



## **Holy Ghost Orthodox Church**

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# **CHRIST IS RISEN! INDEED HE IS RISEN!**

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Father Nestor Kowal, Father Paul Bigelow, Father Emilian Balan, Deacon Dennis Lapushanski, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren, Ethel Thomas, Donna, Erin, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Patrick Keenan, Khrystyna Chorniy, Anthony Cormier, Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Bob C., Allie— young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley, Diane McDaniel, Loretta, Nancy, Carol, & Michael

Sheliga, Gaelle Kelly, Irma McDivitt, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl & Margaret Reed, Theodore Demopoulos, Jillian Bowman, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Karen & Peter Special, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Donna & Walter McCrackin, Doug Smith [Millie Kerr's son-in-law], Bonnie & Eugene Blair [Pani Gina's parents], Mel & Charlotte Malik, Paula Pasquinelli, David Hoenshell, Barbara Macino, Shelley Hill, Mikaela Kapeluck, Linda Cawley, Gerald Cogley, Helen Bozo, June Miller, Corey Guich, Monica Salvatore, Glenda Tickerhoof, Robert Vangrin, Juliana Leis, Susan "Billie" Mason, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

**REMINDER: NO KNEELING until the Kneeling Prayers of Pentecost!**

**Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!**

**PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!**

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

#### **SCHEDULE OF SERVICES**

**Sunday, May 20      Divine Liturgy of Saint John Chrysostom      10:30 AM  
SIXTH SUNDAY OF PASCHA, SUNDAY OF THE BLIND MAN; COMMEMORATION  
OF THE APPARITION OF THE SIGN OF THE HOLY CROSS OVER JERUSALEM IN  
351 AD; MARTYR ACACIUS THE CENTURION AT BYZANTIUM**

*Tone 5*

Acts 16:16-34

John 9:1-38

***Litany in Blessed Memory of Helen Pytlak—Mr. & Mrs. Arthur DeSabatine  
Parastas in Blessed Memory of John Batch—Harry Batch***

**Thursday, May 24      HOLY ASCENSION OF OUR LORD AND SAVIOR JESUS  
CHRIST**

**Sunday, May 27      Divine Liturgy of Saint John Chrysostom      10:30 AM  
SEVENTH SUNDAY OF PASCHA, HOLY FATHERS OF THE FIRST ECUMENICAL  
COUNCIL; SYNAXIS OF THE CARPATHO-RUSYN SAINTS; MARTYR ISIDORE OF  
CHIOS; MARTYR MAXIMUS UNDER DECIUS; SAINT SERAPION THE SINDONITE-  
MONK OF EGYPT; SAINT NICETAS-RECLUSE OF PERCHEVSKY LAVRA; SAINT  
LEONTIUS-PATRAIRCH OF JERUSALEM**

*Tone 6*

Acts 20:16-18, 28-36

John 17:1-13

***Litany in Blessed Memory of All Deceased Veterans—Fr. Bob  
Parastas in Blessed Memory of Walter Golofski, Jr., Walter Golofski, Sr., Julia  
Golofski, Helen & Steve Kowalt, the Havaran Family—Jane Golofski***

**Sunday, June 3      Divine Liturgy of Saint John Chrysostom      10:30 AM  
EIGHTH SUNDAY OF PASCHA, PENTECOST/TRINITY SUNDAY  
HOLY EQUALS-TO-THE-APOSTLES CONSTANTINE AND HELEN-HIS MOTHER;  
SAINT CASSIAN THE GREEK-MONK**

**\*\*\*\*\*OUR PARISH NAME'S DAY!\*\*\*\*\***

**\*\*\*PAGE 203 IN THE BLACK DIVINE LITURGY BOOKS\*\*\***

Acts 2:1-11

John 7:37-52-8:12

***Litany in Blessed Memory of Ann roman, Mary Maoli, Joe Karas, Walter Burlack,  
Dianne Waryanka, & Maxine Kitch-Fr. Bob***

