



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Deacon Dennis Lapushanski, Protopresbyter Peter Hotrovich, Protodeacon Joseph Hotrovich, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Bob C., Allie— young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon,

Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Doug Smith [Millie Kerr's son-in-law], Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, Paula Pasquinelli, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, June Miller, Corey Guich, Monica Salvatore, Glenda Tickerhoof, Robert Vangrin, Juliana Leis, Susan "Billie" Mason, Pauline Witkowsky, Sera White, LuAnne [Mike Horvath's daughter], Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Thomas Stutzman, Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Jamie Gardner, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY to our November babies: Amy Zerebnick Lewis on the 4th, Father Bob on the 7th, and Betty O'Masta on the 9th. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years!

PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you!

Please remember Ryan Fuller, James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

SUNDAY, NOVEMBER 4 Divine Liturgy of Saint John Chrysostom 10:30 AM
TWENTY-SECOND SUNDAY AFTER PENTECOST; HOLY EQUAL-TO-THE-APOSTLES
ABERCIOUS-BISHOP AND WONDERWORKER OF HIERAPOLIS; 7 HOLY YOUTHS OF
EPHESUS-MAXIMILIAN, JAMBlichUS, MARTINIAN, DIONYSIUS, ANTONINUS,
CONSTANTINE, AND JOHN; MARTYRS ALEXANDER-BISHOP, HERACLIUS, ANNA,
ELIZABETH, THEODOTA, & GLYCERIA AT ADRIANOPOLIS

Tone 5

Galatians 6:11-18

Luke 16:19-31

*Litany in Blessed Memory of John Lopushanski, Harry Bunio, Mary Pekich, Anna
Lotinsky, Julia Golofski, Sam Kerr, Helen Likar, & Constantine Hanczar—Fr. Bob*

SUNDAY, NOVEMBER 11 Divine Liturgy of Saint John Chrysostom 10:30 AM
TWENTY-THIRD SUNDAY AFTER PENTECOST; VIRGIN-MARTYR ANASTASIA THE
ROMAN; SAINT ABRAMIUS THE RECLUSE & HIS NIECE SAINT MARY OF
MESOPOTAMIA; MARTYRS CLAUDIUS, ASTERIUS, NEON, & THEONILLA OF
AEGAE IN CILICIA; SAINT ANNA EUPHEMIANUS OF CONSTANTINOPLE; SAINT
ABRAMIUS-ARCHIMANDRITE OF ROSTOV; SAINT ABRAMIUS-RECLUSE OF
PERCHEVSKY LAVRA

Tone 6

Ephesians 2:4-10

Luke 8:26-39

*Litany in Blessed Memory of All Deceased Veterans—Fr. Bob
Parastas in Blessed Memory of Walter, Victor, Jacob, & Katerina Burlack—
Burlack family*

SUNDAY, NOVEMBER 18 Divine Liturgy of Saint John Chrysostom 10:30 AM
TWENTY-FOURTH SUNDAY AFTER PENTECOST; MARTYRS GALACTEON & WIFE
EPISTEME AT EMESA; APOSTLES PATROBUS, HERMAS, LINUS, GAIUS, &
PHILOGOGUS OF THE 70; SAINT GREGORY-ARCHBISHOP OF ALEXANDRIA

Tone 7

Ephesians 2:14-22

Luke 8:41-56

*Litany in Blessed Memory of Paul Popichak—Fr. Bob
Parastas in Blessed Memory of Sam Kerr & Mary Pekich—Millie Kerr*

BULLETIN INSERT FOR 04 NOVEMBER 2012

TWENTY-SECOND SUNDAY AFTER PENTECOST; HOLY EQUAL-TO-
THE-APOSTLES ABERCIUS-BISHOP AND WONDERWORKER OF
HIERAPOLIS; 7 HOLY YOUTHS OF EPHESUS-MAXIMILIAN,
JAMBlichUS, MARTINIAN, DIONYSIUS, ANTONINUS,
CONSTANTINE, AND JOHN; MARTYRS ALEXANDER-BISHOP,
HERACLIUS, ANNA, ELIZABETH, THEODOTA, & GLYCERIA AT
ADRIANOPOLIS

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death,
And to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior,
Shattering its gates as almighty;
Resurrecting the dead as Creator,
And destroying the sting of death.
Thou hast delivered Adam from the curse,
O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this generation forever.

PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.

READER: Save me, O Lord, for there is no longer any that is godly.

PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: From this generation forever.

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

Statement of the Holy Eparchial Synod of the Greek Orthodox Archdiocese of America

The Holy Eparchial Synod of the Greek Orthodox Archdiocese of America in its Fall 2012 session expresses once again its deep concern over extremist language used in all spheres of public and private life. We exhort all the people with the admonition of the Holy Apostle Paul: Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one (Colossians 4:6). We deplore the use of any racist, xenophobic, fascistic, hateful speech, imagery and behavior. Noting that the one of the great gifts of living in a democracy is the right to free speech, we nevertheless commend responsibility, civility, and indeed love in choosing our words and modes of expression. The people of Greece said "NO" to fascism in World War II and consequently suffered tremendously under the Nazi occupation. We call upon all people to say "NO" to the hatefulness of all forms of totalitarianism and embrace the true philanthropy and philoxenia (love of the stranger) that is the message of the Gospel. As a leader in Interfaith and Inter-Cultural Dialogue, the Greek Orthodox Church, by the grace of God, prays and works for peace, respect, and reconciliation among all people.

