



Holy Ghost Orthodox Church

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PRE-LENTEN SUNDAYS—OF THE TRIODION

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father George & Pani Lillian Hnatko, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smoly nec, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Gary & Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas

Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipović, Lynn, Jacqueline, Sharon, Zan Cheng, Jeff Jones, Kristy, Elaine Ellenberger, Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Millie Koss Good, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Mike Mangan, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, Marika Zeliszczyk, Donna Davis, Jackie Crimbchin, Marta Charron, Mary [Corba], Stella McKeag, Margie Sekelsky, Gary Howell, Fran Fulton, Gina Catanese, Bill Vizza, Jamie Swarm, Kevin Allen (from Ancient Faith Radio), Kathy Flaherty, Tori Reade-Henry's niece, Derick-Glen Burlack's neighbor, Michael, Nichole & Christopher, Cheryl Pomeroy, Ben Douglas, Dianne Donahue,

Zachary, Natasha, Noah Willard, and Ian Brick. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY to our February babies: David Shirley on the 1st and Kyle James Weiser on the 12th. May God grant them Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless!

In conjunction with Slickville's Centennial Celebration next year, the Centennial Committee is selling tear-off raffle tickets to help finance the celebration and fireworks. Bill Kuznik is the keeper of the tickets which cost \$2 and are sold every week. Please see Bill if you are interested or with any questions. We have a list of winning numbers in the bulletin insert! Fr. Bob

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

***AT ANY TIME*—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

SCHEDULE OF SERVICES

**SUNDAY, FEBRUARY 05 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
SUNDAY OF THE PUBLICAN AND THE PHARISEE; HIEROMARTYR CLEMENT-BISHOP OF ANCYRA & MARTYR AGATHANGELUS; VENERABLE MAUSIMAS THE SYRIAN; VENERABLE STAMANES THE SILENT; SAINT PAULINUS THE MERCIFUL-BISHOP OF NOLA; COMMEMORATION OF THE SIXTH ECUMENICAL COUNCIL**

Tone 8

2 Timothy 3:10-15

Luke 18:10-14

Litany in Blessed Memory of Stephen Kuzman & Nicholas Vetosky--Fr. Bob

**SUNDAY, FEBRUARY 12 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
SUNDAY OF THE PRODIGAL SON; SYNAXIS OF THE 3 HOLY HIERARCHS: SAINT BASIL THE GREAT, SAINT GREGORY THE THEOLOGIAN, & SAINT JOHN**

**CHRYSOSTOM; HIEROMARTYR HIPPOLYTUS-POPE OF ROME & WITH HIM
MARTYRS CENSORINUS, SABINUS, & OTHERS; SAINT ZENO-HERMIT &
DISCIPLE OF SAINT BASIL THE GREAT; MARTYR THEOPHILUS THE NEW; SAINT
PETER-KING OF BULGARIA; SAINT ZENO THE FASTER OF PERCHEVSKY LAVRA**

Tone 1

1 Corinthians 6:12-20; Hebrews 13:7-16
Luke 15:11-32; Matthew 5:14-19

**SUNDAY, FEBRUARY 19 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
MEATFARE SUNDAY; SUNDAY OF THE LAST JUDGMENT; VENERABLE BUCCOLUS-
BISHOP OF SMYRNA; VIRGIN-MARTYR DOROTHEA & WITH HER MARTYRS
CHRISTINA & CALLISTA-SISTERS & THEOPHILUS AT CAESAREA IN
CAPPADOCIA; MARTYR JULIAN; VIRGIN-MARTYRS MARTHA & MARY & THEIR
BROTHER MARTYR LYCARION IN EGYPT; VENERABLES BARSANUPHIUS THE
GREAT & JOHN THE PROPHET-MONKS OF PALESTINE; SAINT PHOTIUS-
PATRIARCH OF CONSTANTINOPLE**

Tone 2

1 Corinthians 8:8-9:2
Matthew 25:31-46

BULLETIN INSERT FOR 05 FEBRUARY 2017

**SUNDAY OF THE PUBLICAN AND THE PHARISEE; HIEROMARTYR
CLEMENT-BISHOP OF ANCYRA & MARTYR AGATHANGELUS;
VENERABLE MAUSIMAS THE SYRIAN; VENERABLE STAMANES THE
SILENT; SAINT PAULINUS THE MERCIFUL-BISHOP OF NOLA;
COMMEMORATION OF THE SIXTH ECUMENICAL COUNCIL**

TROPARION—TONE 8

Thou didst descent from on high, O Merciful One!
Thou didst accept the three-day burial to free us from our sufferings!
Our Lord, our Life and Resurrection, Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 8

By rising from the tomb,
Thou didst raise the dead and resurrect Adam.
Eve exults in Thy Resurrection,
And the world celebrates Thy Rising from the dead,
O greatly Merciful One!

