

Holy Ghost Orthodox Church

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www.holyghostorthodoxchurch.org Very Rev. Father Robert Popichak, Pastor 23 Station Street Carnegie, PA 15106-3014 [412] 279-5640 home [412] 956-6626 cell

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Archbishop Jovan, Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father George Yatsko, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Father Steve Repa, Deacon Dennis Lapushanski, Protopresbyter Peter Hotrovich, Protodeacon Joseph Hotrovich, Father Adam Yonitch, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Grace & Owen Ostrasky, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Linda Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew-21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciow, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Theodore Demopoulos, Jillian

Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, Corey Guich, Robert Vangrin, Susan "Billie" Mason, Pauline Witkowsky, Sera White, Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Jamie Gardner, Patrick, Linda Morris, Howard Simpson, Ronald Graham [Evelyn's nephew], Chris, Pastor Ed Bowen, David Hiles, Karen Johnson, Jennifer, Jerry Quinn, Cher Mount, Frank & Janet Horrell, Jim Wandling, Susan Bertram, Rita McConnell, Gail, Pete Special, Sirena Sharp, Ron Paulovich, Patty Sinicki, Fred DeNorscia, Sandi Anderson, Donald Uebing, Sabrina, Shirley, Denny Mader, Kareen Milcic, Ella Campbell, Kurt Smith, Tom Hyatt, and Daria Masur ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

The Mysteries are composed of the natural (i.e., the visible and material) and the supernatural (i.e., the spiritual and invisible). We confess that they are the drastic means which grant, to the initiated, the Divine Grace. *St. Dositheos*

PLEASE REMEMBER IN YOUR PRAYERS: All Christians and the others in the Middle East who are suffering during this time of great tragedy and unrest. May God watch over and keep them safe! Lord have mercy!

Since the icon talk was so well received, Alex and Pani Gina suggested having Fr. Bob answer questions of interest to our parish family. Alex will be constructing an "Ask Your Priest" box for your questions that will be placed in the parish basement hall. If you have a question, please write it down and place it in the box. Father Bob will try to answer as many questions as he can at Coffee Hour after Liturgy...if he doesn't know the answer, he will research it and have an answer for the next Sunday! We are all learning every day, so we will continue to learn together! God Bless! Fr. Bob

PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you! Please remember ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER-PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting</u>: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please ask Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please <u>CALL FATHER BOB</u> at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, OCTOBER 13 Divine Liturgy of Saint John Chrysostom 10:30 AM SIXTEENTH SUNDAY AFTER PENTECOST; HIEROMARTYR GREGORY-BISHOP OF GREATER ARMENIA; MARTYRS RHIPSIMA, GAIANA, & COMPANIONS OF ARMENIA; SAINT MICHAEL—FIRST METROPOLITAN OF KIEV

> *Tone 7* 1 Corinthians 15:58-16:3 Luke 5:17-26

Litany in Blessed Memory of Nicholas & Katherine Behun—Behun Family Parastas in Blessed Memory of Hilda Holupka—Mike Holupka

SUNDAY, OCTOBER 20 NO SERVICE IN SLICKVILLE—FR. BOB @ SOBOR SEVENTEENTH SUNDAY AFTER PENTECOST; MARTYRS SERGIUS & BACCHUS IN SYRIA; MARTYRS JULIAN-PRESBYTER & CAESARIUS-DEACON AT TERRACINA; VIRGIN-MARTYR PELAGIA OF TARSUS; MARTYR POLYCHRONUS OF GAMPHANITUS; SAINT SERGIUS THE OBEDIENT OF PERCHEVSKY LAVRA

> *Tone 8* 2 Corinthians 6:16-7:1 Luke 7:11-16

SUNDAY, OCTOBER 27 Divine Liturgy of Saint John Chrysostom 10:30 AM EIGHTEENTH SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE 7TH ECUMENICAL COUNCIL; MARTYRS NAZARIUS, GERVASE, PROTASE, & CELSUS OF MILAN; HIEROMARTYR SILVANUS OF GAZA; SAINT PARESKEVA (PETKA0 OF

EPIBATIMA, THRACE; SAINT NIKOLA SVIATOSHA-PRINCE OF CHERNIHIV & WONDERWORKER OF PERCHEVSKY LAVRA

Tone 1 2 Corinthians 9:6-11; Hebrews 13:7-16 Luke 8:5-15; John 17:1-13

BULLETIN INSERT FOR 13 OCTOBER 2013 SIXTEENTH SUNDAY AFTER PENTECOST; HIEROMARTYR GREGORY-BISHOP OF GREATER ARMENIA; MARTYRS RHIPSIMA, GAIANA, & COMPANIONS OF ARMENIA; SAINT MICHAEL—FIRST METROPOLITAN OF KIEV

TROPARION-TONE 7

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the Myrrhbearers, Thou didst change weeping into joy. And Thou didst command Thy disciples, O Christ God, To proclaim that Thou art risen, granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION-TONE 7

The dominion of death can no longer hold men captive, For Christ descended, shattering and destroying its powers! Hell is bound, while the prophets rejoice and cry: The Savior has come to those in faith! Enter, you faithful, into the Resurrection!

