



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

www.holyghostorthodoxchurch.org

Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Nestor Kowal, Father Paul Bigelow, Father Emilian Balan, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [4-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Matthew—21-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Julia Duda, Lisa Pandle, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley

[Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Sandy Gardner, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl Reed, Georgia & Theodore Demopoulos, Jillian Bowman [10-year old with cancer], Renee' Richards, Lois, Lydia Wilson, Robert Pointon, Walter Cecelia, John Persico, Karen & Peter Special, Adam Wilson, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY TO OUR SEPTEMBER BABIES: Debbie Pauncic on the 4th *TODAY!*, Liz Obradovich on the 5th, and Stella Peanoske on the 5th. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years! M'Nohaya Lita!

A SPECIAL THANK-YOU to Harry Batch and all who have assisted him in keeping up the beautiful flowers and plants in the memorial garden on the side and front of the church—God Bless you all!

Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Pauncic’s class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

Sunday, September 04 Divine Liturgy of Saint John Chrysostom 10:30 AM
TWELFTH SUNDAY AFTER PENTECOST—AFTERFEAST OF THE DORMITION
MARTYR AGATHONICUS OF NICOMEDIA & COMPANION MARTYRS ZOTICUS,
THEOPREPIUS, ACINDYNUS, SEVERIAN, ZENO, & OTHERS UNDER MAXIMIAN;
HIEROMARTYR ATHANASIUS-BISHOP OF TARSUS IN CILICIA; SAINT ANTHUSA OF

SYRIA; MARTYRS CHARESIMUS & NEOPHYTUS; VIRGIN-MARTYR EULALIA OF BARCELONA

Tone 3

I Corinthians 15:1-11

Matthew 19:16-26

Litany in Blessed Memory of Josephine Roman & Suzie Pelczar—Fr. Bob

Sunday, September 11 Divine Liturgy of Saint John Chrysostom 10:30 AM

THIRTEENTH SUNDAY AFTER PENTECOST

**BEHEADING OF THE GLORIOUS PROPHET, FORERUNNER, AND BAPTIST JOHN
STRICT FAST DAY**

Tone 4

I Corinthians 16:1-8; Acts 13:25-32

Matthew 21:33-42; Mark 6:14-30

Sunday, September 18 Divine Liturgy of Saint John Chrysostom 10:30 AM

FOURTEENTH SUNDAY AFTER PENTECOST—HOLY PROPHET ZACHARIAS &

RIGHTEOUS ELIZABETH-PARENTS OF JOHN THE BAPTIST; MARTYR THIPHAEL &

SISTER THIVIA; MARTYR EUPHIMIA; VIRGIN-MARTYR RHIAS OF ALEXANDRIA;

MARTYRS JUVENTINUS & MAXIMUS AT ANTIOCH; MARTYRS URBAN, THEODORE,

MEDIMNUS, & 77 COMPANIONS AT NICOMEDIA; MARTYR ABDAS OF PERSIS;

MARTYR HOLY PASSION-BEARER HLIB OF RUS-IN BAPTISM DAVID; MARTYR SAINT

ATHANASIUS-ABBOT OF BREST-BY THE LATINS

Tone 5

II Corinthians 1:21-2:4; Hebrews 6:12-20

Matthew 22:1-14; Matthew 23:29-39

BULLETIN INSERT FOR 04 SEPTEMBER 2011

TWELFTH SUNDAY AFTER PENTECOST

AFTERFEAST OF THE DORMITION

**MARTYR AGATHONICUS OF NICOMEDIA & COMPANION MARTYRS
ZOTICUS, THEOPREPIUS, ACINDYNUS, SEVERIAN, ZENO, & OTHERS**

UNDER MAXIMIAN; HIEROMARTYR ATHANASIUS-BISHOP OF

TARSUS IN CILICIA; SAINT ANTHUSA OF SYRIA; MARTYRS

CHARRESIMUS & NEOPHYTUS; VIRGIN-MARTYR EULALIA OF

BARCELONA

TROPARION—TONE 3

Let the Heavens rejoice! Let the earth be glad!

