



## Holy Ghost Orthodox Church

714 Westmoreland Avenue

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Rev. Father Robert Popichak, Pastor

23 Station Street

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[412] 279-5640 home

[412] 956-6626 cell

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Archimandrite Lev, Father Taras Naumenko, Father Nestor Kowal, Father Gabriel Rochell, Father Bill & Pani-Matka Sonia Diakiw, Pani-Matka Linda Oryhon, Father Paul Bigelow, Protodeacon Mykola Dilendorf, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—an 8-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Liz Stumpf, Theodore Nixon, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter & Karen Special, Doris Artman, Maureen Sams, Nancy Barylak, Henry & Shirley Tkacik, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Bonnie Blair [Pani Gina's mother], Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Michael Pawlyshyn, Dorothy Lednovich, Kristin Batch Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Pete Dimperio, Jane

Wartinbee, Steven Sheakley [Pani Gina's cousin], Carmen Talmonti, Matthew—20-year-old with cancer, Nicholas Orlando, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Joseph Mollica, Sonia Luciw, Nellie Patsko, Theresa Ditto, Mary Ann Musial, Mary Pelino, Donna Tickerhoof, David Buchholz, Yvonne Christy, Myron Spak, Pete Niederberger, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

**THERE IS A NEW COFFEE HOUR SIGN-UP SHEET DOWNSTAIRS!**

Church Camp Calendars are IN! See Debbie Paouncic or Pani Gina if you'd like to purchase one!

Please remember James John Logue George Senita, John Kirkowski, Matthew Machak, Michael Repasky, and ALL American service men and women in your prayers. May God watch over them and all American service men and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex's Eighth Grade and Matt's Sixth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

### SCHEDULE OF SERVICES

**Sunday, January 23**                      **Divine Liturgy of Saint John Chrysostom**                      **10:30 AM**  
**THIRTY-FIFTH SUNDAY AFTER PENTECOST—AFTERFEAST OF THE THEOPHANY**  
**SAINT GREGORY OF NYSSA; SAINT DOMETIAN-BISHOP OF MELITENE; SAINT**  
**MACARIUS OF PERCHEVSKY LAVRA; BLESSED THEOSEBIA THE DEACONESS-**  
**SISTER OF SAINT BASIL THE GREAT AND SAINT GREGORY OF NYSSA**

*Tone 2*

*Ephesians 4:7-13*

*Matthew 4:12-17*

*Litany in Blessed Memory of Constantine Hanczar—40 days—Fr. Bob*  
**\*\*\*\*\*BLESSING OF WATER FOR THEOPHANY\*\*\*\*\***

**Sunday, January 30**                      **Divine Liturgy of Saint John Chrysostom**                      **10:30 AM**  
**THIRTY-SIXTH SUNDAY AFTER PENTECOST**  
**SAINT ANTHONY THE GREAT; SAINT ANTHONY-ABBOT OF DYMASK; SAINT**  
**ANTHONY OF CHORNOOZERSK-MONK**

*Tone 3*

2 Corinthians 6:16-7:1

Matthew 15:21-28

*Parastas in Blessed Memory of Hilda Holupka—Cindy Smith*

**Sunday, February 6**                      **Divine Liturgy of Saint John Chrysostom**                      **10:30 AM**  
**THIRTY-SEVENTH SUNDAY AFTER PENTECOST**  
**SAINT XENIA OF ROME & HER 2 FEMALE SLAVES; MARTYRS BABYLAS OF SICILY &**  
**DISCIPES TIMOTHY & AGAPIUS; SAINT MACEDONIUS-HERMIT OF SYRIA;**  
**TRANSLATION OF THE RELICS OF SAINT ANASTASIUS THE PERSIAN**

*Tone 4*

1 Timothy 4:9-15

Luke 19:1-10

*Litany in Blessed Memory of Milton G. Chicka, Daniel Pysh, Sara Chicka, & Mary Lokie—Fr. Bob*

**BULLETIN INSERT FOR 23 JANUARY 2011**  
**THIRTY-FIFTH SUNDAY AFTER PENTECOST**  
**AFTERFEAST OF THE THEOPHANY**  
**SAINT GREGORY OF NYSSA; SAINT DOMETIAN-BISHOP OF**  
**MELITENE; SAINT MACARIUS OF PERCHEVSKY LAVRA;**  
**BLESSED THEOSEBIA THE DEACONESS-SISTER OF SAINT**  
**BASIL THE GREAT AND SAINT GREGORY OF NYSSA**

**TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and  
unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,

Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE:** **The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

**PEOPLE:** **The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord is my strength and my song.

**PEOPLE:** **He has become my salvation.**

**ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

It is not necessary to roam heaven and earth after God or to send our mind to seek Him in different places. Purify your soul, O son of man, remove from yourself the thought of memories outside of nature; hang the veil of chastity and humility before your impulses. By means of these you will be able to find Him who is within you. *St. Isaac the Syrian*

Since our sweet Jesus is so good, compassionate, and kind, why should you despair? We seek one small thing from Him, and He gives us so much! We ask for one beam of light, and He gives us Himself as all Light, Truth, and Love. So humble yourself and rest all your hope in Him.

*Elder Joseph the Hesychast +1959*

From the sayings of St. John Chrysostom: "The desire to rule is the mother of heresies."

**Please be sure to update contact information with Debbie or Pani Gina—we need to keep current phone, cell phone, and emergency contact information up to date so we can contact you in case of cancellation of services or some other unforeseen emergency. It would also be great to update your e-mail address if you have one! When in doubt—call Fr. Bob at home—but STAY SAFE first and foremost!**

**Please remember Mike Horvath in your prayers—he spent much of last week in Westmoreland Hospital for a procedure and is in need of our prayers!**

Some great news—Slickville alumna Kira Haluszczak Senedak and her husband Eric are parents of a bouncing BABY BOY! James Ammon Senedak was born at 3:52 AM on Saturday, January 15<sup>th</sup>—vital statistics are: 7 pounds, 15 ounces, 21 inches long.

Kira and James are home and resting...the same cannot be said about his grandparents—Father John and Pani Anne—and his Uncle Nate and Aunt Lara—they are all joyfully bouncing off the walls!

You can send a card to:

Kira, Eric, & James Senedak  
808 Victory Road  
Allison Park, PA 15101-4155

Fr. John & Pani Anne Haluszczak  
2828 Wohleber Street  
Pittsburgh, PA 15212-1354