



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

www.holyghostorthodoxchurch.org

Very Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

Christ IS Risen! Indeed He IS Risen!

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael

Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Millie Koss Good, Mary Haraczy, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Mike Mangan, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, Marika Zeliszczuk, Donna Davis, and Jackie Crimbchin. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania to undergo surgery for back pain. This particular

procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free at some time in the future...may God watch over him and heal him...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, MAY 22 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
4TH SUNDAY OF PASCHA; SUNDAY OF THE PARALYZED MAN; RIGHTEOUS
TABITHA; TRANSLATION OF THE RELICS OF MARTYR ABRAMIUS OF BULGARIA;
PROPHET ISAIAH; MARTYR CHRUSTOPHER OF LYCIA; TRANSLATION OF THE
RELICS OF SAINT NICHOLAS THE WONDERWORKER FROM MYRA TO BARI**

Tone 3

Acts 9:32-42; Hebrews 13:17-21

John 5:1-15; Luke 6:17-23

Litany in Blessed Memory of His Beatitude, Metropolitan Constantine—Fr. Bob

**SUNDAY, MAY 29 NO SERVICE IN SLICKVILLE
5TH SUNDAY OF PASCHA; SUNDAY OF THE SAMARITAN WOMAN; SAINT
THEODORE THE SANCTIFIED; SAINT ALEXANDER-ARCHBISHOP OF JERUSALEM;
MARTYRS VITUS, MODESTUS, & CRESCENTIA; BLESSED CHILD MUSA; MONK-
MARTYRS OF THE COMMUNITY OF SAINT SABA THE SANCTIFIED; SAINT
GEORGE-BISHOP OF MITYLENE**

Tone 4
Acts 11:19-26; 29-30
John 4:5-42

SUNDAY, JUNE 05 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
6TH SUNDAY OF PASCHA; SUNDAY OF THE MAN BORN BLIND; VENERABLE
MICHAEL THE CONFESSOR-BISHOP OF SYNNAIDA; MARTYR MICHAEL "THE
BLACK-ROBED" OF SAINT SABBAS MONASTERY; VENERABLE VIRGIN
EUPHROSYNE-PRINCESS OF POLOTSK

Tone 5
Acts 16:15-34
John 9:1-38

Litany in Blessed Memory of Walter Burlack, Ann Roman, Millie Kerr, Mary
Maolie, Dianne Waryanka, Joe Karas, and Mary "Maxine" Kitch—Fr. Bob

BULLETIN INSERT FOR 22 MAY 2016

4TH SUNDAY OF PASCHA; SUNDAY OF THE PARALYZED MAN;
RIGHTEOUS TABITHA; TRANSLATION OF THE RELICS OF MARTYR
ABRAMIUS OF BULGARIA; PROPHET ISAIAH; MARTYR
CHRUSTOPHER OF LYCIA; TRANSLATION OF THE RELICS OF SAINT
NICHOLAS THE WONDERWORKER FROM MYRA TO BARI

Christ is Risen! Indeed He is Risen!
Христос воскрес! Воистину воскрес!
Χριστός ανέστη! Ἀληθῶς ανέστη! (Khristós Anésti! Alithós Anésti!)
Hristos a înviat! Adevărat a înviat!
قام حقاً! قام المسيح! (al-Masīḥ qām! Ḥaqqan qām!)
Kristo Amefufukka! Kweli Amefufukka

TROPARION—TONE 3

Let the Heavens rejoice! Let the earth be glad!
For the Lord has shown strength with His arm!
He has trampled down death by death!
He has delivered us from the depths of hell,
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit...

KONTAKION—TONE 3

By Thy Divine intercession, O Lord,
As Thou didst raise up the paralytic of old,
So raise up my soul, paralyzed by sins and thoughtless acts:

So that being saved I may sing to Thee:
Glory to Thy majesty, O Bountiful Christ!

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 3

On this day Thou didst rise from the tomb, O Merciful One!
Leading us from the gates of death.
On this day Adam exults as Eve rejoices;
With the prophets and patriarchs
They unceasingly praise the divine majesty of Thy power!

PROKEIMENON—TONE 1

READER: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Rejoice in the Lord, O you righteous! Praise befits the just.

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Let Thy mercy, O Lord, be upon us...

PEOPLE: As we have set our hope on Thee.

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

THE HYMN TO THE THEOTOKOS (Replaces "It Is Truly Meet")

The angel cried unto Mary, who was full of Grace

Hail, oh pure virgin, oh pure virgin

once again I hail Thee

Thy Son has risen from His three days in the grave,

and He has raised the dead with Him,

Oh rejoice, all ye people.

Oh shine with clear radiance, shine on new Jerusalem

For the glory of the Lord is shining up on you.

**Rejoice! Rejoice! now and be joyful--oh Zion, and though
oh pure one and adorable birthgiver of God,**

in the rising again of HIM who was born of Thee.

COMMUNION HYMNS

Receive ye the Body of Christ; taste ye the fountain of immortality.

Praise the Lord from the heavens! Praise Him in the highest!

