



## Holy Ghost Orthodox Church

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Very Rev. Father Robert Popichak, Pastor

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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Deacon Dennis Lapushanski, Protopresbyter Peter Hotrovich, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff

Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Stroz [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Jamie Gardner, Patrick, Linda Morris, Howard Simpson, Ronald Graham [Evelyn's nephew], Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Susan Bertram, Rita McConnell, Gail, Pete Special, Sirena Sharp, Ron Paulovich, Patty Sinicki, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Kareen Milcic, Ella Campbell, Kurt Smith, Tom Hyatt, Kenneth Miller [double lung transplant], and Daria Masur ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

**PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!**

Since the icon talk was so well received, Alex and Pani Gina suggested having Fr. Bob answer questions of interest to our parish family. Alex will be constructing an "Ask Your Priest" box for your questions that will be placed in the parish basement hall. If you have a question, please write it down and place it in the box. Father Bob will try to answer as many questions as he can at Coffee Hour after Liturgy...if he doesn't know the answer, he will research it and have an answer for the next Sunday! We are all learning every day, so we will continue to learn together! God Bless!  
Fr. Bob

**PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you!**

Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### SCHEDULE OF SERVICES

**SUNDAY, OCTOBER 20**                      **NO SERVICE IN SLICKVILLE—FR. BOB @ SOBOR**  
**SEVENTEENTH SUNDAY AFTER PENTECOST; MARTYRS SERGIUS & BACCHUS IN SYRIA; MARTYRS JULIAN-PRESBYTER & CAESARIUS-DEACON AT TERRACINA; VIRGIN-MARTYR PELAGIA OF TARSUS; MARTYR POLYCHRONUS OF GAMPHANITUS; SAINT SERGIUS THE OBEDIENT OF PERCHEVSKY LAVRA**

*Tone 8*

2 Corinthians 6:16-7:1

Luke 7:11-16

**SUNDAY, OCTOBER 27**                      **Divine Liturgy of Saint John Chrysostom**  
**10:30 AM**

**EIGHTEENTH SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE 7<sup>TH</sup> ECUMENICAL COUNCIL; MARTYRS NAZARIUS, GERVASE, PROTASE, & CELSUS OF MILAN; HIEROMARTYR SILVANUS OF GAZA; SAINT PARESKEVA (PETKAO OF EPIBATIMA, THRACE; SAINT NIKOLA SVIATOSHA-PRINCE OF CHERNIHIV & WONDERWORKER OF PERCHEVSKY LAVRA**

*Tone 1*

2 Corinthians 9:6-11; Hebrews 13:7-16

Luke 8:5-15; John 17:1-13

**SUNDAY, NOVEMBER 03**                      **Divine Liturgy of Saint John Chrysostom**  
**10:30 AM**

**NINETEENTH SUNDAY AFTER PENTECOST; SAINT HILARION THE GREAT OF PALESTINE; MARTYRS DASIUS, GAIUS, & ZOTICUS AT NICOMEDIA; SAINT HILARION OF PERCHEVSKY LAVRA**

*Tone 2*

2 Corinthians 11:31-12:9

Luke 16:19-31

*Litany in Blessed Memory of John Lopushanski, Sam Kerr, Helen Likar, Harry Bunio, Mary Pekich, Constantine Hanczar, Anna Lotinsky, & Julia Golofski—Fr. Bob*

**BULLETIN INSERT FOR 20 OCTOBER 2013**  
**SEVENTEENTH SUNDAY AFTER PENTECOST; MARTYRS**  
**SERGIUS & BACCHUS IN SYRIA; MARTYRS JULIAN-**  
**PRESBYTER & CAESARIUS-DEACON AT TERRACINA;**  
**VIRGIN-MARTYR PELAGIA OF TARSUS; MARTYR**  
**POLYCHRONUS OF GAMPHANITUS; SAINT SERGIUS THE**  
**OBEDIENT OF PERCHEVSKY LAVRA**

**TROPARION—TONE 8**

Thou didst descent from on high, O Merciful One!  
Thou didst accept the three-day burial to free us from our sufferings!  
Our Lord, our Life and Resurrection, Glory to Thee

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.

**KONTAKION—TONE 8**

By rising from the tomb,  
Thou didst raise the dead and resurrect Adam.  
Eve exults in Thy Resurrection,  
And the world celebrates Thy Rising from the dead,  
O greatly Merciful One!