PROKEIMENON-TONE 7

READER: The Lord shall give strength to His people! The Lord shall bless His people with peace!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: Offer to the Lord, O you sons of God! Offer young rams to the Lord!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: The Lord shall give strength to His people!

PEOPLE: The Lord shall bless His people with peace!

ALLELUIA VERSES-TONE 7

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!

Here below is a short life of Saints Cyprian and Justina celebrated on October 2/15 each year. Cyprian was once a sorcerer and converted to Orthodox Christianity in the third century.

By reading the lives of the Saints below, parents and young people can reckon that the phenomenon of sorcerers is not something that is pure fantasy found in fiction books only. It is real power energized by demonic forces, but not power that is greater than that offered by God Himself, to Whom the demons are subject and tremble. Note the power of the making of the sign of the Cross in this account...

Lives of Saints for Young People: Saints Cyprian and Justina



In the reign of the pagan emperor Decius (249-251), there lived in the city of Antioch in Asia Minor a famous philosopher and magician whose name was Cyprian. His parents were pagan and when he was still a child, they sent him to study sorcery and demonic wisdom. Cyprian learned all sorts of evil tricks which he was able to perform with the help of demons. He could send diseases upon people, produce thunder, cause damage to crops, and finally he even learned how to call forth the dead from the graves and force them to speak by means of various magic spells. He became a great sorcerer, magician and destroyer of souls. God had given him a good mind, but Cyprian used all his knowledge to serve evil. He became the faithful slave of the prince of darkness.

Returning to Antioch, it was not long before Cyprian was teaching others how to perform evil tricks: some he taught to fly in the air, others to sail in boats on the clouds, still others to walk on water. By the pagans he was greatly honored as a chief priest and most wise servant of their horrid gods. The prince of darkness himself, as Cyprian later related, spoke with him face-to-face and praised him for his obedience, promising to help him in everything during his earthly life. Cyprian described how he saw the prince of darkness sitting on a throne and surrounded by a countless number of evil spirits. Through his wicked way of life, Cyprian had already placed himself in the jaws of the devil. But the Lord Who, in His great love for mankind, desires that all men be saved, wished also to save Cyprian. And He did this in the following way...

There lived in Antioch at that time a certain maiden named Justina who had chosen Christ as her bridegroom. She served Him with her whole heart, with fervent prayer and a pure life. Seeing her virtuous life, the devil, the hater of mankind, became angry and began to do her harm.

In the same city there lived a young man named Aglaias who was very rich and led a very worldly life of pleasure. Once it happened that he saw Justina as she was going to church and he was struck by her beauty.

By evil trickery, the evil one planted in his heart shameful feelings towards the maiden. Aglaias, burning with passion, tried by every means to win the love of Justina, and thereby deceive her into falling into sin with him. But Justina firmly resisted for she had already chosen Christ as her bridegroom. Finally, unable to deceive her himself, Aglaias asked Cyprian to help him, promising him much gold and silver if he should succeed.

Cyprian called on one of the evil spirits who proudly said that he should have no trouble implanting the same impure thoughts into the heart of Justina. The next night, when Justina was praying, she noticed that some wicked thoughts had entered her head and she felt as though her body were possessed by a sinful attraction for Aglaias. Recognizing that this was caused by the evil schemes of the devil, she only increased her prayers. This put the demon to shame and he was forced to flee. The inward battle stopped and Justina glorified God and sang a song of victory.

Then Cyprian sent a more powerful demon. But, he, too, was unable to overcome the maiden. Finally the prince of darkness himself, disguised as a woman, came to Justina and tried to deceive her using words of Scripture. But Justina saw that this, too, was the work of the devil. She protected herself with the sign of the Cross and the wicked one immediately vanished in great shame.

Seeing how powerless even the prince of darkness was against Justina, Cyprian became angry and demanded to know what weapon the maiden used against them. The devil admitted: "We cannot behold the sign of the Cross, but flee from it because it scorches us like fire and banishes us far away."

Having become convinced that nothing could conquer the power of the sign of the cross and the name of Christ, Cyprian came to his senses and said to the devil, "O destroyer and deceiver of all. Now I have discovered your true weakness; woe is me. For, I, too, have been deceived. Get away from me, you wretched one." Angered by these words, the devil threw himself at Cyprian in order to kill him. But Cyprian protected himself with

the sign of the Cross and the devil immediately leaped away from him like an arrow shot from a bow.

