



## **Holy Ghost Orthodox Church**

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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Father Deacon Dennis Lapushansky, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—an 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, George & Mika Rocknage, Robert McKivitz, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter & Karen Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Henry & Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Diane Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Carmella Berardesca, Samuel Peters, Jean Stutchell, Bonnie Blair [Pani Gina's mother], Charles & Esther Holupka, Jill Paha, Wanda

Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

**HAPPY BIRTHDAY to our February Babies:** David Shirley on the 1<sup>st</sup>, Kyle James Weiser on the 12<sup>th</sup>, and Mike Horvath on the 14<sup>th</sup>. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years!

**FORGIVENESS SUNDAY VESPERS** will be celebrated by His Beatitude, Metropolitan Constantine, and Pittsburgh Deanery Clergy **NEXT SUNDAY, February 14, at 4 PM** at Saint Vladimir's parish on the South Side of Pittsburgh. A Lenten supper will follow the service.

**THERE IS A NEW COFFEE HOUR SIGN-UP SHEET** FOR 2010 ON THE BULLETIN BOARD DOWNSTAIRS. PLEASE TAKE A MOMENT AND SELECT A SUNDAY TO TREAT YOUR BROTHERS AND SISTERS IN CHRIST!

**Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!**

**PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH.** There is a shoebox in the basement for Alex's Seventh Grade and Matt's Fifth Grade collections. **THANK YOU ALL FOR YOUR HELP!** Love, *Alex and Matt*

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

**AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.**

Schedule of Services

Sunday, February 7

Divine Liturgy

10:30 AM

MEATFARE SUNDAY—SUNDAY OF THE LAST JUDGMENT

**SAINT GREGORY THE THEOLOGIAN-ARCHBISHOP OF CONSTANTINOPLE; MARTYRS FELICITAS OF ROME AND HER 7 SONS; VENERABLE PUBLIUS-ASCETIC OF SYRIA; SAINT MARES-THESINGER, OF SYRIA; SAINT MOSES-ARCHBISHOP OF NOVGOROD**

*Tone 2*

I Corinthians 8:8-9:2

Matthew 25:31-46

*Litany in Blessed Memory of Milton G. Chicka, Daniel Pysh, Sara Chicka, & Mary Lokie—Fr. Bob*

**Sunday, February 14**

**Obednitsa**

**10:30 AM**

**CHEESEFARE SUNDAY—FORGIVENESS SUNDAY**

**COMMEMORATION OF THE EXPULSION OF ADAM & EVE FROM PARADISE**

**FEASTDAY [TRANSFERRED] OF THE MEETING OF OUR LORD AND SAVIOR JESUS CHRIST**

**MARTYR TRYPHON OF CAMPSADA IN SYRIA; MARTYRS PERPETUA-A WOMAN FROM CARTHAGE AND CATECHUMENS SATURUS, REVOCATUS, SATURNINUS, SECUNDULUS, & FELICITAS; VENERABLE PETER GALATA-HERMIT NEAR ANTIOCH; VENERABLE VENDEMAINUS-HERMIT OF BITHYNIA; SAINT BASIL-ARCHBISHOP OF THESSALONICA; NEW-MARTYR ANASTASIOS AT NAUPLION**

*Tone 3*

Romans 13:11-14:4 & Hebrews 7:7-17

Matthew 6:14-21 & Luke 2:22-40

**FORGIVENESS SUNDAY VESPERS—SOUTHSIDE—4 PM**

**Sunday, February 21**

**Divine Liturgy**

**10:30 AM**

**FIRST SUNDAY OF GREAT LENT—SUNDAY OF ORTHODOXY**

**GREAT-MARTYR THEODORE STROGILATES; PROPHET ZECHARIAH; SAINT SAVA II-ARCHBISHOP OF SERBIA**

*Tone 4*

Hebrews 11:24-26, 32-12:2

John 1:43-51

*Litany in Blessed Memory of Martha Trecki—40 days—Harry Batch & Family*

**BULLETIN INSERT FOR 07 FEBRUARY 2010**  
**MEATFARE SUNDAY—SUNDAY OF THE LAST JUDGMENT**  
**SAINT GREGORY THE THEOLOGIAN-ARCHBISHOP OF**  
**CONSTANTINOPLE; MARTYRS FELICITAS OF ROME AND HER 7**  
**SONS; VENERABLE PUBLIUS-ASCETIC OF SYRIA; SAINT MARES-**  
**THESINGER, OF SYRIA; SAINT MOSES-ARCHBISHOP OF NOVGOROD**

**TROPARION—TONE 2**

When Thou didst descend to death, O Life Immortal,  
Thou didst slay hell with the splendor of Thy Godhead!  
And when from the depths Thou didst raise the dead,  
All the powers of heaven cried out:  
O Giver of Life! Christ our God! Glory to Thee!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and  
unto ages of ages. Amen.