PROKEIMENON—TONE 8

READER: Pray and make your vows before the Lord our God!

PEOPLE: Pray and make your vows before the Lord our God!

READER: In Judah, God is known; His name is great in Israel!

PEOPLE: Pray and make your vows before the Lord our God!

READER: Pray and make your vows.

PEOPLE: Before the Lord our God!

ALLELUIA VERSES—TONE 8

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

[Susan Schneider](#) January 29 at 4:52pm

The Season of the Triodion

Orthodox Lent begins on Clean Monday, seven weeks before Pascha, when Orthodox Christians celebrate the Lord's Resurrection. But before Lent begins, it is announced in advance. This preparation for Lent is made above all through the Lenten Triodion, which makes its appearance in the liturgical life of the Church three weeks prior to Lent, on the Sunday of the Tax-Collector (or Publican) and the Pharisee. The Triodion remains a regular feature of the Church's liturgical life until the end of Holy Week.

Written for the devout Christian, the Triodion is full of warnings against pride and hypocrisy—the ultimate spiritual sins to which religious folk are so susceptible. Its hymns teach us the true nature and purpose of fasting and of Lent itself.

A Guide to the Season of the Triodion:

Sunday of the Tax Collector and the Pharisee (Beginning of the Triodion) Feb. 5/Jan. 23

Meat Week (The usual Wednesday and Friday fasts Orthodox Christians observe throughout most of the year are suspended for this week)

Sunday of the Prodigal Son (Second Sunday of the Triodion) Feb 12/Jan. 30

Sunday of the Last Judgment/ Meatfare Sunday (Third Sunday of the Triodion) Feb. 19/Jan. 6

Cheesefare Week (Fasting from meat only all week)

Forgiveness Sunday/Cheesefare Sunday (Fourth Sunday of the Triodion) Feb. 26/Feb. 13

CLEAN MONDAY (Lent begins). *For the next forty days we fast from meat and dairy. Fish is permitted on the Great Feasts of the Annunciation (Apr. 27/Mar. 25) and Palm Sunday. Wine and oil are permitted on all Saturdays and Sundays with the exception of Great and Holy Saturday (the day before Pascha/ Easter Sunday).*

Sunday of Orthodoxy (First Sunday of Lent)..Mar. 5/Feb. 20

Sunday of St. Gregory Palamas (Second Sunday of Lent) Mar. 12/Feb. 27

Sunday of the Cross (Third Sunday of Lent) Mar. 19/Mar. 6

Sunday of St. John Climacus (Fourth Sunday of Lent) Mar. 26/Mar. 13

The Canon of St. Andrew (Evening of Wednesday or morning of Thursday of the fifth week of Lent)

The Akathist Hymn (Evening of the Friday of the fifth week of Lent)

Sunday of St. Mary of Egypt (Fifth Sunday of Lent)..Apr. 2/Mar. 20

Lazarus Saturday (Caviar allowed) Apr. 8/Mar. 26

Palm Sunday (Entry of the Lord in Jerusalem/End of Lent/Beginning of Holy Week)Apr. 9/Mar. 27

HOLY WEEK (From the evening of Palm Sunday until Great and Holy Saturday). The rules of Lenten fasting apply also to Holy Week

The Pascha of the Lord Apr. 16/Apr. 3

from Vassilios Papavassiliou, Meditations for Great Lent: Reflections on the Triodion



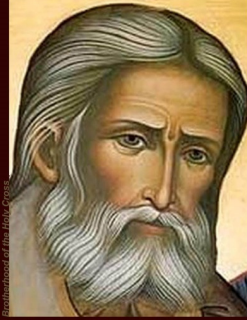


Pussy Willows

According to an old Polish legend, a mother cat was crying at the bank of the river in which her kittens were drowning.

