



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

www.holyghostorthodoxchurch.org

Very Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

GREAT LENT

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Theodosius [OCA], Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia

Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Loretta, Nancy, Carol, & Michael Sheliga, Gaele Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pinton, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Kyranna Cherpas, Pastor Bruce Nordeen, Millie Koss Good, Mary Haraczy, Heather Ried, Carla Perry, Linda Elliot, Dennis McDaniel, Mike Mangan, Luke Tinsley, Brent, Tricia, Katherine Gorman, Pamela Jaquette, Michael Pawlyshyn, Sherri Walewski, and Jackie Crimbchin. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania to undergo surgery for back pain. This particular

procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free at some time in the future...may God watch over him and heal him...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, APRIL 17 DIVINE LITURGY OF SAINT BASIL THE GREAT 10:30 AM
FIFTH SUNDAY OF GREAT LENT; SAINT MARY OF EGYPT; SAINT JOSEPH THE
HYMNOGRAPHER OF SICILY; SAINT GEORGE-BONK OF MOUNT MALEON IN THE
PELOPONNESUS; SAINT JOSEPH THE MUCH-AILING OF PERCHEVSKY LAVRA**

Tone 5

Hebrews 9:11-14

Mark 10:32-45

**SUNDAY, APRIL 24 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
PALM SUNDAY; ENTRY OF THE LORD INTO JERUSALEM; HIEROMARTYR
ANTIPAS-BISHOP OF PERMAGUS; MARTYRS PROCESSUS & MARTINIAN OF
ROME; VENERABLE PHARMUTIUS-ANCHORITE OF EGYPT; VENERABLE JOHN-
DISCIPLE OF SAINT GREGORY OF DECAPOLIS**

Phillipians 4:4-9

John 12:1-18

WEDNESDAY, APRIL 27 HOLY WEDNESDAY—HOLY UNCTION SERVICE 6:30 PM

THURSDAY, APRIL 28 HOLY THURSDAY—12 PASSION GOSPELS 6:30 PM

FRIDAY, APRIL 29 GREAT AND HOLY FRIDAY—PLASCHENYTSIA & BURIAL 7:00 PM

**SUNDAY, MAY 01 PASCHAL DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
PASCHA—RESURRECTION OF OUR LORD AND SAVIOR JESUS CHRIST
*****BLESSING OF PASCHAL BASKETS DOWNSTAIRS AFTER LITURGY*******

Acts: 1:1-8

John 1:1-17

BULLETIN INSERT FOR 17 APRIL 2016

FIFTH SUNDAY OF GREAT LENT; SAINT MARY OF EGYPT; SAINT JOSEPH THE HYMNOGRAPHER OF SICILY; SAINT GEORGE-BONK OF MOUNT MALEON IN THE PELOPONNESUS; SAINT JOSEPH THE MUCH-AILING OF PERCHEVSKY LAVRA

TROPARION—TONE 8

The image of God was truly preserved in you, O Mother,
For you took up the Cross and followed Christ.

By so doing, you taught us to disregard the flesh, for it passes away;
But to care instead for the soul, since it is immortal.

Therefore your spirit, O holy Mother Mary, rejoices with the angels.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 3

Having been a sinful woman, you became through repentance a Bride of Christ.

Having attained angelic life, you defeated demons with the weapon of the Cross!

Therefore, O most glorious Mary, you are a Bride of the Kingdom!

PROKEIMENON—TONE 4

READER: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Rejoice in the Lord, O you righteous! Praise befits the just!

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: God is wonderful in His saints, the God of Israel!

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Let Thy mercy, O Lord, be upon us.

PEOPLE: As we have set our hope on Thee.

ALLELUIA VERSES—TONE 1

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever!



Susan Schneider April 8 at 8:17am

A PRAYER FOR THE GREAT LENT

The desert fathers and the ranks of holy women,
To have their hearts ascend to high celestial spheres,
To strengthen them amid the earthly storms and battles,
A multitude of godly prayers did compose;
But not a one among them do I find as moving,
As that which never-endingly the priest repeats
Throughout the Great Lent's sad and somber days;
Most frequently it issues from my sinful lips
And fortifies invisibly my fallen spirit:
O Master of my days! Let not into my soul
The spirit of despondent idleness and prattle,
The spirit of that hidden serpent, lust for power;
But grant, O Lord, that I may rather see my sins,
That I withhold from passing judgment on my brother,
And in my heart the spirit of humility,
Of patience, love, and continence do Thou revive.

