



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Archbishop Antony, Bishop Robert, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Nestor Kowal, Father Paul Bigelow, Father Emilian Balan, Father Silouan Rolando, Hieromonk Vasyl (Janick), Deacon Dennis Lapushanski, Joshua Agosto and his family, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynik, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Khrystyna Chorniy, Anthony Cormier [4-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuznik, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley [Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Robin Young, Mckayla, Rachel, Carl & Margaret Reed, Theodore

Demopoulos, Jillian Bowman [10-year old with cancer], Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Jeff Miller, Mary Kernick, Glenn Miller, Jean Marie, Evan Elliott, Donna & Walter McCrackin, Shirley Tkacik, Sabrina Sudol, Doug Smith [Millie Kerr's son-in-law], Bonnie Blair [Pani Gina's mother], Mel & Charlotte Malik, Paula Pasquinelli, David Hoenshell, Barbara Macino, Shelley Hill, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

REMINDER: His Beatitude, Metropolitan Constantine, along with Deanery Clergy, will celebrate Forgiveness Sunday Vespers this afternoon at our sister parish of Pokrova in Arnold, beginning at 4 PM. Please join the clergy and faithful by beginning Great Lent by asking forgiveness of all of our Brothers and Sisters in Christ. Light Lenten refreshments will follow.

Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic’s class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

Sunday, February 26 Divine Liturgy of Saint John Chrysostom 10:30 AM
CHEESEFARE SUNDAY—FORGIVENESS SUNDAY
SAINT MARTINIAN-MONK OF CAESAREA IN PALESTINE; THE HOLY WOMAN ZOE OF BETHLEHEM & VIRGIN PHOTINA; SAINT EULOGIUS-ARCHBISHOP OF ALEXANDRIA

Tone 4

Romans 13:11-14:4

Matthew 6:21

Parastas in Blessed Memory of Bernie O’Masta [4 years]—Betty O’Masta

FORGIVENESS SUNDAY VESPERS—POKROVA IN ARNOLD—4:00 PM

Monday, February 27

GREAT LENT BEGINS

Sunday, March 4

Divine Liturgy of Saint Basil the Great 10:30 AM

FIRST SUNDAY OF GREAT LENT—SUNDAY OF ORTHODOXY

SAINT LEO-BISHOP OF CATANIA IN SICILY; HIEROMARTYR SADOC-BISHOP OF PERSIA; SAINT AGATHO-POPE OF ROME; BLESSED YAROSLAV THE WISE OF KIEV; SAINT AGATHO-WONDERWORKER OF PERCHEVSKY LAVRA

Tone 5

Hebrews 11:24-26, 32-12:2

John 1:43-51

Litany in Blessed Memory of John Metrick, Mary Smith, Andrew Hanczar, Anna Lawrence, Michael Cicio, Chuck Shumski, Terry Reinhart, Joseph Vangrin, & Frank Riznow—Fr. Bob

Parastas in Blessed Memory of Charles Batch—Harry Batch

TRIUMPH OF ORTHODOX CELEBRATION—4:00 PM

SAINT GEORGE ANTIOCHIAN ORTHODOX CATHEDRAL, OAKLAND

Sunday, March 11

Divine Liturgy of Saint Basil the Great 10:30 AM

SECOND SUNDAY OF GREAT LENT—SAINT GREGORY PALAMAS-ARCHBISHOP OF THESSALONICA

SYNAXIS OF THE ALL-VENERABLE FATHERS OF PERCHEVSKY LAVRA; SAINT PROCOPIUS THE CONFESSOR OF DECAPOLIS; SAINT THALELAIUS-HERMIT OF SYRIA; SAINT TITUS THE SOLDIER & SAINT TITUS THE PRESBYTER—OF PERCHEVSKY LAVRA

Tone 6

Hebrews 1:10-2:3

Mark 2:1-12

Litany in Blessed Memory of Walter Burlack [Walt & Evelyn's Anniversary is 3-12], Jacob [birthday] & Katarina Burlack—Evelyn Burlack

BULLETIN INSERT FOR 26 FEBRUARY 2012

CHEESEFARE SUNDAY—FORGIVENESS SUNDAY

SAINT MARTINIAN-MONK OF CAESAREA IN PALESTINE;

THE HOLY WOMAN ZOE OF BETHLEHEM & VIRGIN

PHOTINA; SAINT EULOGIUS-ARCHBISHOP OF ALEXANDRIA

TROPARION—TONE 4

When the women disciples of the Lord
Learned from the angel the joyous message of Thy Resurrection;
They cast away the ancestral curse and elatedly told the apostles:
Death is overthrown! Christ God is risen,
Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit

KONTAKION—CHEESEFARE SUNDAY—TONE 6

O Master, Teacher of Wisdom, Bestower of virtue,
Who teaches the thoughtless and protects the poor:
Strengthen and enlighten my hear, O Word of the Father,
Let me not restrain my mouth from crying to Thee:
Have mercy on me, a transgressor, O Merciful Lord.

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 4

My Savior and Redeemer,
As God rose from the tomb
And delivered the earthborn from their chains.
He has shattered the gates of Hell,
And as Master, He has risen on the third day!

PROKEIMENON—TONE 4

READER: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: Bless the Lord, O my soul! O Lord my God, Thou art very great!

PEOPLE: O Lord, how manifold are thy works! In wisdom hast Thou made them all.

READER: O Lord, how manifold are thy works!

PEOPLE: In wisdom hast Thou made them all.