**\*\*\*\*\*June 3 through June 10 is a FAST FREE WEEK!\*\*\*\*\***

**BULLETIN INSERT FOR 20 MAY 2012  
SIXTH SUNDAY OF PASCHA, SUNDAY OF THE BLIND  
MAN; COMMEMORATION OF THE APPARITION OF  
THE SIGN OF THE HOLY CROSS OVER JERUSALEM IN  
351 AD; MARTYR ACACIUS THE CENTURION AT  
BYZANTIUM**

**Christ is Risen! Indeed He is Risen!  
Христос воскрес! Воистину воскрес!**

**Χριστός ἀνέστη! Ἀληθῶς ἀνέστη! (Khristós Anésti! Alithós Anésti!)**

***Hristos a înviat! Adevărat a înviat!***

**!ماق حيسملا! ماق اقح (al-Masīḥ qām! Ḥaqqan qām!)**

**Kristo Amefufukka! Kweli Amefufukka**

### **TROPARION—TONE 5**

Let the faithful praise and worship the Word,  
Coeternal with the Father and the Spirit;  
Born for our salvation from the Virgin;  
For He willed to be lifted up on the Cross in the flesh,  
To endure death,  
And to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit.

### **KONTAKION—TONE 4**

I come to Thee, O Christ,  
Blind from birth in my spiritual eyes,  
And call to Thee in repentance:  
Thou art the most radiant Light of those in darkness!

Now and ever, and unto ages of ages. Amen.

### **KONTAKION—TONE 5**

Thou didst descend into Hell, O my Savior,  
Shattering its gates as almighty;  
Resurrecting the dead as Creator,  
And destroying the sting of death.  
Thou hast delivered Adam from the curse, O Lover of Man,  
And we all cry to Thee: O Lord, save us!

### **PROKEIMENON—TONE 8**

**READER:** Pray and make your vows before the Lord our God.

**PEOPLE:** Pray and make your vows before the Lord our God.

**READER:** In Judah God is known; His name is great in Israel.

**PEOPLE:** Pray and make your vows before the Lord our God.

**READER:** Pray and make your vows...

**PEOPLE:** Before the Lord our God.

### **ALLELUIA VERSES—TONE 8**

Look upon me and have mercy on me.

Lead my steps according to Thy word.

**THE HYMN TO THE THEOTOKOS (Replaces "It Is Truly Meet")**

**The angel cried unto Mary, who was full of Grace**

**Hail, oh pure virgin, oh pure virgin**

**once again I hail Thee**

**Thy Son has risen from His three days in the grave,**

**and He has raised the dead with Him,**

**Oh rejoice, all ye people.**

**Oh shine with clear radiance, shine on new Jerusalem**

**For the glory of the Lord is shining up on you.**

**Rejoice! Rejoice! now and be joyful--oh Zion, and though**

**oh pure one and adorable birthgiver of God,**

**in the rising again of HIM who was born of Thee.**

**COMMUNION HYMNS**

**Receive ye the Body of Christ; taste ye the fountain of immortality.**

**Praise the Lord from the heavens! Praise Him in the highest!**

For he (Athanasius) was the son of an aristocratic woman, a worshiper of idols, who was very rich; and he was an orphan on the father's side. So when he grew up she wished to marry him to a wife, but he did not desire that. Then she intrigued against him, that he might fall with a woman who was a sinner, that she might involve him in the mire of matrimony; but he would not do it, for the Lord was keeping him for great things. And she used to take beautiful girls, and adorn them and perfume them, and make them enter to him into his chamber, and sleep near him and solicit him; but when he awoke he beat them, and drove them away. For her constant desire was to marry him and to establish him in his father's possessions and wealth, but he would never consent. And she sent for a man who was a magician of Alexandria, a wise man among the Sabaeans, and informed him of her circumstances with regard to her son; so he said to her: "Let me eat bread with him to-day." Thereupon she rejoiced, and prepared a great feast. And the philosopher accompanied her son, and they ate and drank; but when the morning came, he went to her, and said to her: "Trouble not thyself, for thou canst have no power over thy son, for he has become a Galilean according to the doctrines of the Galileans; and he will be a great man." She said: "Who are the Galileans?" He answered: "The people of

the Church, who have ruined the temples and destroyed the images." Therefore when she heard this, she said within herself: "If I neglect him, he will go away from me, and I shall be left alone." So straightway she arose, and took him with her, and went with him to Alexander, and related to him the circumstances of Athanasius her son, and all his history. Then she was baptized, and her son also.

