

Holy Ghost Orthodox Church

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Rev. Father Robert Popichak, Pastor 23 Station Street Carnegie, PA 15106-3014 [412] 279-5640 home [412] 956-6626 cell

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Father Robert Holet, Archimandrite Lev, Father Taras Naumenko, Father Nestor Kowal, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—an 8-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Erin, Jeff Walewski [thyroid cancer], Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter & Karen Special, Doris Artman, Maureen Sams, Nancy Barylak, Henry & Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Anthony Yerace, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Nathan Forbeck, Sarah Doyle, Samuel Peters, Jean Stutchell, Bonnie Blair [Pani Gina's mother], Charles & Esther Holupka, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Julie Eiler, Glenn Miller, Vince Ferro, Gregory Repa, Michael Pawlyshyn, Dorothy Lednovich, Wally Burlack, Kristin Batch

Vaughn, Bob C., Allie—young girl with leukemia, Heather Kramer, Pete Dimperio, Jane Wartinbee, Steven Sheakley [Pani Gina's cousin], Carmen Talmonti, Tom Fuller, Matthew—20-year-old with cancer, Nicholas Orlando, Constantine Hanczar, Mary Ann Kuzniak, Michael Woloschak, Michael Pryhodzenko, Joseph Mollica, Sonia Luciow, Nellie Patsko, and Daria Masur. **ARNOLD**: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

Father Bob will be unavailable the next two weekends—if you need the services of an Orthodox priest during that time, please contact John Paouncic, Parish Council President!

Please remember James John Logue George Senita, John Kirkowski, & Steve Brittain assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, Ed Litwin, and ALL American servicemen and women in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex's Eighth Grade and Matt's Sixth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, Alex and Matt

REMEMBER—PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

Schedule of Services

SUNDAY, SEPTEMBER 19 NO SERVICE IN SLICKVILLE
SEVENTEENTH SUNDAY AFTER PENTECOST
COMMEMORATION OF THE MIRACLE OF ARCHANGEL MICHAEL AT COLLOSSAE;
MARTYR EUDOXIUS & THOSE WITH HIM: MARTYRS ROMULUS, ZENO, MACARIUS, &
11,000 OTHERS IN ARMENIA; MARTYRS ROMILUS & WITH HIM MANY COMPANIONS;
MARTYRS CYRIACUS, FAUSTUS, ABIBUS, & 11 OTHERS AT ALEXANDRIA;
HIEROMARTYR CYRIL-BISHOP OF GORTYNA; VENERABLE ARCHIPPUS OF
HERAPOLIS; VENERABLE DAVID OF HERMOPOLIS; MARTYRS CALODOTE,

MACARIUS, ANDREW, CYRAICUS, DIONYSIUS, ANDREW THE SOLDIER, ANDROPELAGIA, THECLA, THEOCTISTUS, & SARAPOAGON THE SENATOR IN EGYPT; ICON OF THE THEOTOKOS OF THE KIEVIAN BROTHERHOOD

Tone 8
II Corinthians 6:16-7:1
Matthew 15:21-28

Sunday, September 26 NO SERVICE IN SLICKVILLE EIGHTEENTH SUNDAY AFTER PENTECOST

SUNDAY BEFORE THE EXALTATION OF THE CROSS; COMMEMORATION OF THE FOUNDING OF THE CHURCH OF THE HOLY SEPULCHRE; FOREFEAST OF THE EXALTATION; HIEROMARTYR CORNELIUS THE CENTURION; MARTYRS CRONIDES, LEONTIUS, & SERAPION OF ALEXANDRIA; MARTYRS SELEUCIUS & STRATON IN SCYTHIA; MARTYRS ELAIS ZOTICUS, LUCIAN, VALERIAN, MACROBIUS, & GORDIAN AT TOMI IN ROMANIA; HIEROMARTYR JULIAN-PRESBYTER OF GALATIA; VENERABLE PETER OF ATROE; GREAT-MARTYR KETEVAN-QUEEN OF GEORGIA; SAINT HIEROTHEUS OF IVERNON MONASTERY-MOUNT ATHOS; SAINT CORNELIUS OF PADA-OLONETS-DISCIPLE OF SAINT ALEXANDER OF SVIR & WITH HIM SAINTS DIONYSIUS & MISAIL

