



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Bishop Daniel, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Nestor Kowal, Father Gabriel Rochell, Father Bill & Pani-Matka Sonia Diakiw, Pani-Matka Linda Oryhon, Father Paul Bigelow, Protodeacon Mykola Dilendorf, Father Emilian Balan, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Carmen Talmonti, Matthew—20-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko,

Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Jasmine Walker, Julia Duda, Lisa Pandle, Fred DeNorscia, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley [Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Sandy Gardner, Richard Trinclisti, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl Reed, Georgia & Theodore Demopoulos, Jillian Bowman [10-year old with cancer], Renee' Richards, Lois, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

Father Bob and his family are out of town until late Sunday afternoon—if you have an emergency and need to contact an Orthodox priest, please get in touch with John Paouncic, Parish Council President, for names and phone numbers. Thanks, God Bless you, and see you all next Sunday!

A SPECIAL THANK-YOU to Harry Batch and all who have assisted him in keeping up the beautiful flowers and plants in the memorial garden on the side and front of the church—God Bless you all!

Our Panagia is the salvation of the whole world, she is the only mother for all Christians...She has much love for the human race, especially for sinners...Let us all run to the Panagia in every circumstance to ask her, to have her as our aid. St. Anthimos of Xios

Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic’s class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

Sunday, July 24

NO SERVICE IN SLICKVILLE TODAY!

SIXTH SUNDAY AFTER PENTECOST—THE MIRACLE OF GREAT-MARTYR EUPHEMIA THE ALL-PRAISED OF CHALCEDON; HEIROMARTYR CINDEUS OF PAMPHYLIA; BLESSED EQUAL-TO-THE-APOSTLES OLHA-PRINCESS OF KIEV-IN BAPTISM HELEN

Tone 5

Romans 12:6-14

Matthew 9:1-8

Sunday, July 31

Divine Liturgy of Saint John Chrysostom

10:30 AM

SEVENTH SUNDAY AFTER PENTECOST—HOLY FATHERS OF THE FIRST SIX ECUMENICAL COUNCILS; MARTYR EMILIAN OF SILISTRA IN BULGARIA; MARTYR HYACINTH OF AMASTRIS; SAINT PAMBO THE HERMIT OF EGYPT; SAINT JOHN THE LONG-SUFFERING & SAINT PAMBO THE RECLUSE OF PERCHEVSKY LAVRA

Tone 6

Romans 15:1-7

Matthew 9:27-35

Sunday, August 7

Divine Liturgy of Saint John Chrysostom

10:30 AM

EIGHTH SUNDAY AFTER PENTECOST—THE DORMITION OF THE RIGHTEOUS ANNA-MOTHER OF THE MOST HOLY THEOTOKOS; HOLY WOMEN OLYMPIAS-DEACONESS OF CONSTANTINOPLE & VIRGIN EUPRAXIA OF TABENNA; HOLY FATHERS OF THE FIFTH ECUMENICAL COUNCIL

Tone 7

I Corinthians 1:10-28

Matthew 14:14-22

Litany in Blessed Memory of Samuel Mrvos, David Yenni, M. Denise Lawrence, Rudy Obradovich, Anna Harte, Agnes Rossi, Mary Milanovich, Millie Kitch, Michael Cherepko, & Father Peter Natishan—Fr. Bob

BULLETIN INSERT FOR 24 JULY 2011

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SIXTH SUNDAY AFTER PENTECOST—THE MIRACLE OF GREAT-MARTYR EUPHEMIA THE ALL-PRAISED OF CHALCEDON;

**HEIROMARTYR CINDEUS OF PAMPHYLIA; BLESSED EQUAL-TO-THE-
APOSTLES OLHA-PRINCESS OF KIEV-IN BAPTISM HELEN**

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death,
And to raise the dead by His glorious Resurrection!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior,
Shattering its gates as almighty;
Resurrecting the dead as Creator,
And destroying the sting of death.
Thou hast delivered Adam from the curse,
O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this
generation forever.

**PEOPLE: Thou, O Lord, shalt protect us and preserve us from this
generation forever.**

READER: Save me, O Lord, for there is no longer any that is godly.

**PEOPLE: Thou, O Lord, shalt protect us and preserve us from this
generation forever.**

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: From this generation forever.

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim
Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be
prepared in the heavens.

Be mindful of God, so that in every moment He may be mindful of you. If He is mindful of you, He will give you salvation. Do not forget Him, letting yourselves be seduced by vain distractions. Do you want Him to forget you in your times of temptation? Stay near Him and obey Him in the days of your prosperity. You will be able to rely on His word in difficult days, because prayer will keep you safe in His continual presence. Remain constantly before His face, think of Him, remember Him in your heart. Otherwise, if you only meet Him from time to time, you risk losing your close friendship with Him. *St. Isaac of Nineveh, 7th century*

Via Hieromonk Joshua--7:13pm Jul 12

"Readiness to do good to one who hates us is characteristic of divine love."
Saint Maximus the Confessor

An old man said, "As the earth never falls down, neither does one who humbles himself."

