



Holy Ghost Orthodox Church

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SAINTS PETER AND PAUL FAST—APOSTLES' FAST

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father John Harvey, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Protopresbyter William Diakiw, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young,

Mckayla, Rachel, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Jamie Gardner, Patrick, Linda Morris, Howard Simpson, Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Susan Bertram, Rita McConnell, Gail, Sirena Sharp, Ron Paulovich, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Kareen Milcic, Ella Campbell, Kurt Smith, Tom Hyatt, , Jeaneen McCartney Thomson, Bill Janiro, Jean Symanko-Andy's sister, William Lemonakis, Barbara McDougall, Alma Wyke, Lindsay Romanczak & family, Virginia Catherine Pynch, Susan Lucas, Manny Lopez, Neil Carter & family, James Paluh, Mickie Weikel, Evelyn Krempasky, Tammy Strunk, Loida Esbry, Darlene Chicka Deskins, Drew, Alice & Keith Philipa, Kateryna Kocelko, Nancy Heinbaugh, Judi Danser, Mira Filipovic, Vicki Rathbun, Lynn, Jacqueline, Irma Opacic, Sharon, Zan Cheng, Debby, Jeff Jones, and Daria Masur ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

For in a contest there is much labor needed--and after the contest victory falls to some, to others disgrace. Is the palm ever given or the crown granted before the course is finished? ... Therefore no one can receive a reward, unless he has striven lawfully; nor is the victory a glorious one, unless the contest also has been toilsome.

St. Ambrose of Milan

PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you!

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, JUNE 22 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
2ND SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS OF NORTH AMERICA
AND UKRAINE; ALL VENERABLE AND HOLY FATHERS OF HOLY MOUNT ATHOS;
SAINT CYRIL-ARCHBISHOP OF ALEXANDRIA; 5 NUNS BEHEADED IN PERSIA:
MARTYRS THECLA, MARIAMNE, MARTHA, MARY, AND ENMATHA**

Tone 1

Romans 2:10-16

Matthew 4:18-23

Parastas in Blessed Memory of Millie Kerr—the Church Ladies

**SUNDAY, JUNE 29 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
3RD SUNDAY AFTER PENTECOST; SYNAXIS OF THE HALYCH SAINTS; SYNAXIS
OF THE ODESSA SAINTS; SAINT TYCHON-BISHOP OF AMATHUS IN CYPRUS;
MARTYRS TIGRIUS & EUTROPIUS OF CONSTANTINOPLE**

Tone 2

Romans 5:1-10

Matthew 6:22-33

**SUNDAY, JULY 06 DIVINE LITURGY OF SAINT JOHN CHRYSOSTOM 10:30 AM
4TH SUNDAY AFTER PENTECOST; MARTYR AGRIPPINA OF ROME; MARTYRS
EUSTOCHIUS, GAIUS, PROBUS, LOLLIUS, & URBAN OF ANCYRA**

Tone 3

Romans 6:18-23

Matthew 8:5-13

Litany in Blessed Memory of Olga Stock, Anna Kitch, Sophie Carrera, Susan Justina Sredich, Stella E. Cherepko, Joseph Paouncic, Igumen George [Owen], & Claudia Horvath—Fr. Bob
Parastas in Blessed Memory of Michael Yarmeak—40 days—Fr. Bob

BULLETIN INSERT FOR 22 JUNE 2014

2ND SUNDAY AFTER PENTECOST; SUNDAY OF ALL SAINTS OF NORTH AMERICA AND UKRAINE; ALL VENERABLE AND HOLY FATHERS OF HOLY MOUNT ATHOS; SAINT CYRIL-ARCHBISHOP OF ALEXANDRIA; 5 NUNS BEHEADED IN PERSIA: MARTYRS THECLA, MARIAMNE, MARTHA, MARY, AND ENMATHA

TROPARION—TONE 1

When the stone had been sealed by the Jews;
While the soldiers were guarding Thy most pure Body;
Thou didst rise on the third day, O Savior,
Granting life to the world.
The powers of heaven therefore cried to Thee, O Giver of life:
Glory to Thy Resurrection, O Christ!
Glory to Thy Kingdom!
Glory to Thy Dispensation, O Thou who lovest mankind.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 1

As God, Thou didst rise from the tomb in glory, raising the world with Thyself.
Human nature praises Thee as God, for death has vanished!
Adam exults, O Master!
Eve rejoices, for she is freed from bondage and cries to Thee:
Thou are the Giver of Resurrection to all, O Christ!

