



Holy Ghost Orthodox Church

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SAINTS PETER AND PAUL FAST

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Bishop Daniel, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Nestor Kowal, Father Gabriel Rochell, Father Bill & Pani-Matka Sonia Diakiw, Pani-Matka Linda Oryhon, Father Paul Bigelow, Protodeacon Mykola Dilendorf, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather

Kramer, Jane Wartinbee, Carmen Talmonti, Matthew—20-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Jasmine Walker, Julia Duda, Lisa Pandle, Fred DeNorscia, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley [Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Sandy Gardner, Richard Trinclisti, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl Reed, Georgia & Theodore Demopoulos, Jillian Bowman [10-year old with cancer], Renee' Richards, Lois, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

a word from the desert: **If a man builds a house and leaves it without a roof, this house can't be used at all. In the same way, if a man acquires all the virtues but not love, the house remains roofless and is of no benefit at all.** *Elder Philotheos of Paros, +1980*

From the sayings of St. Theonas of Alexandria, Epistle to Lucianus, I: **"But the glory of the Father and of the Son, who for our salvation was nailed to the cross, makes us safe for the everlasting redemption; and that is the greatest hope of Christians."**

Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Debbie Paouncic's class. THANK YOU ALL FOR YOUR HELP!

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

Sunday, June 26 **Divine Liturgy of Saint John Chrysostom** **10:30 AM**
SECOND SUNDAY AFTER PENTECOST—ALL VENERABLE AND HOLY FATHERS OF
MOUNT ATHOS
ALL SAINTS OF NORTH AMERICA, ALL SAINTS OF UKRAINE
MARTYR AQUILINA OF BYBLOS IN LEBANON, SAINT TRIPHYLIUS-BISHOP OF
LEUCOSIA-NICOSIA IN CYPRUS; MARTYR ANTONINA OF NICAEA; SAINT ANNA & HER
SON SAINT JOHN OF CONSTANTINOPLE

Tone 1

Romans 2:10-16

Matthew 4:18-23

Litany for All Deceased Fathers, Grandfathers, etc.—Fr. Bob

Sunday, July 03 **Divine Liturgy of Saint John Chrysostom** **10:30 AM**
THIRD SUNDAY AFTER PENTECOST—SYNAXIS OF HALYCH & ODESSA SAINTS
HIEROMARTYR METHODIUS-BISHOP OF PATARA; MARTYRS INNA, PINNA, & RIMMA-
DISCIPLES OF APOSTLE ANDREW IN SCYTHIA; MARTYRS ARISTOCLEUS-
PRESBYTER, DEMETRAIN-DEACON, & ATHANASIUS-READER OF CYPRUS; SAINT
LEUCIUS THE CONFESSOR-BISHOP OF BRINDISI; SAINT MINAS-BISHOP OF POLOTSK

Tone 2

Romans 5:1-10

Matthew 6:22-33

Litany in Blessed Memory of Olga Stock, Anna Kitch, Sophie Carrera, Susan Justina Sredich, Stella E. Cherepko, Joseph Paouncic, Igumen George [Owen], and Claudia Horvath—Fr. Bob

Sunday, July 10 **Divine Liturgy of Saint John Chrysostom** **10:30 AM**
FOURTH SUNDAY AFTER PENTECOST—SAINT SAMPSON THE HOSPITABLE OF
CONSTANTINOPLE; SAINT JOANNA THE MYRRH-BEARER; SAINT SEVERUS-
PRESBYTER OF INTEROCREA IN ITALY

Tone 3

Romans 6:18-23

Matthew 8:5-13

BULLETIN INSERT FOR 26 JUNE 2011

SECOND SUNDAY AFTER PENTECOST

ALL VENERABLE AND HOLY FATHERS OF MOUNT ATHOS
ALL SAINTS OF NORTH AMERICA, ALL SAINTS OF UKRAINE
MARTYR AQUILINA OF BYBLOS IN LEBANON, SAINT
TRIPHYLIUS-BISHOP OF LEUCOSIA-NICOSIA IN CYPRUS;
MARTYR ANTONINA OF NICAEA; SAINT ANNA & HER SON
SAINT JOHN OF CONSTANTINOPLE

TROPARION—TONE 1

When the stone had been sealed by the Jews;

While the soldiers were guarding Thy most pure Body;
Thou didst rise on the third day, O Savior,
Granting life to the world.
The powers of heaven therefore cried to Thee, O Giver of life:
Glory to Thy Resurrection, O Christ!
Glory to Thy Kingdom!
Glory to Thy Dispensation, O Thou who lovest mankind.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 1

As God, Thou didst rise from the tomb in glory, raising the world with
Thyself.
Human nature praises Thee as God, for death has vanished!
Adam exults, O Master!
Eve rejoices, for she is freed from bondage and cries to Thee:
Thou are the Giver of Resurrection to all, O Christ!

PROKEIMENON—TONE 1

READER: Let Thy mercy, O Lord, be upon us as we have set our hope on
Thee.

**PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our
hope on Thee.**

READER: Rejoice in the Lord, O you righteous! Praise befits the just!

**PEOPLE: Let Thy mercy, O Lord, be upon us as we have set our
hope on Thee.**

READER: Let Thy mercy, O Lord, be upon us.

PEOPLE: As we have set our hope on Thee.

ALLELUIA VERSES

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ,
with David and his seed forever!

