



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father Paul Bigelow, Father Emilian Balan, Father John Nakonachny, Deacon Dennis Lapushanski, Protopresbyter Peter Hotrovich, Protodeacon Joseph Hotrovich, Pani-Dobrodijka Sonia Diakiw, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Liz Obradovich, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Bob C., Allie— young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon,

Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Doug Smith [Millie Kerr's son-in-law], Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, Paula Pasquinelli, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, June Miller, Corey Guich, Monica Salvatore, Glenda Tickerhoof, Robert Vangrin, Juliana Leis, Susan "Billie" Mason, Pauline Witkowsky, Sera White, LuAnne [Mike Horvath's daughter], Donald Griffey, Deborah Smith, Nancy & Eric Dunik, Julian Strozh [child with cerebral palsy], Thomas Stutzman, Dr. Kirsten Ream, Patricia Corey, Michelle, Katie Swarm, Richard Dunst, Michelle, Jamie Gardner, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

PRAYER LIST: Please help update our prayer list. If you or someone you know no longer needs to be on the prayer list or if there is someone who needs to be on the list please let Father Bob know. Remember—Prayers are ALWAYS FREE! Thank you!

Please remember Ryan Fuller, James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

**SUNDAY, OCTOBER 28
10:30 AM**

Divine Liturgy of Saint John Chrysostom

TWENTY-FIRST SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE 7TH ECUMENICAL COUNCIL; SAINT EUTHYMIUS THE NEW OF THESSALONICA; MARTYR LUCIAN-PRESBYTER OF GREATER ANTIOCH; MARTYRS SARBELUS & BEBAL OF EDESSA; SAINT SABINUS-BISHOP OF CATANIA; HIEROMARTYR LUCIAN-PRESBYTER OF PERCHEVSKY LAVRA

Tone 4

Hebrews 13:7-16; Galatians 2:16-20

John 17:1-13; Luke 8:5-15

Litany in Blessed Memory of Helen Pytlak—Terry & Geri Stone & Family

**SUNDAY, NOVEMBER 4 Divine Liturgy of Saint John Chrysostom 10:30 AM
TWENTY-SECOND SUNDAY AFTER PENTECOST; HOLY EQUAL-TO-THE-APOSTLES
ABERCIOUS-BISHOP AND WONDERWORKER OF HIERAPOLIS; 7 HOLY YOUTHS OF
EPHESUS-MAXIMILIAN, JAMBlichUS, MARTINIAN, DIONYSIUS, ANTONINUS,
CONSTANTINE, AND JOHN; MARTYRS ALEXANDER-BISHOP, HERACLIUS, ANNA,
ELIZABETH, THEODOTA, & GLYCERIA AT ADDRIANOPOLIS**

Tone 5

Galatians 6:11-18

Luke 16:19-31

Litany in Blessed Memory of John Lopushanski, Harry Bunio, Mary Pekich, Anna Lotinsky, Julia Golofski, Sam Kerr, Helen Likar, & Constantine Hanczar—Fr. Bob

**SUNDAY, NOVEMBER 11 Divine Liturgy of Saint John Chrysostom 10:30 AM
TWENTY-THIRD SUNDAY AFTER PENTECOST; VIRGIN-MARTYR ANASTASIA THE
ROMAN; SAINT ABRAMIUS THE RECLUSE & HIS NIECE SAINT MARY OF
MESOPOTAMIA; MARTYRS CLAUDIUS, ASTERIUS, NEON, & THEONILLA OF
AEGAE IN CILICIA; SAINT ANNA EUPHEMIANUS OF CONSTANTINOPLE; SAINT
ABRAMIUS-ARCHIMANDRITE OF ROSTOV; SAINT ABRAMIUS-RECLUSE OF
PERCHEVSKY LAVRA**

Tone 6

Ephesians 2:4-10

Luke 8:26-39

Litany in Blessed Memory of All Deceased Veterans—Fr. Bob

BULLETIN INSERT FOR 28 OCTOBER 2012

**TWENTY-FIRST SUNDAY AFTER PENTECOST; HOLY FATHERS OF THE
7TH ECUMENICAL COUNCIL; SAINT EUTHYMIUS THE NEW OF
THESSALONICA; MARTYR LUCIAN-PRESBYTER OF GREATER
ANTIOCH; MARTYRS SARBELUS & BEBAL OF EDESSA; SAINT
SABINUS-BISHOP OF CATANIA; HIEROMARTYR LUCIAN-PRESBYTER
OF PERCHEVSKY LAVRA**

TROPARION—TONE 4

When the women disciples of the Lord
Learned from the angel the joyous message of Thy Resurrection;
They cast away the ancestral curse and elatedly told the apostles:
Death is overthrown! Christ God is risen,

Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 4

My Savior and Redeemer,
As God rose from the tomb
And delivered the earthborn from their chains.
He has shattered the gates of Hell,
And as Master, He has risen on the third day!

PROKEIMENON—TONE 4

READER: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: Bless the Lord, O my soul! O Lord my God, Thou art very great!

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: O Lord, how manifold are thy works!

PEOPLE: In wisdom hast Thou made them all.

ALLELUIA VERSES—TONE 4

Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.

From the sayings of St. John Chrysostom: "Wherefore I choke with grief, that when so many blessings are laid before us, we are slothful, and despise them; we use every exertion to have splendid houses here, but how to gain in heaven so much as a little resting-place, we care not, we think not."

