



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin,

Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Susan Bertram, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Ella Campbell, Tom Hyatt, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby, Jeff Jones, Kristy, Elaine Ellenberger, Margaret Thurston [Evelyn's sister], Donna Cacioppo [Evelyn's niece], Brandon, Anna Tranchine, Demetra, Blase Urban, Catherine Hogel & children, Jennifer & Dylan, and Daria Masur ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, SEPTEMBER 21 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
15TH SUNDAY AFTER PENTECOST; SUNDAY BEFORE THE EXALTATION OF THE
HOLY CROSS; THE NATIVITY OF THE MOST HOLY THEOTOKOS AND EVER-
VIRGIN MARY**

Tone 6

Galatians 6:11-18; 2 Corinthians 4:6-15; Philippians 2:5-11
John 3:13-17; Matthew 22:35-46; Luke 10:38-42, 11:27-28

Parastas in Blessed Memory of Michael Holupka—Mike Holupka

**SUNDAY, SEPTEMBER 28 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
16TH SUNDAY AFTER PENTECOST; AFTERFEAST OF THE EXALTATION OF THE
CROSS; GREAT-MARTYR NICETAS THE GOTH, UNCOVERING RELICS OF SAINT
ACACIUS THE CONFESSOR-BISHOP OF MELITENE; MARTYRS THEODOTUS,
ASCIEPIODOTUS, & MAXIMUS OF ADRIANOPOLIS; UNCOVERING RELICS OF
HOLY PROTOMARTYR & ARCHDEACON STEPHEN**

Tone 7

2 Corinthians 6:1-10; Galatians 2:16-20
Matthew 15:14-30; Mark 8:34-9:1

**SUNDAY, OCTOBER 05 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
17TH SUNDAY AFTER PENTECOST; GREAT-MARTYR EUSTHATIUS PLACIDAS, HIS
WIFE THOPISTES, & CHILDREN-MARTYRS AGAPIUS & THEOPISTUS OF ROME;
HOLY MARTYR & CONFESSOR MICHAEL & HIS COUNSELOR THEODORE-
WONDERWORKERS OF CHERNIHIV**

Tone 8

Ephesians 4:17-25
Luke 4:22-30

***Litany in Blessed Memory of Father Theodore Forosty, Johnathan Dorning,
Katherine Behun, Mary Medich, Daniel Chicka, & Mary Evaniuk—Fr. Bob***

BULLETIN INSERT FOR 21 SEPTEMBER 2014

**15TH SUNDAY AFTER PENTECOST; SUNDAY BEFORE THE
EXALTATION OF THE HOLY CROSS; THE NATIVITY OF THE MOST
HOLY THEOTOKOS AND EVER-VIRGIN MARY**

TROPARION—TONE 6

The angelic powers were at Thy tomb; the guards became as dead men.
Mary stood by Thy grave, seeking Thy most pure body.
Thou didst capture hell, not being tempted by it.
Thou didst come to the Virgin, granting life.
O Lord who didst rise from the dead: glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 6

When Christ God, the Giver of Life,
Raised all of the dead from the valleys of misery with His might hand,
He bestowed resurrection on the human race.
He is the Savior of all,
The Resurrection, the Life, and the God of all!

PROKEIMENON—TONE 6

READER: O Lord, save Thy people and bless Thine inheritance.

PEOPLE: O Lord, save Thy people and bless Thine inheritance.

READER: To Thee, O Lord, will I call. O my God, be not silent to me.

PEOPLE: O Lord, save Thy people and bless Thine inheritance.

READER: O Lord, save Thy people.

PEOPLE: And bless Thine inheritance.

ALLELUIA VERSES—TONE 6

He who dwells in the shelter of the Most High will abide in the shadow of
the heavenly God.

He will say to the Lord: My Protector and my Refuge; my God, in whom I
trust.

