



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin,

Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Susan Bertram, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby, Jeff Jones, Kristy, Elaine Ellenberger, Margaret Thurston [Evelyn's sister], Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, and Daria Masur ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY TO OUR OCTOBER BABIES: Rachel Shirley on the 6th, Rich Previc on the 8th, Mother Alexandra on the 11th, Harley Katarina Frances Rahuba on the 24th, Greg Luciw on the 27th, and Michael Sheliga on the 28th. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years! M'nohaya Lita! God Bless them all!

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania last week to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free in the springtime...may God watch over him and heal him of his pain...Fr. Bob

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic’s class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, OCTOBER 05 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
17TH SUNDAY AFTER PENTECOST; PROPHET JONAH; HIEROMARTYR PHOCAS-
BISHOP OF SINOPE; VENERABLE JONAH THE PRESBYTER-FATHER OF SAINT
THEOPHANES THE HYMNOGRAPHER & SAINT THEODORE GRAPTUS; MARTYR
PHOCAS THE GARDNER OF SINOPE; SAINT PETER THE TAX-COLLECTOR OF
CONSTANTINOPLE**

Tone 8

2 Corinthians 6:16-7:1

Luke 5:1-11

***Litany in Blessed Memory of Father Theodore Forosty, Johnathan Dorning,
Katherine Behun, Mary Medich, Daniel Chicka, & Mary Evaniuk—Fr. Bob***

**SUNDAY, OCTOBER 12 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
18TH SUNDAY AFTER PENTECOST; VENERABLE CYRIACUS THE HERMIT OF
PALESTINE; MARTYRS DADA, GABDELAS, & CASDOE OF PERSIA; VENERABLE
THEOPHANES THE MERCIFUL OF GAZA**

Tone 1

2 Corinthians 9:6-11

Luke 6:31-36

Parastas in Blessed Memory of Nicholas & Catherine Behun—the Behun Family

**SUNDAY, OCTOBER 19 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
19TH SUNDAY AFTER PENTECOST; HOLY AND GLORIOUS APOSTLE THOMAS**

Tone 2

1 Corinthians 15:58-16:3

Luke 5:27-32

BULLETIN INSERT FOR 05 OCTOBER 2014

**17TH SUNDAY AFTER PENTECOST; PROPHET JONAH; HIEROMARTYR
PHOCAS-BISHOP OF SINOPE; VENERABLE JONAH THE PRESBYTER-
FATHER OF SAINT THEOPHANES THE HYMNOGRAPHER & SAINT
THEODORE GRAPTUS; MARTYR PHOCAS THE GARDNER OF SINOPE;
SAINT PETER THE TAX-COLLECTOR OF CONSTANTINOPLE**

TROPARION—TONE 8

Thou didst descent from on high, O Merciful One!
Thou didst accept the three-day burial to free us from our sufferings!
Our Lord, our Life and Resurrection, Glory to Thee

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 8

By rising from the tomb,
Thou didst raise the dead and resurrect Adam.
Eve exults in Thy Resurrection,
And the world celebrates Thy Rising from the dead,
O greatly Merciful One!

PROKEIMENON—TONE 8

READER: Pray and make your vows before the Lord our God!

PEOPLE: Pray and make your vows before the Lord our God!

READER: In Judah, God is known; His name is great in Israel!

PEOPLE: Pray and make your vows before the Lord our God!

READER: Pray and make your vows.

PEOPLE: Before the Lord our God!

ALLELUIA VERSES—TONE 8

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

When, on a clear autumn night, I gaze at the clear sky - sown with numberless stars, so diverse in size yet shedding a single light - then I say to myself: 'Such are the writings of the Fathers!' When, on a summer day, I gaze at the vast sea - covered with a multitude of diverse vessels with their unfurled sails like white swan's wings, vessels racing under a single wind to a single goal, to a single harbor - I say to myself: 'Such are the writings of the Fathers!' When I hear an harmonious, many-voiced choir, in which diverse voices - in elegant harmony - sing a single Divine song, then I say to myself: 'Such are the writings of the Fathers! *St. Ignatius Brianchaninov*

OCMC Executive Director Fr. Martin Ritsi Addresses the Assembly of Canonical Orthodox Bishops of the United States of America by Alex Goodwin (9/23/2014)



The heads of the various Assembly of Canonical Orthodox Bishops of the United States of America agencies presented at the recent meeting held by the Assembly Hierarchs in Dallas, Texas. Photo courtesy of Mr. Demetrios Panagos.