**KONTAKION—TONE 2**

Hell became afraid, O Almighty Savior,  
Seeing the miracle of Thy Resurrection from the tomb!  
The dead arose! Creation, with Adam,  
Beheld this and rejoiced with Thee!  
And the world, O my Savior, praises Thee forever!

**PROKEIMENON—TONE 2**

**READER:** The Lord is my strength and my song. He has become my salvation.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

**READER:** The Lord has chastened me sorely, but he has not given me over to death.

**PEOPLE: The Lord is my strength and my song. He has become my salvation.**

**READER: The Lord is my strength and my song.**

**PEOPLE: He has become my salvation.**

**ALLELUIA VERSES—TONE 2**

The Lord answer you in the day of trouble! The name of the God of Jacob protect you!

Save the king, O Lord, and hear us on the day we call!

*Then our sons in their youth will be like well-nurtured plants, and our daughters will be like pillars carved to adorn a palace. (Psalm 144:12)*

**Scout Sunday—February 7, 2010**

The Hierarchs of the Standing Conference of the Canonical Orthodox Bishops in the Americas

To the Most Reverend Clergy, Venerable Monastics and Devout Faithful of the Holy Orthodox Churches in the Americas.

Dearly Beloved in Christ Jesus:

Grace to you and peace from God our Father and from our Lord Jesus Christ. In 1955, the hierarchs leading the various Orthodox Christian Churches in our land came together to recognize and endorse the work of the Boy Scouts of America. This encounter prefigured the promising possibilities for witnessing our unity in Jesus Christ in this land and culture when we live and work in unity. Then and now, we believe that the Scout affirmation and Law are significant aids to our parishes and families in raising young men and women who "do their duty to God." The methods of the Boy Scouts of America, the Girl Scouts USA, and the Camp Fire Boys and Girls programs are tremendous tools and we continue to fully endorse the work of these valued institutions.

We encourage each of our parishes to actively support the celebration of "Scout Sunday" on Sunday, February 7, 2010. We recognize our Orthodox Scouts every

February but this year's celebration is a particular joy to us as the Boy Scouts of America celebrates 100 years of vital service to the youth of our nation. We are grateful for the efforts of the first SCOBA endorsed agency, the Eastern Orthodox Committee on Scouting [EOCS], that has prepared materials for our parishes to assist in their celebration, available at [www.eocs.org](http://www.eocs.org). We also call on the reverend pastors and faithful of our parishes to support and recognize their youth engaged in neighborhood units. Integrating a young person's Scouting experience in the fullness of Church life and the Church's youth ministry programs is a powerful witness to our conviction that *Christ is all and in all* (Colossians 3:11).

We prayerfully look forward to commemorating Scout Sunday with you on February 7. We ask you to work with the EOCS ([www.eocs.org](http://www.eocs.org)) or with your Church's Scouting representative to make this day a success for our youth ministry.

With paternal blessings and love in Christ,

- +Archbishop DEMETRIOS, Chairman, Greek Orthodox Archdiocese of America
- +Metropolitan PHILIP, Vice Chairman, Antiochian Orthodox Christian Archdiocese of North America
- +Metropolitan CHRISTOPHER, Secretary, Serbian Orthodox Church in North and South America
- +Metropolitan NICHOLAS of Amissos, Treasurer, American Carpatho-Russian Orthodox Diocese in the USA
- +Archbishop NICOLAE, Romanian Orthodox Archdiocese in the Americas
- +Metropolitan JOSEPH, Bulgarian Eastern Orthodox Church
- +Metropolitan JONAH, Orthodox Church in America
- +Metropolitan CONSTANTINE, Ukrainian Orthodox Church of the USA
- +Archpriest Alexander Abramov, Acting Representative of the Moscow Patriarchate in the USA
- +Bishop ILIA of Philomelion, Albanian Orthodox Diocese of America

**Eastern Orthodox Committee on Scouting**



## **Who We Are**

### **Our Background**

In 1955, Archbishop Michael, of the Greek Orthodox Archdiocese, Metropolitan Anthony Bashir, of the Antiochian Orthodox Archdiocese, Bishop Orestes Chormock, of American Carpatho-Russian Orthodox Greek Catholic Diocese, and Metropolitan Leonty, of the Orthodox Church in America met with Joseph A. Brunton, Jr., the Chief Scout Executive of the Boy Scouts of America. The prelates came attired in their robes of office to bestow their blessing of the Boy Scouts and to make known to their constituents that they wanted Scouting to become a part of the youth programs of the local churches. This was one of the first cross-jurisdictional enterprises of the Orthodox Churches in North America. Later they included the Girl Scouts USA. As a result of this historical meeting, the Eastern Orthodox Committee on Scouting [EOCS] was created in 1960 by the Standing Conference of Orthodox Bishops in the Americas, whose purpose is to conduct the mission of our Lord and His Church via the Boy Scouts of America and the Girl Scouts USA programs on a national level.