PROKEIMENON—TONE 1

READER: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Rejoice in the Lord, O you righteous! Praise befits the just!

PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.

READER: Let Thy mercy, O Lord, be upon us.

PEOPLE: As we have set our hope on Thee.

ALLELUIA VERSES

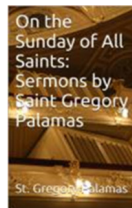
God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever!

THE FEAST OF ALL SAINTS

in

ST. GREGORY PALAMAS



On the Sunday of All Saints

"Truly "God is glorious in his saints" (Ps. 68:35 Lxx). Let us call to mind the martyrs' superhuman struggles, how in the weakness of their flesh they put to shame the evil one's strength, disregarding pain and wounds as they struggled bodily against fire, sword, all different kinds of deadly tortures, patiently resisting while their flesh was cut, their joints dislocated and their bones crushed, and keeping the confession of faith in Christ in its integrity, complete, unharmed and unshaken. As a result there were bestowed on them the incontrovertible wisdom of the Spirit and the power to work miracles. Let us consider the patience of holy men and women, how they willingly endured long periods of fasting, vigil and various other physical hardships as though they were not in the body, battling to the end against evil passions and all sorts of sin, in the invincible inner warfare against principalities, powers and spiritual wickedness (Eph. 6:12). They wore away their outer selves and made them useless, but their inner man was renewed and deified by Him from whom they also received gifts of healing and mighty works. When we think on these matters and understand that they surpass human nature, we are filled with wonder and glorify God who gave them such grace and power. For even if their intentions were good and noble, without God's strength they could not have gone beyond

the bounds of their nature and driven away the bodiless enemy while clothed in their bodies.

"That is why, when the psalmist and prophet declared, "God is glorious in his saints", he went on to say, "he giveth strength and power unto his people" (Ps. 68:35 Lxx). Carefully consider the force of these prophetic words. Whereas God, according to the psalmist, gives all his people strength and power - for He shows no partiality (cf. Acts 10:34) - He is glorified only in His saints. The sun pours down its rays abundantly upon all alike, but they are visible only to those with open eyes. Those with clear-sighted, pure eyes benefit from the pure light of the sun, not those whose vision is dimmed because illness, mist or something similar has afflicted their eyes. In the same way, God richly bestows His help on all, for He is the ever-flowing, enlightening and saving fount of mercy and goodness. But not everyone takes advantage of His grace and power to practise and perfect virtue or show forth miracles, only those with a good intent, who demonstrate their love and faith towards God by good works (cf. Jas. 2:20-26), who turn away completely from everything base, hold fast to God's commandments and lift up the eyes of their understanding to Christ the Sun of righteousness (Mal. 4:2). He not only invisibly holds out a helping hand from above to those who struggle, but we also hear Him speaking to us and urging us on in today's Gospel. "Whosoever therefore shall confess me before men", He says, "him will I confess also before my Father which is in heaven" (Matt. 10:32).

"Notice that we cannot boldly proclaim our faith in Christ and confess Him without His strength and assistance. Nor will our Lord Jesus Christ speak out on our behalf in the age to come, recommend us to the heavenly Father and make us His kin, unless we give Him reason to do so. To make this clear, He does not say, "Whosoever shall confess me before men", but "Whosoever shall make his confession in Me" (Matt. 10:32), that is to say, whoever is able, in Christ and with His help, to declare his faith with boldness..."

SOURCE: Homily XXV from the corpus, in [Saint Gregory Palamas: The Homilies](#) (2009 and 2014), with introduction and detailed notes. Also published in [On the Saints: Sermons by Saint Gregory Palamas](#) (2008).

Were YOU HOME SCHOOLED???

1. My mother taught me TO APPRECIATE A JOB WELL DONE.

"If you're going to kill each other, do it outside. I just finished cleaning."

2. My mother taught me RELIGION.

"You better pray that will come out of the carpet."

3. My father taught me about TIME TRAVEL.

"If you don't straighten up, I'm going to knock you into the middle of next week!"

4. My father taught me LOGIC.

"Because I said so, that's why."

5. My mother taught me MORE LOGIC .

"If you fall out of that swing and break your neck, you're not going to the store with me."

