



## Holy Ghost Orthodox Church

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# Christ IS Risen! Indeed He IS Risen!

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Archpriest Dionysi Vitali, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer,

Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaele Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Millie Koss Good, Mary Haraczy, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Mike Mangan, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, Marika Zeliszczuk, and Jackie Crimbchin. ARNOLD: Homer Paul Kline. We pray that God will grant them all a speedy recovery.

In his degree the priest is an angel, but in his doings a man. By mercy he is made a mediator, between God and mankind. - St. Ephrem the Syrian

**Please remember in your prayers—our dear ‘Little Father’ Emilian,** who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free at some time in the future...may God watch over him and heal him...Fr. Bob

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

#### SCHEDULE OF SERVICES

**SUNDAY, MAY 15 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM  
3<sup>RD</sup> SUNAY OF PASCHA; SUNDAY OF THE MYRRH-BEARING WOMEN &  
RIGHTEOUS JOSEPH OF ARIMATHEA & NICODEMUS; SAINT ATHANASIUS THE  
GREAT-ARCHBISHOP OF ALEXANDRIA; TRANSLATION OF THE RELICS OF THE**

**HOLY PASSION-BEARERS BORIS AND GLEB OF RUS-IN HOLY BAPTISM RANUS &  
DAVID**

*Tone 2*

Acts 6:1-7, Romans 8:28-39  
Mark 15:43-16:8; John 15:17-16:2

**SUNDAY, MAY 22 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM  
4<sup>TH</sup> SUNDAY OF PASCHA; SUNDAY OF THE PARALYZED MAN; RIGHTEOUS  
TABITHA; TRANSLATION OF THE RELICS OF MARTYR ABRAMIUS OF BULGARIA;  
PROPHET ISAIAH; MARTYR CHRUSTOPHER OF LYCIA; TRANSLATION OF THE  
RELICS OF SAINT NICHOLAS THE WONDERWORKER FROM MYRA TO BARI**

*Tone 3*

Acts 9:32-42; Hebrews 13:17-21  
John 5:1-15; Luke 6:17-23

***Litany in Blessed Memory of His Beatitude, Metropolitan Constantine—Fr. Bob***

**SUNDAY, MAY 29 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM  
5<sup>TH</sup> SUNDAY OF PASCHA; SUNDAY OF THE SAMARITAN WOMAN; SAINT  
THEODORE THE SANCTIFIED; SAINT ALEXANDER-ARCHBISHOP OF JERUSALEM;  
MARTYRS VITUS, MODESTUS, & CRESCENTIA; BLESSED CHILD MUSA; MONK-  
MARTYRS OF THE COMMUNITY OF SAINT SABA THE SANCTIFIED; SAINT  
GEORGE-BISHOP OF MITYLENE**

*Tone 4*

Acts 11:19-26; 29-30  
John 4:5-42

## **BULLETIN INSERT FOR 15 MAY 2016**

**3<sup>RD</sup> SUNAY OF PASCHA; SUNDAY OF THE MYRRH-BEARING WOMEN  
& RIGHTEOUS JOSEPH OF ARIMATHEA & NICODEMUS; SAINT  
ATHANASIUS THE GREAT-ARCHBISHOP OF ALEXANDRIA;  
TRANSLATION OF THE RELICS OF THE HOLY PASSION-BEARERS  
BORIS AND GLEB OF RUS-IN HOLY BAPTISM RANUS & DAVID**

**Christ IS Risen! Indeed He IS Risen!**

**Христос воскрес! Воистину воскрес!**

**Χριστός ἀνέστη! Ἀληθῶς ἀνέστη! (Khristós Anésti! Alithós  
Anésti!)**

**Hristos a înviat! Adevărat a înviat!**

**قام المسيح! قام حقاً (al-Masīḥ qām! Ḥaqqan qām!)**

### **TROPARION OF THE RESURRECTION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

### **TROPARION OF THE RIGHTEOUS JOSEPH—TONE 2**

The noble Joseph, when he had taken down Thy most pure body from the tree  
Wrapped it in fine linens and anointed it with spices,  
And placed it in a new tomb.  
But Thou didst rise on the third day, O Lord,  
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.

### **TROPARION OF THE MYRRH-BEARING WOMEN—TONE 2**

The angel came to the myrrh-bearing women at the tomb and said:  
Myrrh is meet for the dead; but Christ has shown Himself a stranger to corruption!  
So proclaim: The Lord is risen, granting the world great mercy.

Now and ever, and unto ages of ages. Amen.

### **KONTAKION—TONE 2**

Thou didst command the Myrrhbearers to rejoice, O Christ!  
By Thy Resurrection, Thou didst stop the lamentation of Eve, O God!  
Thou didst command Thy apostles to preach: The Savior is Risen!

### **PROKEIMENON—TONE 6**

**READER:** O Lord, save Thy people and bless Thine inheritance.

**PEOPLE:** O Lord, save Thy people and bless Thine inheritance.

**READER:** To Thee, O Lord, will I call. O my God, be not silent to me.

**PEOPLE:** O Lord, save Thy people and bless Thine inheritance.

**READER:** O Lord, save Thy people.

**PEOPLE:** And bless Thine inheritance.

### **ALLELUIA VERSES—TONE 8**

Lord, Thou wast favorable to Thy land; Thou didst restore the fortune of Jacob.

