



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell,

Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby Novak, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Carol Mensing's Family, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Billy Sinclair, Evelyn Felouzis, Kyranna Cherpas, and Mother Ana. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY to our August babies: John Brunermer on the 1st, Janet Brunermer on the 12th, Loretta Sheliga on the 18th, and Nick Behun on the 29th. May God grant them Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless!

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free in the springtime...may God watch over him and heal him...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic’s class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, AUGUST 09 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
10TH SUNDAY AFTER PENTECOST; HOLY UNMERCENARY GREAT-MARTYR AND
HEALER PANTELEIMON; VENERABLE ANTUSA-ABBESS & 90 SISTERS; SAINT
CLEMENT OF OCHRID WITH SAINTS ANGELAR, GORAZD, NAHUM OF OCHRID, &
SABBAS**

Tone 1

1 Corinthians 4:9-16; 2 Timothy 2:1-10

Matthew 17:14-23; John 15:17-16:2

***Litany in Blessed Memory of Father Peter Natishan, Samuel Mrvos, David Yenni,
Denise Lawrence, Rudy Obradovich, Mike Horvath, Anna Harte, Maxine Kitch,
Agnes Rossi, Mike Cherepko, & Mary Vigani—Fr. Bob***

***Parastas in Blessed Memory of Rae Ruth Batch—Harry Batch & daughters
AND in Blessed Memory of Steve Kuzman—Debbie & John Paouncic***

FRIDAY, AUGUST 14 DORMITION FAST BEGINS

**SUNDAY, AUGUST 16 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
11TH SUNDAY AFTER PENTECOST; VENERABLE ISAAC, DALMATUS, & FAUSTUS;
VENERABLE ANTHONY THE ROMAN; VENERABLE COSMAS-EUNUCH & HERMIT
OF PALESTINE**

Tone 2

1 Corinthians 9:2-12

Matthew 18:23-35

Litany in Blessed Memory of Walter & Victor Burlack—Evelyn & family

WEDNESDAY, AUGUST 19 TRANSFIGURATION OF OUR LORD AND SAVIOR JESUS CHRIST

SUNDAY, AUGUST 23 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
12TH SUNDAY AFTER PENTECOST; AFTERFEAST OF THE TRANSFIGURATION;
HOLY MARTYRS ARCHDEACON LAURENCE & POPE SIXTUS, FELICISSIMUS &
AGAPITUS-DEACONS, AND OTHERS WITH THEM

Tone 3

1Corinthians 15:1-11

Matthew 1:16-26

BULLETIN INSERT FOR 09 AUGUST 2015

10TH SUNDAY AFTER PENTECOST; HOLY UNMERCENARY GREAT-MARTYR AND HEALER PANTELEIMON; VENERABLE ANTUSA-ABBESS & 90 SISTERS; SAINT CLEMENT OF OCHRID WITH SAINTS ANGELAR, GORAZD, NAHUM OF OCHRID, & SABBAS

TROPARION—TONE 1

When the stone had been sealed by the Jews;
While the soldiers were guarding Thy most pure Body;
Thou didst rise on the third day, O Savior,
Granting life to the world.
The powers of heaven therefore cried to Thee, O Giver of life:
Glory to Thy Resurrection, O Christ!
Glory to Thy Kingdom!
Glory to Thy Dispensation, O Thou who lovest mankind.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 1

As God, Thou didst rise from the tomb in glory, raising the world with Thyself.
Human nature praises Thee as God, for death has vanished!
Adam exults, O Master!
Eve rejoices, for she is freed from bondage and cries to Thee:
Thou are the Giver of Resurrection to all, O Christ!

PROKEIMENON—TONE 1

READER: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Rejoice in the Lord, O you righteous! Praise befits the just!

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Let Thy mercy, O Lord, be upon us.

PEOPLE: As we have set our hope on Thee.

ALLELUIA VERSES

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever!