6. My mother taught me FORESIGHT.

"Make sure you wear clean underwear, in case you're in an accident."

7. My father taught me IRONY.

"Keep crying, and I'll give you something to cry about."

8. My mother taught me about the science of OSMOSIS .

"Shut your mouth and eat your supper."

9. My mother taught me about CONTORTIONISM.

"Will you look at that dirt on the back of your neck!"

10. My mother taught me about STAMINA .

"You'll sit there until all that Spinach is gone."

11. My mother taught me about WEATHER.

"This room of yours looks as if a tornado went through it."

12. My mother taught me about HYPOCRISY.

"If I told you once, I've told you a million times. Don't exaggerate!"

13. My mother taught me the CIRCLE OF LIFE.

"I brought you into this world, and I can take you out..."

14.. My mother taught me about BEHAVIOR MODIFICATION .

"Stop acting like your father!"

15. My mother taught me about ENVY.

"There are millions of less fortunate children in this world who don't have wonderful parents like you do."

16. My mother taught me about ANTICIPATION.

"Just wait until we get home."

17. My mother taught me about RECEIVING .

"You are going to get it from your father when he gets home!"

18. My mother taught me MEDICAL SCIENCE.

"If you don't stop crossing your eyes, they are going to get stuck that way."

19. My mother taught me ESP.

"Put your sweater on; don't you think I know when you are cold?"

20. My father taught me HUMOR.

"When that lawn mower cuts off your toes, don't come running to me."

21. My mother taught me HOW TO BECOME AN ADULT.

"If you don't eat your vegetables, you'll never grow up."

22. My father taught me GENETICS.

"You're just like your mother."

23. My mother taught me about my ROOTS.

"Shut that door behind you. Do you think you were born in a barn?"

24. My mother taught me WISDOM.

"When you get to be my age, you'll understand."

25. My father taught me about JUSTICE .

"One day you'll have kids, and I hope they turn out just like you!"

e-mail via Rebecca Danchenko

Statement of the North American Orthodox/Catholic Theological Consultation

*On the Occasion of the Eighty-fifth Anniversary of the
Promulgation of the decree "Cum data fuerit"*

The year 2014 marks the eighty-fifth anniversary of the promulgation of the decree *Cum data fuerit*. In 1929, the Sacred Congregation for the Oriental [Eastern Catholic] Churches issued this document, which stated that "priests of the Greek-Ruthenian Rite who wish to go to the United States of North America [sic] and stay there must be celibates" (Article 12). This statement led to a general prohibition of the ordination of married Eastern Catholics to the priesthood in North America. This resulted in divisions in Eastern Catholic communities and even in families.

The Second Vatican Council spoke of the importance of preserving the legitimate traditions of the Eastern Churches. In the decree, *Orientalium ecclesiarum*, the Council emphasized the need to preserve the "legitimate liturgical rite and ... established way of life" of Eastern Catholics. The Council continued, stating that Eastern Catholics "should attain to an even greater knowledge and a more exact use of [this rite and way of life] and if in their regard they have fallen short owing to contingencies of times and persons, they should take steps to return to their ancestral traditions" (par. 6). Furthermore, the decree *Presbyterorum ordinis* states, "This holy synod, while it commends ecclesiastical celibacy, in no way intends to alter

that different discipline which legitimately flourishes in the Eastern Churches. It permanently exhorts all those who have received the priesthood and marriage to persevere in their holy vocation" (sec. 16). Nevertheless, until recently, very few married Eastern Catholic men have been allowed to be ordained to the priesthood in North America.

With these things in mind, the North American Orthodox/Catholic Theological Consultation encourages the lifting of the restrictions regarding the ordination of married men to the priesthood in the Eastern Catholic Churches of North America. This action would affirm the ancient and legitimate Eastern Christian tradition, and would assure the Orthodox that, in the event of the restoration of full communion between the two Churches, the traditions of the Orthodox Church would not be questioned. We are convinced that this action would enhance the spiritual lives of Eastern Catholics and would encourage the restoration of unity between Catholic and Orthodox Christians.

