



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

www.holyghostorthodoxchurch.org

Very Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

APOSTLES' FAST—SAINTS PETER & PAUL FAST

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father Paisius McGrath, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary

Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby Novak, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Carol Mensing's Family, Manny "Lazarus" Lopez, Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Billy Sinclair, Evelyn Felouzis, and Jill Paha. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free in the springtime...may God watch over him and heal him...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, JUNE 21 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
3RD SUNDAY AFTER PENTECOST; SYNAXIS OF HALYCH/GALICIAN/LEMKO
SAINTS & ODESSA SAINTS; GREAT-MARTYR THEODORE STRATELATES; SAINT
EPHRIAM-PATRIARCH OF ANTIOCH; SAINT ZOSIMAS-MONK-OF
PHOENICIA/SYRIA; SAINT THEODORE-BISHOP OF SUZDAL; FINDING OF THE
RELICS OF SAINTS BASIL & CONSTANTINE-PRINCES OF YAROSLAVL**

Tone 2

Romans 5:1-10

Matthew 5:22-33

***Litany in Blessed Memory of All Deceased Fathers, Grandfathers, Uncles, etc.—
Fr. Bob***

**SUNDAY, JUNE 28 OBEDNITZA—DOWNSTAIRS IN CHURCH HALL 10:30 AM
4TH SUNDAY AFTER PENTECOST; PROPHET AMOS; MARTYRS VITUS, MODESTUS,
& CRESCENTIA AT LUCANIA; MARTYR DULAS AT CILICIA; VENERABLE DULAS
THE PASSION-BEARER OF EGYPT; SAINT JEROME OF STRIDONIUM; BLESSED
AUGUSTINE-BISHOP OF HIPPO; SAINT MICHAEL-FIRST METROPOLITAN OF
KIEV**

Tone 3

Romans 6:18-23

Matthew 8:5-13

**SUNDAY, JULY 05 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
5TH SUNDAY AFTER PENTECOST; HIEROMARTYR EUSEBIUS-BISHOP OF
SAMOSATA; MARTYRS ZENO & SERVANT ZENAS OF PHILADELPHIA; MARTYRS
GALACTEON, JULIANA, & SATURNINUS OF CONSTANTINOPLE**

Tone 4

Romans 10:1-10

Matthew 8:28-9:1

Litany in Blessed Memory of Olga Stock, Anna Kitch, Sophie Carrera, Susan Justina Sredich, Stella E. Cherepko, Emil Joseph Pauncic, Igumen George Owen, & Claudia Horvath—Fr. Bob
Parastas in Blessed Memory of Father Cuthbert Jack—40 days—Fr. Bob

BULLETIN INSERT FOR 21 JUNE 2015

3RD SUNDAY AFTER PENTECOST; SYNAXIS OF HALYCH/GALICIAN/LEMKO SAINTS & ODESSA SAINTS; GREAT-MARTYR THEODORE STRATELATES; SAINT EPHRIAM-PATRIARCH OF ANTIOCH; SAINT ZOSIMAS-MONK-OF PHOENICIA/SYRIA; SAINT THEODORE-BISHOP OF SUZDAL; FINDING OF THE RELICS OF SAINTS BASIL & CONSTANTINE-PRINCES OF YAROSLAVL

TROPARION—TONE 2

When Thou didst descend to death, O Life Immortal,
Thou didst slay hell with the splendor of Thy Godhead!
And when from the depths Thou didst raise the dead,
All the powers of heaven cried out:
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 2

Hell became afraid, O Almighty Savior,
Seeing the miracle of Thy Resurrection from the tomb!
The dead arose! Creation, with Adam,
Beheld this and rejoiced with Thee!
And the world, O my Savior, praises Thee forever!

PROKEIMENON—TONE 2

READER: The Lord is my strength and my song. He has become my salvation.

PEOPLE: **The Lord is my strength and my song. He has become my salvation.**

READER: The Lord has chastened me sorely, but he has not given me over to death.

PEOPLE: **The Lord is my strength and my song. He has become my salvation.**

READER: The Lord is my strength and my song.

PEOPLE: **He has become my salvation.**

ALLELUIA VERSES—TONE 2

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

Marriage

- Marriage requires the most careful of considerations.
- Marriage involves more than the remaining days of life.
- Marriage entails sacrifice, love and constant forgiveness.
- Marriage includes an expectation of mutual growth in Christ.
- Marriage has no room for personal selfishness above the needs of the other.
- Marriage offers the hope of coming together in unity with Christ.
- Marriage raises understanding of possibilities for life.
- Marriage changes the way individuals see each other and others.
- Marriage in the Church makes a difference in personal identities.
- Marriage in the Church brings with it behavioral responsibilities.
- Marriage is much more than some legal contract between individuals.
- Marriage is best understood in the context of the Church.
- Marriage in the Church considers the religious identities of the couple.
- Marriage in the Church assesses the ages of the man and woman.
- Marriage defined by the government may not be the Church's definition.
- Marriage as understood by the Church needs defended and protected.
- Marriage is best honored by believers living faithful to Christ each day.
- Marriage can survive and grow when Christ guides the couple.
- Marriage may change for the better when a couple returns to church.
- Marriage is a positive goal for men and women seeking to be together.
- Marriage is not the ideal goal for every Christian man or woman.
- Marriage may not be the chosen Christian path for certain believers.
- Marriage will include changes in daily life with the passage of time.
- Marriage motivates devoted individuals to do extraordinary things.
- Marriage in the Church adds immeasurable support to the couple.
- Marriage in the Church is the solid foundation for the couple.
- Marriage causes individuals to give great thought about their relationships.
- Marriage is not to be undertaken lightly or hastily by believers.
- Marriage can be long lasting and extraordinarily rewarding for couples.

