



## Holy Ghost Orthodox Church

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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell,

Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby Novak, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Carol Mensing's Family, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Billy Sinclair, and Evelyn Felouzis. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

**Please remember in your prayers—our dear 'Little Father' Emilian**, who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free soon...may God watch over him and heal him...Fr. Bob

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### SCHEDULE OF SERVICES

**SUNDAY, JULY 26 OBEDNITZA WITH COMMUNION—DOWNSTAIRS 10:30 AM**  
**8<sup>TH</sup> SUNDAY AFTER PENTECOST; FATHERS OF THE FIRST SIX ECUMENICAL COUNCILS; SYNAXIS OF THE HOLY ARCHANGEL GABRIEL; SAINT STEPHEN OF SAINT SABBAS MONASTERY; SAINT JULIAN-BISHOP OF CENOMANIS; MARTYR SERAPION-UNDER SEVERUS; MARTYR MARCIAN OF ICONIUM**

*Tone 7*

1 Corinthians 1:10-18; Hebrews 13:7-16  
Matthew 14:14-22; John 17:1-13

**SUNDAY, AUGUST 02 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM**  
**9<sup>TH</sup> SUNDAY AFTER PENTECOST; HOLY GLORIOUS PROPHET ELIAS; UNCOVERING OF THE RELICS OF SAINT ATHANASIUS-ABBOT OF BREST-LYTOVSK**

*Tone 8*

1 Corinthians 3:9-17; James 5:10-20  
Matthew 14:22-34; Luke 4:22-30

***Litany in Blessed Memory of Father Peter Natishan, Samuel Mrvos, David Yenni, Denise Lawrence, Rudy Obradovich, Mike Horvath, Anna Harte, Maxine Kitch, Agnes Rossi, Mike Cherepko, & Mary Vigani—Fr. Bob***  
***Parastas in Blessed Memory of Rae Ruth Batch—Harry Batch & daughters***

**SUNDAY, AUGUST 09 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM**  
**10<sup>TH</sup> SUNDAY AFTER PENTECOST; HOLY UNMERCENARY GREAT-MARTYR AND HEALER PANTELEIMON; VENERABLE ANTUSA-ABBESS & 90 SISTERS; SAINT CLEMENT OF OCHRID WITH SAINTS ANGELAR, GORAZD, NAHUM OF OCHRID, & SABBAS**

*Tone 1*

1 Corinthians 4:9-16; 2 Timothy 2:1-10  
Matthew 17:14-23; John 15:17-16:2

## **BULLETIN INSERT FOR 26 JULY 2015**

**OBEDNITZA WITH COMMUNION—DOWNSTAIRS**

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ECUMENICAL COUNCILS; SYNAXIS OF THE HOLY ARCHANGEL  
GABRIEL; SAINT STEPHEN OF SAINT SABBAS MONASTERY; SAINT  
JULIAN-BISHOP OF CENOMANIS; MARTYR SERAPION-UNDER  
SEVERUS; MARTYR MARCIAN OF ICONIUM***

### **TROPARION—TONE 7**

By Thy Cross, Thou didst destroy death!  
To the thief, Thou didst open Paradise!  
For the Myrrhbearers, Thou didst change weeping into joy.  
And Thou didst command Thy disciples, O Christ God,  
To proclaim that Thou art risen, granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.

### **KONTAKION—TONE 7**

The dominion of death can no longer hold men captive,  
For Christ descended, shattering and destroying its powers!  
Hell is bound, while the prophets rejoice and cry:  
The Savior has come to those in faith!  
Enter, you faithful, into the Resurrection!

### **PROKEIMENON—TONE 7**

**READER:** The Lord shall give strength to His people! The Lord shall bless  
His people with peace!

**PEOPLE: The Lord shall give strength to His people! The Lord shall  
bless His people with peace!**

**READER:** Offer to the Lord, O you sons of God! Offer young rams to the  
Lord!

**PEOPLE: The Lord shall give strength to His people! The Lord shall  
bless His people with peace!**

**READER:** The Lord shall give strength to His people!

**PEOPLE: The Lord shall bless His people with peace!**

**ALLELUIA VERSES—TONE 7**

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!

**Sickness and Pain are a Gift of God:  
*St. Panteleimon Comes to the Aid of Monk Daniel***



In the Kalyva of Saint Chrysostomos of the Skete of Koutloumousiou of the Monastery of Saint Panteleimon on Mount Athos, there lived years ago Monk Daniel who for 20 years was sick and had headaches and backaches, kidney and heart problems, leg problems and pain sometimes throughout his entire body.

Many times he travelled to doctors and received numerous X-ray examinations and radiographies, but the outcome was always the same. The doctors could not find any physical explanation for his sickness. Yet Monk Daniel continued to suffer his sicknesses and there was not a physician or scientist to be found that could help him.