Sometimes we are disturbed that our petition related to earthly needs are not fulfilled, and it seems to us that the Lord doesn't hear us. We want to get everything: we would like to live a long and healthy life, with pleasant people, having abundance and peace with our family and children - in short, we want everything to be excellent in this life. God is interested in more than that. He wants us to inherit the Heavenly Kingdom. More often than not, earthly possessions become an obstacle to this. This is why the Lord does not give them to us or is too slow in granting them in order to make us think twice and accept these things as a free tool to achieve a greater goal. Sometimes when we cannot deal with these things, He temporarily takes them away completely regardless of how essential they seemed to us.
- *Priest Valery Zakharov*

The censer demonstrates the humanity of Christ, and the fire, His divinity. The sweet-smelling smoke reveals the fragrance of the Holy Spirit which precedes. For the censer denotes sweet joy. - *St. Germanus of Constantinople, On the Divine Liturgy*



Ukrainian Orthodox Church of the USA
Українська Православна Церква США



Eighth Anniversary of Bishop Daniel's Consecration

Eight years ago His Grace Bishop Daniel was consecrated at St. Volodymyr Ukrainian Orthodox Cathedral in Parma, OH by seven Orthodox Hierarchs from around the world and participating in the consecration services were 60 priests and deacons of the Ukrainian Orthodox Church of the USA and other Orthodox Churches, along with 400 faithful who traveled to Parma, OH from around the country, from California to Maine and from Canada to Florida and everywhere in between.

15 years ago at St. Andrew Ukrainian Orthodox Memorial Church, South Bound Brook, NJ Deacon Volodymyr Zelinsky was ordained to the Holy Priesthood by Archbishop Anthony (present Metropolitan).

During his service to the Church His Grace Bishop Daniel doubled if not tripled the load a clergy can do. Everyone is really inspired by his word and work. He is working extremely hard in God's vineyard.

On behalf of the clergy, members of the Council of Metropolia, the Consistory and faithful of the Ukrainian Orthodox Church of the USA we pray that our Lord will grant him peace, safety, honor, health and length of days "rightly teaching" the word of God's truth.

Axios! Eis polla eti despota!
God grant you many and blessed years!
Многая і благая літа!

+ + Greater Blessings + +

"...remember the words of the Lord Jesus, how He said, 'It is more blessed to give than to receive.'" (Acts 20:35)

There are many blessings given to us in this life, often without effort, and they are often taken for granted: friendship, comradery, family, loved ones, good weather, shelter, food, drink, special moments, and times of wonder and thankfulness. We may have a part in entering those times, but

often they are unexpected, and so, joyous indeed. Who can just order a warm Spring day, or a fine sunset, or a bright rainbow? No one in just this world. There are also blessings which we can work for that enhance our lives and intensify our pleasure and well-being. They are still more than just our own efforts, because as small human beings we cannot order the universe and others to do as we wish. How then can we seek greater blessings than those found in just circumstance or our own efforts? When we learn a great secret of life that goes against just waiting for blessings to come on their own or from ourselves, then we have learned something very meaningful indeed, and so, are full of surprises. This is not bound by worldly thinking in any way.

It is found by actively giving from the heart to others, although at the beginning this becomes a habit by freely using our own choice and will. Then an entire horizon of goodness and blessings will come to us. Not just in expected returns will it come, but when done enough we begin to enter the stream of mercy and love that flows out from God to all Creation, and especially to all people. In that giving itself, we experience great joy and great blessings indeed. Let us begin today to know this ourselves, by patient consistent practice, until we can say, Lord Jesus Christ, Thou are absolutely full of abundant love and blessings! Amen.

"And let him that heareth say, Come. And let him that is athirst, Come. And whosoever will, let him take the water of life freely...surely I come quickly. Amen. Even so, come Lord Jesus." (Rev. 22: 17, 20)

The Monastics at St. Isaac of Syria Skete
and at the Convent of St. Silouan
and the Faithful at St. Nicholas Church
and the Staff at Orthodox Byzantine Icons
and St. Isaac's Bookstore.

How can a Christian remain pure in heart in this filthy and polluted environment?

Elder: "If a Christian is polluted so easily by the external environment, it means that he has not attained internal purification of the heart. That purification is the whole struggle of watchfulness and prayer. The holy fathers say that with the purification of the heart our external senses are also cleansed. And not only that. Pollution is isolated as it attempts to

attack and penetrate our inner world. The polluted spiritual air is filtered out by watchfulness and prayer. Therefore, I think you should not worry so much that you live in a polluted environment, as that you have not purified your heart. Many ways were applied and are being applied. One is the surest and most fruitful way for purification: unceasing attentiveness and prayer, Holy Communion and participation in the life of Christ." (*Philokalia, Watchfulness and Prayer*)