Dallas, Texas – On September 17th, 2014, during a meeting of the Assembly of Canonical Orthodox Bishops of the United States of America, OCMC Executive Director Fr. Martin Ritsi addressed the gathered hierarchs, sharing a history of the Mission Center and an update on its worldwide mission efforts. During his remarks, he underscored the benefits the organization derives from being an Assembly agency, the partnerships it

enjoys with the other agencies, and how the OCMC is a benefit to the Assembly of Bishops. Fr. Martin also took the opportunity to reflect on and celebrate the work of the Mission Center over the past 30 years (20 years as a pan-Orthodox agency) and to share OCMC's vision going forward. Agency heads from International Orthodox Christian Charities (IOCC), Orthodox Christian Network (OCN), Orthodox Christian Fellowship (OCF), Orthodox Christian Education Commission (OCEC), Orthodox Christian Prison Ministry (OCPM), and the Eastern Orthodox Committee on Scouting (EOCS) also made presentations.

His Grace Bishop Gregory, Primate of the American Carpatho-Russian Orthodox Diocese of the USA and Chairman of the Assembly's Committee for Agencies and Endorsed Organizations, gathered the agency heads for a breakfast where future activities and challenges were further discussed. Each agency signifies the high priority that the Assembly places on the ministries they have been blessed to facilitate. Through these agencies, a unique manifestation of Orthodox Christian unity is presented.

At the meeting, the work being done by all of the agencies was reaffirmed by the Assembly. The staff, board, missionaries, and volunteers of the Orthodox Christian Mission Center look forward to continuing the vital work of missions with the blessings of the Assembly hierarchs and thank them for their continued prayers and guidance.

There is an old saying: 'Excesses meet.' Too much fasting and too much eating come to the same end. Keeping too long a vigil brings the same disastrous cost as ... sluggishness... Too much self-denial brings weakness and induces the same condition as carelessness. Often I have seen men who would not be snared by gluttony fall, nevertheless, through immoderate fasting and tumble in weakness into the very urge which they had overcome. Unmeasured vigils and foolish denial of rest overcame those whom sleep could not overcome. Therefore, 'fortified to right and to left in the armor of justice,' as the apostle says (2 Cor. 6:7), life must be lived with due measure and, with discernment for a guide, the road must be traveled between the two kinds of excess so that in the end we may not allow ourselves to be diverted from the pathway of restraint which has been laid down for us nor fall through dangerous carelessness into the urgings of gluttony and self-indulgence.

*St. John Cassian, Conferences, Conference Two: On Discernment no. 16;
Paulist Press pg. 76, 5th century*

For now they were well instructed beforehand...But mark both their faith and their obedience. For though they were in the midst of their work when they heard His command, they delayed not, they procrastinated not, they said not, "let us return home, and converse with our kinsfolk," but "they forsook all and followed."

St. John Chrysostom, Homily 14 on Matthew 4, 4th Century

Because such is the obedience which Christ seeks of us, as that we delay not even a moment of time, though something absolutely most needful should vehemently press on us.

St. John Chrysostom, Homily 14 on Matthew 4, 4th Century

For many have taken part with the holy apostles in their labors, and still do so, especially those who inquire into the meaning of what is written in the holy Gospels ... For the net is still being drawn, while Christ fills it, and calls to conversion those who, according to the Scripture phrase, are in the depths of the sea, that is to say, those who live in the surge and waves of worldly things.

St. Cyril of Alexandria, Homily XII, Taken from: Cyril of Alexandria. Commentary on the Gospel of St. Luke. Trans. R. Payne Smith. Long Island, N.Y.: Studion Publishers, Inc., 1983, 105., 5th Century

We ask your prayers for those parishioners in the hospital, nursing home, or who are otherwise unable to get to church: Mary Ann Kuznik, John Sheliga, Betty O'Masta, Liz Obradovich, and Jeanne Stutchel. Please let Father Bob know of anyone else to add to this short list for extra prayers!

Please remember in your prayers—our dear 'Little Father' Emilian, who returned to Romania last week to undergo surgery for back pain. This particular procedure is not offered here in the United States. He asked for our prayers and expressed his thanks for the love and fellowship he has shared with the Holy Ghost Parish Family. He said he looks forward to returning to us pain-free in the springtime...may God watch over him and heal him of his pain. Fr. Bob

BELATED BIRTHDAY WISHES to His Grace, Bishop Daniel, who celebrated on Sunday, September 28th! May God grant him Many Happy, Healthy, Prosperous, and Blessed Years in His Service! M'nohaya Lita! Eis Polla, Eti Despota!

Father Bob will be attending the annual Clergy Conference at the Consistory in South Bound Brook October 6-9. If there is an emergency, please contact John Pauncic for a list of other local Orthodox Priests.