



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

www.holyghostorthodoxchurch.org

Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Father Deacon Dennis Lapushansky, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—an 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter & Karen Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Henry & Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Diane Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Carmella Berardesca, Samuel Peters, Jean Stutchell, Joe Paouncic, Bonnie Blair [Pani Gina's

mother], Charles & Esther Holupka, Jill Paha, Wanda Mefford, Lynn (Bush) Gill, David Vallor, Henry Faraly, Betty O'Masta, Martha Trecki [Harry Batch's neice], and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY—TOMORROW!—to Fran Ferlin, Jean Stutchell's sister, who will celebrate her 29th birthday! May God grant her Many Happy, Healthy, Prosperous, Peaceful, and Blessed Years! M'nohaya Lita!

*****Sunday, January 24, through Saturday, January 30, is a FAST-FREE WEEK*****

2010 Church Calendars and 2010 Envelopes are now available downstairs in the church hall. PLEASE NOTE—your envelope number may be different from this year's envelopes! Please put your name on the new envelopes when you start using them AFTER January 1, 2010! Any questions—please see Fr. Bob.

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex's Seventh Grade and Matt's Fifth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

Schedule of Services

Sunday, January 24

Divine Liturgy

10:30 AM

SUNDAY OF THE PUBLICAN AND THE PHARISEE—SUNDAY AFTER THEOPHANY

*****BEGINNING OF THE LENTEN TRIODION*****

VENERABLE THEODOSIUS THE GREAT; VENERABLE THEODOSIUS OF ANTIOCH; SAINT STEPHEN OF PLACIDIN
NEAR CONSTANTINOPLE

Tone 8

Ephesians 4:7-13 & II Timothy 3:10-15

Matthew 4:12-17 & Luke 13: 10-14

Parastas in Blessed Memory of Charles & Tillie Pawlyshyn—Fran Ferlin & Jean Stutchell

Sunday, January 31

Divine Liturgy

10:30 AM

SUNDAY OF THE PRODIGAL SON

SAINT ATHANASIUS THE GREAT & SAINT CYRIL-ARCHBISHOPS OF ALEXANDRIA; VENERABLE MARCIAN-MONK OF
CYRRHUS IN SYRIA

Tone 1

I Corinthians 6:12-20

Luke 15:11-32

Litany in Blessed Memory of Hilda Holupka—Mike Holupka

Parastas in Blessed Memory of Steve Kuzman—Debbie & John Paouncic

Sunday, February 7

Divine Liturgy

10:30 AM

MEATFARE SUNDAY—SUNDAY OF THE LAST JUDGMENT

SAINT GREGORY THE THEOLOGIAN-ARCHBISHOP OF CONSTANTINOPLE; MARTYRS FELICITAS OF ROME AND HER
7 SONS; VENERABLE PUBLIUS-ASCETIC OF SYRIA; SAINT MARES-THE SINGER, OF SYRIA; SAINT MOSES-
ARCHBISHOP OF NOVGOROD

Tone 2

I Corinthians 8:8-9:2

Matthew 25:31-46

Litany in Blessed Memory of Milton G. Chicka, Daniel Pysh, Sara Chicka, & Mary Lokie—Fr. Bob

BULLETIN INSERT FOR 24 JANUARY 2010

SUNDAY OF THE PUBLICAN AND THE PHARISEE

SUNDAY AFTER THEOPHANY

*****BEGINNING OF THE LENTEN TRIODION*****

**VENERABLE THEODOSIUS THE GREAT; VENERABLE
THEODOSIUS OF ANTIOCH; SAINT STEPHEN OF PLACIDIN
NEAR CONSTANTINOPLE**

TROPARION—TONE 8

Thou didst descent from on high, O Merciful One!

Thou didst accept the three-day burial to free us from our sufferings!

Our Lord, our Life and Resurrection, Glory to Thee

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and
unto ages of ages. Amen.

KONTAKION—TONE 8

By rising from the tomb,

Thou didst raise the dead and resurrect Adam.

Eve exults in Thy Resurrection,

And the world celebrates Thy Rising from the dead,

O greatly Merciful One!

PROKEIMENON—TONE 8

READER: Pray and make your vows before the Lord our God!

PEOPLE: Pray and make your vows before the Lord our God!

READER: In Judah, God is known; His name is great in Israel!

PEOPLE: Pray and make your vows before the Lord our God!

READER: Pray and make your vows.

PEOPLE: Before the Lord our God!

ALLELUIA VERSES—TONE 8

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

Priceless!

There was a man who worked for the Post Office whose job was to process all the mail that had illegible addresses.