### **The “Eastern” Orthodox Church**

The word “Orthodox” is derived from two short Greek words, orthos, meaning correct, and doxa, meaning belief or glory. Thus, we used the word “Orthodox” to indicate our conviction that we believe and worship God correctly. We emphasize Apostolic tradition, continuity and conservatism over a 2,000 year history.

Our Church is also spoken of as the “Eastern Church” to distinguish it from the Churches of the West. “Eastern” is used to indicate that in the first millennium the influence of our Church was concentrated in the eastern part of the Christian world and to show that a very large number of our membership is of other than Greek national origin. Thus, Orthodox

Christians throughout the world use various ethnic or national titles: "Greek", "Russian", "Serbian", "Romanian", "Ukrainian", "Bulgarian", "Antiochian", "Albanian", "Carpatho-Russian", or more inclusively, as "Eastern Orthodox".

## **Our Mission**

***Founded in 1960 under the auspices of the Standing Conference of Eastern Orthodox Bishops in the Americas (S.C.O.B.A.)***

- Support and conduct the mission of our Lord and His church via the scouting program.
- Recognize the individual youth member as our most important member.
- Provide support, programs, and recognition to the scouts and scouters of Eastern Orthodox faith whether in units in the Eastern Orthodox Churches, or registered in units sponsored by other institutions, via the religious youth recognitions, adult recognitions for volunteer scouters and clergy, retreats, camp-o-rees, associated events and activities.
- Provide support, guidance, programs, and consultation to the Eastern Orthodox Churches that sponsor Scouting and are partners in the scouting program.
- Create, expand, enhance, and project a presence of Eastern Orthodox Scouting in the Boy Scouts of America, Girl Scouts USA, and Camp Fire Boys and Girls.
- The E.O.C.S. exists to complement and supplement the youth's program and the unit's program. The E.O.C.S. does not exist to direct or replace a unit's program.
- Encourage the use of the Boy Scouts of America, Girl Scouts USA, and Camp Fire Boys and Girls programs as part of the youth ministry program of the Church and community.
- Develop and extend our Scouting network with our ministry partners.
- The E.O.C.S. is the officially recognized Eastern Orthodox religious committee for the Boy Scouts of America, Girl Scouts USA, and Camp Fire Boys and Girls programs.

### **What we offer**

## **Is there a troop in your church?**

Do you have a Boy or Girl Scout Troop as part of your over-all program? If so, is it integrated into the total Christian Educational scheme of your parish

or just tolerated as a community service which has built-in hazards for church property?

Your Orthodox Church, in partnership with Boy Scouts of America/Girl Scouts of the U.S.A. and the Standing Conference of Canonical Eastern Orthodox Bishops in the Americas, wholeheartedly endorses Scouting and urges parish councils and the Reverend Clergy to sponsor this program on a local level. Too often we fail to see the possibilities that this program offers in the Christian education of our youth.

Boy Scouts of America tell us in effect "Here is a program for you to use as you wish. We will provide you the resources and framework for your program and help train your leaders." What more do we ask? The unit or units once established belong to the church and the Boy Scouts will issue charters. The priest and Parish Council have the responsibility of appointing Christian leaders to guide the activities of the units. The Girl Scouts appoint their leaders.

There are two types of troops a parish may sponsor. On the one hand there is the closed troop whose membership is open only to Orthodox Scouts; on the other hand, there is the opened troop whose membership is not restricted in any way. Each parish is free to choose its own program.

### **What does Scouting offer a Church?**

A program for boys/girls tailored to the local parish and administrated by the church, through the Priest and Parish Council.

An opportunity of reading, teaching and training boys & girls and thus strengthening the parish.

A cooperative program in which the Church, troop, school and home work together.

Helpful up-to-date literature and program aids for the leaders.

Assistance and guidance from competent professional and volunteer Scout leaders and also from the local Scout council office.

Scouting does not detract from existing youth programs. Rather, they provide a Church-centered program of education and outdoor activities which supplements other youth ministries in the parish

### **Scouting in the Parish Life**



Scouting has many objectives that are common with those of our Holy, Orthodox Church. As a program devised especially for the formative years of our Orthodox youth, Scouting encourages a better Christian life; it aids in building character and developing wholesome habits and effective citizenship activities. The Scout motto "Be Prepared" implies not only physical and mental but also spiritual, moral preparedness.