The Elevation of the Venerable and Life-Giving Cross

Saint Helen, the mother of Saint Constantine the Great, when she was already advanced in years, undertook, in her great piety, the hardships of a journey to Jerusalem in search of the cross, about the year 325. A temple to Aphrodite had been raised up by the Emperor Hadrian upon Golgotha, to defile and cover with oblivion the place where the saving Passion had been suffered. The venerable Helen had the statue of Aphrodite destroyed, and the earth removed, revealing the Tomb of our Lord, and three crosses. Of these, it was believed that one must be that of our Lord, the other two of the thieves crucified with Him; but Saint Helen was at a loss which one might be the Wood of our salvation. At the inspiration of Saint Macarius, Archbishop of Jerusalem, a lady of Jerusalem, who was already at the point of death from a certain disease, was brought to touch the crosses, and as soon as she came near to the Cross of our Lord, she was made perfectly whole. Consequently, the precious Cross was lifted on high by Archbishop Macarius of Jerusalem; as he stood on the ambo, and when the people beheld it, they cried out, "Lord have mercy." It should be noted that after its discovery, a portion of the venerable Cross was taken to Constantinople as a blessing. The rest was left in Jerusalem in the magnificent church built by Saint Helen, until the year 614. At that time, the Persians plundered Palestine and took the Cross to their own country (see Jan. 22, Saint Anastasius the Persian). Late, in the year 628, Emperor Heraclius set out on a military campaign, retrieved the Cross, and after bringing it to Constantinople, himself escorted it back to Jerusalem, where he restored it to its place.

Rest from labour. A Fast is observed today, whatever day of the week it may be.

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Protocol 158/14—September 14/27, 2014

The Universal Exaltation of The Precious and Life-Giving Cross

To the Most Reverend Hierarchs, the Reverend Priests and Deacons, the Monks and Nuns, the Presidents and Members of the Parish Councils of the Greek Orthodox Communities, the Distinguished Archons of the Ecumenical Patriarchate, the Day,

Afternoon, and Church Schools, the Philoptochos Sisterhoods, the Youth, the Hellenic Organizations, and the entire Greek Orthodox Family in America
Beloved Brothers and Sisters in Christ,

On this Feast of the Universal Exaltation of the Precious and Life-Giving Cross, we commemorate the finding of the holy Cross of our Lord by Saint Helen when she visited Jerusalem in the year 326 to venerate holy places related to the life, ministry, Crucifixion and Resurrection of Christ. Confirmed as the Precious Cross by healing a dying woman who touched it, the Cross was venerated by Saint Helen and by all present, proclaiming "Lord have mercy" as Patriarch Makarios lifted it up for all to see. This glorious and blessed event led to the institution of the Feast of the Exaltation of the Cross and our annual celebration of its power of redemption and as a symbol of reconciliation through Christ.

The response of the faithful to the finding of the Cross and its elevation by the Patriarch was filled with joy and thanksgiving to God; and while we fast on this day in recognition of the sacrifice made by our Lord on the Cross, it is a day and a celebration that offers a witness to the world of the power of God's love for us. We lift up the Cross because while it was used as an instrument of torture and indignity, it brought honor and glory to God. It was used as a means of ending life, but it became entrance to eternity. It was used as a violent weapon, but for believers it became a weapon of true peace. The Cross, a symbol of suffering and defeat, through Christ became a symbol of hope and victory. Instead of death, our Lord through the Cross brought us life and abundance of life.

On this feast, the elevation of the Cross is a beautiful and mighty witness of the Gospel of truth and love. It is a testimony of the power of God's grace and of the salvation that is offered to all through faith in Christ. This feast is also a call to each of us to look to the Cross and to turn the eyes of our soul towards the Cross and to lift it up for others to see. We lift up the Cross of Christ when we are not hesitant or afraid to identify ourselves as Orthodox Christians in any context or environment. We lift up the Cross when our homes and families become a dwelling of Christ. We lift up the Cross for all to see the power of faith and grace when we live in the way of the Cross, that is when we sacrifice for the will of God and the needs of others, when we live in love and humility, and our lives constantly show the way to Christ.

As we commemorate this Feast and reflect on the witness of the Cross, it is also our annual tradition to offer our prayers and support for our beloved Holy Cross Greek Orthodox School of Theology. In lifting the Cross and offering a witness of the Gospel, our Schole of the Holy Cross has a vital role in the life of the Church and our Holy Archdiocese. At this sacred institution those who have taken up the Cross of our Lord and followed His call to the Holy Priesthood and ministry receive the guidance and training they need to be bearers of the Cross. Within an environment of worship and prayer, of academic excellence, and of fellowship in Christ, students are able to look to the Cross, nurture their faith and commitment, and experience the hope, power and victory that is essential to a life of service. May we offer special prayers on this day for the students, faculty, staff, trustees and benefactors of our beloved School of Holy Cross, and please consider prayerfully your support for our Schole and for current and potential seminarians from your parish.

Today, the Precious and Life-giving Cross will be raised before us in Churches throughout the world. As we look upon it, venerate it, and give glory to God for what has been accomplished through Christ for our salvation, may we renew our commitment to lift up the Cross each day of our lives. Through the gift of the power of the Cross and the grace of God, may we show others the way to Christ and to eternal life.

With paternal love in Him,
†DEMETRIOS, Archbishop of America