Wisdom of the Fathers

If, even after we have heard such words from Him, trials and temptations arise, and the tempests of evil spirits blow mightily, raging against us and afflicting us, and we are a little upset by the waves and their fury, the Lord will reproach our faint-heartedness, but will also stretch out His hand to us and grant us complete calm. If we desire with our bodies and souls to receive this, and not to be disturbed at all times by every wind of adversity, nor upset by the billows stirred up by men who gloat over other's misfortunes, we (must) know how very stormy the sea of life is, and what malice is aroused and seethes therein, and never let faith and hope in God be far from our minds. **St. John Chrysostom** *The Gospel Commentary edited by Hieromonk German Ciuba, 2002, 4th Century*

Let us, then, cry out loudly with Peter's words, "Lord, save us." And if we are willing to receive Christ into our ship; that is, to have Him dwell in our hearts; we shall immediately find ourselves at the land to which we are hastening. What land is that? Clearly, it is the promised land, heaven, the land of the meek, of them that refrain from evil. With them, then, may we also be vouchsafed to enter that land and be heirs of its good things; in Christ Jesus our Lord, to Whom be glory and dominion, with the Father and the Holy Spirit, unto the ages of ages. Amen. **St. John Chrysostom** *The Gospel Commentary, edited by Hieromonk German Ciuba, 2002, 4th Century*

Christ did not command the winds to cease at that time, but Himself stretched forth His hand and took hold of Peter, because here faith was required of him. When we do not do our part, divine (grace) slows and

stands still. . . it was not the wind that did Peter harm; his lack of faith sank him. Where faith is fruitful, firm and strong, none of the evils that may befall us can do us any harm. **St. John Chrysostom**

The Gospel Commentary edited by Hieromonk German Ciuba, 2002, 4th Century

And then we shall hear Him calling out and saying, Be of good cheer; it is I; be not afraid. This truth is supported by an understanding that the bad and terrible things of the present time are passing; they come and they go; therefore, fear not what is transient and evanescent. It is I, (He says,) meaning, I am ever-existent; as God I am He Who is. Do not betray your faith and your love for Me for the sake of the temporal things of the present. **St. John Chrysostom**

The Gospel Commentary edited by Hieromonk German Ciuba, 2002, 4th Century

So absolutely nothing does it avail to be near Christ, if not being near Him by faith Signifying therefore that not the assault of the wind, but his want of faith had wrought his overthrow, He said, "Wherefore did you doubt, O you of little faith?" **St. John Chrysostom** *Homily 50 on Matthew 14, 4th Century*

So that if his faith had not been weak, he would have stood easily against the wind also. And for this reason, you see, even when He had caught hold of Him, He suffers the wind to blow, showing that no hurt comes thereby, when faith is steadfast. **St. John Chrysostom** *Homily 50 on Matthew 14, 4th Century*

Holy Fathers

Someone knocked at Jesus' door, and Jesus asked, "Who is there?"

"It's me, Your great ascetic!"

"You're not ready; I'm not opening the door for you!"

The ascetic was worried: "I wonder why?" And he went again to the door and knocked.

"Who is there?" asked the Lord.

"It is you!"

“If you are Me, enter!”—That is to say, God gathers with those who are gods by grace.

So it is not permitted to knock at Christ’s door with stains, since any little sin is not small! It should not be understood that the struggle is to become perfect only in not committing sins! This is a little brash, and it is not the way of humility. You have to believe that the grace of God is helping you and that if you’re something it’s only by God’s grace. This is how I understood the words of St. Silouan, uttered to him by the Savior: “Keep thy mind in hell and despair not!” Our deeds can’t save us; therefore, we have reason for a continuous and authentic humility; not a rational humility, but a true humility.

Blessed Elder Arsenie Papacioc

SAVE the DATE!

Saturday, November 21st

St. George Orthodox Cathedral, Oakland

Retreat Speaker: Dr. Harry Boosalis

Registration:

10:30 - 11:00 A.M.

Lecture:

‘Orthodox Spiritual Life’

11:00 A.M.—12:00 P.M.

followed by Q&A

Lunch:

12:30—2:00 P.M. (included in registration fee)

Lecture:

'The Role of Suffering in Our Spiritual Life'

2:00—3:00 P.M.

followed by Q&A

Vespers:

5:00 P.M.