



## **Holy Ghost Orthodox Church**

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

[www.holyghostorthodoxchurch.org](http://www.holyghostorthodoxchurch.org)

**Rev. Father Robert Popichak, Pastor**

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

## **SAINTS PETER AND PAUL FAST**

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Bishop Daniel, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Nestor Kowal, Father Gabriel Rochell, Father Bill & Pani-Matka Sonia Diakiw, Pani-Matka Linda Oryhon, Father Paul Bigelow, Protodeacon Mykola Dilendorf, Father Emilian Balan, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael

Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Carmen Talmonti, Matthew—20-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Jasmine Walker, Julia Duda, Lisa Pandle, Fred DeNorscia, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley [Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Sandy Gardner, Richard Trinclisti, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl Reed, Georgia & Theodore Demopoulos, Jillian Bowman [10-year old with cancer], Renee' Richards, Lois, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

**HAPPY BIRTHDAY TO OUR JULY BABIES: Harry Batch on the 1<sup>st</sup>, Matthew Brunermer on the 15<sup>th</sup>, and Katrina Scott on the 25<sup>th</sup>. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years!**

Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

**PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic’s class. THANK YOU ALL FOR YOUR HELP!**

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

**Communion Fasting:** nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

***AT ANY TIME*—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

#### SCHEDULE OF SERVICES

**Sunday, July 03    Divine Liturgy of Saint John Chrysostom    10:30 AM**  
**THIRD SUNDAY AFTER PENTECOST—SYNAXIS OF HALYCH & ODESSA SAINTS**

**HIEROMARTYR METHODIUS-BISHOP OF PATARA; MARTYRS INNA, PINNA, & RIMMA-DISCIPLES OF APOSTLE ANDREW IN SCYTHIA; MARTYRS ARISTOCLEUS-PRESBYTER, DEMETRAIN-DEACON, & ATHANASIUS-READER OF CYPRUS; SAINT LEUCIUS THE CONFESSOR-BISHOP OF BRINDISI; SAINT MINAS-BISHOP OF POLOTSK**

*Tone 2*

Romans 5:1-10

Matthew 6:22-33

*Litany in Blessed Memory of Olga Stock, Anna Kitch, Sophie Carrera, Susan Justina Sredich, Stella E. Cherepko, Joseph Paouncic, Igumen George [Owen], and Claudia Horvath—Fr. Bob*

**Sunday, July 10**                      **Divine Liturgy of Saint John Chrysostom**                      **10:30 AM**  
**FOURTH SUNDAY AFTER PENTECOST—SAINT SAMPSON THE HOSPITABLE OF CONSTANTINOPLE; SAINT JOANNA THE MYRRH-BEARER; SAINT SEVERUS-PRESBYTER OF INTEROCREA IN ITALY**

*Tone 3*

Romans 6:18-23

Matthew 8:5-13

**Tuesday, July 12** **HOLY, GLORIOUS, AND ALL-LAUDABLE APOSTLES PETER AND PAUL**

**Sunday, July 17**                      **Divine Liturgy of Saint John Chrysostom**                      **10:30 AM**  
**FIFTH SUNDAY AFTER PENTECOST—SAINT ANDREW-ARCHBISHOP OF CRETE; SAINT MARTHA-MOTHER OF SAINT SYMEON STYLITES THE YOUNGER; MARTYRS THEODOTUS & THEODOTA AT CAESAREA IN CAPPADOCIA; HIEROMARTYR THEODORE-BISHOP OF CYRENE IN LIBYA & WITH HIM MARTYRS CYPRILLA, AROA, & LUCIA**

*Tone 4*

Romans 10:1-10

Matthew 8:28-9:1

## **BULLETIN INSERT FOR 03 JULY 2011**

**THIRD SUNDAY AFTER PENTECOST**

**SYNAXIS OF HALYCH & ODESSA SAINTS**

**HIEROMARTYR METHODIUS-BISHOP OF PATARA; MARTYRS INNA, PINNA, & RIMMA-DISCIPLES OF APOSTLE ANDREW IN SCYTHIA; MARTYRS ARISTOCLEUS-PRESBYTER, DEMETRAIN-DEACON, & ATHANASIUS-READER OF CYPRUS; SAINT LEUCIUS THE CONFESSOR-BISHOP OF BRINDISI; SAINT MINAS-BISHOP OF POLOTSK**

### **TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,

All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.

