



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Bishop Daniel, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Nestor Kowal, Father Gabriel Rochell, Father Bill & Pani-Matka Sonia Diakiw, Pani-Matka Linda Oryhon, Father Paul Bigelow, Protodeacon Mykola Dilendorf, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Doris Artman, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Carmen Talmonti, Matthew—20-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael

Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Jasmine Walker, Julia Duda, Lisa Pandle, Fred DeNorscia, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley [Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Sandy Gardner, Richard Trinclisti, Robin Young, Mckayla, Rachel, Tony Butecoff, Carl Reed, Georgia & Theodore Demopoulos, Jillian Bowman [10-year old with cancer], Renee' Richards, Lois, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY TO OUR JUNE BABIES: Andrea Weiser on the 2nd, Luke Brunermer on the 13th, and Allison Chicka on the 14th. May God Grant them all Many Happy, Healthy, Prosperous, and Blessed Years!

Please remember James John Logue, George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Eighth Grade and Matt’s Sixth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

Sunday, June 5 **Divine Liturgy of Saint John Chrysostom** **10:30 AM**
SEVENTH SUNDAY OF PASCHA—FATHERS OF THE FIRST ECUMENICAL COUNCIL
SAINT MICHAEL THE CONFESSOR-BISHOP OF SYNNADE; MARTYR MICHAEL “THE
BLACK ROBED” OF SAINT SABBAS MONASTERY; VIRGIN EUPHROSYNE-PRINCESS
OF POLOTSK

Tone 6

Acts 20:16-18, 28-36

John 17:1-13

*Litany in Blessed Memory of Ann Roman, Mary Maoli, Joe Karas, Walter Burlack,
Dianne Waryanka, Anthony Notaro, & Esther Tylavsky—Fr. Bob
Parastas in Blessed Memory of Walter Burlack—2 years—Evelyn Burlack & Family*

Sunday, June 12 Divine Liturgy of Saint John Chrysostom 10:30 AM
EIGHTH SUNDAY OF PASCHA—PENTECOST—TRINITY SUNDAY
SAINT ISAAC-FOUNDER OF THE DALMATIAN MONASTERY AT CONSTANTINOPLE
PARISH NAME'S DAY—KNEELING PRAYERS AFTER LITURGY

Festal Tone

Acts 2:1-11

John 7:37-52, 8:12

Sunday, June 19 Divine Liturgy of Saint John Chrysostom 10:30 AM
FIRST SUNDAY AFTER PENTECOST—SUNDAY OF ALL SAINTS
SAINT BESSARION THE WONDERWORKER OF EGYPT; SAINT HILARION THE NEW-
ABBOT OF THE DALMATIAN MONASTERY; VIRGIN-MARTYRS ARCHELIAS, THECLA,
& SUSANNA-BEHEADED AT SALERNO

Tone 8

Hebrews 11:3-12:2

Matthew 10:32-33, 37-38, 19:27-30

Litany in Blessed Memory of All Deceased Fathers, Grandfathers, etc.—Fr. Bob

BULLETIN INSERT FOR 05 JUNE 2011
HOLY FATHERS OF THE FIRST ECUMENICAL COUNCIL
SEVENTH SUNDAY AFTER PASCHA
SAINT MICHAEL THE CONFESSOR-BISHOP OF SYNNADE;
MARTYR MICHAEL "THE BLACK ROBED" OF SAINT SABBAS
MONASTERY; VIRGIN EUPHROSYNE-PRINCESS OF POLOTSK

TROPARION—TONE 8

Most glorious art Thou, O Christ our God!
Thou hast established the Holy Fathers as lights on the earth!
Through them Thou hast guided us to the true faith!
O greatly Compassionate One, glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now, and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 8

The apostles' preaching and the fathers' doctrines
Have established one faith for the Church.
Adorned with the robe of truth, woven from heavenly theology;
Great is the mystery of piety which it defines and glorifies.

PROKIEMENON—TONE 4

Reader: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

People: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

Reader: for Thou art just in all that Thou hast done for us!

People: Blessed art Thou, O Lord God of our Fathers, and praised and glorified is Thy name forever.

Reader: Blessed art Thou, O Lord God of our Fathers.

People: And praised and glorified is Thy name forever.

ALLELUIA VERSES—TONE 1—PSALM 50

The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.

Gather to me my venerable ones, who made a covenant with me by sacrifice.

HYMN TO THE THEOTOKOS—REPLACES "IT IS TRULY MEET..."

Magnify, O my soul, Christ the Giver of Life, who has ascended from earth to heaven!

We magnify you, the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One!

COMMUNION HYMNS [PSALM 148 AND 32]

Praise the Lord from the heavens! Praise Him in the highest!