**PROKEIMENON—TONE 8**

**READER:** Pray and make your vows before the Lord our God!  
**PEOPLE:** **Pray and make your vows before the Lord our God!**  
**READER:** In Judah, God is known; His name is great in Israel!  
**PEOPLE:** **Pray and make your vows before the Lord our God!**  
**READER:** Pray and make your vows.  
**PEOPLE:** **Before the Lord our God!**

**ALLELUIA VERSES—TONE 8**

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

*When I was driving home the other night I was listening to WORDFM and Dr. David Jeremiah was on. I don't really know much about him and really only catch his occasional message on the radio but this was such an interesting tale I looked it up to find out more. This is an excerpt I found:*

One of the most well-known children's songs throughout the world is "Jesus loves me, this I know." Somehow that song, like "Amazing Grace", forms part of the spiritual memory banks of most adults. The vast majority of adults in Canada have gone as children either to Sunday School or Catechism. As a result, most Canadians, whether or not they currently attend church, have significant core memories connected with those early experiences. As a teenager, I found church boring and avoided it by golfing and skiing on Sunday mornings. But as a child, I remember enjoying Sunday School and looking forward to going. I've always liked to sing, and one of my favorite hymns as a child was "Jesus loves me, this I know". Even though I did not know Jesus personally, something touched me as I sang that song in Sunday School. Years later, I still feel deeply moved by this simple song.

Dr. Karl Barth was one of the most brilliant and complex intellectuals of the twentieth century. He wrote volume after massive volume on the meaning of life and faith. A reporter once asked Dr. Barth if he could summarize what he had said in all those volumes. Dr. Barth thought for a moment and then said: "Jesus loves me, this I know, for the Bible tells me so."

When Mao Tse Sung attempted to crush the church in China, things seemed very bleak. In 1972 however, a message leaked out which simply said: "The this I know people are well". The Communist authorities did not understand the message. But Christians all around the world knew instantly that this referred to the world's most famous children's hymn. Miraculously the Chinese Church, instead of being crushed, has boomed under persecution, growing from 1.5 million believers to 80 million by 1993.

### **The Warner Sisters**

The author of this amazing little children's song was Anna Bartlett Warner, sister of the famous 19th century writer, Susan B. Warner. Susan's first novel The Wide Wide World was an instant success, second only to Uncle Tom's Cabin, the most popular 19th century novel written in North America. Anna published her own novel Dollars and Cents under the pseudonym "Amy Lothrop". Anna and Susan collaborated together on fifteen fiction and children's books. Neither sister ever married, so they shared a house on Constitution Island right across from the famous West Point Military Academy. The two sisters took a great interest in the Military Academy in

which their uncle Thomas Warner was a chaplain and professor. As a result, they opened their home to the cadets and held Sunday School classes. Anna outlived her sickly sister by thirty years, and continued to run a very large Sunday School throughout her life. It was her invariable custom to write for her students a fresh hymn once a month.

### **No. 1 Spiritual Song**

Great words without a great tune don't get very far in the musical world. Fortunately William Batchelder Bradbury stumbled across the "Jesus Loves Me" words, and wrote the now unforgettable tune. Thirteen years earlier, Bradbury had written the tune for the "Just as I am" hymn, which everyone nowadays associates with Billy Graham Crusades. In 1862, Bradbury found the "Jesus loves me" words in a best-selling 19th-century book, in which the words were spoken as a comforting poem to a dying child, John Fox. Along with his tune, Bradbury added his own chorus "Yes, Jesus loves me, Yes, Jesus Loves me..." Within months, this song raced across the hearts of children throughout North America, and eventually all the continents of the world. Even after over 130 years, "Jesus Loves Me" is still the No. 1 spiritual song in the hearts of children around the world. Why is this? I believe that it is because all of us deep down need to know that God loves us. When I tell unchurched people in our Seymour/Deep Cove area that Jesus loves them, many of them genuinely thank me. One lady said: "Great...we can use lots of love". A man said: "Thanks...I'm going to need Him some day." Whatever situation we are in, all of us need to know that the Lord really loves and cares for each of us.

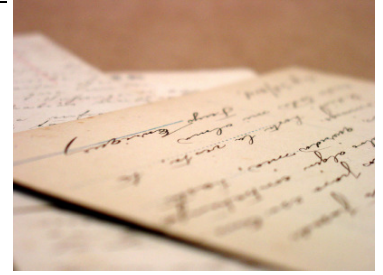
*One additional thing that caught my attention. The message on the radio was about committing your path to Christ even when it appears to be chaos. That despite your best laid plans, rarely our ways match up with His plans. And how His plans are like a steamroller once unleashed and allied with an obedient servant. No way to resist so to speak. About how very often God takes us via the strangest byways. Dr. David Jeremiah of Turning Point was telling about how he came to be a Pastor.*

