



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Father Michael Smolynec, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel &

Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Millie Koss Good, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Mike Mangan, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, Marika Zeliszczuk, Donna Davis, Jackie Crimbchin, Marta Charron, and Ian Brick. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free at some time in the future...may God watch over him and heal him...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, JULY 31 OBEDNITZA—DOWNSTAIRS 10:30 AM
5TH SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE FIRST SIX
ECUMENICAL COUNCILS; MARTYR EMILIAN OF SILISTRA IN BULGARIA;
MARTYR HYACINTH OF AMASTRIS; VENERABLE PAMBO-HERMIT OF EGYPT;
VENERABLE JOHN THE LONG-SUFFERING AND VENERABLE PAMBO THE
RECLUSE OF PERCHEVSKY LAVRA

Tone 5

Romans 12:6-14; Hebrews 13:7-16
Matthew 9:1-8; John 17:1-13

SUNDAY, AUGUST 07 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
6TH SUNDAY AFTER PENTECOST; DORMITION OF THE RIGHTEOUS ANNA-
MOTHER OF THE MOST HOLY THEOTOKOS; SAINT OLYMPIAS THE DEACONESS &
VIRGIN EUPRAXIA OF TABENNA; COMMEMORATION OF THE FIFTH
ECUMENICAL COUNCIL

Tone 6

Romans 15:1-7; Galatians 4:22-31
Matthew 9:27-35; Luke 8:16-21

***Litany in Blessed Memory of Father Peter Natishan, Samuel Mrvos, David Yenni,
M. Denise Lawrence, Rudy Obradovich, Mike Horvath, Anna Harte, Millie Kitch,
Agnes Rossi, Mary Milanovich, Michael Cherepko, & Mary Viganì—Fr. Bob***

SUNDAY, AUGUST 14 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
7TH SUNDAY AFTER PENTECOST; PROCESSION OF THE PRECIOUS WOOD OF THE
LIFE-GIVING CROSS; HOLY 7 MACCABEES-MARTYRS ABIMUS, ANTONIUS,
GURIAS, ELEAZAR, EUSEBONUS, ALIMUS, & MARCELLUS, MOTHER SOLOMONIA,
& TEACHER ELEAZAR; CELEBRATION OF THE BAPTISM OF RUS-UKRAINE
BEGINNING OF THE DORMITION FAST

Tone 7

1 Corinthians 1:10-18; Hebrews 11:33-12:2
John 19:6-11, 13-20, 25-28, 30-35; Matthew 10:32-36, 11:1

BULLETIN INSERT FOR 31 JULY 2016

**5TH SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE FIRST SIX
ECUMENICAL COUNCILS; MARTYR EMILIAN OF SILISTRA IN
BULGARIA; MARTYR HYACINTH OF AMASTRIS; VENERABLE PAMBO-
HERMIT OF EGYPT; VENERABLE JOHN THE LONG-SUFFERING AND
VENERABLE PAMBO THE RECLUSE OF PERCHEVSKY LAVRA**

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death,
And to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior,
Shattering its gates as almighty;
Resurrecting the dead as Creator,
And destroying the sting of death.
Thou hast delivered Adam from the curse,
O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this
generation forever.

**PEOPLE: Thou, O Lord, shalt protect us and preserve us from this
generation forever.**

READER: Save me, O Lord, for there is no longer any that is godly.

**PEOPLE: Thou, O Lord, shalt protect us and preserve us from this
generation forever.**

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: From this generation forever.

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.



Creation of the Universe – CF746

+ + Precious Love + +

The whole world is upborne and sustained by God's Love, and each person was created as an act of love. This is truly incomprehensible to us because we can't see clearly the breath, and depth, and enormous scope of such great love. God looked at each stage of Creation and said clearly that it was good: the sun, the moon, the stars, the seas, the earth, the animals, the birds, the fish, and the plants. All is good, all is blessed, and all is an outpouring of Trinitarian love. When we were created, then God said that this was more than good, but very good. Very good! When will we live up to such a great calling, to such a great love: personal, intense, and giving the power to also create around us an expression of God's goodness and love. Help us, O Lord, to fulfill Thy precious love in us and in all we touch and see. Amen.

"Keep me as the apple of the eye, hide me under the shadow of Thy wings." (Psalm 16:8 in Septuagint numbering, 17:8 in Hebrew numbering)

The Monastics at St. Isaac of Syria Skete
and at the Convent of St. Silouan
and the Faithful at St. Nicholas Church
and the Staff at Orthodox Byzantine Icons
and St. Isaac's Bookstore

Christ said, "Where your treasure is, there will your heart be also." But we distort this and think it means, "Your treasure will be where your heart is." We think that the thought is what matters. But Christ was quite materialist (wholistic) about the matter. Your treasure (your stuff) controls your thoughts. If you say you care about the poor, give them some of your stuff. If you don't care about them, give them some of your stuff. If you give enough, over time you will come to care. The heart follows. - Fr. Stephen Freeman

Via **Father Michael Smolynec**

"You cannot be too gentle, too kind. Shun even to appear harsh in your treatment of each other. Joy, radiant joy, streams from the face of him who gives and kindles joy in the heart of him who receives. All condemnation is from the devil. Never condemn each other. We condemn others only because we shun knowing ourselves. When we gaze at our own failings, we see such a swamp that nothing in another can equal it. That is why we turn away, and make much of the faults of others. Instead of condemning others, strive to reach inner peace. Keep silent, refrain from judgment. This will raise you above the deadly arrows of slander, insult and outrage and will shield your glowing hearts against all evil." -St. Seraphim

Today's Word...07-25-2016--(Ephesians 4-31-32)

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. Put on then, as God's chosen ones, holy and beloved, compassionate hearts, Kindness, humility, meekness, and Patience, bearing with one another and, if one has a complaint against another, forgiving each other, as the Lord has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony. One of the most devastating symptoms of pride is the unwillingness to forgive, it eats us alive like cancer in the bones, it destroys our very soul, and it is a special tool the enemy uses against to us. In order to receive all that God has for us, we must be willing to forgive. Remember the Words of Our Lord on the Cross, Father Forgive them for they know not what they do! Enjoy the freedom that only comes from forgiveness today, Let it go and forgive. May Our

Heavenly Father Smile on you Today as you Forgive! Have a wonderful and Forgiving day! Lazarus☐☺

The ingredients for the Holy Chrism symbolize the perfection of virtues whose fullness and sacramental unity is our Lord Jesus Christ. The main element which makes up the foundation of the Holy Chrism is pure, virgin olive oil, to which are combined balsam, and 40 kinds of fragrant incense, flowers, sweet aromatic plants, roots and floral extracts, as well as different oil and leaf extracts. The chosen amounts are crushed, ground and mixed with the olive oil, white wine, rose water, and other floral essences. It is brewed for three days, starting from Great Monday till Great Wednesday, constantly being stirred, while Priests read the Holy Gospel without stopping. The chauldron is ignited with the Bishop with the Trikiria. The Holy Chrism is placed in twelve containers.



Blot out the record of my falls into sin, cleave the clouds of my sorrow, the haze and tumult of my thoughts. Remove from me the tempest and tumult of passions ;enlarge my heart with spiritual breadth, give me joy and gladness and grant that I may walk the right path of Thy Son's

commandments and properly pass through life without faltering and with an untainted conscience. - St. Ephraim the Syrian