Rejoice in the Lord, O you righteous! Praise befits the just.

If you guard your tongue, my brother, God will give you the gift of compunction of heart so that you may see your soul, and thereby you will enter into spiritual joy. But if your tongue defeats you—believe me in what I say to you—you will never be able of escape from darkness. If you do not have a pure heart, at least have a pure mouth. *St. Isaac the Syrian*

We mustn't despair when we struggle and continuously see nothing but the slightest progress. We all do nearly nothing, some a little more, some a little less. When Christ sees our little effort He gives us an analogous token, and so our nearly nothing becomes valuable and we can see a little progress. For this reason we mustn't despair, but hope in God.

Elder Paisios the Athonite

MESSAGE OF THE ASSEMBLY OF CANONICAL ORTHODOX BISHOPS OF NORTH AND CENTRAL AMERICA, May 28, 2011

CHICAGO – Upon conclusion of the second meeting of the Assembly of Canonical Orthodox Bishops of North and Central America which was held in Chicago May 25-27, His Eminence Archbishop Demetrios, the Primate of the Greek Orthodox Church in America and Chairman of the Assembly presided at a doxology prayer service conducted in English, Greek, and the other languages of the participating churches. Following the service the hierarchs of the Assembly sat down for a farewell brunch of brotherly fellowship.

The Assembly issued the following official joint message:

M E S S A G E Christ is Risen!

“Glory to the Holy, Consubstantial, Life-giving, and Undivided Trinity.”

By the grace of God, we forty-five Hierarchs gathered in Chicago IL., on May 25-27, 2011, for the second meeting of the Assembly of Canonical Orthodox Bishops of North and Central America. Several Hierarchs were prevented from attending due to personal illness, while our Serbian brothers, participating at a prolonged assembly of bishops meeting in Belgrade, were also unable to attend. All of us experienced what the Psalmist joyfully declares, “how good and pleasant it is for brothers to dwell together in unity!” (Ps. 132.1)

We draw inspiration from this resurrectional liturgical period, within which we have assembled, standing at the midpoint between the light of Pascha and the grace of Pentecost, the crossroad between the possibility of new life and the reality of renewed communion, the merging of the melody of unity and the beauty of diversity.

We call to mind our brother Hierarchs who have fallen asleep in the Lord during the past year: Metropolitan Christopher of Libertyville and Chicago (Serbian Diocese), Metropolitan Nicholas of Amissos (Carpatho-Russian Diocese), and Metropolitan Epiphanius of Bryoula (Ecumenical Patriarchate). May their memory be eternal!

In our deliberations as Orthodox Hierarchs, we manifested a spirit of conciliarity, expressing our commitment to proceed on all matters in collegial and collaborative manner reflective of the unity that characterizes the various jurisdictions of the Orthodox Church within our regional Assembly. In this respect, we once again affirm our desire and willingness to work toward “the swift healing of every canonical anomaly that has arisen from historical circumstances and pastoral requirements” (2008

Message of the Primates 13.1-2), following the decisions of the representatives of the Orthodox Autocephalous Churches regarding the "unswerving position and obligation to safeguard the unity of the Orthodox Church" (2009 Chambésy, Rules of Operation, Article 5.1a) and the promotion of "common action to address the pastoral needs of Orthodox living in our region" (2009 Chambésy, Decision 2c).

In accordance with our determination and decision during the 1st Assembly of Canonical Orthodox Bishops (May 26-28, 2010), we focused and acted upon our understanding that we are successors of the Standing Conference of Canonical Orthodox Bishops in the Americas (SCOBA), assuming its agencies and ministries. Therefore, among the items on the agenda was the work of the Assembly's 13 committees, its Secretariat, and its 14 agencies and endorsed organizations.

We offer thanks to God for the positive spirit of cooperation that prevailed during the sessions of the Assembly. We are pleased to report to our faithful what the committees of the Assembly of Canonical Orthodox Bishops reported to their brother Hierarchs. The work of these committees will constitute the principal service of the Assembly, meeting frequently and regularly in order – with the participation also of lay members – to materialize the remarkable unity of the Orthodox Churches in this region. In this regard, we are inspired by the words of the Risen Lord: As the Father has sent me, I am sending you (John 20.21); and Truly, truly, I say to you: he who believes in me will also do the works that I do; and greater works than these will he do. (John 14.12)

Thus, in addition to official reports by the Chairman, the Vice-Chairmen, the Treasurer, and the Secretary, the responsibilities of the following committees were discussed extensively: Canonical Affairs, Canonical Regional Planning, Church and Society, Clergy Affairs, Ecumenical Affairs, Financial Affairs, Legal Affairs, Liturgy, Military Chaplaincy, Monastic Communities, Pastoral Practice, Theological Education, and Youth. Moreover, the coordinators of the various agencies and endorsed organizations, formerly under the aegis of SCOBA, will convene with respective Hierarch liaisons in order to determine the criteria of their relationship and establish appropriate channels of communication with the Assembly.