Fully realizing his sins, Cyprian went to the Christian bishop and begged him to give him holy baptism. He then gave him all his books of magic to be burned. Seeing his genuine repentance, the bishop baptized him and burned his books in front of all the believing people. Cyprian completely changed his life and began to work not only for his own salvation, but also to help others. Soon he was made a bishop and Justina became the abbess of a convent.

The devil was angry at this betrayal of one of his former servants. He inspired the pagan rulers with the idea that Cyprian and Justina were their enemies because they were leading people away from the pagan gods to the worship of Christ. Many deceived pagans went to the governor and demanded that Cyprian and Justina be put to death. After they had bravely withstood many tortures, these two servants of the true God were beheaded with a sword. The devil had thought to destroy Cyprian and Justina, but instead, they had gained crowns of martyrdom and eternal life with Christ our God, to Whom be glory and honor forever. Amen. *(The above was adapted from the Life of Saints Cyprian and Justina, The Orthodox Word, Vol.XII, 5)*

The rules of rural Pennsylvania are as follows:

1. Let's get this straight: it's called a 'dirt road.' No matter how slow you drive, you're going to get dust on your Lexus. Drive it or get out of the way.

2. They are cattle. They're live steaks or walking milk bottles. That's why they smell funny to you, get over it. Don't like it? I-80 goes east and west, I-79 goes north and south. Pick one.

3. Pull your droopy pants up, you look like an idiot.

4. Turn your cap right, your head isn't crooked. Only losers wear rally caps.

5. So you have a \$60,000 car, we're impressed. We have \$150,000 corn pickers and hay balers that are driven only 3 weeks a year.

6. Every person in rural Pennsylvania waves. We think of it as being friendly. Try to understand the concept.

7. If that cell phone rings while an 8-point buck and three does are coming in, we will shoot it out of your hand. You better hope you don't have it up to your ear at the time.

8. Yeah, we eat scrapple, pot pie, funnel cakes, haluskie, pierogies, shoo-fly pie, apple butter, chow-chow, and schnitz un knepp. Don't like the sound of them or the names freak you out because you never saw a "Bon Appetite" article on them? Great, more for us! 9. The 'opener' refers to the first day of deer season. It's a religious holiday held on the Monday after Thanksgiving.

10. We open doors for women. That is applied to all women, regardless of age.

11. No, there's no 'vegetarian special' on the menu. Order steak, or you can order the chef's salad and pick off the 2 pounds of ham & turkey.

12. When we fill out a table, there are three main dishes: meats (includes fish), vegetables, and breads. We use four spices: salt, pepper, hot sauce, and Heinz ketchup. Oh, yeah...we don't care what you folks in Jersey call that stuff you eat. It's not real chili.

13. You bring 'coke' into my house, it better be brown, wet and served over ice.

14. You bring 'Mary Jane' into my house, she better be cute, know how to shoot, and have long hair.

15. College and high school football are as important here as the Steelers and Eagles and a lot more fun to watch.

16. Yeah, we have golf courses. But don't hit the water hazards---it spooks the fish.

17. Colleges? We have them all over. We have state universities, community colleges, and vo-techs. They come outta there with an education plus a love for God and Country. They still wave at everybody when they come home for the holidays.

18. We have a whole ton of folks who have been in the Army, Navy, Air Force, Marines and Coast Guard - PA has one of the highest percentages of veterans in the entire country. So don't mess with us. If you do, you will get whipped by the best.

19. Turn down that blasted car stereo! That thumpity-thump-thump stuff is not music anyway. We don't want to hear it any more than we want to see your boxers. Refer back to #3

20. Four inches isn't a blizzard--it's a flurry. Drive like you got some sense, and don't take all our bread, milk, and toilet paper from the grocery stores. You're not in Alaska . Worst case you may have to live a whole day without your croissants. The pickups with snow plows will have you out the next day.

Special story

This is a beautiful true story and is very heart-warming! It concerns love and perseverance, and is well worth reading.

At the prodding of my friends I am now writing it. My name is Mildred Honor and I am a former elementary, music school teacher, from Des Moines, Iowa.

I have always supplemented my income by teaching piano lessons, something that I have done for over 30 years

During those years I found that children have many levels of musical ability, and even though I have never had the pleasure of having a prodigy, I have taught some very talented students.

However, I have also had my share of what I call 'musically challenged' pupils, and one such pupil was Robby.

Robby was 11 years old when his mother (a single mom) dropped him off for his first piano lesson. I prefer that students (especially boys) begin at an earlier age, which I explained to Robby. But Robby said it had always been his mother's dream to hear him play the piano, so I took him as a student.

Well, Robby began his piano lessons and from the beginning I thought it was a hopeless endeavor on my part. As much as Robby tried, he lacked the sense of tone and basic rhythm that was required to excel. However, he dutifully reviewed his scales and some elementary piano pieces that I require my students to learn. Over the months he tried valiantly, while I listened and cringed, and tried to encourage him.