One 27th of July, during the vigil of Saint Panteleimon, brother Daniel prayed with tears in his eyes and pleaded with Saint Panteleimon saying: "Saint of God and protector of our Skete, you who are a physician and for the love of Christ was martyred and spilled your blood, show your love and

plead to the Master Christ to grant me health, so that with health I could glorify His name and psalmodize during the vigils."

Having said this, Monk Daniel grew a bit tired and took some sleep. He then in a vision saw Saint Panteleimon kneeling before the throne of God pleading for the health of Daniel. Monk Daniel heard the Master Christ say to Saint Panteleimon: "My brother Great-Martyr Panteleimon, do you think you are more compassionate than me? Do you think you love humanity more than me? I understand that out of love for me you spilled your blood, but did I not also spill mine and daily spill my blood for the salvation of people's souls? Learn that it is my will in which it happens many times for the body to suffer in order for the soul to be saved. This is how I want many people to be saved."

When brother Daniel heard this he awoke and glorified the name of God, thanked Saint Panteleimon for his effort and mediation, and immediately, as the same monk related, a great burden was lifted off of him and related that we must endure with patience, joy and thanksgiving the cross and situation of our sicknesses.

Through the prayers of the Holy Great Martyr and Healer Panteleimon, O Lord Jesus Christ our God, have mercy on us and save us! Amen!

The Lord says to His disciples, '**Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven**' (Matt. 5:16). He does not say this to urge them to show off, but to urge them to organize their lives as is pleasing to God. Just as light effortlessly attracts people's gaze, so a way of life pleasing to God draws their minds along with their eyes. We do not praise the air which shares in the brilliance of the sunlight, but the sun which is the source of this brilliance and bestows it on us. Even if we do praise the air for its brightness, we praise the sun much more. So it is when someone makes the brilliance of the Sun of righteousness (Mal. 4:2) visible through his virtuous deeds. As soon as anyone looks at him, they are immediately led towards the glory of the Father in heaven of Christ, the Sun of righteousness.

***St. Gregory Palamas***

*Homilies Vol. 1, Homily Ten para. 14; Saint Tikhon's Seminary Press pgs. 110-111, 14th century*

Every work which does not have love as its beginning and root is nothing.

***St. John Chrysostom***

*Unknown, 4th century*

For as teaching without doing condemns the teacher so doing but not guiding others, lessens our reward. One ought therefore to be chief in either work, and having first set one's self right, thus to proceed also to the care of the rest.

***St. John Chrysostom***

*Homilies 15 and 16 on Matthew 5, 4th Century*

The Seventh Sunday after Pentecost

Matthew 9:27-35

And when Jesus departed thence, two blind men followed Him, crying, and saying, Thou son of David, have mercy on us. And when He was come into the house, the blind men came to Him: and Jesus saith unto them, Believe ye that I am able to do this? They said unto Him, Yea, Lord. Then touched He their eyes, saying, According to your faith be it unto you. And their eyes were opened; and Jesus straitly charged them, saying, See that no man know it. But they, when they were departed, spread abroad His fame in all that country. As they went out, behold, they brought to Him a dumb man possessed with a devil. And when the devil was cast out, the dumb spake: and the multitudes marvelled, saying, It was never so seen in Israel. But the Pharisees said, He casteth out devils through the prince of the devils. And Jesus went about all the cities and villages, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every sickness and every disease among the people. (KJV)

How many people afflicted with various concerns and illnesses turn to the Lord Jesus Christ first and foremost for healing? How many experiencing emotional pain in their lives go far from God's Church in search of healing?

Jesus restores sight to the blind and speech to the person unable to speak in the current Gospel. The current Gospel states Jesus healed every sickness and disease among the people.

Readers of the lives of the saints learn of innumerable healings through the centuries. Jesus told the blind men in the current Gospel: "According to your faith be it unto you."(Mt.9:29)

Readers of Revelation learn that being lukewarm is perilous.(Rev.3:16) Athletes making a lukewarm attempt in their efforts do not become victorious.

Christians lukewarm in their love of Christ deny themselves full joy in Christ.

Being a Christian requires constant investment in the Kingdom of God. Being a Christ involves unrelenting vigilance in protecting the heart, the soul and the mind.

The Church teaches believers ways to invest in the Kingdom of God. The Lord Jesus Christ's teachings are very clear about prayer, fasting and charitable works.

Practicing forgiveness is a way to invest in the Kingdom of God. The Lord's Prayer teaches that God's forgiveness of individuals is connected with the individual's forgiveness of others.

Loving family members, co-workers and friends as Christ would have them to be loved is an investment in the Kingdom of God. The current Gospel reading verifies that Christ preached in various locations about the Kingdom.

The degree of a person's faith in God is reflected in the way the person lives daily life. Faith increases the more it is practiced. Faith increases as a person learns more about Christ.