One day, a letter came addressed in a shaky handwriting to God with no actual address, but with a return address on the reverse side. He thought he should open it to see what it was about.

The letter read:

Dear God,

I am an 83 year old widow, living on a very small pension.

Yesterday someone stole my purse. It had \$100 in it, which was all the money I had until my next pension payment.

Next Sunday is Christmas, and I had invited two of my friends over for dinner. Without that money, I have nothing to buy food with, have no family to turn to, and you are my only hope. Can you please help me?

Sincerely, Edna

The postal worker was touched. He showed the letter to all the other workers. Each one dug into his or her wallet and came up with a few dollars.

By the time he made the rounds, he had collected \$96, which they put into an envelope and sent to the woman.

The rest of the day, all the workers felt a warm glow thinking of Edna and the dinner she would be able to share with her friends.

Christmas came and went.

A few days later, another letter came from the same old lady to God.

All the workers gathered around while the letter was opened.

It read:

Dear God,

How can I ever thank you enough for what you did for me? You knew who took my money and you got it back from them for me. My purse was old anyway and although you did not get it back it is ok with me. I have another one that I can use.

Because of your gift of love, I was able to fix a glorious dinner for my friends. We had a very nice day and I told my friends of your wonderful gift. I look forward to meeting you someday in Heaven. At the age of 83 I suppose it won't be too many more years before we meet.

By the way, there was \$4 missing.

I think it might have been those b*****s at the post office.

Sincerely, Edna

From St. John Chrysostom:

Do you wish that I shall speak of the ways of repentance? They are many, and various, and different, and all lead to heaven.

The first way of repentance is condemnation of sins. "Declare first your sins that you may be justified." Wherefore also the prophet said, "I said, I will speak out my transgression to the Lord, and You remitted the iniquity of my heart." Condemn yourself, therefore, for your sins. This is enough for the Master by way of self-defense. For he who condemns his sins, is slower to fall into them again. Awake your conscience, that inward accuser, in order that you may have no accuser at the Judgment Seat of the Lord. This is one way of repentance, the best; and there is another, not less than this, not to bear a grudge against your enemies, to overcome anger, to forgive the sins of our fellow-servants. For so will those which have been done against the Master be forgiven us. See the second expiation of sins: "For if you forgive," He says, "your debtors, your Heavenly Father will also forgive you."

Do you wish to learn a third way of repentance? Fervent and diligent prayer, and to do this from the bottom of the heart. Have you not seen that widow, how she persuaded the shameless judge? But you have a gentle Master, both tender, and kind. She asked against her adversaries, but you do not ask against your adversaries, but on behalf of your own salvation. And if you would learn a fourth way, I will say almsgiving. For this has a great power and unspeakable. For Daniel said to Nebuchadnezzar when he had come to all kinds of evil, and had entered upon all impiety, "O King, let my counsel be acceptable unto you, redeem your sins by almsgiving and your iniquities by compassion on the poor." What could be compared with this loving kindness? After countless sins, after so many transgressions, he is promised that he will be reconciled with him he has come into conflict with if he will show kindness to his own fellow-servants. And modesty, and humility, not less than all words spoken, exhaust the nature of sins. And the publican is proof, being unable to declare his good deeds, in sight of all, bringing forward his humility, and laying aside the heavy burden of his sins.

See, we have shown five ways of repentance: first, the condemnation of sins; next, the forgiveness of our neighbors' sins; third, that which comes of prayer; fourth, that which comes of almsgiving; fifth, that which comes of humility. Do not then be lazy; but walk in all these day by day. For the ways are easy, nor can you plead poverty.

And even if you live poorer than all, you are able to leave your anger, and be humble, and to pray fervently, and to condemn sins, and your poverty is in no way a hindrance. And why do I speak thus, when not even in that way of repentance in which it is possible to spend money (I speak of almsgiving), not even there is poverty any hindrance to us from obeying the command? The widow who spent the two mites is a proof. Having

learned, then, the healing of our wounds, let us constantly apply these medicines, in order that we may return to health and enjoy the sacred table with assurance; and with much glory, reach Christ the King of Glory, and attain to everlasting good by the grace, and compassion, and loving kindness of our Lord Jesus Christ, by whom and with whom be glory, power, honor, to the Father, together with the all holy, and good and quickening Spirit, now and always and forever and ever. Amen.

We will continue to collect money for earthquake relief in Haiti for the next two weeks—please give as your means allow... Rosemary Bosler's husband's company is matching all donations dollar-for-dollar, so we will forward a check to them when we are done. God Bless you for your generous help to those least able to handle any disaster.