*Then he went on to tell this story about these two sisters and how their life looked like it was going one way and whammo, it went somewhere totally different. The Warner Sisters were born in the lap of luxury according to the message he gave. Their father was crushed in the stock market collapse and never recovered falling into depression and becoming inconsolable. The family existed in near poverty but ultimately one of these two sisters penned the words, (not all mind you, just some.) I have not had the chance to look it up, but it sure did sound like the way God moves to me.*

*So I look forward to investigating. I just thought if you have never heard it, it was a nice story to share, so enjoy.*

## Thank You, Cindy Horstmann

A letter just arrived to OCPM from a man in state prison, writing to thank us for the support we've given his mother. He knows that his poor choices have affected her, and he is thankful that OCPM has been there to share her burden. Over the years, OCPM has been a source of comfort for her, in the dark hours when her worrying and concern for her son have been too much to bear alone.



His letter reminds us that incarceration impacts entire families. As we say here at OCPM, 'When someone gets locked up, someone else gets locked out.' Mothers, fathers, spouses, and children—all are deeply affected when a loved one goes to prison.

Your support makes outreach to families possible. Thanks to your support, we're training priests and laity to minister to families in their time of need, offering a source of comfort and hope. With your help, we're able to bring joy to the children of those in prison, by providing Christmas presents and winter coats.

As you continue to partner with OCPM to heed the words of St. Paul in his letter to the Hebrews 13:3 in the Holy Bible, "Remember those who are in prison as if in prison with them," also remember to pray for the families who are locked out of daily relationship with their loved ones and are hurting.

The thank you letter this man sent to OCPM belongs to all of you who support our ministry with your prayers and financial support. Thanks again for your continued support!

Your Servant, Patrick Tutella, *Chaplain—Executive Director, Orthodox Christian Prison Ministry*

### **From Priest-Seraphim Holland** via Facebook Post

Holiness happens. The world can be a beautiful place. It is most beautiful to me when I see it's ugliness transformed into beauty, that is, when we respond to ugliness with something holy, beautiful and good. There is a lot of ugliness. We must not ignore the world's ugliness, but our reaction to it is of crucial importance, or else we actually will add to the ugliness. Here is a little story I recently heard which illustrates my point. As an unworthy priest, one of my perks is that I get to hear these stories pretty often, and some of their holiness has rubbed off on me, and softened my hardness and increased my vision. I need these stories and experiences in order to learn how to live well. I think we all need them.

A woman who works for very little pay takes care of the elderly in a nursing home. This is the work of angels, but not all are angels. She is assigned to one person, but when she finishes her work or the person is asleep, she goes looking for other things to do, even though the culture of that home is not conducive to this. She walked into another room in order to ask the nurse who was making an assessment, if she needed any help. The nurse said no, but this woman lingered to help a little. The smell of feces was very strong, and her heart was upset; she considers letting a person sit in their own waste an affront to human dignity. Her eyes burned when she talked about this; a Christian must be angry about ugliness. She told me that even though this home was quite expensive and considered to be one of the best, this happens often.

She boldly asked the nurse, who knew full well the patient's condition, if she could help her change the patient. The nurse said, "of course", as if it was her plan all along, but moments later she disappeared, leaving our angel to work alone. The nurse's actions were ugliness, but our angel added holiness. Certainly when we love others, we add holiness, and even fulfil the Psalm, "I said ye are Gods" because when we love, we are like God, Who is love. There is a great art to cleaning those who can't clean themselves. It takes patience and great empathy and gentleness. I am a nurse and have seen it done the right way and the wrong way. The right way takes at least double and often triple the time.

After she finished cleaning the lady up she noticed all the jewelry she was wearing, even though she was in a coma. That made our angel sad, because it appeared to be heavy (and because the lady was unconscious, her head would fall into the heavy jewelry), and there was no cross. The lady was Roman Catholic, so she looked around, and found a rosary. She took off the pearls and put on the rosary, and said a prayer for the lady.

**This is how we add beauty and holiness to the world.**

See Father Seraphim's webpage: [www.orthodox.net](http://www.orthodox.net)

Two Texas Highway Patrol Officers were conducting speeding enforcement on Hwy 77, just south of Kingsville, TX. One of the officers was using a hand held radar device to check speeding vehicles approaching the town of Kingsville .. The officers were suddenly surprised when the radar gun began reading 300 miles per hour and climbing. The officer attempted to reset the radar gun, but it would not reset and then it suddenly turned off. Just then a deafening roar over the Mesquite treetops on Hwy 77 revealed that the radar had in fact locked on to a USMC F/A-18 Hornet which was engaged in a low flying exercise near this, its Naval Air home base location in Kingsville, TX. Back at the Texas Highway Patrol Headquarters in Corpus



