a very long time. They realized that this was their punishment for breaking the established law, according to which every person should suffer a certain share of sorrows. Having arbitrarily overthrown the burden they have imposed on them, they must carry even more in the other world.

One man who survived the temporary death, said: "When I got there, I realized that two things are absolutely forbidden: to kill yourself and kill another person. If I decided to commit suicide, this would mean throwing the present gift given to them by God. To deprive another person of life would be to violate God's plan for him. " The general impression of resuscitation of doctors is this: suicide is severely punished. Dr. Bruce Greyson, a psychiatrist at the Department of Emergency Medicine at the University of Connecticut, who has thoroughly studied this issue, testifies that none of those who survive a temporary death wants to accelerate the end of their lives. Although that world is incomparably better than ours, but this life has a very important preparatory significance.

Only God decides when a person is mature enough for eternity. Beverly, forty-seven-year-old, told how happy she was that she remained alive. As a child, she suffered a lot of grief from her cruel parents, who daily mocked her. Already at an adulthood, she could not talk without emotion about her childhood. Once, at the age of seven, driven to despair by her parents, she threw her head down and smashed her head against cement. During the clinical death, her soul saw the familiar children surrounding her lifeless body. Suddenly a bright light shone around Beverly, from which an unknown voice said to her: "You made a mistake. Your life does not belong to you, and you must return. " Beverly objected: "But nobody loves me and nobody wants to take care of me." "It's true," the voice answered, "and in the future no one will take care of you." Therefore, learn to take care of yourself. " After these words, Beverly saw a snow and a dry tree around her. But then the warmth came from somewhere, the snow melted, and the

dry branches of the tree were covered with leaves and ripe apples. Approaching the tree, she began to pick apples and eat them with pleasure. Then she realized that both in nature and in every life there are periods of winter and summer, which constitute a single whole in the plan of the Creator. Bishop Alexander (Mileant)

As dry land, without getting moisture, does not bear fruit, so we, who were once a withered tree, could never bear the fruits of life without a blessed rain from above ... Therefore, we need the dew of God so that we will not burn out and become barren. - St. Irenaeus of Lyons

"In life everything will be very easy and easy if you decide to do everything for God, for God's sake and for the glory of God. Everything in life and in the soul will immediately fall into place." - Archimandrite John Krestiankin

Once, on a patronal feast, two village women went to a monastery on a pilgrimage. One of them in her youth, very long ago, committed an evil deed and since then she could not forget about it she was constantly tormented by her conscience, repented on a confession.

And now she walked on the road and lamented all the way: -"Sinner am I"! Am I worthy to kiss the icon of the merciful Savior with bad lips? How does mother earth carry me? How can the righteous Lord not punish me?

Her companion was a woman of strict life and therefore felt better than her friend. "I'm not afraid," she said. - I go with a light heart. Of course, neither am I a righteous one, but what sins do I have? A trifle is one, and I should not remember. But you, my dear, that is different story. I understand how hard it must be for you.

The women came to the monastery, prayed in the temple, and then came to the elder.

He asked them about everything, and then he said to the first woman: "You go into the field and bring here the biggest stone you can find."

To the other woman he said: "You get a full apron of small stones and bring them to me."

The women performed the order of the elder. When they brought him the stones, he said to them: "Well, now take these stones back and put them in the place where you got them from."

The first, with the heavy stone, went off, but the other woman in confusion hesitated.

"What is wrong?" the old man asked. "Oh, Father, you tell me to carry the stones to where I got them from?" –

"Yes, sprinkle the places from which the stones were taken"

"I can not."

"Why?"

"Because there are a lot of them. I do not remember all the places where I got them from."

" Know then," - said the elder, "your friend once made a big sin and constantly remembers it, repents, washing it with tears. She knows where the pit from her stone remains. You, with your small, as you think, sins, do not know where and when you did the evil. You do not even remember them, and so you do not have the opportunity to make up for your sins. They stay in your soul, like these stones in your apron."

Dirt is always dirt, whether it is a puddle or a drop.

And the woman understood that she, with her small weaknesses and sins, no less than her friend, should take care of the purity of soul and repentance.