Mercy and truth have met; righteousness and peace have kissed each other.

**THE HYMN TO THE THEOTOKOS (Replaces "It Is Truly Meet")**

**The angel cried unto Mary, who was full of Grace  
Hail, oh pure virgin, oh pure virgin  
once again I hail Thee  
Thy Son has risen from His three days in the grave,  
and He has raised the dead with Him,  
Oh rejoice, all ye people.**

**Oh shine with clear radiance, shine on new Jerusalem  
For the glory of the Lord is shining up on you.  
Rejoice! Rejoice! now and be joyful--oh Zion, and though  
oh pure one and adorable birthgiver of God,  
in the rising again of HIM who was born of Thee.**

**COMMUNION HYMNS**

**Receive ye the Body of Christ; taste ye the fountain of immortality.**

**Praise the Lord from the heavens! Praise Him in the highest!**



***Christ is Risen! It is Pascha! Let us Rejoice in the Lord! It's all about Christ!*** The more we, as a church, and as individuals put the Risen Lord in the center of our lives, the more He lives in and through us. I pray that the Resurrection of our Lord is deeply felt in the your hearts and in the hearts of all of our parishioners, and throughout the Church, so that our Holy Ukrainian Orthodox Church of the USA may truly be renewed and come to life this Easter/Pascha. ***Christ is Risen!***

With prayers, +Daniel

The liturgy is celebrated almost year round. What is the liturgy? It is the daily ministry of the Lord for our salvation and the salvation of the world - for each and every one. He Himself ministers for us and is with us in the liturgy, performing the Mystery of His Body and Blood. To this day He is pierced for us, Himself remaining whole and incorrupt in His deified flesh. He sheds His Blood and breaks His Body and gives them to us for the remission of sins, for sanctification and eternal life. To this day the warmth of His living and life-giving Blood is felt upon the altars of Orthodox Christian churches. (Season of Repentance, St. John of Kronstadt)

**REFLECTION—from** At the time of the First Ecumenical Council [Nicaea, 325 A.D.], the quarreling clerics wrote accusations one against the other and presented them to the emperor. Emperor Constantine received all of these accusations and not opening them, burned them over a flaming candle.

To the amazement of those around him, the emperor said: "If I would see with my own eyes a bishop, a priest or a monk in a sinful act, I would cover him with my cloak, so that no one would ever s

## **UKRAINIAN ORTHODOX CHURCH OF THE USA**

CONSISTORY OFFICE OF PUBLIC RELATIONS

PRESS RELEASE

Statement of the Council of Bishops of the Ukrainian Orthodox Church of the USA and Eparchy of South America:

Sincere Prayers Offered for the People of Canada in Time of Tragedy

As we gather here at the Metropolia Center of our Ukrainian Orthodox Church of the USA for our annual St. Thomas Sunday Pilgrimage, we along with all the thousands of faithful participating in the Pilgrimage, are profoundly saddened to read the continued reports about the horrendous fire consuming Fort McMurray and other communities in the oil sand fields of Northern Alberta, Canada. We express our sympathy to our brother hierarchs of the Ukrainian Orthodox Church of Canada – Metropolitan Yuriy, Bishop Ilarion and Bishop Andriy – and to the Ukrainian Orthodox faithful and 90,000 other Canadian citizens directly affected by this tragedy. We understand that so many have lost their homes while evacuating the area –

some looking back to see their own homes burn to the ground, from which they had departed just 20 minutes earlier. The evacuation has been complicated by the fact that just one road exists to carry out this mass evacuation and that thousands have been airlifted from the scene at a moment's notice. We have known so many natural disasters here in the United States of America throughout our history, but seldom have we seen a situation when so many people had to remove themselves from danger in such a short time and with limited ability to do so.

Over this weekend, we will most certainly add all our Canadian friends and neighbors suffering this tragedy in our prayers during Divine Liturgy on Saturday and Sunday morning. May our Lord protect them all during the initial shock of having to so abruptly leave all they know behind with little hope of returning to life as it was just hours before. In addition we will pray that they will be blessed during the following days as the grief and realization of what they have lost sets in. May our Lord give them the strength to deal with these tragic times in the sure hope that tomorrow will be a better day and that neither He nor the world will not forget how much they will be in need.

We urge all our fellow pilgrims and all the faithful of our Holy Ukrainian Orthodox Church of the USA to share in our prayers and to provide whatever assistance they can to the relief funds being established, especially to the Red Cross, as suggested by the hierarchs of the Ukrainian Orthodox Church of Canada.