And after a time she died, and Athanasius remained like a son with the Father Alexander, who educated him quietly in every branch of learning. And Athanasius learnt the gospels by heart, and read the divine scriptures; and when he was fully grown, Alexander ordained him deacon, and made him his scribe, and he became as though he were the interpreter of the aforesaid father, and a minister of the word which, he wished to utter.

Severus ibn al-Muqaffa, History of the Patriarchs of Alexandria 8 [407-408]; St. Athanasius the Great, commemorated 2 May 2007

icon and troparion at: <http://comeandseeicons.com/a/pha14.htm>

Do you wish to be free of afflictions and not to be burdened by them? Expect greater ones, and you will find peace. Remember Job and other saints, and the afflictions they suffered. Acquire their patience, and comfort will come to your spirit. Be of good courage, stand firm and pray. *Ss. Barsanuphius & John, Writings from the Philokalia on the Prayer of the Heart*

Neither do walls or rich furniture make a home. Millionaires in magnificent mansions may never know a home. But where there are good relationships, where love binds the family together and to God, there happiness is always to be found. For good relationships are heaven anywhere. Monotony and misery cannot exist where there is love. But the fire of love must be kept burning warmly and brightly with the sweet wood of sacrifice. In teaching us to cross the "I" out of life, our Lord tells us the secret of happiness; what the Saints call the ecstasy of self-forgetfulness. For divine love is always self-effacing, seeks to give rather than to receive, to serve rather than be served, to love rather than to be loved, and will sacrifice anything for the beloved. Only then does love become a clean and holy fire in the heart, and not an ugly flare of lust. *St. Seraphim of Sarov*

***Ortho Thought for the Day (on the holy priesthood and the grace of God)***

(This) grace is so exceeding great that were men able to see the glory of this grace, the whole world would wonder at it; but the Lord has veiled it that His servants should not be puffed up but find salvation in humility...Truly noble is a priest - the minister at God's altar. Whoever gives

offense to him offends the Holy Spirit who lives in him... If people could behold in what glory a priest celebrates the divine office they would swoon at the sight; and if the priest could see himself, could see the celestial glory surrounding him as he officiates, he would become a great warrior and devote himself to feats of spiritual endurance, that he might not offend in any way the grace of the Holy Spirit living in him. *St. Silouan of Mt. Athos*

What are the consequences of sin? Our Lord said, "Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only he who does the will of my Father who is in heaven. Many will say to me on that day, 'Lord, Lord, did we not prophesy in your name and in your name drive out demons and perform many miracles?' Then I will tell them plainly, 'I never knew you. Away from me you evil doers!'" O Father, Lord of heaven and earth, I confess to thee all the hidden and open sins of my heart and mind, which I have committed unto this present day; wherefore, I beg of thee, the righteous and compassionate Judge, remission of sins and grace to sin no more. O Almighty and Merciful Lord, I truly thank thee for the forgiveness of my sins; bless me, O Lord, and help me always, that I may ever do that which is pleasing to thee, and sin no more. Amen.

*Fr. George L. Livanos, Ekonomos Presbyter, All Saints G.O. Church, Canonsburg, PA*

A brother said to Abba Mateos, "Give me a word." He said to him, "Restrain the spirit of controversy in yourself regarding everything, and weep, have compunction, for the time is drawing near."

**REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. Instead of "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service *until Ascension Thursday*, we sing "Christ is Risen!" Also, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.**