It is said that about this period, (under the apostate emperor Julian in 363) Basil, presbyter of the church of Ancyra, and Euppsychius, a noble of Caesarea in Cappadocia, who had but just taken to himself a wife and was still a bridegroom, terminated their lives by martyrdom. I believe that Euppsychius was condemned in consequence of the demolition of the temple of Fortune, which, as I have already stated, excited the anger of the

emperor against all the inhabitants of Caesarea. Indeed, all the actors in this transaction were condemned, some to death, and others to banishment. Basil had long manifested great zeal in defense of the faith, and had opposed the Arians during the reign of Constantius; hence the partisans of Eudoxius had prohibited him from holding public assemblies. On the accession of Julian, however, he traveled hither and thither, publicly and openly exhorting the Christians to cleave to their own doctrines, and to refrain from defiling themselves with pagan sacrifices and libations. He urged them to account as nothing the honors which the emperor might bestow upon them, such honors being but of short duration, and leading to eternal infamy. His zeal had already rendered him an object of suspicion and of hatred to the pagans, when one day he chanced to pass by and see them offering sacrifice. He sighed deeply, and uttered a prayer to the effect that no Christian might be suffered to fall into similar delusion. He was seized on the spot, and conveyed to the governor of the province. Many tortures were inflicted on him; and in the manly endurance of this anguish he received the crown of martyrdom.

Sozomen, Ecclesiastical History 5.11
Basil of Ancyra, commemorated 22 March

A discerning elderly monk on Mt Athos said to me: Once I met a monk—I say this as a confession—whose lips were always moving with the Jesus Prayer. You could see it. At another time some visitors had come also and, seeing him, one said to the other, "Oh, my, what a holy man!"

That monk at one time said to me, "I wrote to this Bishop, to that Metropolitan; another one I reprimanded, and still to another I suggested that he change his ways so that I could be on his side."

"But for God's sake," I said to him, "Let us examine this situation logically."

"Why should I listen to you? You are less educated than I am, for I do not put a circumflex on an "o" the way you might do."

"Put aside all these big ideas," I said to him.

But he replied to me, "If there were only one like me in power, the entire Church could be set straight."

Now think about this and draw a conclusion. If he were crazy, I could excuse him. But he was not crazy. In addition, he was saying the Jesus Prayer by habit only. This is very dangerous, because in one who is full of pride, the prayer becomes very burdensome. The prayer should not tire one out. But in this case, because of pride, that is just what it did.

There have been great lights in the world who illumined it with their miracles just as the sun does with its beams. Some say that in a monastery (in Gaul) there was a monk who was diligent in praying and reading with the others according to the rules of monasteries. But secretly and in private he offered the sacrifices of prayers to the omnipotent God. For after he completed the schedule of prayers in the oratory he secretly slipped away from the presence of the brothers and went among the thick brambles, boxwoods, and oak trees, where he hoped that no one but God alone would see him. There he knelt in prayer. After he had knelt and prayed to the Lord for a long time, he stood up from the ground, lifted his palms and eyes to heaven, and silently recited a series of psalms. He looked to heaven with such remorse that streams of tears gushed from his eyes.

When one of the brothers carefully followed him and saw what he was doing, he did not keep it from the abbot. The abbot noted when the monk hurried off again to do this and followed at a distance; kneeling on the ground, he watched what the faithful disciple was practicing. As the abbot watched from a distance, he saw a great miracle. For a flame extended from the monk's lips and gradually was stretched to a great distance and rose above him like a rope. Without interruption the flame gave off a bright light and seemed to ascend all the way to heaven. And although the flame grew and was extended into the air from his hair, it did not harm his head. The abbot was amazed by the sight but restrained himself a bit longer. At the end of his prayers, the monk returned to the monastery. The abbot followed by a different road. A short time later he reproved the monk with many reprimands in order to discipline his vain glory, but he never mentioned what he had seen.

Gregory of Tours, The Glory of the Confessors, 37

a word from the desert: At the community of our saintly father Theodosios, Abba Theodosios, who subsequently became bishop of Capitolias, told us about Abba Nonnos. "One night," he said, "before the wooden signal was struck for the night office of prayer, I was lying in my bunk and I heard someone saying: "Lord have mercy," in a humble, quiet voice. After counting five hundred repetitions of "Lord have mercy," I wanted to know who it was that was speaking. I looked towards the church from the window of my cell and saw the elder down on his knees. There was a bright star above his head, showing me which elder it was." One of the elders of the same community told us this about the same Abba Nonnos: "One night before the striking of the wooden signal I left me cell and went to the church. I saw the elder standing before the church with his hands stretched

out to heaven in prayer. His hands shone like lamps of fire. I withdrew in fear. *John Moschus, Leimonarion (the Spiritual Meadow) 104*

That those who die bravely, do not die [Part 4 of 4]

"Death in wartime is very redeeming, when someone sacrifices himself in order to protect others. Those who sacrifice their life—from pure love, in order to protect their fellow human being—are imitating Christ Himself. They are the greatest heroes, because they are feared even by death itself; since out of love they defy death, and gain immortality—taking the key of eternity right from under the slab of the tomb, and trip lightly towards eternal blessedness."

Spiritual Counsels of the Blessed Elder Paisios the Athonite +1994

From the wisdom of Abba Macarius the Great: "A disciple asked St. Macarius, "Is it possible for a man who has a gift of grace to fall?" The saint answered, "If he gets careless, he falls. The adversaries never are idle or shirk battle. How much more, then, ought you never to cease from the quest of God? For great is your loss if you are careless, although you may think yourself to be exercised in the very mystery of grace."

Wisdom from Dionysius of Alexandria, Commentary on Ecclesiastes, Chapter III: "When one thinks of the death which the transgression of Adam brought on us, it is a time to mourn; but it is a time to hold festal gatherings when we call to mind the resurrection from the dead which we expect through the new Adam"

From the sayings of Abba Theodore of Pherme: 'The man who remains standing when he repents, has not kept the commandment.'