

Holy Ghost Orthodox Church

714 Westmoreland Avenue PO Box 3 Slickville, PA 15684-0003 [724] 468-5581

www.holyghostorthodoxchurch.org

Very Rev. Father Robert Popichak, Pastor 23 Station Street Carnegie, PA 15106-3014 [412] 279-5640 home [412] 956-6626 cell

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan. Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell,

Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pyrch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby Novak, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Carol Mensing's Family, Manny "Lazarus" Lopez, Glenn & Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Billy Sinclair, and Evelyn Felouzis. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Additional Birthday Greetings for July: Zach & Natasha Sudol on the 2nd and Sabrina Sudol on the 19th! May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless!

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free in the springtime...may God watch over him and heal him...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER-PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please <u>CALL FATHER BOB</u> at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, JULY 19 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM 7TH SUNDAY AFTER PENTECOST; VENERABLE SISOES THE GREAT OF EGYPT; MARTYRS MARINUS & MARTHA, CHILDREN AUDIFAX & ABBACUM, & THOSE WITH THEM AT ROME: CYRINUS, VALENTINE-PRESBYTER, & ASTERIUS; VENERABLE SISOES OF PERCHEVSKY LAVRA; UNCOVERING OF THE RELICS OF HOLY PRINCESS JULIANA VILSHANSKA

Tone 6
Romans 15:1-7; Galatians 5:22-6:2
Matthew 9:27-35; Luke 6:17-23

SUNDAY, JULY 26 OBEDNITZA WITH COMMUNION DOWNSTAIRS 10:30 AM 8TH SUNDAY AFTER PENTECOST; FATHERS OF THE FIRST SIX ECUMENICAL COUNCILS; SYNAXIS OF THE HOLY ARCHANGEL GABRIEL; SAINT STEPHEN OF SAINT SABBAS MONASTERY; SAINT JULIAN-BISHOP OF CENOMANIS; MARTYR SERAPION-UNDER SEVERUS; MARTYR MARCIAN OF ICONIUM

Tone 7
1 Corinthians 1:10-18; Hebrews 13:7-16
Matthew 14:14-22; John 17:1-13

SUNDAY, AUGUST 02 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM 9TH SUNDAY AFTER PENTECOST; HOLY GLORIOUS PROPHET ELIAS; UNCOVERING OF THE RELICS OF SAINT ATHANASIUS-ABBOT OF BREST-LYTOVSK

Tone 8
1 Corinthians 3:9-17; James 5:10-20

Matthew 14:22-34; Luke 4:22-30

Litany in Blessed Memory of Father Peter Natishan, Samuel Mrvos, David Yenni, Denise Lawrence, Rudy Obradovich, Mike Horvath, Anna Harte, Maxine Kitch, Agnes Rossi, Mike Cherepko, & Mary Vigani—Fr. Bob Parastas in Blessed Memory of Rae Ruth Batch—Harry Batch & daughters

BULLETIN INSERT FOR 19 JULY 2015

7TH SUNDAY AFTER PENTECOST; VENERABLE SISOES THE GREAT OF EGYPT; MARTYRS MARINUS & MARTHA, CHILDREN AUDIFAX & ABBACUM, & THOSE WITH THEM AT ROME: CYRINUS, VALENTINE-PRESBYTER, & ASTERIUS; VENERABLE SISOES OF PERCHEVSKY LAVRA; UNCOVERING OF THE RELICS OF HOLY PRINCESS JULIANA VILSHANSKA

TROPARION—TONE 6

The angelic powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most pure body.

Thou didst capture hell, not being tempted by it.

Thou didst come to the Virgin, granting life.

O Lord who didst rise from the dead: glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 6

When Christ God, the Giver of Life,

Raised all of the dead from the valleys of misery with His might hand, He bestowed resurrection on the human race.

He is the Savior of all,

The Resurrection, the Life, and the God of all!

PROKEIMENON—TONE 6

READER: O Lord, save Thy people and bless Thine inheritance.

PEOPLE: O Lord, save Thy people and bless Thine inheritance. **READER:** To Thee, O Lord, will I call. O my God, be not silent to me. **PEOPLE:** O Lord, save Thy people and bless Thine inheritance.

READER: O Lord, save Thy people.

PEOPLE: And bless Thine inheritance.

ALLELUIA VERSES-TONE 6

He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God.

He will say to the Lord: My Protector and my Refuge; my God, in whom I trust.

+ + Belief and Faith: A Deeper Choice + +

Our human hearts are a wonderful thing, for we invite Heaven or Hell into them by our choices either consciously or unconsciously. We often don't see that we are making these choices, but the living Christian Faith of our Fathers in Christ and in the entire Holy Trinity begin with a deeper belief that God can directly relate to us and help us change on every level of our being. This belief begins with a willingness to reach past our merely rational mind, and so go upwards toward the true Mystery of Faith which can be planted within us when we are ready to believe and get beyond our doubts and human lack of understanding. The willingness to believe is a choice, but true Faith is a gift. When our doubts and thoughts begin to say that God doesn't still work miracles today, and when they say that worldly wisdom knows best and is the measure of all things, then we need to humble ourselves and look to the witness of 2,000 years of history of the Gospel changing people and events beyond worldly reason and its minimal hopes.

God walked on earth and rose from the dead. He worked and still works miracles every day, and His Holy Saints also work them through Him. The saints were just like us. They were very human, fragile, weak and imperfect. They had doubts and thoughts too. Yet, they chose to let more than they could understand become a choice that changed them. Christ knows our human nature. He is used to dealing with imperfect people just like us. He loves all men and women still. Let us choose today to trust Him that there is more to Life than just worldly thoughts and doubts. The promise of His Kingdom is real and right here and right now. O Lord of Life, give us Faith, quell our doubts and thoughts, and establish the belief in us that Thou art really wiser, kinder, more loving, and full of life than any other choice. Amen.

"Then Jesus said to the Centurion, "Go thy way: and as thou hast believed, so shall it be done unto thee. And his servant was healed in the selfsame hour." (Mat. 8:13)

The Monks of St. Isaac of Syria Skete and the Nuns of the Convent of St. Silouan and the Faithful of St. Nicholas Church and the Staff of Orthodox Byzantine Icons and St. Isaac's Bookstore.

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The Reflections

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An interesting question to Pope Francis on his return to Rome: **Question:** One thing we have heard very little of is a message for the middle class, that is, people who work, who pay their taxes, normal people. My questions is: why are there so few messages for the middle class in the Holy Father's teaching?

Answer: Thank you, it is a good correction? You are right, it is an error on my part. The world is polarised. The middle class is becoming smaller. The polarisation between rich and poor is great, this is true, and perhaps this has led me not to take account of it. Some nations are doing very well, but in the world in general polarisation is very evident. And the number of poor is large. And why do I speak of the poor? Because they are at the heart of the Gospel. ... Then with regard to the middle class, I have said a few words, but somewhat "in passing". But the common people, the simple people, the worker, that is a great value. But I think you are telling me about something I need to do: I need to deepen the magisterium on this.





"Pap" Harry and his grand-twins—Eva on the top and Eli below