



Holy Ghost Orthodox Church

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CHRIST IS RISEN! INDEED HE IS RISEN!

*******No Kneeling until Pentecost!*******

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Taras Naumenko, Father Nestor Kowal, Father Gabriel Rochell, Father Bill & Pani-Matka Sonia Diakiw, Pani-Matka Linda Oryhon, Father Paul Bigelow, Father Tim Tomson, Protodeacon Mykola Dilendorf, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter & Karen Special, Doris Artman, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel

Peters, Jean Stutchell, Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Jane Wartinbee, Carmen Talmonti, Matthew—20-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron & Barbara Spak, Pete Niederberger, Jasmine Walker, Julia Duda, Lisa Pandle, Fred DeNorscia, Kris & Julie Hanczar, John Kennedy, Lloyd Sheakley [Pani Gina's uncle], Diane McDaniel, Loretta, Nancy, Carol, & Michael Sheliga, Gaelle Kelly Irma McDivitt, Sandy Gardner, Richard Trinclisti, Robin Young, Josephine Repa, Mckayla, Rachel, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, and Homer Paul Kline. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY TO OUR MAY BABIES: Pani Gina Popichak on the 9th, Nathaniel Scott on the 16th, Christine Shirley on the 23rd, and Jim Weiser on the 24th. May God Grant them all Many Happy, Healthy, Prosperous, and Blessed Years! Christ is Risen! Indeed He is Risen!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex's Eighth Grade and Matt's Sixth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

SCHEDULE OF SERVICES

Sunday, May 1

Divine Liturgy of Saint John Chrysostom

10:30 AM

ANTIPASCHA—SAINT THOMAS SUNDAY

SAINT JOHN-DISCIPLE OF SAINT GREGORY OF DECAPOLIS; MARTYRS VICTOR, ZOTICUS, ZENO, ACINDYNUS, & SEVERIAN OF NICOMEDIA; SAINT COSMAS-BISHOP OF CHALCEDON & HIS FELLOW-ASCETIC SAINT AUXENTIUS; NEW-MARTYR JOHN YANITSKY

Tone 1

Acts 5:12-20

John 20:19-31

*Litany in Blessed Memory of Catherine & Nicholas Behun—Behun Family
Parastas in Blessed Memory of Maxine Kitch—Tom & Joyce Hinchman & Family*

Sunday, May 8 **Divine Liturgy of Saint John Chrysostom** **10:30 AM**
THIRD SUNDAY OF PASCHA—SUNDAY OF THE MYRRH-BEARING WOMEN
SAINTED MYRRH-BEARING WOMEN; JOSEPH OF ARIMETHEA & NICODEMUS; SAINTS
MARY & MARTHA-SISTERS OF SAINT LAZARUS; HOLY APOSTLE AND EVANGELIST
MARK
MOTHERS' DAY

Tone 2

Acts 6:1-7

Gospel Mark 15:43-16:8

*Litany in Blessed Memory of all deceased Mothers, Grandmothers, etc.—Fr. Bob
Parastas in Blessed Memory of John Batch—Harry Batch*

Sunday, May 15 **Divine Liturgy of Saint John Chrysostom** **10:30 AM**
FOURTH SUNDAY OF PASCHA—SUNDAY OF THE PARALYTIC
RIGHTEOUS TABITHA; TRANSLATION OF THE RELICS OF MARTYR ABRAMIUS OF
BULGARIA; SAINT ATHANASIUS THE GREAT-ARCHBISHOP OF ALEXANDRIA;
MARTYRS HESPERUS, ZOE, AND THEIR SONS CYRIACUS & THEODULUS AT
ATTALIA; SAINT BORIS/MICHAEL-PRINCE OF BULGARIA

Tone 3

Acts 9:32-42

John 5:1-15

*Litany in Blessed Memory of Charles Cherepko, Anna Metrick, Bogdan Mural,
Khouria Joanne Abdalla, Katherine Thomson, Walter Golofski, Jr., Joseph Baloga,
Anna Vangrin, Anthony Notaro, & Esther Tylavsky—Fr. Bob*

BULLETIN INSERT FOR 01 May 2011

ANTI-PASCHA—SAINT THOMAS SUNDAY

SECOND SUNDAY AFTER PASCHA

SAINT JOHN-DISCIPLE OF SAINT GREGORY OF DECAPOLIS;
MARTYRS VICTOR, ZOTICUS, ZENO, ACINDYNUS, &
SEVERIAN OF NICOMEDIA; SAINT COSMAS-BISHOP OF
CHALCEDON & HIS FELLOW-ASCETIC SAINT AUXENTIUS;
NEW-MARTYR JOHN YANITSKY

TROPARION—TONE 7

From the sealed tomb, Thou didst shine forth, O Life!
Through closed doors Thou didst come to Thy disciples, O Christ God!
Renew in us, through them, an upright spirit,

By the greatness of Thy mercy, O Resurrection of all!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

KONTAKION—TONE 8

Thomas touched Thy life-giving side with an eager hand, O Christ God,
When Thou didst come to Thy apostles through closed doors.
He cried out with all: Thou art my Lord and my God!

PROKEIMENON—TONE 3

READER: Great is our Lord and abundant in power. His understanding is
beyond measure.

**PEOPLE: Great is our Lord and abundant in power. His
understanding is beyond measure.**

READER: Praise the Lord! For it is good to sing praises to our God!

**PEOPLE: Great is our Lord and abundant in power. His
understanding is beyond measure.**

READER: Great is our Lord and abundant in power.

PEOPLE: His understanding is beyond measure.

ALLELUIA VERSES

Come, let us rejoice in the Lord! Let us make a joyful noise to God our
Savior!