### **KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

### **PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my  
salvation.

**PEOPLE: The Lord is my strength and my song. He has become my  
salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over  
to death.

**PEOPLE: The Lord is my strength and my song. He has become my  
salvation.**

**READER:** The Lord is my strength and my song.

**PEOPLE: He has become my salvation.**

### **ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob  
protect you!

Save the king, O Lord, and hear us on the day we call!

### **Why Golfers Like & Use Ping Golf Clubs**

This is something that all Americans should be aware of:



This isn't a joke or cartoon; just something interesting to know...you may want to forward this.

On Monday, I played the Disney, Lake Buena Vista course. As usual the starters matched me with three other players. After a few holes we began to get to know each other a bit. One fellow was rather young and had his wife riding along in the golf cart with him. I noticed that his golf bag had his name on it and after closer inspection, it also said "wounded war veterans".

When I had my first chance to chat with him I asked him about the bag. His response was simply that it was a gift. I then asked if he was wounded and he said yes. When I asked more about his injury, his response was "I'd rather not talk about it, sir".

Over a few holes I learned that he had spent the last 15 months in an Army rehabilitation hospital in San Antonio, Texas. His wife moved there to be with him and he was released from the hospital in September.

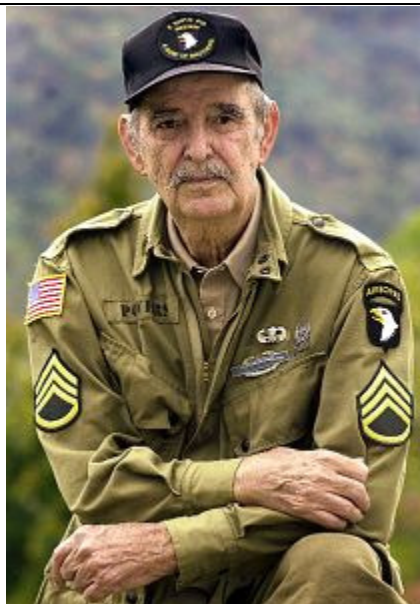
He was a rather quiet fellow; however, he did say that he wanted to get good at golf. We had a nice round and as we became a bit more familiar I asked him about the brand new set of Ping woods and irons he was playing. Some looked like they had never been hit. His response was simple. He said that this round was the first full round he had played with these clubs.

Later in the round he told me the following. As part of the discharge process from the rehabilitation hospital, Ping comes in and provides three

days of golf instruction, followed by club fitting. Upon discharge from the hospital, Ping gives each of the discharged veterans, generally about 40 soldiers, a brand new set of custom fitted clubs along with the impressive golf bags.

The fellow I met was named Ben Woods and he looked me in the eye and said that being fitted for those clubs was one of the best things that ever happened to him and he was determined to learn to play golf well enough to deserve the gift Ping had given him. Ben is now out of the service, medically discharged just a month ago. He is as fine a young man as you would ever want to meet.

Ping has the good judgment not to advertise this program. God Bless America and the game of golf.



"Shifty" By Chuck Yeager

Shifty volunteered for the airborne in WWII and served with Easy Company of the 506th Parachute Infantry Regiment, part of the 101<sup>st</sup> Airborne Infantry. If you've seen Band of Brothers on HBO or the History Channel, you know Shifty. His character appears in all 10 episodes, and Shifty himself is interviewed in several of them.

I met Shifty in the Philadelphia airport several years ago. I didn't know who he was at the time. I just saw an elderly gentleman having trouble reading his ticket. I offered to help, assured him that he was at the right gate, and noticed the "Screaming Eagle," the symbol of the 101st Airborne, on his hat.

Making conversation, I asked him if he'd been in the 101st Airborne or if his son was serving. He said quietly that he had been in the 101st. I

thanked him for his service, then asked him when he served, and how many jumps he made.