With much sympathy and profound hope in our Resurrected Lord and Savior Jesus Christ,

+ ANTONY

Metropolitan of the Ukrainian Orthodox Church of the USA and in Diaspora

+ JEREMIAH

Archbishop of the Ukrainian Orthodox Eparchy in Brazil and South America

+ DANIEL

Bishop and President of the Consistory of the Ukrainian Orthodox Church of the USA







(Saturday, May 7)

*"Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be exploited (ἀρπαγμὸς, seized booty), but emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and became obedient (ὑπήκοος) unto death, even death on a cross..." (Php 2: 5-8)*

Here St. Paul tells us how we are to be "minded" (τοῦτο φρονεῖτε), as Christ was. We are not to use even our true prerogatives and talents as "a thing to be exploited," when these strengths of ours might lead us away from the self-giving path of the cross. Just as, for example, our Lord did not use His divine powers to "turn these stones into loaves of bread," just to prove Himself before a cynical doubter, the devil (Mt 4:3). Instead He makes Himself "empty" (ἐαυτὸν ἐκένωσεν).

This Self-emptying makes possible His "obedience" to the Father's will, - and by "obedience" St. Paul does not mean a mindless following of instructions, no. The word "obedience" in English (from the Latin "ob," in the direction of, and "audire," listen) and in Greek (ὑπακούω, from "ὑπο," under, and ἀκούω, listen) means not only to "listen in," but to internalize deeply, comprehend, and, most importantly, to respond. This is a thoughtful and often painful process, as we see in Christ's prayer in Gethsemane, as well as His excruciating "Why?" from the Cross (Mt 27: 46).

Today I ask God to help me be "empty," rather than full of myself, so I can "listen in" and truly respond to God and others.



(Tuesday, May 3)

“And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, ‘Who will roll away the stone for us from the door of the tomb?’ And looking up, they saw that the stone was rolled back...” (Mk 16: 1-4)

How utterly useless are the spices, brought to Christ’s tomb by these insignificant, poor women. But here’s the thing: “...God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. God chose the lowly things of this world and the despised things—and the things that are not—to nullify the things that are, so that no one may boast before him.” (1 Cor 1: 27-29) So, we cherish the memory of these women, who also happened to be the first, - the very first, - to receive the world-changing news of the Resurrection.

I know, we live in a world in which “usefulness” and practicality seem to own the day; where degrees in music or literature seem “useless” or even laughable, because they don’t immediately satisfy the temporal objectives of our visible world. And yet, we sense the value of the practically “useless”: Our hearts are warmed by the “useless” kindness of a smile, or by the gift of flowers that will soon wilt, or by the poetry of a sunset shared with our beloved, or – for those of us who are church-goers – the consolation of our local church, in which sacred space is practically “useless” outside the Liturgy. We also continue to shower money and attention on our most talented artists, musicians, and even athletes, - because somehow, the “useless” is cherished above all, as much as we hate to admit that.

Let me cherish the “useless” today, because God sends it to me “so that no one may boast before Him.” He teaches me love and humility through these things, which lift me up from my own rationality and practicality, and “roll away the stone” from my limited vision of the visible. Glory be to Him, Who defies my plans and rationale, and takes my breath away, in His glorious Resurrection. Christ is risen!

### **PA Link to Community Care**

The Pennsylvania [Department of Human Services](#) and [Department of Aging](#) have collaborated on an initiative to enhance Pennsylvanians’ ability

to learn about and access a wide variety of long-term supports and services available through federal, state, and county agencies for persons with disabilities and older Pennsylvanians.

The first phase of the project was launched in mid-March with an online information referral tool (IRT), which is available at <https://www.humanservices.state.pa.us/irt>. Individuals can use the IRT anonymously to input information about themselves, a loved one, or client. The IRT will guide them through a series of questions then provide a list of resources that are based on the client's specific needs in areas such as: intellectual disability; autism; physical disabilities; aging; addiction; mental illness; veterans' needs; or help paying for prescriptions.

The initiative also includes improvements to the Department of Human Services' [COMPASS](#) application. COMPASS is the online application where people can apply for many health and human service programs such as Medicaid, cash assistance, or the Low Income Home Energy Assistance Program (LIHEAP). With the improvements made to COMPASS, Pennsylvanians can submit applications for long-term living services and supports or request services for intellectual disability services, autism services, and early intervention services.

Additionally, the PA Link to Community Care website is anticipated to be launched this summer. This site will serve as a companion piece, providing flexibility, and additional opportunity for individuals to access important information about available long-term services and support programs. The site will be an extension to the existing PA Link to Aging and Disability Resources call center where caregivers, family members, or individuals in need of information currently call in to ask about services.

Agencies and individuals can access the IRT/COMPASS application through [www.dhs.pa.gov/irt](http://www.dhs.pa.gov/irt) or [www.compass.state.pa.us](http://www.compass.state.pa.us). The PA Link to Aging and Disability Resources can be reached at 1-800-753-8827.

**Coffee Hour today is in celebration of the birthdays of Martha Persico on the 24<sup>th</sup> and Mary Ann Kuznik on the 25<sup>th</sup>! May God grant them Many Happy, Healthy, Prosperous, and Blessed Years! Christ IS Risen!**

**REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. Instead of "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service *until Ascension Thursday*, we sing "Christ is Risen!" Also, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.**