What is the cause of temptations, what is the benefit thereof, and what are their different kinds [Part 18 of 33]

"The mercy of God is wondrously concealed in involuntary sufferings, drawing to repentance him who patiently endures them; and delivering him from eternal chastisement. If it is not easy to find someone who has been pleasing to God without tribulations, then we should thank God for all that happens to us. If Peter had not failed to catch fish by night, he would not have succeeded in catching fish by day [Luke 5:5]. If Paul had not been physically blinded, he would not subsequently have gained his spiritual vision [Acts 9:8]. And if Stephen had not been slandered as a blasphemer [Acts 6:13], he would not have beheld God when the Heavens were open to him [Acts 7:56]." *Abba Mark*

We should feel the malice of the other person as an illness which is tormenting him and which he is unable to shake off. And so we should regard our brethren with sympathy and behave with courtesy towards them, repeating in our hearts with simplicity the prayer, 'Lord Jesus Christ,' so that the grace of God may strengthen our soul and so that we don't pass judgment on anyone.

We should regard all people as saints. We all carry within us the same 'old self.' Our neighbor, whoever he is, is 'flesh of our flesh,' he is our

brother and, according to St. Paul, *we owe no one anything, except to love one another*. We can never pass judgment on others, for *no one ever hated his own flesh*. Elder Porphyrios, **Wounded by Love**, pp. 182

A Christian is gracious

We should prefer to be wronged. If love enters us we forget the wrongs we have been done. This is where the secret lies. When the evil comes from afar, you cannot avoid it. The great art, however, is to show disdain for it. With the grace of God, even though you see it, it will not affect you, because you will be full of grace. Elder Porphyrios, **Wounded by Love**, pg. 183

Amma Theodora said: Let us strive to enter by the narrow gate. Just as the trees, if they have not stood before the winter's storms cannot bear fruit, so it is with us; this present age is a storm and it is only through many trials and temptations that we can obtain an inheritance in the Kingdom of Heaven.

Everyone is made in God's image; but to be in His likeness is granted only to those who through great love have brought their own freedom into subjection to God. For only when we do not belong to ourselves do we become like Him who through love has reconciled us to Himself. No one achieves this unless he persuades his soul not to be distracted by the false glitter of this life. *St. Diadochos of Photiki, 5th century*

As we all turn our attention to the news updates and images of this catastrophic storm, may we also dedicate ourselves to faithful prayers for God's holy protection for all those in the path of the storm's destruction. Please take a minute to join together as Orthodox Christians and Americans and offer the prayer below and each day during the duration of this crisis.

Prayer for God's Holy Protection from Hurricane Sandy

O Lord, the Hope and Salvation of them that believe in You, we pray that You will deliver this country and every city and land affected by Hurricane Sandy from famine, flood, fire and every kind of destruction and harm. Merciful Creator Who loves mankind, Who in ancient times heard the prayer of the zealous Prophet Elijah and held back rain for a time, look down upon Your humble and unworthy servants out of that same love for us; grant good weather and cause the sun to shine upon us as we entreat You: make glad the face of the earth for the sake of Your poor people, from the infants to the elderly, and protect as well the animals and all living things which You satisfy by Your good pleasure. Spare us according to Your mercies, for

behold, with humble souls we fall down before You and cry: let not storms of water drown us. Protect us from all corruption, famine and every kind of destruction. As You are merciful and gentle, we pray that You will freely show Your tender mercy and compassion and deliver us all from danger. Illumine by Your grace everything under Heaven that the earth may bear fruit. Guide our life and hear us quickly, O Merciful Lord. Amen.

Adapted from the Book of Needs of the Orthodox Church

An Athonite ascetic said: Many university students come and visit this place. At one time, ten of them came asking me to work a miracle. They were very persistent. I was thinking, how could I put some sense into these your people's heads?

So I told them, "Fine, stand in line so that I can cut your heads off. Then I will work the miracle: I will put them back on you again. But keep a distance between you, because there is a danger of mixing your heads and bodies up. Are you ready? Are you anxious to see this wonder?"

They reacted immediately. "No, no! Don't use us, Father," they all said at once. *from An Athonite Gerontikon*

We hope everyone **set their clocks BACK one hour** [spring ahead, fall back] last night and enjoyed the extra hour of sleep!

A REMINDER: Please remember to vote next Tuesday, November 6, from 7 AM to 8 PM. It is not only our right, but our duty and responsibility to exercise this action to choose our leaders. Please think carefully about the candidates and make your choice wisely—then pray for all members of our federal, state, and local governments—and all of our service men and women! God grant them all a safe return to their families!