Chapter 15, Three Books on the Duties of the Clergy, 4th century

AT all times indeed, but especially then when I reflect upon the achievements of the saints, it comes over me to feel despondency concerning my own condition, because we have not even in dreams experienced the things among which those men spent their whole lives, not paying the penalty of sins, but always doing rightly and yet always afflicted...For "God" (he says) "has provided some better thing for us." In order that they might not seem to have the advantage of us from being crowned before us, He appointed one time of crowning for all; and he that gained the victory so many years before, receives his crown with thee. Seest thou His tender carefulness?

St. John Chrysostom

Homily 28 on Hebrews 11, 4th Century

The Importance of Church Attendance

A Reflection from St. Nikolai Velimirovich



If you were to ask many people why they do not go to Church to pray, they will generally answer you: I have no time, I have to work!

Just look at those people who only work and do not go to Church, placing their trust only in their work and compare them with those who divide their time between work and prayer and you will quickly be convinced that the latter are more well off and, what is more important, they are more satisfied.

It is said about two neighboring tailors how unequal they were according to their work and prayer and according to their wealth and satisfaction. One of them had a large family and the other was a bachelor. The first had the habit of going to church every morning for prayer and the bachelor never went to church. Not only did the first work less but was even less a skillful master than the other. He had enough of everything and the other lacked everything. The first one asked the other how is it that he has everything although he works less? The one who prays to God (Bogomoljac a devout person) responded that he attends church every day and, along the way, finds lost gold and he invited his neighbor, the bachelor, to go with him to prayer and they will share the discovered gold. Both neighbors began to attend church regularly and soon both became equal in abundance as well as in satisfaction. Naturally, they found no gold along the way but the blessing of God multiplies the abundance of true devout men.

Those who: "Seek first the Kingdom of God and His righteousness" (St. Matthew 6:31), God adds and multiplies all that is necessary for their physical life.

- From *The Prologue* by St. Nikolai Velimirovich



+ + The Holy Spirit: The Comforter, The Spirit of Truth + +

God the Holy Spirit descended in the form of tongues of fire upon the Apostles at Pentecost, fifty days after Christ's Resurrection. This sweet and enlivening Light illumined them for the holy work of spreading the Grace-filled Good News of the Gospel. They preached that Christ has been born on earth, and by His Awesome Death, Bright Resurrection, and Glorious Ascension we now have access to Heaven and God through God the Father's Son, Jesus Christ. This Truth is revealed to all men, and to us, with the comforting knowledge that we are invited to directly participate in the Life of God through entering His Church and then into His Kingdom within. The Holy Spirit conveys this Truth to us, and this is beyond any knowing from a worldly point of view. We must enter the condition of humble openness, and then choose to express a love for God and His Creation in order to receive it. It is the fullness of Truth that cannot be superseded or overcome. This Truth, this Love, this Life is forever. Let us humbly ask the Holy Spirit to enlighten our weak minds and hearts to be able to receive such truly comforting blessings. Come, O Comforter, Spirit of Truth, Light of my soul, come!

"The Spirit Itself beareth witness with our spirit, that we are the children of God: And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with Him, that we may be also glorified together. For I reckon that the sufferings of this present time are not worthy to be compared with the glory that shall be revealed in us." (Rom. 8:16-18)

*The Monks of St. Isaac of Syria Skete
and the Nuns of the Convent of St. Silouan
and the Faithful of St. Nicholas Church
and the Staff of Orthodox Byzantine Icons and St. Isaac's Bookstore.*

"Ask for repentance in your prayer and nothing else, neither for divine lights, nor miracles, nor prophecies, nor spiritual gifts—nothing but repentance. Repentance will bring you humility, humility will bring you the Grace of God, and God will have in His Grace everything you need for your salvation, or anything you might need to help another soul.

"Things are very simple, and there is no reason why we should complicate them. If we regard matters in this way, we will feel the Jesus Prayer as a necessity and will not grow weary. We will be able to repeat it many times and our heart will feel a sweet pain, and then Christ Himself will shed His sweet consolation inside our heart.

“Thus prayer does not tire but invigorates. It is tiresome only when we do not enter into its meaning and do not understand the sense given it by our Holy Fathers. Once we comprehend the need of God’s mercy, the desire of this hunger will compel us, without pressuring ourselves in prayer, to open our mouth like a nursing infant, and we will feel, simultaneously, all the security and joy of a baby in its mother’s embrace.” **Elder Paisios of the Holy Mountain, Athos**



The Jesus Prayer: an image from Balamand Monastery

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