Christi the Patrol Captain fired off a complaint to the US Naval Base Commander in Kingsville for shutting down his equipment. The reply came back in true USMC style: 'Thank you for your letter.... You may be interested to know that the tactical computer in the Hornet had detected the presence of, and subsequently locked on to, your hostile radar equipment and automatically sent a jamming signal back to it, which is why it shut down. Furthermore, an Air-to-Ground missile aboard the fully armed aircraft had also automatically locked on to your equipment's location. Fortunately, the Marine Pilot flying the Hornet recognized the situation for what it was, quickly responded to the missile system alert status, and was able to override the automated defense system, before the missile was launched to destroy the hostile radar position, on the side of Hwy 77 So. Of Kingsville... The pilot suggests you cover your mouths when cussing at them, since the video systems on these jets are very high tech. Sergeant Johnson, the officer holding the radar gun, should get his dentist to check his left rear molar. It appears the filling is loose.. Also, the snap is broken on his holster.' Semper Fi

## *Instructions for Christians from Saint Isaac the Syrian*



Let yourself be persecuted, but do not persecute others.

Be crucified, but do not crucify others.

Be slandered, but do not slander others.

Rejoice with those who rejoice, and weep with those who weep: such is the sign of purity.

Suffer with the sick.

Be afflicted with sinners.

Exult with those who repent.

Be the friend of all, but in your spirit remain alone.

Be a partaker of the sufferings of all, but keep your body distant from all.

Rebuke no one, revile no one, not even those who live very wickedly.

Spread your cloak over those who fall into sin, each and every one, and shield them. And if you cannot take the fault on yourself and accept punishment in their place, do not destroy their character.

What is a merciful heart? It is a heart on fire for the whole of creation, for humanity, for the birds, for the animals, for demons, and for all that exists. By the recollection of them the eyes of a merciful person pour forth tears in abundance. By

the strong and vehement mercy that grips such a person's heart, and by such great compassion, the heart is humbled and one cannot bear to hear or to see any injury or slight sorrow in any in creation. For this reason, such a person offers up tearful prayer continually even for irrational beasts, for the enemies of the truth, and for those who harm her or him, that they be protected and receive mercy. And in like manner such a person prays for the family of reptiles because of the great compassion that burns without measure in a heart that is in the likeness of God.

The person who is genuinely charitable not only gives charity out of his own possessions, but gladly tolerates injustice from others and forgives them. Whoever lays down his soul for his brother acts generously, rather than the person who demonstrates his generosity by his gifts.

God is not One who requites evil, but who sets evil right.  
Paradise is the love of God, wherein is the enjoyment of all blessedness.  
*Saint Isaac the Syrian*



Wherever you put a person suffering from an internal disease or oppressed with cruel sorrow, he will suffer, even if he is put in the most magnificent palace; that is because his disease and sorrow are always and everywhere with him and in him. It is the same in the case of a sinner who is impenitent and not cleansed of his sins—wherever you put him, he will suffer even in Paradise itself, because the cause of his suffering (i.e., sin) is in his heart. To a sinner everywhere is hell. *Saint Innocent of Alaska*



If you are suffering for your faith in Christ, the Lives of the Saints will console you and encourage you and make you bold and give you wings, and your torments will be changed into joy. If you are in any sort of temptation, the Lives of the Saints will help you overcome it both now and forever. If you are in danger from the invisible enemies of salvation, the Lives of the Saints will arm you with the 'whole armor of God' and you will crush them all now and forever and throughout your whole life. If you are in the midst of visible enemies and persecutors of the Church of Christ, the Lives of the Saints will give you the courage and strength of a confessor,

and you will fearlessly confess the one true God and Lord in all worlds— Jesus Christ—and you will boldly stand up for the truth of His Gospel unto death, unto every death, and you will feel stronger than all deaths, and much more so than all the visible enemies of Christ; and being tortured for Christ you will shout for joy, feeling with all your being that your life is in heaven, hidden with Christ in God, wholly above all deaths. *St. Justin Popovich*, from Introduction to the Lives of the Saints, **Orthodox Faith and Life in Christ**



When you close the doors to your dwelling and are alone you should know that there is present with you the angel whom God has appointed for each man...This angel, who is sleepless and cannot be deceived, is always present with you; he sees all things and is not hindered by darkness.



You should know, too, that with him is God, who is in every place; for there is no place and nothing material in which God is not, since He is greater than all things and holds all men in His hand. *Saint Anthony the Great*

**Our Dear Liz would love to hear from her friends as she recovers: she is in Room 402, Greensburg Care Center, 199 Industrial Park**

**Road, Greensburg, PA, 15601-6690, and her cell phone is 724-244-0191. Please keep her in your prayers!**