There was a monk named Pachon, in his sixties I should judge, who lived at Scetis. It so happened that I (Palladius) was troubled by concupiscence, both in my thoughts by day and in my dreams at night. My passions were such that I was on the point of leaving the desert, as I had not disclosed this matter to my neighboring monks or to my teacher Evagrius. Without their knowledge I made a trip into the Great Desert and spent fifteen days among the desert fathers at Scetis.

There I also came across Pachon. As I found him more unworldly and more advanced in the practice of asceticism than the others, I dared to disclose to him my mental condition. And he told me: "Do not be puzzled at this. In your case, you are not suffering because you are easygoing - the place that you are in is of itself witness that you lack necessities and there is no chance of meeting with women - but because of your zealousness. The fight against impurity is threefold: At times concupiscence of the flesh attacks us, and at times the passions work through our thoughts; sometimes the demon himself attacks us in his witchery. I found this out myself by experience."

"As you see, I am an old man now. I have been concerned with my salvation for a period of forty years in this very cell - and throughout this time I have been subjected to temptations." And he confirmed this on oath. "For twelve years after my fiftieth year of age the demon relentlessly kept up his attacks, leaving me neither by day nor by night. I suspected that God had abandoned me, and I felt so oppressed that I made up my

mind to die in an irrational way rather than give in to bodily passion. I went out then, and while going into the desert, I came across a hyena's cave. Here I placed myself naked one day in hopes that the wild beasts would devour me."

"Evening came, and as Sacred Scripture says: `Thou hast appointed darkness, and it is night, in it shall all the beasts of the forest go forth.' The beasts, male and female, came out. They smelled me and licked me all over from head to foot. Just when I was expecting to be eaten, they left me. I lay there all night, but they did not devour me. Thinking that God had spared me, I went back to my cell. The demon waited for an opportunity for a few days and then again assailed me even more earnestly than before, so that I was on the verge of blasphemy."

"The demon took on the form of an Ethiopian maiden whom I had once seen in my youth gathering papyrus, and she sat on my knees. Filled with anger, I gave her a box on the ear and she disappeared. Then for two years I could not bear the evil smell of my hand! Faint of heart and in despair, I went away into the Great Desert. I found a small asp, picked it up and pressed it to myself, so that I might be bitten in this fashion and die. Then I ground the head of the reptile into myself as being responsible for my temptation; but I was not bitten."

"Then I heard a voice saying in my thoughts: `Depart, Pachon! Keep up the fight! It was for this reason that I let you be depressed, so that you might not become haughty as a strong person, but rather might know your own weakness, and that you might not trust too much in your own way of life, but rather come running to God for help.'"

"I returned then fully satisfied, and I settled down confidently, worrying no more about the struggle, but dwelling in peace the rest of my days. The demon who knew my contempt for him no longer came near."

Palladius, Historia Lausiaca, 23

It happened that Abba Moses was struggling with the temptation of fornication. Unable to stay any longer in his cell, he went and told Abba Isidore. The old man exhorted him to return to his cell. But he refused, saying, "Abba, I cannot." Then Abba Isidore took Moses out onto the terrace and said to him, "Look towards the west." He looked and saw hordes of demons flying about and making a noise before launching an attack. Then Abba Isidore said to him, "Look towards the east." He turned and saw an innumerable multitude of holy angels shining with glory. Abba Isidore said, "See, these are sent by the Lord to the saints to bring them help, while those in the west fight against them. Those who are with us are more in number than they are." Then Abba Moses gave thanks to God, plucked up his courage, and returned to his cell.

8/21 November, Synaxis of Archangels Michael, Gabriel and all Heavenly Hosts

The Final Words of St. Neopite of Urbnisi before his martyrdom:

"Sweet is death to me, O unbelievers! Sweet it is to me. I desire to sunder the link between my mortal and immortal nature... With my own blood I will confirm the Holy Church, which is founded upon the Precious Blood of the Son and Word of God, whom I preach. May that which was foreordained for me by the Providence of God be fulfilled, for He has called me to His light from the depths of ungodliness!"

*Hieromartyr Neopite of Urbnisi (in Georgia), 7th century
commemorated 28 October*

There were some Athonite monks, brave both in body and in spirit, who were consumed by the virtue of love. Nothing could stop them, neither hard work nor the danger of contracting infectious diseases while taking care of their sick brothers. Father Panteleimon from St. Anne's Skete was such a hero.

He devoted himself to the service of others. He nursed those afflicted with tuberculosis, fed the starving refugees during the incredible hunger of the German occupation (the Great Famine of the winter, 1941-42), and finally died in 1948 after having contracted the disease himself – all without uttering any complaints. Instead, he always gave praise to God. *from An Athonite Gerontikon*

Father Emilian Balan called to say he is going to have a minor procedure and will be in the hospital overnight on Thursday, July 21. Please remember him in your prayers!

Hi, I am home from hospital. Thank God it was not a seizure. It was an infection in my left leg after only a very small nick. I am on antibiotics and it should completely clear up in a week. I'll go to my PCP for a followup in a week or so. Thank you all for the prayers and support during this last episode of the Adventures of Andy...Andy