A. S. Pushkin, Translated by Natalia Sheniloff



As you probably know, Alex went to New York City for a workshop for college newspaper editors—via AMTRACK. He sent out this observation on train travel across Pennsylvania: ***“Have to admit it’s rather strange to see so many three bar crosses dotted across the Pennsylvania countryside, but at the same time it’s extremely comforting...”*** If we keep our eyes and ears open, it’s amazing how much evidence there is around us of God’s love for us. Even during the Great Fast, we see His presence and His gifts—if we only pay attention! The Gospel admonition, “Let he who has ears, let him hear!” can easily be extended to “Let he who has eyes, let him see!” God Bless you all!



Susan Schneider April 11 at 5:17am

Like the blind man, from my heart I call upon Thee: Son of God, give light to the eyes of my heart. Like the faithful woman of Canaan, I cry to Thee: Have mercy on me, compassionate Saviour, for my soul is vexed by the devil of pleasure. But do Thou free it from the darkness of the passions and make me live the remainder of my life in purity, that I may glorify Thy great love. (Monday, Fifth Week of Great Lent, Triodion)

If you give something to one in need, let the cheerfulness of your face precede your gift, and comfort his sorrow with kind words. When you do this, by your gifts the gladness of his mind surpasses even the needs of his body. (The Ascetical Homilies of St. Isaac the Syrian)



From Coffee with Sister Vassa (Monday, April 11)

“Yea, O Lord and King, grant me to see my own transgressions, and not to judge (κατακρίνειν, condemn) my brother, for blessed are You, unto ages of ages. Amen.” (Lenten Prayer of St. Ephrem, Part Three)

Here I am asking for God’s kind of vision. He is able “to see” and yet “not to condemn” (κατακρίνειν, to judge uncharitably). I, on the other hand, can not see in His way, without His help, because we “do not see,” without the light of the Lord. Our kind of vision is darkness in light of Him,

Who is the Source of all justice, as Christ reminds the Pharisees: "For judgment I came into this world, that those who do not see may see, and that those who see may become blind." (Jn 9: 39) And as the wisdom of St. Ephrem's prayer reminds me, His kind of vision opens up to me through seeing "my own transgressions," in the light of my only Lord and King.

As many of us enter the fifth week of Lent, I ask Him once again to grant me to see myself and others as He sees, without condemnation. Let me recognize judgment and justice where it truly resides, in Him. For He is "blessed," and imparts blessing on all of us, in communion with Him, "unto ages of ages. Amen."



(Sunday, April 10) (Mk 9: 17-27)

Jesus deals here with a "deaf and dumb spirit," who makes his victim, this boy, do self-destructive things. This kind of evil spirit reminds me of active, untreated addiction: When we are in the grips of it, we become, on the one hand, self-destructive, and on the other hand, we become "deaf and dumb," that is, unable to ask for, and receive, help. After healing this boy, our Lord says to His disciples that "This kind cannot be driven out by anything but prayer and fasting." (Mk 9: 29) We can only be healed from our addictions by 1. Actively seeking God's help in prayer, and 2. Fasting, that is, total abstinence from our drug of choice.

How consoling, how helpful, is Christ's acceptance of the father's small bit of faith in this case. Our Lord knows that we are, on the most part, a "faithless generation," but He heals us anyway, time and again. If only we can come to believe, a little bit. Let me come to Him, with just a bit of faith, when either I or a loved one has lost all control, and is beyond the help of any human power. Our Lord is able and willing, even when we are not, to take us by the hand and lift us up. Because "Jesus Christ is the same, yesterday and today and forever." (Heb 13: 8)

Susan Schneider April 8 at 6:00am

What is the Church? It is the Great Mother of Christians which gives rebirth, feeds, and instructs the believer for and to salvation. Basil the Great calls the Church "Mother of all and the nurse." How come? The womb of the Church is the holy font where we regenerate ourselves and through it come into the world of true life. The Church is the nurse which feeds us with Holy Communion. The Body and Blood of the Lord is the heavenly manna, the divine food that remains eternal. The divine word is the "living water" which comes from the Holy Spirit, irrigating and watering the souls of men. It is the affectionate mother, the mother who covers, who loves, who warms, who becomes the consolation and balm for the sick, the naked and those who go astray. -Rev. George Dimopoulos