Be pleasing to Him for Whom you are soldiers, Him from Whom you will receive your reward. None of you must be a deserter. Let your baptism serve as a shield, faith as a helmet, love as a spear, endurance as full armor. Your works are your deposits so that you may receive the full sum due you. Therefore be patient with one another in gentleness, as God is with you. *St. Ignatius of Antioch*

The heart itself is only a small vessel, yet dragons are there--and lions. There are poisonous beasts and all the treasures of evil. There are rough and uneven roads. There are precipices. But there, also, are God and the angels. Life is there, and the Kingdom. There, too, is light, and there the apostles—and heavenly cities, and treasures of grace. All things lie within that little space. *St. Makarios the Great*

The soul of a humble man is like the sea: throw a stone into the sea—for a moment it will ruffle the surface a little, and then sink to the bottom. Thus do afflictions disappear down into the heart of the humble man, because the strength of the Lord is with him. *St. Silouan of Mount Athos*

When one receives grace, there is then need for the greatest prudence and discernment. God gives these to the person that asks Him for them so that He may serve God in the Spirit Whom he receives, and also that he may not be conquered by evil and be deceived, led astray through ignorance, presumption, and carelessness by acting against all that the Lord wills. *St. Macarius the Great*

When the soul's incensive power is aroused against the passions, we should know that it is time for silence, as the hour of battle is at hand. But when this turbulence grows calm, whether through prayer or through acts of mercy, we may then be moved by a desire to proclaim God's mysteries, restraining the wings of our intellect with the cords of humility. For unless a man sets himself at utterly at nought, he cannot speak of the majesty of God. *St. Diadochos of Photiki*

Amma Syncletica said, "It is dangerous for anyone to teach who has not first been trained in the "practical" life. For if someone who owns a ruined house receives guests there, he does them harm because of the dilapidation of his dwelling. It is the same in the case of someone who has not first built an interior dwelling; he causes loss to those who come. By words one may convert them to salvation, but by evil behavior, one injures them.

Of all evil suggestions, the most terrible is that of following one's own heart, that is to say, one's own thought, and not the law of God. A man who does this will be afflicted later on, because he has not recognized the mystery, and he has not found the way of the saints in order to work in it. *Abba Isidore the priest*

It is no small struggle to be freed from self-esteem. Such freedom is to be attained by the inner practice of the virtues and by more frequent prayer; and the sign that you have attained it is that you no longer harbor rancor against anybody who abuses or has abused you. *St. Maximos the Confessor*

Even without any other passion, self-esteem can ruin a man; and in the same way, if we have formed the habit of judging, we can be utterly ruined by this alone; for indeed, the Pharisee was condemned for this very thing. *St. John Climacus*

From the sayings of St Anthony the Great: "There are many who fall and who rise up to an attitude of rectitude, but there are some who fall from good deeds to polluted things; better is he who falleth and riseth up than he who standeth and then falleth."

On this day died Saint Abba Isaac the martyr, who was from the city of Difra, in the north of Egypt. Unto this holy man the angel of the Lord appeared, in a vision of the night, and he woke him up and said unto him, "Go thou to the city of Tuw, that thou mayest receive the crown of martyrdom"; and he rose up to salute his father and his mother before he departed. And they wept over him, and they would not let him go until the angel of the Lord came a second time and brought him out from his city and took him to the city of Gemwa Tuw. When he arrived there, he found that the governor was in the bath house, but as soon as he came out the saint cried out boldly before him, saying, "I am a Christian. I believe on our Lord Jesus Christ." And the governor commanded one of his soldiers to take Saint Isaac with him to his house, and to guard him until he came back from the city of Nakyos (Nikiu). And as Saint Isaac was passing along the road with the soldier, a certain blind man, who was sitting by the wayside, begged him, saying, "Have compassion upon me, O saint of God, and heal my eyes." And Saint Abba Isaac petitioned God for the blind man, and his eyes were opened immediately. When the soldier saw this miracle he believed on our Lord Jesus Christ, and became a Christian. And when the governor returned, the soldier confessed the Lord Jesus Christ before him, and received the crown of martyrdom. After this the governor tortured this saint very severely, and he sent him to the city of Behnesa (Oxyrhynchus); [to suffer] divers tortures. And when the saint was on the ship he begged that someone might give him a cup of water, and a certain sailor, who was blind in one eye, gave him a cup of water; and the saint sprinkled some of the water over him, and his eye was opened, like its fellow. And when the

men of the city of Behnesa saw the tortures which were inflicted on Saint Abba Isaac, and the mighty signs which he performed, they took him and carried him to the governor, and said unto him, "Kill him, or send him away; act quickly and immediately." And straightway the governor commanded the soldiers to cut off his head, and they cut off his head with a sword, and he received the crown of life. And there were there certain believing men, and they lifted the body of Saint Abba Isaac upon a wagon, and they drew it with oxen, and brought it to the city of Difra. And when they could not find a boat to carry it over the river, the oxen forded the river, carrying the body of the saint upon their backs, and the believers brought it into his house. And they pulled down the church, and built another church in his name, and they laid the body therein, and many signs and miracles took place [there] through it. *Salutation to Isaac.*

St. Isaac the Martyr, commemorated 14/27 May—Ethiopian Synaxarion

From the sayings of Dionysius of Alexandria: "When one thinks of the death which the transgression of Adam brought on us, it is a time to mourn; but it is a time to hold festal gatherings when we call to mind the resurrection from the dead which we expect through the new Adam"

From the sayings of St. Basil the Great: "Young people must be made to distinguish between helpful and injurious knowledge, keeping clearly in mind the Christian's purpose in life. So, like the athlete or the musician, they must bend every energy to one task, the winning of the heavenly crown."