In particular, the Assembly warmly received and unanimously encouraged the creation of a common ministry for our military chaplaincy and our youth.

Our prayers are offered to God at this time for those who have suffered from the extreme weather conditions in the last weeks, especially and most recently the tornadoes and flooding in Missouri and Oklahoma in the United States, and throughout the region of our Assembly, where epic

catastrophe has struck numerous people with death, devastation, and damage. May God grant rest to the souls of the departed and may the gentle breeze of His Spirit grant the victims the strength to rebuild their lives. We fervently encourage our parishes to offer generous material, financial, and spiritual support.

We cannot remain silent in the face of atrocities and persecutions committed against Christian minorities by fundamentalists and extremists, in Palestine and Egypt, especially against the Christians caught up in the upheaval of the Arab Spring, which has unleashed long-oppressed diverse sectarian animosities. In particular, the Christian communities in Palestine and the Middle East have been drastically reduced and compelled to emigrate as refugees. We urge political leaders throughout the world to stop ignoring the manifestations of intolerance, discrimination and open persecution against all religious communities – Jews, Christians, and Muslims alike – living in contentious regions and countries of the world, notably in Northern Africa and the Middle East.

In light of the designation of June as “internet safety month,” we exhort our priests and parishioners to raise awareness and secure appropriate protection for our children and communities from the many and diverse prevalent dangers, including pornography, cyberbullying, perils by predators, risks of geotagging, and in particular dissension in the Church. Technology is not sinful; but the abuse of technology is a sin and a crime. We encourage our faithful to disseminate relevant internet safety literature, organize internet safety classes, utilize parental controls, and take rigorous advocacy measures to pressure wireless companies and carriers to mandate protective options.

Finally, we are united in wholeheartedly acknowledging and fervently blessing the tireless ministry of our parish clergy and their families, the honorable presbyters and deacons in the service of Christ, the brothers and sisters of our monastic communities, and all those who do charitable work, those who serve our holy houses of worship, those who labor, teach, and chant, and all the people of God, who await His great and rich mercy. Truly the Lord is Risen!

Archbishop Demetrios, Chairman
Metropolitan Philip, 1st Vice-Chairman
Archbishop Justinian, 2nd Vice Chairman
Archbishop Antony, Treasurer
Bishop Basil, Secretary

Metropolitan Iakovos
Metropolitan Methodios
Metropolitan Isaiah

Metropolitan Constantine
Metropolitan Athenagoras
Metropolitan Alexios

Metropolitan Nicholas
Bishop Savas
Bishop Ilia
Bishop Daniel
Bishop Joseph
Bishop Alexander
Archbishop Alypy
Bishop Peter
Bishop Theodosy
Bishop Ieronim
Bishop Ioan Casian
Metropolitan Jonah
Bishop Nikon
Bishop Benjamin
Bishop Melchisedek
Bishop Matthias
Bishop Mark

Metropolitan Evangelos
Bishop Andonios
Bishop Demetrios
Bishop Antoun
Bishop Thomas
Metropolitan Hilarion
Archbishop Kyrill
Bishop John
Bishop George
Archbishop Nicolae
Metropolitan Joseph
Archbishop Nathaniel
Bishop Tikhon
Bishop Alejo
Bishop Michael
Bishop Irineu
Bishop Irénée

It was related of a brother who had committed a fault that when he went to Abba Lot, he was troubled and hesitated, going in and coming out, unable to sit down. Abba Lot said to him, "What is the matter, brother?" He said, "I have committed a great fault and I cannot acknowledge it to the fathers."

The old man said to him, "Confess it to me, and I will carry it." Then he said to him, "I have fallen into fornication, and in order to do it, I have sacrificed to idols." The old man said to him, "Have confidence; repentance is possible. Go, sit in your cave, eat only once in two days and I will carry half of your fault with you." After three weeks, the old man had the certainty that God had accepted the brother's repentance. Then the latter remained in submission to the old man until his death.

A brother once went out on a pilgrimage from the monastery of Abba Poemen, and came to a hermit, who lived in love towards all and received many visitors. The brother told the hermit stories of Abba Poemen. And when he heard of Poemen's strength of character, he longed to see him. The brother returned to Egypt. And after some little time, the hermit rose and went from his country to Egypt to see the brother who had visited him: for he had told him where he lived. When the brother saw the hermit, he was astonished, and very glad. The hermit said to him, "Of your charity

towards me, take me to Abba Poemen." And the brother rose up and showed him the way to the old man.

