



## Holy Ghost Orthodox Church

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Very Rev. Father Robert Popichak, Pastor

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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Father George Livanos, Joshua Agosto and his family, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Jillian Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair

[Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby Novak, Jeff Jones, Kristy, Elaine Ellenberger, Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, Ron Schwartz, Lydia Wilson, Flora Tomlin, Stella Rossi, Howell Swarm, Jane Bielewicz Allred, Carol Mensing's Family, Manny "Lazarus" Lopez, Lucas Burlack, Katie Elizabeth, Mileva, & Michael, Deirdré Straughan, Terri Paluh, Lori & Steve Lucier, Billy Sinclair, and Evelyn Felouzis. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

**Please remember in your prayers—our dear 'Little Father' Emilian**, who returned to Romania to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free in the springtime...may God watch over him and heal him...Fr. Bob

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### SCHEDULE OF SERVICES

**SUNDAY, MAY 24 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM  
7<sup>TH</sup> SUNDAY OF PASCHA; AFTERFEAST OF THE ASCENSION; HIEROMARTYR  
MOCIUS; HOLY EQUAL-TO-THE-APOSTLES CYRIL & METHODIUS-TEACHERS OF  
THE SLAVS; VENERABLE SOPHRONIUS-RECLUSE OF PERCHEVSKY LAVRA**

*Tone 6*

Acts 20:16-18, 28-36; Hebrews 7:26-8:2

John 17:1-13; Matthew 5:14-19

***Litany in Blessed Memory of Mary Haluszczak—40 days—Fr. Bob  
Parastas in Blessed Memory of Joe & Mary Behun—Panchison Family, John &  
Rose Lopushanski, & Mrs. Mike Puzak***

**SUNDAY, MAY 31 OBEDNITZA WITH COMMUNION—CHURCH HALL 10:30 AM  
8<sup>TH</sup> SUNDAY OF PASCHA; PENTECOST-TRINITY SUNDAY-OUR PARISH NAME'S  
DAY; HOLY FATHERS OF THE 7 ECUMENICAL COUNCILS; MARTYR THEODOTUS  
OF ANCYRA & 7 VIRGIN-MARTYRS: ALEXANDRA, TECUSA, CLAUDIA, PHAINE,  
EUPHRAISA, MATRONA & JULIA; MARYTRS PETER, DIONYSISUS, ANDREW,  
PAUL, & CHRISTINA**

*Tone 7*

Acts 2:1-11

John 7:37-52-8:12

***Litany in Blessed Memory of All Deceased Veterans***

**MONDAY JUNE 01—SATURDAY JUNE 06—FAST FREE WEEK**

**SUNDAY, JUNE 7 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM  
1<sup>ST</sup> SUNDAY AFTER PENTECOST—SUNDAY OF ALL SAINTS; THIRD FINDING OF  
THE PRECIOUS HEAD OF SAINT JOHN THE BAPTIST; HIEROMARTYR THERAPON-  
BISHOP OF CYPRUS**

*Tone 8*

Hebrews 11:33-12:2

Matthew 10:32-22, 37-38-19:27-30

*Litany in Blessed Memory of Walter Burlack, Ann Roman, Millie Kerr, Mary Maoli, Dianne Waryanka, Joe Karas, & Maxine Kitch—Fr. Bob Parastas in Blessed Memory of Joe & Mary Behun—John & Kay Vantorek, Anna Machuga, Mr. & Mrs. George Merichko, & Evelyn Zeleznak*

**MONDAY, JUNE 8      SAINTS PETER AND PAUL FAST BEGINS**

**BULLETIN INSERT FOR 24 MAY 2015  
HOLY FATHERS OF THE FIRST ECUMENICAL COUNCIL  
7<sup>TH</sup> SUNDAY OF PASCHA; AFTERFEAST OF THE ASCENSION;  
HIEROMARTYR MOCIUS; HOLY EQUAL-TO-THE-APOSTLES  
CYRIL & METHODIUS-TEACHERS OF THE SLAVS;  
VENERABLE SOPHRONIUS-RECLUSE OF PERCHEVSKY  
LAVRA**

**TROPARION—TONE 8**

Most glorious art Thou, O Christ our God!  
Thou hast established the Holy Fathers as lights on the earth!  
Through them Thou hast guided us to the true faith!  
O greatly Compassionate One, glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever,  
and unto ages of ages. Amen.

**KONTAKION—TONE 8**

The apostles' preaching and the fathers' doctrines  
Have established one faith for the Church.  
Adorned with the robe of truth, woven from heavenly theology;  
Great is the mystery of piety which it defines and glorifies.

**PROKIEMENON—TONE 4**

**Reader:** Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

**People: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.**

**Reader:** for Thou art just in all that Thou hast done for us!

**People: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.**

**Reader:** Blessed art Thou, O Lord God of our Fathers.

**People: And praised and glorified is Thy name forever.**

## **ALLELUIA VERSES—TONE 1—PSALM 50**

The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Gather to me my venerable ones, who made a covenant with me by sacrifice.