Adult Class. St. George Serbian Orthodox Church, Carmichaels, Pennsylvania. May 22/June 4, 2015. St. Jovan Vladimir. Father Rodney Torbic

Fr. Alexander's translation: "My attempt at a rough translation into English from Russian of Father Dimitri Smirnov's biting, down-to-earth, tell-it-like-it-is sermon (I hope I did it justice):

(You might say) "There is no Hell!". Well how is there no Hell when you yourself already live in Hell? You don't believe me? Well have a look in the mirror and have a look at that gloomy face of yours. How is it possible for

the very Crowning Glory of Creation... the highest Creation of God... to have such a miserable scowl? Why is everything so bad for you? If you are so clever... apparently so damn free... that you can basically sneeze at everything else.. you think you know everything... why do you have such an unhappy looking mug? It's because you ARE IN HELL! Sonny... you're in Hell... you don't know joy.. you are dead. Everything is hard for you. Everything annoys you and disturbs you... people around you... the flies.... the heat disturbs you, the rain disturbs you, politicians disturb you. Everything that happens disturbs and annoys you. Your father and your mother annoy you... your grandfather, your grandmother, your neighbours, Putin and Medvedev, Barack Obama... everything is heavy and distasteful for you. Nothing makes you happy. Even the nightingales prevent you from falling asleep. Because you want to escape from all of this.. to some some place where you can fall asleep.. to get lost in something.. to stuff your face.. to get drunk.. to get high.. to sleep.. to get away from all of this.. Why? Because you are in Hell. It's not a question for you of getting to Heaven or Hell. You already are, dear friend, a long time in Hell... out which there is only one exit - which is to God."

The Orthodox Church

"There was once a priest who did not want to serve the liturgy because it was a cold winter day.

The temperature was 10 degrees below zero and the priest knew that the only person who was likely to come to the service was the chanter. The priest had no idea about the Church's teaching on the presence of the Triumphant Church and how the Divine Liturgy benefits the living and the departed. With difficulty he forced himself to go to church. On the way to church he kept wishing that the chanter would not come so that he would not have to serve and go home. However, the chanter did come.

The priest did the Prothesis (or Proskomedia, the service of preparing the holy gifts) in a hurry and began the Divine Liturgy. Shortly after, some bishops, priests, monks and nuns and some lay people arrived. Most of them sat in the choir section and began to chant so beautifully that the priest forgot about how cold and lonely he was earlier. His whole body was warm and his whole being was all a flame.... When he did the small entrance he noticed that the church was full of people – most of them familiar – he did not pay much attention and just continued with the Divine Liturgy.

When the time came for the Sanctification of the Holy Gifts he saw three bishops, brightly clothed and radiant entering the Holy Altar. They knelt with him and prayed. The priest then stood up very carefully with fear, took the censer and in a loud voice said, 'Especially our All Holy,

Immaculate, Most Blessed and glorious Lady Theotokos and Ever-Virgin Mary...’.

The soul of the priest was amazed and filled with divine joy. Peace and heavenly stillness, hesychia, dominated his inner self. When the time came for the elevation and dividing of the Host (Lamb) the whole church filled with the sweetest melodies. The whole multitude of people who were present along with the monks, priests and bishops chanted not only once but many times, ‘One is Holy, One is Lord: Jesus Christ, to the glory of God the Father. Amen’.

Next they chanted the Holy Communion hymn, ‘Taste and see that the Lord is good, Alleluia.’

The priest was wondering what to do. Should he partake of the Holy Communion first or step aside for the three bishops who were present. Just as he was thinking this, one of the bishops nodded to him indicating that he should receive Holy Communion and then to Unify and Place the remaining of the portions of the Lamb into the Chalice along with the portions in memory of the Holy Theotokos and the Saints. Having completed this the priest then opened the Beautiful Gate ... and saw no one in the Church... he turned and looked back into the holy altar, he looked to the right, looked to the left, the bishops had disappeared, he stood there speechless, amazed. He slowly opened his mouth and chanted the next petition, ‘With the fear of God and faith and love, draw near ...,’ and the chanter slowly drew near to take Holy Communion. The priest was still amazed, still wondering! The whole Triumphant Church was present. All those present in the church were persons familiar to him, they were persons that had departed from this life and he would from time to time commemorate their names during each liturgy: ‘that’s why they were present, that’s why they all seemed so familiar’, he thought.

As for the bishops in the altar they were the Three Hierarchs: Saint John Chrysostom, Saint Basil the Great and Saint Gregory the Theologian. So many years of study at university, so much research and so many sleepless nights he spent studying and these efforts were not able to give him not even one drop of the sweetness and divine knowledge that this one Divine Liturgy gave him."

Experiences from the Divine Liturgy by: Protopresbyter Stephanos Anagnostopoul

"And so, when alone I advise my heart: break away from yesterday's day, because it has already broken away from you. All those objects, to which desire bound you yesterday, do not exist today. Some of them have changed, others disease has disfigured, still others have died. Nor do the objects of your desires of tomorrow exist. ...

Do not revive memories of the past, my heart, for these memories will bind you to the pillar of time as many times as you revive them. And you will be a slave to time; you will grow old and will die before death."

(St. Nikolai Velimirovich, from Prayers by the Lake, #44)