The soul of each person hungers for the authentic experience with Christ. The authentic experience with Christ is best found in God's Holy Church. The soul is most satisfied when experiencing Christ in Holy Communion.

The soul is satisfied in fervent prayer. The soul is nourished in hearing and reading the Holy Gospel. The soul is joyful when the believers loves the people in his or her personal life.



The miraculous healing power of Christ described in the Holy Gospel is for real. God's Church has countless records of healings. Visible evidence of healings exists when wheelchairs and walkers are discarded at holy places.

Believers make pilgrimages to holy monasteries in search of healing. Believers act on their faith in God and travel great distances to find healing for personal problems. God does not disappoint individuals traveling in great faith.

Believers do well to think carefully and extensively about personal faith in God. Believers do well to personally examine the depths and basis for personal faith.

The love of God is within reach of each person. The healing power of God is within reach of each person. The heart and mind need to welcome the healing power of Christ. The heart and mind need to reject any personal bitterness.

The Psalmist said: "And the heavens shall praise thy wonders, O Lord: thy faithfulness also in the congregation of the saints."(Ps.88/89:5) The healing power of Christ is experienced in the Divine services of the Church.

Distractions in life can take a person far from the Kingdom of God. Unintended occurrences can interrupt efforts to seek the Kingdom of God. Christians need to be resolute in faith and commitment.

From the time of Holy Baptism until the time of departure from this life, being faithful to the Lord Jesus Christ is expected. When a person sins, repentance restores the unity with Christ.

Repentance is a return and redirection of life toward the Kingdom of God.

Individuals benefit when recognizing the value of turning to God for help and direction in life.

The blind men reached out to Christ in the current Gospel. The Lord Jesus Christ heard the blind men's pleas for mercy. Church services contain many pleas for mercy from the Lord God.

Today is the day to seek the mercy of God. Every day is the day to reach out to the Lord God for healing and mercy. Each person is in need of constant cleansing of sins. Each person is in need of the healing coming from God.

*The St. George Serbian Orthodox Church, Carmichaels, Pennsylvania. July 6/19, 2015. The Seventh Sunday after Pentecost. Venerable Sisoës the Great. Father Rodney Torbic*



### **The Lemko Project**

January 17 · Corinna Wengryn Caudill

"Prayer of a Lemko Woman" by the late Kateryna Rusyn, a cultural icon of Lemkos in Ukraine, a respected teacher and intellectual, and an accomplished poet/writer. So glad we got the honor of meeting Pani Kateryna and getting to know her. When she was a young child, Kateryna Lazoryshyn and her family were deported by Soviets/communist Poles from the Lemko village of Strubowiska in the Lesko Powiat (county) of the eastern Lemko region, which was a hotbed of Ukrainian-Polish internecine warfare in the years following World War II. Her words are still timely as many Lemko descendants in Ukraine suffer under the Russian occupation in eastern and southern Ukraine.

#### **"Prayer of a Lemko Woman" by Kateryna Lazoryshyn Rusyn**

O God, give me the strength to live through this day and help me to survive in this foreign land where they have brought me and my children.

O Lord, I pray and beseech Thee, let me not perish, nor my family, nor my people, who were late to sow the holy grain; for the corn will ripen in the summer and they know not when or how it will be gathered.

O Merciful God, may the sun rise and set each day, so that it brings light to all people and me, in the same way as it set each evening, there, far away, in the Beskyd Mountains, in my native hills and valleys; and may rye and every kind of seed grow for us,

so that by winter we all have bread and hay and every grain to feed the people, the birds and the cattle.

O All-Highest Lord, let us not forget - neither today, nor tomorrow, nor ever - and help us to keep alive in our memory all the beauty of our land, of the mountains, and of the rich, healing and pure waters in our rivers: the Bystry, the Poprad, and the Syan (San); and let us also remember the fair and lovely country of the high pastures, and the woodland paths through the hills; let us not forget the places of plenty in the forest where the mushrooms grow, and the fragrant strawberries, blackberries, blueberries and raspberries, and the woodland clearings where the cattle graze.

O God, let us not forget our customs, the lilt of our mother tongue, our stories and our songs, our dances and our evenings together on holy days and workdays.

O Lord, give my children the wisdom to find their way back to the native land of their grandfathers and great-grandfathers to honour their graves, their churches and their faith.

O God, grant unto my children, grandchildren, and great-grandchildren all the gifts of the Holy Spirit: wisdom, understanding, reason, courage, knowledge, piety, and also give them the most important of all human virtues – Faith, Hope and Love.

O Lord, bestow upon me and my children the knowledge to tell the difference between good and evil, happiness and unhappiness, and give me the wisdom to value goodness and be grateful for good!

Grant me to know how to influence an enemy, give me the generosity to help the poor, and also give me the understanding to convince the wrongdoer of the evil of his ways, and to teach those who do not know.

Amen.