## **HYMN TO THE THEOTOKOS—REPLACES "IT IS TRULY MEET..."**

**Magnify, O my soul, Christ the Giver of Life, who has ascended from earth to heaven!**

**We magnify you, the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One!**

## **COMMUNION HYMNS [PSALM 148 AND 32]**

**Praise the Lord from the heavens! Praise Him in the highest!**

**Rejoice in the Lord, O you righteous! Praise befits the just.**

Pastor **Ed Bowen** [former pastor of Slickville Presbyterian Church] updated his status on May 18<sup>th</sup>: "I give thanks to God for the tremendous news I received from my oncologist today! On Friday I had a CT scan. The scan showed that the original tumor in the small intestine is now gone, that the original 7 lymph nodes that were involved are now down to 0, and that where the tumors in my lungs were originally described as being "too numerous to count," they are now being described as "tiny and insignificant." I will continue receiving chemo every other week indefinitely to seek to prevent the cancer from re-growing. Tomorrow is round #53. I am deeply appreciative of all those who have been praying for me, and I hope you will continue to do so!"

### **Experiencing Holy Communion**

- Partaking of the Precious Body and Blood of Christ brings unity with Christ.
- The whole person is affected when receiving the Body and Blood of Christ.
- The person becomes "new" in Christ when receiving the Body and Blood.
- Consciousness is desirable when a person is to receive the Body and Blood.
- Receiving the Body and Blood of Christ is an active Christian experience.
- Healing of soul and body occurs when a person receives Holy Communion.

- Benefits of receiving Holy Communion are beyond human measurement.
- Holy Communion is a direct experience between the person and Christ.
- Christ acts and is materially present when Holy Communion is experienced.
- God's Holy Church is the normal setting for receiving Holy Communion.
- Priests reach out to the hospitalized and homebound with Holy Communion.
- Baptism and Chrismation precede Communion in the Orthodox Church..
- Believers are encouraged to prepare themselves for Holy Communion.
- The Church expects believers to normally prepare for Holy Communion.
- The Divine Liturgy is the standard setting for receiving Holy Communion.
- Drawing near in God's Holy Church to receive Communion is voluntary.
- Pure and honorable motivation is expected in drawing near to the Chalice.
- God knows the motivation of the believer drawing near to unite with Christ.
- Approaching to unite with Christ is to be preceded by prayer and fasting.
- Receiving Holy Communion presumes the desire to be united with Christ.
- Holy Communion makes the person completely new and different.
- Partaking of Holy Communion regularly results in a cumulative effect.
- When a person chooses Holy Communion, the person rejects evil ways.
- Receiving Holy Communion is active warfare against evil in personal life.
- The human person and the Divine Christ unite in Holy Communion.
- Holy Communion is for the newly baptized regardless of the age of Baptism.
- All Christians in good standing in the Church may prepare for Communion.
- Certain sinful acts will deter a person from receiving Holy Communion.
- Repentance makes a difference in a person preparing for Holy Communion.
- Confession is demonstration of interest of being in Communion with Christ.
- Confession and Communion bring total change in the life of the believer.
- The believer is responsible for being true to Christ following Communion.
- Capability affects responsibility of remaining in Communion with Christ.

*Prepared for Adult Class of St.George Serbian Orthodox Church, Carmichaels, Pennsylvania. April 24/May 7, 2015. St.Sabbas the Warrior, St.Sava of Erdelj, St. Branko, Hieromartyr. Father Rodney Torbic*

### **Holy Unction and Healing**

- The Holy Unction service summons believers for healing.
- Yearning for healing wells up in the hearts of believers.
- Holy Unction offers the opportunity of wellness of soul.
- Healing occurs in varying degrees during Holy Unction.
- Each believer is an individual and heals in different ways.

- The ways of God are well beyond human comprehension.
- The service of Holy Unction has deep roots in the Church.
- Definitive structure characterizes the Holy Unction service.
- Seven priests are the ideal number performing Holy Unction.
- Holy Wednesday evening is often when Holy Unction occurs.
- Holy Unction is an action occurring in God's Holy Church.
- Believers benefit from Holy Unction at home and in hospitals.
- Every believer suffers from certain illnesses of the soul.
- Physical healing is often a primary interest at Holy Unction.
- Healing of the soul through Holy Unction has lasting benefits.
- Believers do well to prepare themselves for Holy Unction.
- Joy radiates in the hearts and minds of believers healed.
- Bodies change for the better when persons are anointed.
- Believers healed by Holy Unction are strengthened in Christ.
- Commitment to God's ways increase following Holy Unction.
- Holy Unction affects the total believer in immeasurable ways.
- Some believers gravitate to the Holy Unction service each year.
- Awareness of the benefits of Holy Unction is not widespread.
- Knowledge of the service of Holy Unction is often limited.
- Increased education is necessary in parishes about Holy Unction.
- Love of God leads believers to search further about Holy Unction.
- Experiencing Holy Unction strengthens Christian commitment.
- Healing is always possible for believers in God's Holy Church.
- Strong faith enables hope for healing by Christ to increase.
- Belief in Christ's healing power leads to triumph over illness.
- Illness is best handled in the context of God's Holy Church.

*Prepared for Adult Class-St. George Serbian Orthodox Church, Carmichaels, Pennsylvania. May 1/14, 2015. Holy Prophet Jeremiah. Father Rodney Torbic*

**ANOTHER REMINDER:** We will be holding an Obednitsa downstairs next Sunday, May 31, to enable those who cannot navigate our steps to worship with us and to receive Holy Communion with us. Please pass the word to anyone you know who has been unable to attend our services due to the inability to climb our stairs. As it seems to be successful, we will continue it the last Sunday of each month! Any questions, please see Fr. Bob.

**REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. We can now sing "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service. However, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.**