Tone 1
II Corinthians 9:6-11
Matthew 17:14-23

Monday, September 27 EXALTATION OF THE MOST HOLY AND LIFE GIVING CROSS

Sunday, October 3 Divine Liturgy of Saint John Chrysostom 10:30 AM NINETEENTH SUNDAY AFTER PENTECOST

SUNDAY AFTER THE EXALTATION OF THE CROSS; GREAT-MARTYR EUSTATHIUS PLACIDAS, WIFE MARTYR THEOPISTES, CHILDREN MARTYRS AGAPIUS & THEOPISTUS OF ROME; HOLY MARTYR & CONFESSOR MICHAEL & HIS COUNCILOR THEODOR-WONDERWORKERS OF CHERNIHIV; VENERABLE AND BLESSED PRINCE OLEH OF BRIANSK; MARTYR JOHN THE CONFESSOR OF EGYPT-BEHEADED IN PALESTINE & 40 MARTYRS WITH HIM; SAINTS THEODORE, EUPREPIUS, & TWO NAMED ANASTASIUS-CONFESSORS & DISCIPLES OF SAINT MAXIMUS THE CONFESSOR; NEW-MARTYR HILARION OF CRETE-ON MOUNT ATHOS

Tone 2
II Corinthians 11:31-12:9
Matthew 18:23-35

Litany in Blessed Memory of Kay Behun, Father Theodore Forosty, Johnathan Dorning, & Mary Evaniuk—Fr. Bob Parastas in Blessed Memory of Hilda Holupka—Mike Holupka

BULLETIN INSERT FOR 19 SEPTEMBER 2010

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COMMEMORATION OF THE MIRACLE OF ARCHANGEL MICHAEL AT
COLLOSSAE; MARTYR EUDOXIUS & THOSE WITH HIM: MARTYRS
ROMULUS, ZENO, MACARIUS, & 11,000 OTHERS IN ARMENIA; MARTYRS
ROMILUS & WITH HIM MANY COMPANIONS; MARTYRS CYRIACUS,
FAUSTUS, ABIBUS, & 11 OTHERS AT ALEXANDRIA; HIEROMARTYR

CYRIL-BISHOP OF GORTYNA; VENERABLE ARCHIPPUS OF HERAPOLIS; VENERABLE DAVID OF HERMOPOLIS; MARTYRS CALODOTE, MACARIUS, ANDREW, CYRAICUS, DIONYSIUS, ANDREW THE SOLDIER, ANDROPELAGIA, THECLA, THEOCTISTUS, & SARAPOAGON THE SENATOR IN EGYPT; ICON OF THE THEOTOKOS OF THE KIEVIAN BROTHERHOOD

TROPARION—TONE 8

Thou didst descent from on high, O Merciful One! Thou didst accept the three-day burial to free us from our sufferings! Our Lord, our Life and Resurrection, Glory to Thee

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 8

By rising from the tomb,
Thou didst raise the dead and resurrect Adam.
Eve exults in Thy Resurrection,
And the world celebrates Thy Rising from the dead,
O greatly Merciful One!

PROKEIMENON—TONE 8

READER: Pray and make your vows before the Lord our God! **PEOPLE:** Pray and make your vows before the Lord our God! **READER:** In Judah, God is known; His name is great in Israel! **PEOPLE:** Pray and make your vows before the Lord our God!

READER: Pray and make your vows. **PEOPLE:** Before the Lord our God!

ALLELUIA VERSES—TONE 8

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

Lame Joke of the Week, courtesy of George Piscitello.

When asked by a young patrol officer, "Do you know you were speeding?"

The 83-year-old woman talked herself out of a ticket by stating, "Yes—but I had to get there before I forgot where I was going."

Albert Einstein: "The definition of insanity is doing the same thing over and over and expecting different results."

A.D. 614

On the 19th day of the siege, in the month of Magrats`, which was the 28th of the month, in the 25th year of the reign of Khusro Parwez ("the Victorious"), ten days after Pascha, the Persian army captured Jerusalem. For three days they put to the sword and slew all the populace of the city. And they stayed within the city for 21 days. Then they came and camped outside the city and burnt the city with fire.... They arrested the Patriarch, whose name was Zachariah, the custodian of the Cross. In their search for the Life-bearing Cross, they began to torture them; and many of the clergy they decapitated at that time. Then they showed them the place where it lay hidden, and they took it away into captivity. The silver and gold of the city they melted down and brought to the king's court.