The willows at the river's edge longed to help her, so they swept their long graceful branches into the waters to rescue the tiny kittens who had fallen into the river while chasing butterflies.

The kittens gripped on tightly to their branches and were safely brought to shore. Each springtime since, goes the legend, the willow branches sprout tiny fur-like buds at their tips where the tiny kittens once clung.



St. Seraphim of Sarov
The Spiritual Instructions to Laymen and Monks
Little Russian Philokalia

And so brothers, St. Antioch teaches, when despair attacks us let us not yield to it, but being strengthened and protected by the light of faith, with great courage let us say to the evil spirit:

"What are you to us, estranged from God, a fugitive from heaven and evil servant?

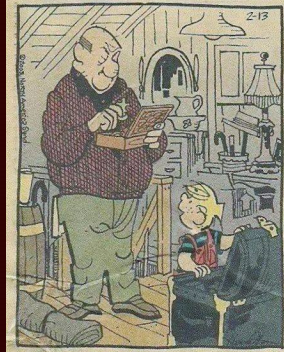
You dare do nothing to us.

Christ, the Son of God, has authority both over us and over everything. It is against Him that we have sinned, and before Him that we will be justified.

And you, destroyer, leave us.

Strengthen by His venerable Cross, we trample under foot your serpent's head" (St. Antioch, Discourse 27).

DENNIS THE MENACE / By Hank Ketcham



"If you were an Eagle Scout when you were a kid, does that mean you're a bald eagle now?"



Emmanuel - J93 ++ Rejoice and Be Glad ++

The whole world was made in the creative outpouring of Trinitarian love, and so has a natural response of rejoicing with love back towards God. This is the natural state of everything that God has made. When Adam and Eve fell, we lost our natural abilities to see and feel and know everything as it actually is by its inmost nature, and Creation fell too into a sorrowful state. Christ came to bring us back first to an unfallen state, and then amazingly to the risen state of the fullness of the human condition. Thus we can then reflect, more than all of Nature, the bright Image and the Likeness of God remade into the complete Man—reflecting like a clear full moon the Sun of Righteousness. Christ also healed Creation which rejoices now in love towards Him. Let us rejoice, at each celebration of the Church, the revelation of great grace and glory: at His Nativity, His Baptism, His Transfiguration, and His Resurrection. Heaven then comes down close to our hearts if we will humbly turn towards Him with gladsome faith and love. Rejoice, my heart, rejoice, for God is with us.

"Rejoice in the Lord always, again I say rejoice." (Phil. 4:4)

The Monastics at St. Isaac of Syria Skete
and at the Convent of St. Silouan
and the Faithful at St. Nicholas Church
and the Staff at Orthodox Byzantine Icons
and St. Isaac's Bookstore

Holy Ghost wall calendars for 2017 are available downstairs for your use—take one home and put it on the refrigerator or wall to keep track of daily bible readings and Feasts and Fasts of our church!

Also, there are donation envelopes for your use—please help support our parish and its work in God's Vineyard! God Bless you!

All Saints Camp "Calendars" are available from Pani Gina. Please see her downstairs after services or let Fr. Bob know you'd like one...they are \$25.

WE WILL HOLD A SPECIAL COLLECTION TODAY to benefit the IOCC Syrian Relief Fund. They have been and are presently aiding the thousands of displaced Christians and others who have fled the war in Syria. Please donate as your circumstances allow...and continue to pray for peace!

UPDATE ON SLICKVILLE TICKET WINNERS:

We have had several winners last year—Bill Kuznik is our latest winner—you may be next!

Check your tickets and contact Bill Kuznik if you have a winning ticket!

Remember, the tickets are the main way to finance the fireworks display for the Slickville Centennial Celebration next August. Any left over money will be divided among the three churches and the volunteer fire department!

More details on the Centennial will be forthcoming—please check the Centennial website for more information: <http://slickville100.com>

Slickville Centennial hats and clothing are now available—see Bill for order forms for hats, t-shirts, polo shirts, and sweatshirts!!! Show your Slickville pride to everyone!