For the Lord has shown strength with His arm!

He has trampled down death by death!

He has delivered us from the depths of hell,

And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 3

On this day Thou didst rise from the tomb, O Merciful One!
Leading us from the gates of death.
On this day Adam exults as Eve rejoices;
With the prophets and patriarchs
They unceasingly praise the divine majesty of Thy power!

PROKEIMENON—TONE 3

READER: Sing praises to our God, sing praises! Sing praises to our King,
sing praises!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our
King, sing praises!**

READER: Clap your hands, all peoples! Shout to God with loud songs of
joy!

**PEOPLE: Sing praises to our God, sing praises! Sing praises to our
King, sing praises!**

READER: Sing praises to our God, sing praises!

PEOPLE: Sing praises to our King, sing praises!

ALLELUIA VERSES—TONE 3

In Thee, O Lord, have I hoped; let me never be put to shame!
Be Thou a God of protection for me, a house of refuge, in order to save me!

Abba Peter the Pionite said, "We must not be puffed up when the Lord does something through our mediation, but we must rather thank Him for having made us worthy to be called by Him." He used to say it is good to think about each virtue in this way.

So, morning or evening, immediately before you begin to repeat your prayers, stand awhile, sit for a while, or walk a little and try to steady your mind and turn it away from all worldly activities and objects. After this, think who He is to whom you turn in prayer, then recollect who you are; who it is who is about to start this invocation to Him in prayer. Do this in such a way as to waken in your heart a feeling of humility and reverent awe that you are standing in the presence of God.

St. Theophan the Recluse (1815-1894)

Some of the brothers who had some laymen with them, went to see Abba Felix and they begged him to say a word to them. But the old man kept silence.

After they had asked for a long time he said to them, "You wish to hear a word?" They said, "Yes, Abba." Then the old man said to them, "There are no more words nowadays. When the brothers used to consult the old men and when they did what was said to them, God showed the old men how to speak. But now, since they ask without doing that which they hear, God has withdrawn the grace of the word from the old men and they do not find anything to say, because there are no longer any who carry their words out."

Hearing this, the brothers groaned, saying, "Pray for us, Abba."

They said that abba Chaeremon's cave was forty miles from the church and ten miles from the marsh and water. So, when he took his manual work to his cave, he took with him two goatskin bottles, one beside the other, and he sat there, leading a quiet life. Abba Chaeremon of Nitria, commemorated 16 August

a word from the desert: An ascetic, having found someone possessed by a devil and unable to fast, and being (as it is written) moved by the love of God, and seeking not his own good but the good of the other, prayed that the devil might pass into himself and that the other might be liberated. God heard his prayer. The ascetic, overwhelmed by the devil, gave himself with redoubled insistence to fasting, prayer, and asceticism. At last, because of his charity, God drove the devil away from him after a few days.

From the Paradise of the Desert Fathers: "Abba Lot went to see Abba Joseph and said to him, 'Abba as far as I can I say my little office, I fast a little, I pray and meditate, I live in peace and as far as I can, I purify my thoughts. What else can I do?' then the old man stood up and stretched his hands towards heaven. His fingers became like ten lamps of fire and he said to him, 'If you will, you can become all flame.'"

Spiritual Counsels of the Blessed Elder Paisios of Mt. Athos +1994

Geronta responds to those who say they do not go to Confession, because there are not any good Spiritual Fathers. [Part 1 of 2]

"Every Spiritual Father possesses divine authority when he is wearing his clerical stole. He performs the Mystery of Repentance and Confession, and has divine Grace. When he reads the prayer of forgiveness, God erases the sins confessed in sincere repentance. It is up to us how much we are going to be helped by the Mystery of Confession."

That having a Spiritual Father is essential in our journey to Paradise

"The believer has to have a Spiritual Father, be guided by his advice and be helped through the Mystery of Repentance and Confession. This is the only way for one to live an Orthodox Christian life, and be certain that he is on the right path. Of course, one should choose a spiritual guide carefully; and not entrust his soul to just anyone. Just as one seeks the best doctor for his physical health, he should also seek out a good Spiritual Father for his spiritual health; and go to him, the doctor of his soul, on a regular basis."