At the end of each weekly lesson he would always say 'My mom's going to hear me play someday'. But to me, it seemed pointless, for he just did not have any inborn ability.

I only knew his mother from a distance when she dropped Robby of, or waited in her old car to pick him up. She always smiled and waved, but never dropped in.

Then one day Robby stopped coming for his lessons. I thought about calling him, but assumed because of his lack of ability he had decided to pursue something else. I was also glad that he had stopped coming - he was a bad advertisement for my teaching!

Several weeks later I mailed a flyer for a recital in one of the student's homes. To my surprise, Robby (who had received a flyer) asked me if he could be in the recital. I told him that the recital was for current pupils, and that because he had dropped out, he really did not qualify.

He told me that his mother had been sick and unable to take him to his piano lessons, but that he had been practicing. 'Please Miss Honor, I've just got to play' he insisted. I don't really know what led me to allow him to play in the recital - perhaps it was his insistence, or maybe something inside of me kept saying that it would be all right.

The night of the recital came and the high school gymnasium was packed with parents, relatives and friends. I put Robby last in the program, just before I came up on stage and thanked all the students, then played a finishing piece. I thought that any damage he may do would come at the end of the program, so I could then salvage his poor performance by my 'curtain closer.'

Well, the recital went off without a hitch... the students had been practicing and it showed. Then Robby came up on stage. His clothes were wrinkled and his hair looked as though he had run an egg beater through it! 'Why wasn't he properly dressed like the other students?' I thought. 'Why at least, did his mother not make him comb his hair, for this special night?'

Robby pulled out the piano bench, and I was surprised when he announced that he had chosen to play Mozart's Concerto No. 21 in C Major. I was not prepared for what I heard next. His fingers were light on the keys, and they even danced nimbly over the ivories! He went from pianissimo to fortissimo, from allegro to virtuoso! His suspended chords that Mozart demands were magnificent!

Never had I heard Mozart played so well by anyone his age.

After six and a half minutes he ended in a grand crescendo, and everyone was on their feet, in wild applause! Overcome and in tears, I ran up onstage and put my arms around Robby in joy. 'I have never heard you play like that Robby, how did you do it?'

Through the microphone Robby explained: 'Well, Miss Honor, remember I told you that my mom was sick? She actually had cancer and passed away this morning. She was born deaf, so tonight was the first time she had ever heard me play, and I wanted to make it special. '

There wasn't a dry eye in the house that evening. As the people from Social Services led Robby from the stage to be placed in foster care, I noticed that even their eyes were red and puffy. I thought to myself, how much richer my life had been by taking Robby in as a pupil. No, I have never had a prodigy, but that night I became Robbie's prodigy! He was the teacher and I was the pupil, for he had taught me the meaning of perseverance, and love as well as believing in myself, and taking a chance on someone that you did not know.

Robby was killed years later in the senseless bombing of the Alfred P. Murray Federal Building in Oklahoma City in April, 1995.

"Electricity is really just organized lightning."—George Carlin

"I think computer viruses should count as life. I think it says something about human nature that the only form of life we have created so far is purely destructive. We've created life in our own image."—Stephen Hawking

A Final Remembrance Prayer for the Faithful

Remember, O Lord Jesus Christ our God, Thy mercies and compassions which are from the ages, for the sake of which Thou didst become man and didst will to endure crucifixion and death for the salivation of those that rightly believe in Thee; and having risen from the dead didst ascend into the heavens and sittest at the right hand of God the Father, and regardest the humble entreaties of those that call upon Thee with all their heart; incline Thine ear, and hearken unto the humble supplication of me, Thine unprofitable servant, as an odor of spiritual fragrance, which I offer unto Thee for all Thy people. And first, remember Thy Holy, Catholic, and Apostolic Church, which Thou hast provided through Thy precious Blood, and establish, and strengthen, and expand, increase, pacify, and keep Her unconquerable by the gates of hades. calm the dissensions of the churches, quench the raging of the nations, and quickly destroy and uproot the rising of heresy, and bring them to nought by the power of Thy Holy Spirit.

Let us pray urgently and groan with continual requests. For not long ago, I was scolded in a vision because we were sleepy in our prayers and didn't pray with watchfulness. Undoubtedly, God, Who "rebukes whom He loves," rebukes in order to correct and correct to preserve. Therefore, let us break away from the bonds of sleep and pray with urgency and watchfulness. As

the Apostle Paul commands us, "Continue in prayer, and watch in the same." For the Apostles continually prayed day and night. St. Cyprian of Carthage

Our Dear Liz would love to hear from her friends as she recovers: she is in Room 402, Greensburg Care Center, 199 Industrial Park Road, Greensburg, PA, 15601-6690, and her cell phone is 724-244-0191. Please keep her in your prayers!