For the Lord is a great God, and a great King above all the earth.

HYMN TO THE THEOTOKOS [INSTEAD OF IT IS TRULY MEET...]

**The angel cried to the Lady Full of Grace Rejoice, O Pure Virgin!
Again I say: Rejoice! Your Son is risen from His three days in the
tomb! With Himself He has raised all the dead! Rejoice, all ye
people!**

**Shine! Shine! O New Jerusalem! The Glory of the Lord has shone on
you! Exult now and be glad, O Zion! Be radiant, O Pure Theotokos, in
the Resurrection of your Son!**

COMMUNION HYMN

Praise the Lord, O Jerusalem! Praise your God, O Zion!

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FOR IMMEDIATE RELEASE

April 19, 2011

ORTHODOX CHRISTIANS TO OBSERVE *PASCHA* (EASTER) APRIL 24

NEW YORK – More than 250 million Orthodox Christians worldwide will celebrate *Pascha* (Easter) this Sunday April 24. Faithful in great numbers, crowd churches for Holy Week services and in preparation for the Feast of Feasts, the Resurrection of Christ.

"Pascha is a feast for our hearts, a celebration for our souls. Today, repentance is embraced with grace and forgiveness. Hope overcomes despair. Heavenly joy replaces grief. Divine and assuring peace reigns over our inner struggles. Our hearts are renewed with the strength to continue the journey of liberation from sin and evil," says Archbishop Demetrios, spiritual leader of 1.5 million Greek Orthodox Christians in America in his Paschal Encyclical.

Archbishop Demetrios is officiating at Holy Week services in Greek Orthodox parishes in the New York metropolitan area including Good Friday Lamentations services at the Archdiocesan Cathedral of the Holy Trinity (319 East 74th St. New York City) which will begin at 8:00 p.m. and Resurrection Services starting Saturday evening at 11:00 p.m. at the St. Nicholas Greek Orthodox Church in Flushing, NY. The proclamation of the Resurrection will occur at exactly 12 midnight and the Service of the Resurrection will be televised via satellite internationally (*details to be announced by email and on the Archdiocese website www.goarch.org*)

Centuries-old religious services which recall the passion, crucifixion and Resurrection of Christ are conducted each morning and evening throughout this Holy Week in Orthodox Christian Churches including: Greek, Russian,

Romanian, Antiochian, Bulgarian, Carpatho-Russian, Albanian, Serbian and Ukrainian, which serve some 6 million faithful in the Americas.

This past Sunday – **Palm Sunday** – during the Divine Liturgy, palms were blessed and distributed to the faithful commemorating Christ's entrance into Jerusalem.

Today, **Holy Tuesday**, the Service of the Bridegroom is conducted and the beautiful Hymn of repentance composed by St. Cassianne is sung.

On **Holy Wednesday**, the faithful are anointed with the Sacrament of Holy Unction, blessed oil, which cleanses, renews and strengthens both spiritually and physically.

On **Holy Thursday** evening, the Service of **Holy Passion** takes place, during which the Twelve Lessons of the Gospel are read. After the Fifth Gospel a solemn litany begins. A large crucifix is carried in a procession led by the clergy as the mournful hymn of Crucifixion is sung.

On **Good Friday afternoon**, the Vespers of the Descent from the Cross are offered. The Body of Christ is taken down from the Cross, wrapped in white linen and is prepared for burial.

On **Good Friday evening**, the Lamentations are sung during the *Epitaphios* Service, which symbolizes the burial of Christ.

On **Holy Saturday evening**, the Easter Resurrection Service begins with Matins at 11 p.m. At midnight, the Church is completely darkened and the faithful wait in joyous expectation for the Bishop or priest to come forth carrying a white candle, chanting, *Come; Receive the Light, the Light of the Resurrection*. The *light* is passed to the congregation until the Church is ablaze with the glow of candlelight. A procession of altar boys, choir, chanters and clergy joined by all the faithful move outdoors where the Gospel proclaiming the Resurrection of Christ is read. The triumphant hymn, *Christos Anesti*, **Christ is Risen** is joyously sung by the faithful. At the conclusion of the Resurrection Liturgy, red Easter eggs, which symbolize the Resurrection of Jesus Christ, are distributed to the congregation.

On **Easter Sunday**, the Vespers of *AGAPE* (Love) are celebrated with the Holy Gospel of the Resurrection read in several languages emphasizing the universality of Christ's teaching of love and peace.

This year, as last year, the Orthodox Pascha date coincides with the celebration of the Western Easter. The Orthodox date for Easter is based on a decree of the Council of Nicaea, Asia Minor, held in 325 A.D. According to this decree, Easter must be celebrated on the Sunday following the first full moon of the vernal equinox but always after the Hebrew Passover to maintain the Biblical sequence

of events of the Crucifixion and the Resurrection. The Orthodox Christian churches have adhered strictly to this formula.

On the feast day of Pascha, a brother had departed to the Lord while the fathers were chanting, "This is the day of Resurrection." This many times blessed one was standing by his upright bench holding a lit candle for Pascha, and his joyful soul, filled with resurrectional bliss, rose to heaven. When the fathers approached him, they found him dead. They buried him in the skete's cemetery. His body had remained supple. Not every monk's body becomes rigid after death. Some remain flexible.

Admirable souls, with the blessing of an end that is saintly and resurrectional, intercede for us sinners! *from An Athonite Gerontikon*

Father Deacon Mark Swindle will be ordained to the Holy Priesthood on Saturday, May 7, at 9 AM in Saint Vladimir Ukrainian Orthodox Church in Ambridge.

REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. Instead of "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service *until Ascension Thursday*, we sing, "Christ is Risen!" Also, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.