Scouting works hand and hand with the Church on all levels. A properly organized and supervised Scout program in a parish can do a great deal in keeping our youth close to the Church and its many varied, wholesome, character building activities; it trains boys and girls to be of service to God, country, and fellowmen—all of which constitutes a Christian upbringing. Finally, it trains our boys/girls not only how to be contributing citizens of tomorrow, but also participating members and leaders in our Holy Faith. We have many examples of Scouts participating as acolytes, choir members, Sunday school teachers, and in various other capacities in our parish life. A number of the Boy Scouts even found themselves drawn to the Holy Priesthood as a result of the close contact they had with their priest through this program.

Scouting reaches every member of the family and leads him/her into the parish life of our churches. This program cannot be expected to cure all parish problems, but it can rally the youth around the priest with a Church-centered, wholesome program of education and fun. For this reason your national committee on Scouting urges all parish priests and interested laymen to learn more about Scouting and organize and sponsor an Orthodox Boy or Girl Scout troop wherever one does not now exist.

### **Bees and Flies**

We once asked Father Paisios, "Father, you constantly tell us to think positively. We would like you to give us some advice on how to deal with when "People come to tell us that various priests charge a great deal of money for performing the Holy Mysteries. They claim that they smoke or frequent coffee shops. They even say that some priests are involved in immoral acts and, in general, make severe accusations against them, presenting evidence to justify these accusations. What answers can we give to those who accuse the clergy?"

The Elder said, "I know from experience that in this life people are divided in two categories. A third category does not exist. People either belong to one or the other. The first kind of person resembles the fly which is... attracted to filth... When a fly finds itself in a garden full of flowers with

beautiful fragrances, it will ignore them and land on top of some filth it finds on the ground. It will wallow in it, feeling comfortable with the foul smell. If the fly could talk, and you were to ask it to show you a rose in the garden, it would answer: 'I've no idea what a rose looks like. I only know where to find garbage, toilets, and filth.' There are many people who resemble the fly thinking negatively, always looking for the evil things of life, ignoring and rejecting all the good there is.

People in the other category people are like the bee, which looks always for something sweet and pleasant to land on. When a bee finds itself in a room filled with filth, but where there is a small piece of sweet in a corner, it will ignore the filth and land on top of the sweet. Now, if we were to ask the bee to show us where the garbage was, it would answer: 'I do not know. I can only tell you where to find flowers, sweets, honey, and sugar.' It only knows the good things in life and ignores all evil. People in this category think positively and see only the good side of things [whenever possible] covering up evil, in order to protect their fellow man. Contrarily, people in the first category look to expose evil and to bring it to the surface [even when it is unnecessary].

"When someone comes to me and begins accusing other people, putting me in a difficult situation, I relate to him the foregoing example and I ask him to decide in which category he wishes to belong, so he might find people of similar kind with whom to associate.

-- Elder Paisios of the Holy Mountain translated from the Greek.

**As everyone knows, Alex and Matt have been very active with Scouting since they each joined in Kindergarten. Both have served as Altar Boys as well as helped out around the parish as best they could, including planning, serving, and cleaning up after their biggest service project—the Pancake Breakfast last year.**

**Scouting has three levels of religious awards for members of the Eastern Orthodox Church, as well as the Prophet Elias award for adult leaders.**

**The first scout award, the Saint George award, is for the youngest Cub Scouts. The projects and assignments are accordingly small and simple.**

**The second award, Chi-Rho, is for the older Cub Scouts—the work is harder and more involved, with bigger service expected.**

**The third and final Scout award, the Alpha-Omega award, is for Boy Scouts, Venture Scouts, Girl Scouts, and Explorer Scouts. Obviously, at this level,**

the requirements, and projects, are more numerous and more complicated, requiring detailed planning by the Scout.

Matthew previously completed the Saint George requirements, and has recently completed the requirements for the second level award—Chi-Rho. Congratulations to Matt for his wonderful work and this great award!

Alexander also has completed both the Saint George and Chi-Rho awards. He just recently completed the last of the scout-level awards, the Alpha-Omega award. His hard work and dedication to our church and to his scout troop are great examples for the younger scouts, and for all of us. Congratulations to Alex for his work and this great award!

Alex and Matt will receive these awards next week at the end of the Obednitztza.

To all those who have helped, encouraged, prodded, and aided their projects in any way—THANK YOU! A huge thank you to Pani Gina who has served as their guide and teacher for all the awards. May God grant you all His Blessings and His Grace for your kindness, generosity, and love to our family.

Fr. Bob, Pani Gina, Alex, and Matt