And the brother told Abba Poemen this about the hermit, "A great man of much charity, and particular honor in his own province, has come here wanting to see you." So the old man received him kindly. And after they had exchanged greetings, they sat down.

But the hermit began to talk of the Holy Scripture, and of the things of the spirit and of heaven. But Abba Poemen turned his face away, and answered nothing. When the hermit saw that he would not speak with him, he was distressed and went out. And he said to the brother who had brought him there, "My journey was useless. I went to the old man and he does not deign to speak to me."

The brother went to Abba Poemen, and said, "Abba, it was to talk with you that this great man came here, a man of much honor in his own land. Why did you not speak to him?" The old man answered, "He is from above, and speaks of the things of heaven. I am from below, and speak of the things of the earth. If he had spoken with me on the soul's passions, I would willingly have replied to him. But if he speaks of the things of the spirit, I know nothing about them."

So the brother went out and told the hermit, "The reason is that the old man does not easily discuss Scripture. But if anyone talks to him about the soul's passions, he answers."

Then the hermit was stricken with penitence, and went to the old man and said, "What shall I do, Abba? My passions rule me." And the old man gazed at him with gladness and said, "Now you are welcome. You have only to ask and I will speak with understanding." And the hermit was much strengthened by their discourse, and said, "Truly, this is the way of love." And he thanked God that he had been able to see so holy a man, and returned to his own country."

A brother said to Abba Serapion, "Give me a word." The old man said to him, "What shall I say to you? You have taken the livelihood of widows and orphans and put it on your shelves." For he saw that they were full of books.

The great and inspired Euthymius returned from Rouba to the lavra after two years. One holy Sunday he was offering the bloodless sacrifice to God, while Domitian was standing to the right of the altar and holding the liturgical fan. As he was performing the anaphora, Terebon the Saracen, who was standing near the altar with his hands resting on the sanctuary rails, suddenly beheld fire descend from heaven, which spread out over the

altar rather like a veil and concealed the great Euthymius and the blessed Domitian, remaining there from the start of the doxology of the Trisagion till its completion. No one saw this miracle save those within the fire and Terebon and also Chrysippus' Brother Gabrielius, a eunuch from birth, who after twenty five years had now for the first time advanced forward into the church as was related to me by Abba Cyriacus the anchorite, who received an accurate account of this from Terebon and Gabrielius.

Overcome by awe, Terebon fled to the back of the church, and resolved from then on no longer to lean on the sanctuary rails as, brashly and presumptuously, he had been wont to do at the time of the holy oblation, but instead he stood in awe and reverence at the back door of the church at the time of the synaxis. This was in accordance with the commandment that orders the sons of Israel to be pious and not contemptuous.

from Cyril of Scythopolis, Life of St. Euthymius, 29

Live through lowliness of mind instead of going to your death through pretentious pride. We should not set ourselves up as guideposts, that we should not consider ourselves sagacious, that we should not believe we can direct ourselves. We need assistance; we need guidance in addition to God's Grace. *St. Dorotheos of Gaza, 6th century*

A brother asked Abba Poemen about the harm which he was suffering through his thoughts. The old man said to him, "In this matter it is like a man who has fire on his left and a cup of water on his right. If the fire is kindled, he must take water from the cup and extinguish it. The fire is the enemy's instigation, and the water is the act of throwing oneself before God."

A brother said to Abba Theodore of Pherme, "I wish to fulfill the commandments." The old man told him that Abba Theonas had said to him, "I want to fill my spirit with God." Taking some flour to the bakery, he had made loaves which he gave to the poor who asked him for them; others asked for more, and he gave them the baskets, then the cloak he was wearing, and he came back to his cell with his loins girded with his cape. Afterwards he took himself to task, telling himself that he had still not fulfilled the commandment of God.

One of the fathers asked Abba Poemen, "Who is he who says, 'I am a companion of all who fear Thee,'" (Ps. 119:63) and the old man said, "It is the Holy Spirit who says that."

A brother asked Abba Poemen, "What is a hypocrite?" The old man said to him, "A hypocrite is he who teaches his neighbor something he makes no effort to do himself."

Abba Poemen the Great, commemorated 27 August

An Athonite elder said, "Let us build a factory of good thoughts. If a factory produces bullets and we feed it with iron, it will make bullets. If the factory makes chalices and we feed it with gold, it will produce gold chalices. If we feed it with iron, it will make chalices of iron. Whatever thoughts we put in our minds, that is what we will get." *from An Athonite Gerontikon*

REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. We can now sing "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service. However, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.