Quietly and humbly, he said "Well, I guess I signed up in 1941 or so, and was in until sometime in 1945 ...." at which point my heart skipped.

At that point, again, very humbly, he said "I made the 5 training jumps at Toccoa, and then jumped into Normandy...Do you know where Normandy is?" At this point my heart stopped.

I told him "yes, I know exactly where Normandy is, and I know what D-Day was." At that point he said "I also made a second jump into Holland, into Arnhem." I was standing with a genuine war hero...

And then I realized that it was June, just after the anniversary of D-Day.

I asked Shifty if he was on his way back from France, and he said "Yes...And it's real sad because, these days, so few of the guys are left, and those that are, lots of them can't make the trip." My heart was in my throat and I didn't know what to say.

I helped Shifty get onto the plane and then realized he was back in coach while I was in First Class. I sent the flight attendant back to get him and said that I wanted to switch seats. When Shifty came forward, I got up out of the seat and told him I wanted him to have it, that I'd take his in coach.

He said "No, son, you enjoy that seat. Just knowing that there are still some who remember what we did and who still care is enough to make an old man very happy." His eyes were filling up as he said it.

And mine are brimming up now as I write this.

Shifty died on Jan. 17 after fighting cancer.

There was no parade. No big event in Staples Center. No wall-to-wall, back-to-back 24x7 news coverage. No weeping fans on television. And that's not right!

Let's give Shifty his own memorial service, online, in our own quiet way. Please forward this email to everyone you know. Especially to the veterans.

Rest in peace, Shifty.

Chuck Yeager, Maj. General [ret.]



### **You have to be from Pittsburgh!**

The year is 2016 and the United States has just elected the first woman president, who happens to be from Pittsburgh. A few days after the election the president-elect, whose name is Susan, calls her Father and says, "So, Dad, I assume you will be coming to my inauguration?"

"I don't think so. It's a six hour drive."

"Don't worry about it Dad, I'll send Air Force One. And a limousine will pick you up at your door."

"I don't know. Everybody will be so fancy. What would your mother wear?"

Oh Dad," replies Susan, "I'll make sure she has a wonderful gown custom-made by the best designer in Washington."

"Honey," Dad complains, "You know I can't eat those rich foods you eat. Do they serve draft beer????"

The President-to-be responds, "Don't worry Dad. The entire affair will be handled by the best caterer in Washington , I'll ensure your meals are salt free. You and mom just have to be there."

So Dad reluctantly agrees and on January 20, 2017, Susan is being sworn in as President of the United States. In the front row sits the new President's Dad and Mom. Dad noticing the senator sitting next to him leans over and whispers, "You see that woman over there with her hand on the Bible, becoming President of the United States."

The Senator whispers back, "You bet I do."

Dad says proudly, "Her brother played for the Steelers."

If you love your neighbor, then all of heaven will love you. If you are united in spirit with your fellow creatures, then you will be united with God



and all the company of heaven; if you are merciful to your neighbor, then God and all the angels and saints will be merciful to you. If you pray for others then all of heaven will intercede for you. The Lord our God is holy; be holy yourself also. *St. John of Kronstadt*

*Testimonial Dinner for Pani Kateryna Dowbenko*

*July 17, 2011*

*The Board of Directors of Ridna Shkola, School of Ukrainian Studies, and the Committee to help the Ukrainian Language Program at the University of Pittsburgh, will hold a Testimonial Dinner for Pani Kateryna Dowbenko, instructor of Ukrainian Language at the University of Pittsburgh for 36 years. Mrs. Dowbenko will be honored for her longtime work and devotion to teaching the Ukrainian Language to the students of the University of Pittsburgh and other institutions of learning in the Pittsburgh area.*

*You are cordially invited to attend a Testimonial Dinner which will take place on Sunday, July 17, 2011, at the Pittsburgh Airport Marriott Hotel, in Coraopolis.*

*Pani Dowbenko's former students are especially encouraged to come and pay tribute to this great lady.*