The Lord does not always appear in glory to all who stand before Him. To beginners He appears in the form of a servant (Phil 2:7); to those able to follow Him as He climbs the high mountain of His Transfiguration He appears in the form of God, the form in which He existed before the world came to be (John 17:5). It is therefore possible for the same Lord not to appear in the same way to all who stand before Him, but to appear to some in one way and to others in another way, according to the measure of each person's faith.

When the Word of God becomes manifest and radiant in us, and His face shines like the sun, then His clothes will also look white. That is to say, the words of the Gospel will then be clear and distinct, with nothing concealed.

And Moses and Elijah – the more spiritual principles of the Law and the Prophets – will also be present with Him.

St. Maximus the Confessor, Second Chapter on Knowledge, 14

Scientists!

There was a group of scientists and they were all sitting around discussing which one of them was going to go to God and tell Him that they didn't need him anymore. Finally, one of the scientists volunteered and went to go tell God he was no longer needed...

So the scientist says to God: "God, you know a bunch of us have been thinking and I've come to tell you that we really don't need you anymore. I mean, we've been coming up with great theories and ideas, we've cloned sheep, and we're on the verge of cloning humans. So as you can see, we really don't need you."

God nods understandingly and says: "I see. Well, no hard feelings. But before you go let's have a contest. What d'ya think?"

The scientist says: "Sure I'm all for it. What kind of contest?"

God: "A man-making contest."

The scientist: "Sure! No problem!" The scientist bends down and picks up a handful of dirt and says: "Okay, I'm ready!"

And God says: "No, no, no! You go get your own dirt."

Council of Bishops of the Ukrainian Orthodox Church of the USA Hurricane Irene Aftermath: the Metropolia Center of the UOC of the USA!

Dearly beloved Clergy and Faithful of our Holy Ukrainian Orthodox Church of the USA: GLORY TO JESUS CHRIST!

As you most assuredly have heard by now, major flooding has once again occurred at the Metropolia Center of our Holy Church in South Bound Brook, NJ following the powerful destructive path of Hurricane Irene during the last few days of August, 2011. We do not have the damage estimates at this moment; however, considering substantial flooding of the historic Fisher House, the Sisterhood Hall and the Center's Maintenance building; the Memorial Church's pastoral residence building, two residential properties across the street from the Memorial Church, the collapsed trees and flooding of the Seminary building's basement – these are only a few examples of what we must face now in repairs and additional non-budgeted projects for this coming Fall season. Our neighbors around the property and the Church's spiritual Center suffer and in desperate need of assistance.

We are hereby asking all our parishes, parish and Central Church organizations, along with the entire membership of our Church, to contribute to a special 2011 Hurricane Irene Flood Fund. The monies collected will be utilized towards the necessary and immediate repairs to the properties of the Church as well

as to prepare our St. Sophia Ukrainian Orthodox Theological Seminary for the opening of the 2011-2012 Academic year.

Please find it in your heart to contribute to this fund by immediately sending your donations to:

2011 Hurricane Irene Flood Fund

P. O. Box 495

South Bound Brook, NJ 08880-0495

Needless to say, time is of essence. Your assistance and donations from you, the faithful and clergy of our UOC of the USA, are an absolute necessity.

We hope to hear from you very soon. Thank you and God bless you for your kindness and for reaching out to the needs of our Holy Mother Church. This is our calling – from Christ Himself: “What you do for the least of these...you do for Me.”

May the blessing of our Lord remain with all of you!

+Constantine, Metropolitan

+Antony, Archbishop

+Daniel, Bishop

FOR THE NEXT TWO SUNDAYS, WE WILL DONATE THE “KISSING THE CROSS” COLLECTION to relief for the victims of Hurricane Irene. Thank you for our kindness and generosity to those along the eastern coast of the US who were impacted by this huge tropical storm!