(On Bright Monday in 622, the Byzantine emperor Heraclius launches a counter-offensive against Khusro and the Persians. After five terrible years of fighting – including the Persian/Avar siege of Constantinople in 626, and the city's miraculous deliverance by the Theotokos – Heraclius finally defeated Khusro and the Persian king was deposed in 628. Heraclius then demands the return of the Cross from Khusro's successor.)

A.D. 630

When the blessed, pious, and late-lamented king Heraclius had received the Lord's Holy Cross, he gathered his army with ardent and happy heart. He set out with all the royal retinue, honoring the holy, wonderful, and heavenly discovery, and brought it to the holy city (Jerusalem), with all the vessels of the Church which had been preserved from the hands of the enemy inside Constantinople. There was great joy on that day as they entered Jerusalem (21 March). There was the sound of weeping and cries of great emotion; their tears flowed from the awesome fervor of the emotion of their hearts.

The king, the princes, all the troops, and the inhabitants of the city were all moved very deeply. No one was able to sing the Lord's chants from the fearful and agonizing emotion of the king and the whole multitude. He set the Cross back up in its place, and put all the vessels of the churches in their places, and distributed alms and money for incense to all the churches and inhabitants of the city.

Sebeos, Armenian History 116, 131

From the instructions sent by Abba Moses the Ethiopian to Abba Poemen:

"The monk must die to his neighbor and never judge him at all, in any way."

"The monk must die to everything before leaving the body, in order not to harm anyone."

"If the monk does not think in his heart that he is a sinner, God will not hear him." The brother said, "What does that mean, to think in his heart that he is a sinner?" Then the old man said, "When someone is occupied with his own faults, he does not see those of his neighbor."

"If a man's deeds are not in harmony with his prayer, he labors in vain." The brother said, "What is the harmony between practice and prayer?" The old man said, "We should no longer do those things against which we pray. For when a man gives up his own will, then God is reconciled with him and accepts his prayers." The brother asked, "In all the affliction which the monk gives himself, what helps him?" The old man said, "It is written, 'God is our refuge and strength, a very present help in trouble." (Ps. 46:1)

Abba Moses the Ethiopian, commemorated 28 August troparion and icon at: http://comeandseeicons.com/m/cap19.htm

From the sayings of St. John Chrysostom: "For even one dwelling in a city may imitate the self-denial of the monks; yea, one who has a wife, and is busied in a household, may pray, and fast, and learn compunction. Since they also, who at the first were instructed by the apostles, though they dwelt in cities, yet showed forth the piety of the occupiers of the deserts: and others again who had to rule over workshops, as Priscilla and Aquila."

"Do not forget about humility which must be joined to every good work, and without which any works we might do will bring us no benefit - only harm, which we see happen with many people. Even though you fast, you pray, or give alms beware of the thought that your are doing good. This the enemy tries to present in order to detroy all your fruit and distance your soul from God"—St. Macarius of Optina

Here in the church there is the one thing needful: Here is a refuge from the vanity and the storms of life. Here is the calm harbor for souls seeking

after salvation. Here is incorruptible food and drink for the soul. Here is the light that enlightens all men existing upon earth. Here is the clean air of the spirit. Here is the fountain of living water which flows to life eternal (John 4:14). Here are distributed the gifts of the Holy Spirit, here is the cleansing of souls. The reading and chanting is done in church in a holy language. All Orthodox Christians should learn it, that they might understand the sweet pronouncements of their mother, who educates her children to prepare them for heaven, for life eternal.... Here in the temple, man comprehends the truly noble origin of his soul, the worth of life and its goal and purpose. Here he is torn away from his fascination with earthly vanities and passions. Here he comprehends his temporal and eternal fate. Here the Savior lives in His Life-giving Mysteries, in His salvation. Here he recognizes his true relationship to God and to his neighbor, to his family and to the society in which he lives. The temple is heaven on earth, a place where intimate union with the Divine takes place. It is a heavenly school, where Christians are taught to become citizens of heaven, where they are taught heavenly norms, the way of life in heaven. It is the threshold of heaven, a place of communal prayer, thanksgiving, and praise of the Triune God, creator and protector of all. It is a place of unification with the angels. What is more honorable and more esteemed than the temple?

Nothing. In its Divine Services, as in a blueprint, are severally depicted the fates of all humanity, from beginning to end. The Divine Services are the alpha and omega of the world and of mankind.

St. John of Kronstadt

"A thing that many young fellows don't seem to realize at first is that success depends on oneself and not on a kindly fate, nor on the interest of powerful friends." Lord Robert Baden-Powell