*Reception will begin at 2:00pm, with Dinner to follow at 3:00pm.*

*Cost: \$35.00 per person.*

*If you are unable to attend, please consider a tax deductible donation.*

*Make checks payable to:*

Ridna Shkola, Ukrainian Language Program at Pitt  
C/o Yaroslav Hodowanec  
Ukrainian Selfreliance FCU  
95 South Seventh Street  
Pittsburgh, PA 15203

*"ALL PROCEEDS FROM THIS EVENT WILL GO TO THE ENDOWMENT FOR THE UKRAINIAN LANGUAGE AT THE UNIVERSITY OF PITTSBURGH"*

**For information and reservations contact:**

**Anne Konecky: 412-343-0309 or Luba Hlutkowsky: 412-279-7377, [poltava1@gmail.com](mailto:poltava1@gmail.com)**

GREEK ORTHODOX ARCHDIOCESE OF AMERICA

8-10 East 79th St. New York, NY 10075-0106

Tel: (212) 570-3530 Fax: (212) 774-0237

Web: <http://www.goarch.org> – Email: [communications@goarch.org](mailto:communications@goarch.org)

Protocol 108/11

July 4, 2011  
Independence Day

For you, brethren, have been called to liberty;  
only do not use liberty as an opportunity for the flesh,  
but through love serve one another. (Galatians 5:13)

To the Most Reverend Hierarchs, the Reverend Priests and Deacons, the Monks and Nuns, the Presidents and Members of the Parish Councils of the Greek Orthodox Communities, the Distinguished Archons of the Ecumenical Patriarchate, the Day, Afternoon, and Church Schools, the Philoptochos Sisterhoods, the Youth, the Hellenic Organizations, and the entire Greek Orthodox Family in America

Beloved Brothers and Sisters in Christ,

On this annual celebration of freedom and the commemoration of the founding of this nation, I greet you in the love of our Lord who offers to us enduring liberty leading to a creative life on earth and ultimately eternal life. Our liberty in Christ frees us from the bondage of sin and death through the power of the Resurrection and the presence of the Holy Spirit. As the Apostle Paul states in his Epistle to the Galatians, this liberty is to be led by the Spirit and should not be an opportunity to do the works of the flesh or fulfill selfish desires. Instead, this freedom should produce and nurture the fruit of the Spirit, leading each person in love and acts of service toward others (Galatians 5:22).

Our love and service toward others as Orthodox Christians and the building up of the community of faith is also the foundation for our relationship with the broader community in which we live. Civic engagement is an important facet of our lives, as we express concern for the social environment in which we live and for those with whom we share it. This was a principle that was recognized by the founders of our country. A democratic government and a stable and free society necessitate the active participation in the political and civic life of the nation. They affirmed that participation should not be forced or coerced, but they also recognized that the well-being of the nation would be dependent on a robust and responsible engagement by the people.

One challenge is that this freedom which we celebrate on the 4th of July each year can paradoxically be the negative opportunity for selfishness, greed, and apathy, leading to a decline in engagement and a lack of

concern for others in our communities. This is why our Orthodox Christian faith has so much to offer. Our civic engagement is a manner in which we express the love of God. It is our vocation as His people to labor for an environment where people have the opportunity to live securely, to be free, and to flourish. In addition, we offer a witness of the nature and power of true freedom, as we unite the freedoms we have in this country with the manner of life we live in Christ.

On this Independence Day, may we commemorate the many blessings of freedom and life that we share in this country. May we also consider our engagement within our communities and how we share our faith and the love of God through our service to others. For each and every person may we seek all that is good, just, and leads to a blessed life in God, which guarantees true freedom.

With paternal love in Christ,  
†DEMETRIOS  
Archbishop of America

**PLEASE REMEMBER IN YOUR PRAYERS:** Mike Horvath who is in Westmoreland Hospital and Father Emilian Balan who is recovering at home after his recent surgery. May God grant them both a full and speedy recovery!

### **THANK YOU!!!**

Thank you all for the thoughts, prayers, cards, and phone calls after my knee surgery—they were all very kind and greatly appreciated by our family and me. Your caring and love make this a special and rare parish family, following Christ's teaching of "Love one another, as I have loved you." God Bless you all and may He reward you a thousand fold! *Fr. Bob*