The Sunday of the Myrrhbearers Mark 15:43-16:8

Joseph of Arimathaea, an honourable counsellor, which also waited for the kingdom of God, came, and went in boldly unto Pilate, and craved the body of Jesus. And Pilate marvelled if he were already dead: and calling unto him the centurion, he asked him whether he had been any while dead. And when he knew it of the centurion, he gave the body to Joseph. And he bought fine linen, and took him down, and wrapped him in the linen, and laid him in a sepulchre which was hewn out of a rock, and rolled a stone unto the door of the sepulchre. And Mary Magdalene and Mary the mother of Joses beheld where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, had bought sweet spices, that they might come and anoint him. And very early in the morning the first day of the week, they came unto the sepulchre at the rising of the sun. And they said among themselves, Who shall roll us away the stone from the door of the sepulchre? And when they looked, they saw that the stone was rolled away: for it was very great. And entering into the sepulchre, they saw a young man sitting on the right side, clothed in a long white garment; and they were affrighted. And he saith unto them, Be not affrighted: Ye seek Jesus of Nazareth, which was crucified: he is risen; he is not here: behold the place where they laid him. But go your way, tell his disciples and Peter that he goeth before you into Galilee: there shall ye see him, as he said unto you. And they went out quickly, and fled from the sepulchre; for they trembled and were amazed: neither said they any thing to any man; for they were afraid.(KJV)

The Resurrection of Christ is joyfully celebrated in God's Holy Church. The Resurrection of Christ has forever changed the world. The news of Christ rising from the dead is proclaimed as a contemporary message.

Mary Magdalene, and Mary the mother of James, and Salome, went to the Tomb and were greeted with the joyous news of Christ's resurrection. Christians share this message today, more than twenty centuries later.

Christians rejoice in Christ's resurrection. Christians find meaning, purpose and hope in Christ's resurrection. The Church celebrates the resurrection each day until the Feast of the Ascension.

This period of rejoicing is a period of reorienting life. Hope and joy abound in the post-Paschal period of celebration. Evidence of the Risen Christ is manifested in daily life.

Attentive Christians see and experience Christ in daily life. Faithful believers reach out in prayer to the Risen Christ during the course of each day. The Risen Christ fills hearts open to His presence.

Each day is an opportunity in life to live fully in Christ. Each moment is an opportunity to unite the heart, mind and soul with Christ. Disciplined use of the mind repels adverse thoughts and temptations.

Searchers for personal peace find lasting peace in the Risen Christ. Searchers for hope in times of distress find hope in the Defeater of Death. Individuals experiencing depression find joy in the Risen Christ.

Life in Christ offers endless possibilities for serious believers. Life is ultimately measured by the values and virtues of living in Christ. The final judgment rests ultimately with Christ.

Seeking first to please Christ has lasting results. Seeking first to please Christ puts subsequent decisions into perspective. Christ's teachings and life are lasting lessons for daily life.

The Holy Scriptures and lives of the saints are continuous sources for nourishing believers. Strength from Christ is necessary for daily living. Christ is the source of ultimate strength for daily living.

The White Angel at the Tomb identified with Christ's resurrection holds a prominent place in the Serbian Monastery Mileseva. The message of Christ's resurrections changes lives throughout the world.

In communities everywhere, in homes, hospitals and prisons, individuals hear the message of Christ's resurrection. The message of the resurrection makes a deciding difference in the attentive listener.

The Resurrected Christ helps persons suffering from depression. The Resurrected Christ soothes and comforts mourners. The Resurrected Christ lifts the spirits of the downtrodden.

Individual seeking to nourish and feed their souls immerse themselves in the Resurrected Christ. Individuals suffering from difficulties in marriage turn to the Resurrected Christ for guidance, direction and strength.

Men and women in prison seeking a better life upon release learn from the Crucified and Resurrected Christ. Seriously injured and ill believers place full confidence in the Crucified and Resurrected Christ.

Mourners having friends and families departed this life have a stronger belief in the resurrection of the dead. Christ rising from the dead is the basis for believers thinking more about the resurrection of the dead.

The Church addresses the serious interests and concerns of believers. Believers have a responsibility to come to Christ in faith. Believers have a responsibility to attend Church with regularity to learn necessities of life.

The Church is the best source of learning for life. The ultimate values and lessons for life are best learned in Church. Lessons from the Crucified and Resurrected Christ are always new and enlightening.

St. George Serbian Orthodox Church, Carmichaels, Pennsylvania. Sunday of the Myrrhbearers. May 2/15, 2016. St. Athanasius the Great. St. Michael, Father Rodney Torbic

Christ is Risen! Христос Воскресе!

Χριστός Ανέστη! قام المسيح!

O Death, where is thy sting? O Hell, where is thy victory?

Christ is risen, and thou art overthrown! Christ is risen, and the demons are fallen! Christ is risen, and the angels rejoice! Christ is risen, and life reigns! Christ is risen, and not one dead remains in the grave. For Christ, being risen from the dead, is become the first-fruits of those who have fallen asleep.

To Him be glory and dominion unto ages of ages. Amen.

- from the Paschal Homily of St. John Chrysostom

Reminder for Memorial Day...there will be no service in Slickville due to parishioners travelling for the holiday weekend. We will return to our normal [upstairs] service on June 5th at 10:30 AM. Please be safe on your travels and enjoy the company

of friends and family! If you are interested in attending another Orthodox church at your destination, please see Father Bob!

REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday, June 19th. Instead of "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service *until Ascension Thursday, June 9th*, we sing "Christ is Risen!" Also, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.