ALLELUIA VERSES—TONE 4

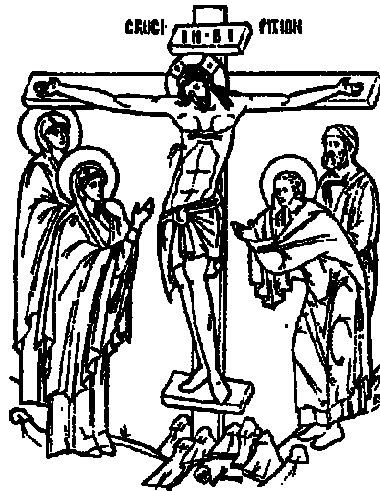
Go forth and prosper and reign, because of truth and meekness and righteousness.

You love righteousness and hate iniquity.



Icon Festival and the Triumph of Orthodoxy

At St. George Antiochian Orthodox Cathedral
3400 Dawson St. Pittsburgh, PA 15213



Saturday March 3, 2012

Orthros 9:30am, Liturgy 10:30am
Icon Festival, Vendors, and food – 1pm-6pm
Lectures: Icons and Liturgy, by Fr. Bogdan Bucur – 2pm & 4pm
Icon demonstration, by Randi Sider-Rose – 3:15pm
Great Vespers, 6:30pm

Sunday March 4

Orthros 9:30am, Liturgy 10:30am
Icon Festival, Vendors, and food – 1pm-6pm
Lectures: Icons and Liturgy, by Dr. Edith Humphrey – 2pm
Triumph of Orthodoxy Service, 4pm

Sponsored by The Orthodox Clergy Brotherhood of Greater Pittsburgh

Beloved in the Lord, Reverend Clergy and Monastics, dear Brothers and Sisters in Ukraine and beyond her borders!

Once again we approach the Great Lenten season anticipating the Great Feast of Feast – Holy Pascha – the Resurrection of our Lord and God and Savior Jesus Christ. Lent is a time for us to step back from the “rat race” of daily life to examine our lives of thoughtless indulgence – satisfying our every physical, mental and emotional desire at the expense of jeopardizing our very souls and quite possibly endangering all those whose lives intersect with ours. In our “need” to have it all NOW, not tomorrow or “someday”, we are often blinded to not only all that God has gifted to us, including His Only-Begotten Son and our community of Love in His Body, the Holy Church. The only real desire of life that we “need” to satisfy, or more aptly to embrace, is our spirituality, through which we are drawn ever closer to God – to Theosis.

The Gospel tells us that following His Baptism, our Lord was led into the desert to be tempted by Satan. We paraphrase St. John Chrysostom: “He (our Lord Jesus Christ) fasted, not because He needed to, but to teach us how good fasting is and how effective a shield against Satan it is. That He may lay down the length of our Lenten Fast, He fasted for forty days and forty nights – standing firm against the temptations of Satan.” (Homily 13 in Matthew) Our Lord remains faithful and loyal to God the Father – controlling the flesh rather than His flesh controlling Him.

We, too, are tempted on a daily basis by Satan and we need to remember that we also have the Holy Spirit to aid us during the Great Lenten season and at all times when we attempt to fast more intentionally in order to gain complete control over our own flesh and direct our life and souls to loyalty and faithfulness. With this in mind, we share the words of Bishop Kallistos Ware from “The Orthodox Way”:

“Knowing that man is not an angel but a unity of body and soul, the Orthodox Church insists upon the spiritual value of bodily fasting. We do not fast because there is anything in itself unclean about the act of eating and drinking. Food and drink are, on the contrary, God’s gift, from which we are to partake with enjoyment and gratitude. We fast, not because we despise the divine gift, but so as to make ourselves aware that it is, indeed, a gift – so as to purify our eating and drinking and to make them no longer a concession to greed, but a sacrament and a means of communion with the Giver. Understood in this way, ascetic fasting is directed not against the body, but against the flesh (meaning whatever within us is sinful and opposed to God). Its aim is not destructively to weaken the body, but creatively to render the body more spiritual.”

Our prayer is that during this Holy Lenten period, we all will contemplate the Word of God, read more frequently – especially at the time we are tempted to abandon the fast and that we will dwell on the events of God Friday, allowing our Lord’s sacrifice to break through our secularized hearts and minds so that we, along with the thief who died on the cross next to our Lord, will longingly say: “Lord, remember me when You enter into Your Kingdom.” It is only by such contemplation that we can hope to experience the completeness of the joy expressed in the Tropar of Pascha: “Christ is risen from the dead, trampling down death by death, and to those in the tombs bestowing life.”

We beg for your prayers for us as your Spiritual Fathers and we assure you all of our own prayers for a truly honest and sincere effort of spiritual pilgrimage during the Great Lent. May the Grace of our Lord and Savior Jesus Christ, the Love of God the Father and the Fellowship of the Holy Spirit be with you all on that journey.

With an abiding love for each of you, we remain the intercessors for your souls,

+Constantine

Metropolitan of the Ukrainian Orthodox Church of the USA and the Diaspora

+Yurij

Metropolitan of the Ukrainian Orthodox Church of Canada

+Antony

Archbishop of the Ukrainian Orthodox Church of the USA

+Ioan

Archbishop of the Ukrainian Orthodox Church in the Diaspora

+Jeremiah

Archbishop of the South American Eparchy of the UOC

+Ilarion

Bishop of the Ukrainian Orthodox Church of Canada

+Andriy

Bishop of the Ukrainian Orthodox Church of Canada

+Daniel

Bishop of the Ukrainian Orthodox Church of the USA

Leave me alone with God as much as may be. As the tide draws the waters close in upon the shore, make me an island, set apart, alone with Thee, O God, holy to Thee. Then with the turning of the tide prepare me to carry Thy presence to the busy world beyond, the world that rushes in on me till the waters come again and fold me back unto Thee.

-Prayer of St. Aiden of Lindisfarne-